



Pocono Mountain East Athletics

Home of the Cardinals

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FamilyID is a secure registration platform that provides families with an easy, user-friendly way to register for our sport's physical exams. When you register through FamilyID, the system keeps track of the information you provide in your FamilyID profile.

If you have an account on Family id, please update any information; including sports for the 2025-26 school year.

Information you will need to register

Doctor Information

Family Health History

Health Insurance Information

- To get started go to [pmsd.org/schools/east high school/athletics/important links/physical and family id](https://pmsd.org/schools/east-high-school/athletics/important-links/physical-and-family-id)
- Click the Register Now Button (bottom of page)
- Click on the Red **Sign** up Button (top right)
- Create an account
- Select FamilyID terms of service box
- Click sign up (you will receive an email with a link to activate your new account, if you don't see an email, check your E-mail filters.
- Click on the link in your activation E-mail, which will log you into FamilyID.com
- Click on "Athletic Registration"
- Click on green "Register Now" button
- Select the sport (NO PAYMENT IS REQUIRED)
- Complete the information, all fields that have a red * are required
- Click the Green Submit button. (once you hit the submit button your you will receive an email from FamilyID confirming your registration)

You may log in at www.familyid.com to update your information and to check your registration.

To view a completed registration, select the Registration tab on the blue bar.

If you need assistance contact FamilyID at 888-800-5583 x1 or

support@familyid.com