

# Walkill HS

Welcome to our Lunch Cafe

11/3/2025 - 11/7/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



3 Cheesy Stuffed Bread Sticks  
*baked bread sticks filled with melted cheese*   
Tomato Sauce  
Sautéed Spinach  
Fresh Orange  
Dinner Rolls

4 Honeyfire Kitchen Chicken Tenders   
Or Baked Chicken Tenders  
Vegetable Rice Pilaf  
Green Beans  
Strawberries



5 BLT Burger  
*freshly prepared burger topped with crispy bacon, lettuce, tomato and mayo on a freshly toasted bun*  
   
Iceberg Lettuce  
Sliced Tomatoes  
Oven Baked Fries  
Fresh Apple

6 Nachos Grande  
*tortilla chips topped with freshly prepared mexi style meat and cheese*   
Sour Cream  
Yellow Rice  
Seasoned Black Beans  
Tomato Salad  
Fresh Apple



7 Honey Chipotle Chicken Homemade   
Hawaiian Pineapple Fried Rice  
Adobe Guacamole Dip  
Sautéed Kale  
Chili Roasted Corn  
Fresh Orange

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% Chilled Milk



Hawaiian Chicken Pizza  
*ham, chicken and pineapple chunks over a cheese pizza slice*

Broccoli Cheddar Cheese Pizza  
*freshly made pizza topped with fresh cheddar cheese and crisp broccoli florets*

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*ham, chicken and pineapple chunks over a cheese pizza slice*

Broccoli Cheddar Cheese Pizza  
*freshly made pizza topped with fresh cheddar cheese and crisp broccoli florets*

Hawaiian Chicken Pizza  
*ham, chicken and pineapple chunks over a cheese pizza slice*

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough

For Menu Questions please contact Marilyn Digregorio @ digregoriom@whitsons.com

digregoriom@whitsons.com



Spicy Chicken Sandwich  
*warm spicy chicken breaded cutlet prepared in-house*

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*warm spicy chicken breaded cutlet prepared in-house*

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*warm spicy chicken breaded cutlet prepared in-house*

Offering New Specials **EVERY WEEK!**

To see our menus, visit us at: [www.fdmmealplanner.com](http://www.fdmmealplanner.com)

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Deli Bar Italian Stallion Panini  
*freshly prepared grilled panini with pepperoni, ham, mozzarella cheese and lettuce*

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*freshly prepared grilled panini with pepperoni, ham, mozzarella cheese and lettuce*

Available Daily: Made to Order and ALWAYS Fresh!



Garden Salad Entree  
*fresh garden salad topped with meat*   
Dinner Rolls  
Fruity Granola Parfait

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*fresh garden salad topped with meat*   
Fruity Granola Parfait   
Dinner Rolls

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*fresh garden salad topped with meat*   
Fruity Granola Parfait   
Dinner Rolls

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*fresh garden salad topped with meat*   
Fruity Granola Parfait   
Dinner Rolls

Garden Salad Entree  
*fresh garden salad topped with meat*   
Fruity Granola Parfait   
Dinner Rolls



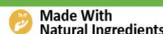
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



Check out our mobile menu at [www.FDMealPlanner.com](http://www.FDMealPlanner.com) or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.

Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. \* Menu is subject to change, notice posted when available. \* In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. \* This institution is an equal opportunity provider.

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# Walkill HS

Welcome to our Lunch Cafe

11/10/2025 - 11/14/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday

10



Fluffy Whole Grain Waffles  
warm whole grain waffles  
Syrup  
Sausage Patty  
Crispy Potato Puffs  
Fresh Strawberries

BRUNCH FOR LUNCH TODAY!

11



12 Chicken Bowl with Gravy  
chicken layered with mashed potatoes and corn, smothered in gravy  
Chilled Red Pepper Strips  
Buttered Corn  
Fresh Apple



13 Yard Bird Classic Chicken Sandwich  
a delicious chicken filet on a hearty bun, served with special sauce and a pickle  
Carrot Sticks  
Oven Baked Fries  
Fresh Orange

14 Baked Pasta with Homemade Meat Sauce  
Homemade Garlic Naan  
Tomato Salad  
Spiced Roasted Green Beans w/ Parmesan  
Fresh Banana

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



Meat Lovers Pizza  
freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball



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freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball

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freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball

Offering New Specials EVERY WEEK!

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Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Grilled Cheese Sandwich Meltdown Café  
golden toasted bread with melted gooey cheese pressed and prepared in-house  
Tomato Soup



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golden toasted bread with melted gooey cheese pressed and prepared in-house  
Tomato Soup

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Grilled Cheese Sandwich Meltdown Café  
golden toasted bread with melted gooey cheese pressed and prepared in-house  
Tomato Soup

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Deli Bar Buffalo Chicken Sandwich  
warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato



Deli Bar Buffalo Chicken Sandwich  
warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato

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warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato

Deli Bar Buffalo Chicken Sandwich  
warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato

Available Daily: Made to Order and ALWAYS Fresh!



Italian Pizza Salad  
tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens



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Dinner Rolls  
Fruity Granola Parfait

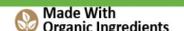
Available Daily: An array of seasonal produce, meats and mixed salads. Choice of dressing, whole grain dinner rolls



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# Walkill HS

Welcome to our  
Lunch Cafe

11/17/2025 - 11/21/2025



Monday

Tuesday

Wednesday

Thursday

Friday



17 Buffalo Chicken Mac & Cheese  
*pasta in cheese sauce, topped with buffalo style chicken* 🍗  
Steamed Peas  
Applesauce

18 **Beef** Nachos Grande  
*tortilla chips topped with freshly prepared mexi style meat and cheese* 🍗  
Sour Cream  
Yellow Rice  
Seasoned Black Beans  
Tomato Salad  
Fresh Apple

13 Chicken Parmesan Over Pasta  
*oven baked chicken topped with sauce and melted cheese, all over pasta* 🍗  
Side Garden Salad  
Steamed Carrots  
Fresh Pear



14 BBQ Style Chicken Wings  
Wing Shack Chicken Wings  
Buffalo Chicken Wings  
Celery  
Garlic Parmesan Fries  
Watermelon Slices

15 Roasted Turkey with Gravy  
*oven roasted turkey breast smothered with gravy*  
Dinner Rolls  
Mashed Potatoes  
Glazed Carrots  
Apple Cobbler Side

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2%



Hand Crafted Buffalo Chicken Pizza  
*fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp* 🍗

Hand Crafted Buffalo Chicken Pizza  
*fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp* 🍗

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*fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp* 🍗

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*fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp* 🍗

Hand Crafted Buffalo Chicken Pizza  
*fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp* 🍗

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Pretzel Cheese Sauce

Offering New Specials **EVERY WEEK!**

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Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Deli Bar American Combo Sandwich  
*freshly made sandwich with thinly sliced turkey, ham and cheese* P

Deli Bar American Combo Sandwich  
*freshly made sandwich with thinly sliced turkey, ham and cheese* P

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*freshly made sandwich with thinly sliced turkey, ham and cheese* P

Deli Bar American Combo Sandwich  
*freshly made sandwich with thinly sliced turkey, ham and cheese* P

Deli Bar American Combo Sandwich  
*freshly made sandwich with thinly sliced turkey, ham and cheese* P

Available Daily: Made to Order and ALWAYS Fresh!



Chicken and Strawberry Salad  
*fresh strawberries with chicken over greens* 🍗  
Dinner Rolls  
Fruity Granola Parfait 🍓 🍌

Chicken and Strawberry Salad  
*fresh strawberries with chicken over greens* 🍗  
Dinner Rolls  
Fruity Granola Parfait 🍓 🍌

Chicken and Strawberry Salad  
*fresh strawberries with chicken over greens* 🍗  
Dinner Rolls  
Fruity Granola Parfait 🍓 🍌

Chicken and Strawberry Salad  
*fresh strawberries with chicken over greens* 🍗  
Dinner Rolls  
Fruity Granola Parfait 🍓 🍌

Chicken and Strawberry Salad  
*fresh strawberries with chicken over greens* 🍗  
Dinner Rolls  
Fruity Granola Parfait 🍓 🍌



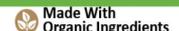
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# Walkill HS

Welcome to our Lunch Cafe

11/24/2025 - 11/28/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



24 **Meatless Monday**  
Homemade Pesto Pasta with Chicken  
*fresh pasta tossed in a creamy pesto sauce topped with chicken and Parmesan cheese* 🌱  
Side Garden Salad  
Roasted Squash  
Steamed Broccoli  
Applesauce

No

26 SCHOOL CLOSED TODAY



28 SCHOOL CLOSED TODAY

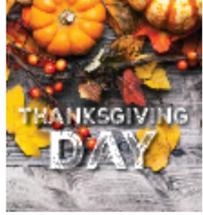
Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



Meatball Pizza  
*freshly prepared cheese pizza topped with meatballs* 🍕

L

SCHOOL CLOSED TODAY



SCHOOL CLOSED TODAY

Available Daily: chicken pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Beef Hot Dog on Bun  
*juicy beef hot dog on a soft bun*

N

SCHOOL CLOSED TODAY



SCHOOL CLOSED TODAY

Available Daily: burgers, cheeseburgers, and chicken patty sandwiches



Deli Bar  
Turkey Club Wrap  
*turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla* 🌯

C

SCHOOL CLOSED TODAY



SCHOOL CLOSED TODAY

Available Daily: Made to Order and ALWAYS Fresh!



Garden Salad Entree  
*fresh garden salad topped with meat* 🌱  
Dinner Rolls  
Fruity Granola Parfait 🍓

H

SCHOOL CLOSED TODAY



SCHOOL CLOSED TODAY

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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