

Lunch Menu

Pre-K Menu

November 2025

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

3 Nachos with Cheese
Salsa
Sour Cream
Black Beans
Cucumber Coins
Buttered Corn
Fresh Orange

4 Crispy Popcorn
Chicken
Brown Rice
Green Beans
Fresh Blueberries



5 Homemade Pasta & Meatballs
Fresh Baby Carrots
Ranch Dressing
Steamed Broccoli
Fresh Strawberries

6 Baked Chicken Tenders
Crispy chicken tenders
perfect for dipping in your favorite sauce
Dinner Rolls
Oven Baked Fries
Green Beans
Pineapple



7 Classic Cheese Pizza
whole grain pizza crust
topped with rich tomato sauce and melted mozzarella cheese
Roasted Squash
Fresh Banana

10 Fluffy Whole Grain Waffles
Sausage Patty
Crispy Potato Puffs
Applesauce



12 Chicken Nuggets
crispy breaded chicken nuggets perfect for dipping in your favorite sauce
Pasta with Butter
Chilled Red Pepper Strips
Steamed Peas
Fresh Orange



13 NY Beef Burger
beef burger on a freshly toasted bun
Sweet Potato Fries
Fresh Apple

14 Classic Cheese Pizza
whole grain pizza crust
topped with rich tomato sauce and melted mozzarella cheese
Side Salad
Italian Dressing
Watermelon Slices



17 Two Cheese Grilled Cheese Meltdown
Café
Oven Baked Fries
Steamed Carrots
Applesauce

18 Turkey & Cheese Sandwich
Grape Tomatoes
Fresh Orange



19 Wing Shack Chicken
Boneless Wings
breaded chicken wings
baked to perfection
Sweet Corn
Fresh Apple

20 Roasted Turkey with Gravy
Dinner Rolls
Mashed Potatoes
Spiced Roasted Green Beans w/ Parmesan
Apple Cobbler Side



21 Classic Cheese Pizza
whole grain pizza crust
topped with rich tomato sauce and melted mozzarella cheese
Caesar Salad
Fresh Banana

24 Homemade Baked Pasta with Cheese
Steamed Peas
Applesauce

25 NO LUNCH
EARLY DISMISSAL

26 SCHOOL CLOSED TODAY



28 SCHOOL CLOSED TODAY

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Lunch Prices

We are now ALL free!

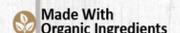
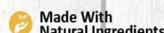
Milk: \$0.75

If you have any questions or would like more information please Contact

Food Service Director

Marilyn Digregorio at

845-895-7192



All grains offered are whole grain

Sloppy Joe- ground beef
Meatball Sub- chicken meatballs
Soft Taco- seasoned ground beef Or chicken