

Carrier Contacts & Claims Info.

Symetra - Life & Disability Insurance

Policy Number: 01-020945-00

Customer Service: 877-377-6773 or symetra.com

Claims: 877-377-6773

To file a claim:

- Contact the Claims number listed above
- Fill out the claim form they provide
- Return the claim form and any requested documentation via mail or overnight mail at the address on the form

Symetra - Accident & Hospital Indemnity Insurance

Policy Number: 12901000

Customer Service: 877-377-6773 or symetra.com

Claims: 800-497-3699 or sbclaims@symetra.com

To file claims online:

- Register/login at symetra.com/mygo and click "Submit My Claim"
- Fill out a few simple fields
- Hit "Submit"

To file claims via email, mail or fax:

- Request an itemized bill from your provider with diagnosis and procedure codes
- Write a statement describing date, place and cause of accident
- Complete a claim submission form found at symetra.com/mygo under "Forms"
- Email, mail and fax information is found on the form

Symetra - Critical Illness Insurance

Policy Number: 12901000

Customer Service: 877-377-6773 or symetra.com

Claims: 800-497-3699

To file claims online:

- Register/login at symetra.com/mygo and click "Submit My Claim"
- Fill out a few simple fields
- Hit "Submit"

To file claims via email, mail or fax:

- Simply call the claims number listed above

Symetra - Symetra Health

Claims: 888-384-3479 or symetrahealth@joinansel.com

To file claims in the app:

- Download the Symetra Health mobile app
- Register/login to your account
- Select a payment preference
- Upload requested photos or documents

To file claims online:

- Register/login at symetrahealth.joinansel.com
- Select a payment preference
- Upload requested photos or documents

To file claims via email, mail or fax:

- Simply call the claims number listed above

HealthEquity - HSA and FSA

Claims: 866-346-5800

You may visit the online portal to track of your available balance, see account transactions, file for reimbursement, and so much more. Go to healthequity.com and login. If you are a first time user, you will need to create an account using your personal information.

HSA and Healthcare FSA

You can file claims using your debit card at the point of sale, by submitting expenses for reimbursement in the online portal, or by paying a provider directly from the portal. For Healthcare FSA claims, you will need to upload a copy of your receipt.

Dependent Daycare Account

Get a copy of your receipt from the point of sale. Then go into the online portal and file a claim for reimbursement. You will need to upload a copy of your receipt.