

**MINUTES**  
**Eastern Connecticut Health and Medical Cooperative**  
**September 25, 2025**  
**2:00-3:30 PM**

**The meeting was held at LEARN.**

**Members present:** Kate Ericson, Mike Belden, John Hall, Kristina Martineau, Ian Neviasher, Karen Asetta, Dan Moleti, Pam Listorti, and Chris Drezek

Joined at 2:18 p.m.: Christine Bourne and Valerie Belles

**Members present (via Teams):** Paul Smith, Troy Hopkins, and Kathy Trammel

**Others present:** Joseph Spurgeon, Joanne Lund, Tom Kowalchik, Lynn Iannuzzi-DiBene, and Kate D'Amico

**Meeting called to order at 2:00 p.m.**

**Standing Agenda Items-discussion and action:**

**1. Acceptance of August 21, 2025 meeting minutes**

Motion to approve August 21, 2025 meeting minutes made by John H., seconded by Kate E.  
Amendment to minutes: Kristina M. not present at August 21, 2025 meeting.  
Motion approved with amendment.

**2. Financial Status Report**

Joanne L. presented the August 2025 financial activity. The net position for August is \$2.2 million, which includes September premiums (paid in advance as agreed upon by the ECHMC Board in July 2025). Large claims at 20 (up from 7) ; Large claims at/or above \$150K Stop Loss at 2 (up from 0).

Claims for August 2025 include 5 weeks (compared to 4 weeks)

Reminder to members: payments are due by the 20th of each month. Use census data from the 2nd of that month to calculate payment. Census information must accompany monthly payments.

Dashboard discussion related to calculation of MTD and YTD in the context of advance payments. Board agreed to the suggestions made to recalculate dashboard MTD and YTD moving forward without the prepayment factored in to more accurately reflect financial position.

**3. Marketing**

No updates.

**4. Communication**

Discussion regarding the development of a letter to formalize and document the process for identifying representatives to the Board, including a request from Board of Education or Town meeting minutes appointing representatives.

**5. Reserve Fund Policy**

No updates.

**6. Updates from Vendors/Anthem Update**

- **Anthem wellness presentation**

Kate D. presented on behalf of USI the CORE Health Action Plan that includes claim trends and recommended action plans. Increases noted in claims related to cancer, diabetes, behavioral health, and muscular-skeletal health conditions. Increased costs and usage of GLP-1 drugs are also driving up claims.

Tom K. requested that the wellness item be on the October agenda as he has an update.

**7. Vote on potential new members**

No updates.

**Old Business:**

1. None

**New Business:**

1. Agenda setting for October 23, 2025 meeting-  
Wellness Update- Tom K.

Motion made by Valerie B. to adjourn, seconded by Kate E. Motion approved unanimously.  
Meeting adjourned at 3:33 pm.

Respectfully submitted,  
Kristina Martineau

