



TEXARKANA

Independent School District

School Health Advisory Council (SHAC)

MINUTES

The Student Health Advisory Council (SHAC) of Texarkana Independent School District met in official regular session on Wednesday, October 8, 2025, at 11am at Instructional Services Building located at 3413 Summerhill Road, Texarkana, Texas.

Council Members Present

Ashley, James
Aubrey, Danielle
Bock, Sirena
Cheatham, Denise
DePriest, Valerie
Ellis, Jacoya
Fortenberry MD, Charles
Gennings, Mindy
Hardy, David
Harper, Brittney
Houff, Sherrie
Levington, Katina
Lisko, Cami
Luna, Liliana
Magness, Amanda
Maloney, Caleb
Merrell, Kimberly
Payton, Kristen
Spohn RN, Heather
Sutton, Sharhonda
Vaughn, Shawn
Williams-Jackson, LaSandra
Colman, Karis
Mayo, David
White, Charles "Griffin"
Wiley, Mackenzie

Meeting called to order

Elodia Witterstaetter, Director of State and Federal Programs, called the meeting to order at 11:09 a.m. A quorum was established and the meeting began with the



TEXARKANA

Independent School District

introduction of members of the council. Following introductions and welcome remarks by Elodia Witterstaetter. The committee was informed of the mission and purpose of the SHAC.

Consideration/Approval of Agenda

It was MOVED by Mindy Gennings, SECONDED by Kristen Payton, "to approve the agenda as presented." MOTION CARRIED UNANIMOUSLY. Ayes 26 – Nays 0.

Health Services Update/Report

Heather Spohn, Coordinator of School Health, provided an update to parents on the process of students returning to school when sick.

Child Nutrition Update/Report

Shawn Davis, Director of Child Nutrition, provided updates, parents should provide documentation, IEP or 504 from doctors pertaining to allergies or dietary restrictions to receive meal accommodations.

Texas ACE Program Update

LaSandra Williams-Jackson presented over TISD's Texas ACE Program. Student & parent target numbers have been achieved. TMS first school in the US to pilot Frank Covey's New Exploration Series

Jacoya Ellis, Public Health Prevention Specialist provided a presentation over Vapes and Smoking Cessation.



TEXARKANA

Independent School District

Consideration/Approval of Next Meeting Date

Elodia Witterstaetter, Director of State and Federal Programs, reviewed and discussed the remaining dates for the 2025-2026 School Year.

Recommendations for upcoming meetings:

- Assessments corrections
- Dangers of alcohol abuse
- Presentations during pep rally's
- Narcan or opioids overdoes training
- Athletic nutrition
- Extortion by Officer Sartor

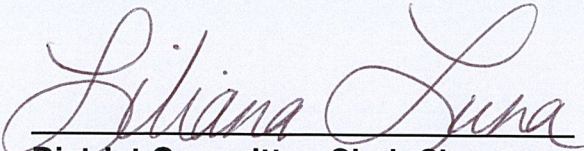


TEXARKANA

Independent School District

Adjournment

There being no other business to come before the School Health Advisory Council (SHAC), the meeting adjourned at 12:10pm.



District Committee Chair Signature

10/8/25

Date



TEXARKANA

Independent School District

Purpose and Mission of the Council: A local school health Advisory council has been established to assist the District in ensuring that local community values and health issues are reflected in the District's health education instruction. A majority of members must be parents of students enrolled in the District and who are not employees of the district. One or more classroom teachers, campus administrators, students, health-care professionals, members of the business community, law enforcement representatives, senior citizens, clergy, representatives of nonprofit health organizations, or representatives of another group may serve. See BDF (LEGAL) and EHAA(LEGAL). The council meets four times per year (twice per semester).