

MINUTES
Eastern Connecticut Health and Medical Cooperative
Board Meeting – August 21, 2025
2:00 - 3:30 p.m.
LEARN/Teams

The meeting was held at LEARN.

Members present: Mike Belden, Troy Hopkins, Holly McCalla, John Hall, Ian Neviasher, Karen Asetta, Kathy Trammell, Dan Moleti , Pam Listorti, Valerie Belles, Teresa Debrito

Members present (via Teams): Paul Smith

Others present: Joseph Spurgeon, Joanne Lund

Others present (via Teams): Tom Kowalchik, Lynn Iannuzzi-DiBene

Meeting called to order at 2:00 p.m.

Standing Agenda Items-discussion and action:

1. Acceptance of June 26, 2025 meeting minutes

Motion to approve June 26, 2025, meeting minutes made by John H., seconded by Holly M.
Motion Approved. Abstention: Karen Asetta

2. Acceptance of July 24, 2025 meeting minutes

Motion to approve July 24, 2025, meeting minutes made by Holly M., seconded by Kate E.
Motion Approved. Abstention: Karen Asetta

3. Financial Status Report

Joanne. L. presented the June 2025 financial activity. June net position of \$171k has been revised to incorporate FY25 IBNR of \$1.6 million. The net position for July is \$3.2 million, which includes August premiums (paid in advance as agreed upon by the ECHMC board in July). Large claims at 7; no claims over \$150k.

4. Marketing

None

5. Communication

Possible new stop loss partnership discussed. Can carve out prescription drugs from Anthem plans as well.

6. Reserve Fund Policy

- a) Per the Reserve Fund Policy, the ECHMC will have a standing agenda item each month to discuss this balance. No further discussion.

7. Updates from Vendors/Anthem Update

Rebates will likely come in during September. Tom K. to check.

8. Vote on potential new members

None

Old Business:

1. Discussion on Net Position / Cash Flow

We are showing an extra 3 million due to double payments. This allows us to pay bills on time and not have to worry about having to borrow money. Further discussion occurred.

A Motion to continue paying by the 20th of the month ahead of time for FY26 through May, was made by Holly M., seconded by Valerie B. Discussion occurred.
The motion passed unanimously.

2. Subcommittee update on New Position / Cash Flow

Ian N., shared the discussions of the subcommittee.

New Business:

1. Discussion on Plan Design Options

If any member districts want to change design plans, they should contact Lynn I.

2. ECHMC Meeting Attendance

We need to have a quorum in order to hold meetings therefore, attendance at meetings is critical. 50% attendance is needed for a quorum.

3. Agenda setting for September 25, 2025 meeting

A wellness presentation will be arranged by Lynn I. for either the September or October meeting.

A Motion to adjourn the meeting was made by Holly M. and seconded by Kate E.
Motion passed unanimously at 2:42 pm.

Next Regular Meeting – September 25, 2025, at 2:00 PM.

TEAMS information will be provided on the agenda if needed.

Respectfully Submitted,

Troy Hopkins

