

Olentangy Well-Being and Mental Health Board Committee

Meeting Minutes

Wednesday, September 17, 2025- 6:30-8:08PM

Olentangy Administrative Offices: Berlin Room

Members Present: Brandon Lester, Nancy Freese, Samantha Norman, Katherine Branson, Allisha Berendts, Allie Nicolay, Jessa Reed, Allison Houle, Rachael Morocco, Felita Moran, Liz Poprocki, Joel Badanes, Sarah Rodriguez, Anna Kovach, Andrew Warren, Jay Patton, Saanvi Bandhawaker, Anuki Liyanage, Aarya Patel, Peter Stern, Michelle Gordon

1. Welcome, Call Meeting to Order

2. Call Role

A quorum was present.

3. Approval of May 2025 Meeting Minutes

Approved

4. Approval of September 2025 Meeting Agenda

Approved

5. Introductions, New Committee Member Introductions

Mr. Lester provided a brief overview of the establishment of the committee and the intent of the work of the committee. Members introduced themselves and welcomed new members. Drs. Berendts and Branson discussed the large number of applicants and the quality of applicants.

6. Review Committee Charter and Membership Expectations

7. Review 2024-2025 Committee Goals and Set 2025-2026 Goals

Using last year's goals as a reference, the committee reviewed the first goal: reducing stigma and increasing mental health literacy. The committee agreed to continue working on this goal moving forward. Initial recommended actions included:

- *Identifying multiple points of entry to engage students (e.g., parent education, curriculum nights, parent orientation meetings, class meetings, freshman orientation).*
- *Ensuring consistent and intentional messaging across the district so students, parents, and staff receive aligned information that supports growth in mental health literacy.*
- *Incorporating wellness tools and strategies into programming and communications.*

The committee also emphasized the importance of building a culture where all students can benefit from mental health support and literacy—not only when they are struggling or in crisis.

8. Adjournment

Next Meeting: October 15, 2025