

Costa Rica and Panama



Gateway

NYC (JFK, EWR, or LGA)

Requested Travel Dates

Saturday, April 11 - Sunday, April 19, 2026

Full Flexible Travel Window*

Friday, April 10 - Monday, April 20, 2026

*Dates will be confirmed 2-3 months before departure.

WHAT'S INCLUDED

The details



Full-time Tour Director
who's with us every step
of the way



All transportation,
including round-trip
flights



**Breakfast, lunch and
dinner are included daily**
featuring regional cuisine



**Overnight stays in
hotels** with private
bathrooms



**Expert-led
sightseeing tours** in
iconic destinations



Tickets to bucket-list
experiences and
attractions



The option for students
to receive **academic
credit**



Experiential learning
that expands
worldviews



PROGRAM COST

The details

\$95 to enroll on our travel-based learning program. Customize your payments.

\$441 BI-WEEKLY*

\$881 MONTHLY*

\$4,499 total cost (\$5,319 for adults)

This pricing includes a **\$200 Enrollment Discount** eligible until **October 31**.

Plus, you can cancel for any reason up to 7 days after enrollment for a full refund

*Prices includes \$95 enrollment fee – Contact EF’s Traveler Support Team for additional payment options

EF Tours, our travel partner...

- Leads the way in travel-based learning with over 60 years of expertise.
- Provides unique immersive experiences that combine learning with life, fostering self-discovery and essential skill-building.
- Has an unmatched global presence that prioritizes safety with 24/7 support from dedicated teams and policies.
- Offers tools to make trips cost-effective such as a tour fundraising page and a scholarship program.
- Allows students to receive high school credit for their experience abroad.



Affordability

- **Choose to pay at your own pace.** Enroll in EF's Automatic Payment Plan.
- **Apply for the Global Citizen Scholarship.** Our Global Citizen Scholarship gives out \$100,000 to students across the country every year and is both needs- and merit-based.
- **Fundraise with no-fee donation pages.** Every traveler has their own unique donation page. It's easy to share and customizable.
- **Host your own fundraiser.** [EF's Blog](#) has ideas and suggestions from teachers across the country for individual and group fundraising.





Connection to the New CT World Language Standards


Communication (Standard 1)

-  Students **interpret authentic language** from guides, signs, and tours.
-  Engage in **real conversations** with native speakers in markets, schools, and communities.



Cultures (Standard 2)

-  Explore the **products, practices, and perspectives** of Costa Rica and Panama.
-  Experience how **sustainability and community** shape daily life and traditions.




Connections (Standard 3)

-  Connect classroom learning to **real-world issues** like biodiversity, ecotourism, and global citizenship.

Comparisons (Standard 4)

-  Compare **values and lifestyles** between the U.S., Costa Rica, and Panama.
-  Notice differences in **language use, idioms, and expressions** through authentic interaction.

Communities (Standard 5)

-  Use Spanish **beyond the classroom** in real-life settings.
-  Build confidence as **lifelong language learners** and global citizens.
-  Foster **empathy, respect, and intercultural awareness** through shared experiences.



Including ALL of the 5Cs

