

# Breakfast Menu

# Pre-K Menu

November 2025

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

3 Blueberry Muffin ✓  
Diced Pear Cup



4 Fruity Cheerios Cereal ✓  
Light Mozzarella Cheese Stick  
100% Orange  
Tangerine

5 Maple Mini Waffles ✓  
Applesauce

6 Red. Sugar Cocoa Puffs Cereal ✓  
Light Mozzarella Cheese Stick  
Diced Peaches



7 Whole Grain French Toast Slices ✓  
100% Juice Fruit Punch

10 Chocolate Chip Muffin ✓  
Diced Pear Cup

11



12 Maple Mini Waffles ✓  
Applesauce

13 Cheerios Cereal ✓  
Light Mozzarella Cheese Stick  
Diced Peaches



14 Whole Grain French Toast Slices ✓  
100% Juice Fruit Punch

17 Blueberry Muffin ✓  
Diced Pear Cup

18 Fruity Cheerios Cereal ✓  
Light Mozzarella Cheese Stick  
100% Orange  
Tangerine



19 Maple Mini Waffles ✓  
Applesauce



20 Red. Sugar Cocoa Puffs Cereal ✓  
Light Mozzarella Cheese Stick  
Diced Peaches

21 Whole Grain French Toast Slices ✓  
100% Juice Fruit Punch

24 Chocolate Chip Muffin ✓  
Diced Pear Cup



25 Red. Sugar Cinnamon Toast Crunch Cereal ✓  
Light Mozzarella Cheese Stick  
100% Orange  
Tangerine

26

SCHOOL CLOSED TODAY

27



28

SCHOOL CLOSED TODAY

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



### Available Daily

Fresh Fruit (apple, orange, banana or seasonal) available with Breakfast Meal  
Fat Free and Low-fat Milk available Daily

All grains are WG and/ or WW

