Check for Understanding Lesson 2

Slide 5-Skills Check

1. Record 2 Health Behaviors that would promote strong communication and provide evidence of responsible decision-making.
2. Record 2 Core Personal Values that would promote strong self-esteem/self-worth and provide evidence of strong family or relationship skills

Slide 9

1. Name 3 benefits to staying abstinent.
2. Explain how health skills and personal values are critical to your growth and development.

Slide 19

3. What are 3 examples of STIs that last your lifetime and can lead to death?
4. What prevention method is 100% effective?
5. Which contraceptive methods help prevent some STIs?