THE SPARTAN CHARIOT

VOLUME 3 ISSUE 1 *"FOR THE STUDENTS, BY THE STUDENTS"* SEPTEMBER 2025

SEPTEMBER SKIES AND PUMPKIN PIES

Hello September, and Hello Students!

GOOD NEWS

- ★ Paige Reine has been accepted into University of Louisiana in Monroe.
- ★ This year, our school is proud to have 66 dedicated Student Ambassadors representing us! Their leadership and commitment help make our school community stronger and more connected.
- ★ We have more student-led events to come this year! We previously had Freshman Orientation and Open House led by our Student Ambassadors and Lighthouse Team.
- ★ Lighthouse and newspaper will be more than a class; it has now become an expanding Leader in Me Lighthouse Team, full of more invested and bright students!

UPCOMING EVENTS

- ★ **September 1:**
  Labor Day - No School
- ★ **September 2:**
  Jostens Junior/Senior Meeting
  Volleyball vs Karr @EK
  4:30/5:30 PM
- ★ **September 3:**
  Club Rush @ Lunch
- ★ **September 4:**
  Club Rush @ Lunch
  Volleyball vs PR
  4:30/5:30 PM
- ★ **September 5:**
  Deadline for Homecoming Bundles
  Pep Rally
  Football vs Mandeville @Mandeville
  7:00 PM
- ★ **September 8:**
  No School All Day
- ★ **September 9:**
  Josten's Order @ Lunch
  Volleyball vs MCD35 @MCD35
  4:30 PM
- ★ **September 11:**
  Volleyball vs First Bapt. @FirstBaptist
  4:30 PM
- ★ **September 12:**
  Football vs E. Ascension @EastAscension
  7:00 PM
- ★ **September 16:**
  Volleyball vs St. Mary's Academy
  4:30/5:30 PM
- ★ **September 17:**
  Volleyball vs NOMMA @NOMMA
  4:30/5:30 PM
- ★ **September 18:**
  Volleyball vs Livingston
  5:00 PM
- ★ **September 19:**
  Football vs Bogulusa @Bogulusa
  7:00 PM
- ★ **September 20:**
  Volleyball vs Hammond Tournament @Hammond
  TBA
- ★ **September 23:**
  Volleyball vs Pine @Pine
  4:30/5:30 PM
- ★ **September 25:**
  Volleyball vs MCD35
  4:30 PM
- ★ **September 26:**
  Football vs Liberty HS
  7:00 PM
- ★ **September 29:**
  Volleyball vs Hammond @Hammond
  4:30/5:30 PM
- ★ **September 30:**
  Volleyball vs First Bapt.
  4:30 PM
- ★ **October 2:**
  Fall break - No School All Day
  Football vs Lakeshore HS
  7:00 PM
- ★ **October 3:**
  Parish fair day - No school All Day
- ★ **October 7:**
  Career and College EXPO Slidell Harbor Center

Weather Watch with Robbi: Tired of the Sweats?

BY ROBBI-RENEE' WILLIAMS



Are you tired of the sweats? Over the summer and into August we've been hitting temperatures upward of 95 degrees midday with an average low of 79 degrees, hitting its minimum around 10pm. We're all tired of the sweats, but as it turns out, a long warm September lies ahead before we'll reach that cool fall weather that October annually produces.

June, July, and August proved effective in melting any ice cream, popsicles, snowballs or whatnots brought outside within just minutes of being in the sun. Along with extreme heat, storms scatter Louisiana hinting that hurricane season is on the rise. As well as scattered rainstorms this season could potentially produce 13-19 named storms

and 5 or 6 hurricanes. Sources show a particularly active storm season yet a quiet launch into it with no notable storms having happened yet.

According to weather services, September will be unusually warm with an average increase of 2 degrees compared to prior years. This month's highs are in the upper 80's while hitting lows in the mid 70's after dark. As well as warmer, air conditions will be muggy with scattered thunderstorms expected in the evenings. Humidity chances in the beginning of September sit at 90% and steadily decrease through the month falling to 50% by the 31st. We're warning any and all scarecrows to stay in hibernation until October or else they'll be sunburned midday then blown away by our afternoon rain showers and sweating around the clock.

Considering this month's conditions, tuck away those hoodies and don't retire your shorts and skirts just yet. Conditions are at a subtle decrease but an overall standstill. Students, be wary of the heat September has in store. After all, summer ran away, but seemingly he forgot his weather. Never fret though, autumn air is waiting for you on the other side. As for now, crank those A/C's up and stay hydrated when you find yourself outside.

Kickoff

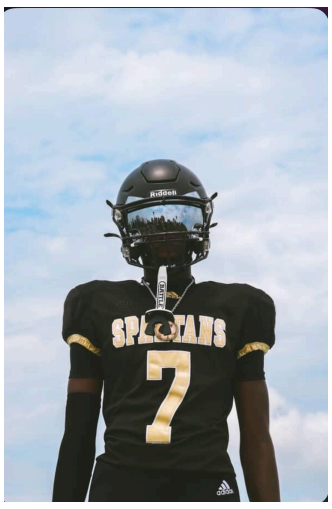
BY JAEDA NEWTON

Are we ready for an amazing sports year? We offer many sports here at Salmen high like volleyball, basketball, swimming, golf, and more! Today though, we're focusing on the kickoff of the 25-26 football season (did you catch it… kickoff?) I recently sat down with two of our Salmen football players Rey'sean Colemen and Terrance Mitchell to talk about their experience, goals, and what they want to accomplish this season.

Starting off with one of our wide receivers Rey'sean Coleman. Rey'sean, #2, is a junior who has been in attendance at Salmen for 3 of his 4 high school years. I asked him what he was looking forward to this season as well as what his strengths are in football. He told me that he's really looking forward to showing how good they are as a team and not just individually. His long term goal for this upcoming season is to give everyone at Salmen a chance to show out and show their talents. Rey'sean is looking forward to playing Slidell, Northshore, and Mandeville. His greatest strength as a football player is knowing when he makes mistakes, fixing them and being coachable. Wrapping up the interview I asked what would you tell upcoming athletes like freshman. He said, "To be the best versions of themselves and never give up".



Next, I interviewed senior wide receiver Terrence Mitchell ll. Terrence is #7 on the football team and has been here all 4 of his high school years. Starting off the interview I asked him what he would look forward to in his last season. Terrence wants to be district champs and also win and host a playoff game. Some of his goals for this season are to make a run in the playoffs, go all-district, 800 yards 10 touch downs, and lastly make it to the super dome. To wrap up the interview I asked "How have your coaches, teammates, parents, and others helped you be a better player?" He said, "My coaches, teachers, parents, and everyone in my corner helped me be a better player by pushing me to my limits and also teaching me life lessons along the way".



I hope you enjoyed getting to know two of our Salmen football players. Even though we only talked about football you can still support other sports like softball, track, baseball, basketball, etc. WAIT, don't be a bench warmer, come and join the fun! Come out to support our Spartan Football team Oct. 10 as they take on the Northshore Panthers for homecoming. Also consider our Homecoming Tailgate before the game! Lets not fumble this opportunity (get it?? fumble and football...was that bad?).

One Voice Many Stories

BY ESSIX CHANDLER

Hispanic culture plays an important role in our society. This shows in the way we eat, dress, and the way we listen to music. This article is dedicated to that very thing. Hispanic Heritage Month, celebrated from September 15 to October 15, is a time to recognize and honor the history, traditions, and lasting contributions of Hispanic and Latino communities. Their influence can be seen and felt in everyday life, from the food we enjoy to music we listen to.



One of the most recognizable contributions is food. Dishes such as tamales, empanadas, and tacos are not only widely enjoyed but they also serve as cultural traditions passed down through generations. These meals represent family, celebration, and history. Fashion is another area where Hispanic culture makes a lasting impact. Traditional clothing, such as the brightly colored folklorico dresses of Mexico or the guayabera shirts common in the Caribbean, reflects both artistry and cultural pride. These styles continue to influence modern fashion trends around the world.

Music, however, might be the most universal connection. Genres such as the salsa have become internationally recognized, shaping the way people celebrate and connect through rhythm and dance. Legendary artists such as Vicente Fernández, along with current stars like Bad Bunny highlight the diversity and richness of Hispanic music.



Hispanic Heritage Month is not only a celebration but also an opportunity to learn. By recognizing these traditions and contributions, we strengthen our understanding of how Hispanic culture continues to shape our society, So if you see your Hispanic friend, classmate or even a Hispanic teacher be sure to let them know they're appreciated and Happy Hispanic Heritage Month.

Voices of Tomorrow

BY PAIGE REINE

Not all heroes wear capes– some wear backpacks…and Spartan pride! I'm Paige Reine and I am one of your newest reporters of the 2025-2026 school year! I'm so excited to see all the new faces this year and connect with you guys along the way. Not only that but I'm looking forward to all the amazing opportunities we will be experiencing! But in the meantime, let's talk to some of our originals.

I recently sat down and spoke to one of our students from class of 2028, Gabrielle Collins. Gabrielle is part of the flag team here at our school and is also with Student Ambassadors. She filled me in with thoughts, thrills, and advice for the school year. Gabrielle stated how out of all things, she is most excited for her spanish class this year. She always wanted to learn Spanish and dive deeper into the culture and history.



At the moment, Gabrielle's favorite subject is biology! Who doesn't love science? She also stated how she favors Mrs. Williams, "She really goes into detail with stuff, if you ever needed help she's always there and overall the class is super nice." Not everyone shares the same mindset or thoughts on how the school may have changed them overall. Gabrielle says that since her freshman year, things have changed dramatically for her in positive ways. She stated, "It's not like the movies or anything at all, of course, but it is fun when there's no drama happening and everything is just in place". She feels as though this year will be the best year for not just her but for everyone to enjoy, as for as with incentives and activities. Highschool is a fun but a scary place for first year students. Here's some advice Gabrielle wanted to share with all new students, "There's nothing to be scared about and always stay true to yourself. Don't let anybody dim your light and try to change you for better or worse." Thank you, Gabrielle!

Last but not least, I spoke to one of our students from class of 2026, Cash Johnson. Cash is part of the baseball team here at our school and is also the cymbal section leader of the Salmen Band. Cash gave in some exciting thoughts and advice this school year as well. By Cash being a senior, he stated he's super ready to graduate, all the fun plans they have this year, the senior trip and everything else along the way. He favors Mr. Labee, the new band director at Salmen. He also stated that he's a funny person.



As of now, his favorite subject is world history. As you know, senior year is the year where you look back and reflect on how high school has shaped your character over time, for the greater good. Cash stated, "It made me a very known person, like me being fun and funny. My freshman year I did YouTube to get myself known out there and with me just being who I am around the school, it allowed everyone to know me for me." Way to go, Cash! When I asked for advice that he would give to anyone that's scared of starting high school or may have just started, he stated, "Be yourself and don't try to be nobody you're not. Pick your real friends and don't fall into a crowd that you can't see yourself with in the real world." Thank you, Cash!

Sadly, all great things must come to an end. It's been a pleasure getting to know more about Gabrielle and Cash; you always learn something new along the way! Be sure if you ever see them around campus to tell them hello, I'm sure they don't bite. As we admire the unique journeys of our fellow classmates and students, let their stories remind us of the everlasting potential within Salmen High. Stay inspired, Spartans!

Let's celebrate September!
BY PARKER JACKSON

Did you know that EVERY day has a National Holiday that you could celebrate? September 1st is the National Holiday for Labor Day. Labor Day happens every year on the first Monday of September. Labor Day is to celebrate the social and economic achievements of the American working class. September 5th is National Cheese Pizza Day, go out and ask your family for pizza to celebrate this holiday. September 7th is National Grandparents Day, give your grandparents a call to let them know your thinking of them. September 8th is National Star Trek Day, celebrate this day by watching a Star Trek movie.



September 9th is National Teddy Bear Day, go home and snuggle up with your favorite teddy bear and give them extra love!
September 9th is the tragic historic event, '9/11'. This day is the remembrance for the fall of the Twin Towers and lives that were lost. Be sure to give some thought and a moment of silence for the lives that were taken that day. September 12th is a National Hug or High Five Day, give a hug or high five to those you love. September 14th is National Hug your Hound Day, so if you have a furry pet give them a good squeeze. To end this section off with, September 29th, National Coffee Day, shout out to all the teachers out there on your second cup today!

1-800- Spartans Hotline
BY: PARKER JACKSON

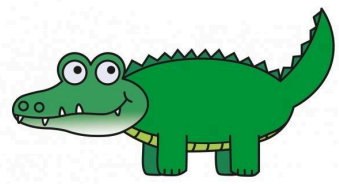


Welcome to Spartans Hotline, where your problems could be solved! Whether that be relationships, work, school, home life, or friendship advice, your problems could be answered here! Write a letter (you can be anonymous) to Mrs. Yates in 207 or slip it under her door. And I'll give you tips and advice to help with whatever situation or issue that you need solved.

Did You Know?
BY AMIYAH SHANNON

Are you aware of the Ghost of Salmen? Welcome back Spartans! In this article you are going to learn super fun facts about Salmen. No better way to start the school year off than learning about your very own school. These fun facts involve the teachers, the school and even a ghost that some even say is on campus!

Since Hurricane Katrina has been trending throughout social media lately, did you know that after Katrina the whole school was flooded?



Due to the flood an alligator lived on campus! A fact a lot of people may not know, especially the new teachers, is that most teachers have a brick from the original building in their classroom. A fact about us, *The Spartan Chariot*, is that our newspapers go all the way back to the 1960s. We still have some of the 1960s newspapers in our classroom headquarters, Room 207, today!

Now what we all have been waiting for, the "Ghost of Salmen". Some teachers have recalled seeing strange sightings and hearing noises at the school, and some even say it's a ghost! Mrs. Yates took time out of her day to tell us about her experience with the "Ghost of Salmen."One afternoon, Mrs. Yates was staying late to help a couple of students with LEAP remediation. The halls were dark and quiet, just the three of them in the room, when suddenly, a soft, eerie melody drifted through the silence. It was a girl's voice, singing, but without words. They froze, glancing at each other, before one of the students crept to the door to peek into the hallway. No one was there. Like a scene straight out of Scooby-Doo, they walked up and down the empty corridors, footsteps echoing, but the voice had vanished. So who is she? We don't know for sure. But many people have similar stories of the ghost of Salmen. Mrs. Yates states "But here's a warning: be careful when you're here after hours, because you can still hear her roaming the halls in the distance. Every now and then, the lamps in classrooms flicker all at once: a little reminder that the ghost of Salmen is still keeping us company."



There you have it, a few facts about Salmen including the Ghost of Salmen. Even though there is so much more to our school, I hope these few facts gave you some insight about our school, whether you're new or not. Have a great school year and always remember to beware of the Ghost of Salmen, she still lurks!

Teaching with DT
BY ABIGAIL HALEY



Hey Spartans! I hope yall's summers was good, but let's get started with this month's article starring official Daryl Thomas, also known as Coach DT. We're all going to get to know more about Coach DT as we go. The reason I chose DT was because he's a well known teacher. I was curious to know how Coach DT manages teaching his classes as well as coaching the girls basketball team, which we'll be focusing on later. Becoming a teacher isn't just about giving students work and keeping them busy, teachers have to plan assignments as an individual grade which can take hours, trust me my mom's a kindergarten teacher, so I kind of know what to expect!

I wanted to start off by asking Coach DT how much schooling he accomplished to become a teacher/coach. DT is telling me "I've had to do about 6-8 years of schooling, 4 years of undergrad, 2 years for masters, and 2 years for certification." I rebudled, "How can one person do so much schooling, 8 years is a lot of school!" I would've said "I'm done with school, get me out of here!" but I want to be a nurse and there's probably more schooling" I didn't realize it took so much to be a teacher. I also want to focus on the girls basketball team, I want to know how the girls are planning to win this season! I know if our girls put in the effort this season, it will be just as amazing because we are the Salmen Spartans and we don't give up.



"Hey coach, how long have you been teaching at Salmen?" He replied," I have been at Salmen for 7 years and this is going to be my 8th year at Salmen.", I followed up by saying "How many games overall have you won coaching the girls basketball team?" While the coach was thinking about the games our school has won, I'm thinking

about how many games Salmen has won overall for every individual sport, not just basketball. Coach DT is telling me that “Last year was my worst season as the girls coach at Salmen, We only won 9 games. We are way better than that and we intend on showing everyone how good we really are!” As I said "DT are you serious, we are totally better than that!”. I’m hoping this season was better than last season, because I know that our girls want to go to the playoffs.

I kind of had a similar question where I said “What failures or achievements have you gone through to get you to where you are today?” He continues to say, “I failed the PLT porting of the praxis test 13 times before passing it. Back when I was in high school I scored a 17 on the ACT which prevented me from playing major college football.. I have an associate degree , a bachelor degree, and a masters degree. I have been head coach for football, basketball, and track. My teams that I have coached, have won multiple district titles and made playoff appearances.” I said “You really have had some experiences throughout your years of not only school but also teaching/ coaching”. Thank you all for reading! I hope yall have a very good September.

Club Spotlight - Drama Club
BY KIERRA MCCOY

Are you always being called dramatic? Well, maybe there is a club for you at Salmen!! This month’s spotlight goes to…The Drama Club!!! The Drama Club is run by Mrs. Diana Lasalla. In the Drama Club students sign up to do certain activities such as shows, performances, and even the Salmen Lion King performance on November 21st.



Mrs. Lasalla allows students to work on their leadership, advance opportunities, communication with others, and many more options. A few things to know about Mrs. Lasalla, she was interested in theatre when she noticed that lots of our Salmen students had talents that they didn’t know about or make it into the Talented Arts Program. She says, “We decided to form a club that could offer everyone the opportunity to participate in a performance/production - whether it be acting, singing, dancing, playing music, designing lights, sound, props, set, costumes or stage crew.” She’s also had failures and achievements throughout her life that led her to where she is now. “Although I was a cheerleader and choir member in high school, I battled tremendous stage fright! This is what fuels my passion for teaching drama; I don’t want anyone to go through what I went through nor wait until you’re 26 years old to take that step of faith.” Mrs. Lasalla can help you with taking that leap of faith that may open up many new opportunities, don’t be afraid to step out of your comfort zone and do more.

Mrs. Lasalla’s biggest achievements are, “seeing students step out of their comfort zone and tackle their fear by taking risks with characters, music and roles.” The drama club has participated in events such as productions, plays, monologues, a Poetry Out Loud Competition, and High School Showcase. Mrs. Lasalla has never doubted being the leader of Drama Club because she thinks the community and Salmen need and deserve more attention. As well as participation opportunities for the arts, she hopes many people will join the Drama Club more often. Future advice from Mrs. Lasalla about drama club to students who may want to join drama club is “Even if you’ve never sung, danced or acted before, try it!!! It’s really fun and you may discover a hidden talent you never realized you had. Also, it takes many many people to pull off a performance. So if you are creative and artistic, you can help offstage as well - by assisting with stage management/crew, designing and putting together the set, props, costumes and makeup or learning and running lighting and sound design systems…”. Maybe you’re good at makeup or designing things, Mrs. Lasalla would love to have you alongside her as help for future upcoming events/performances.

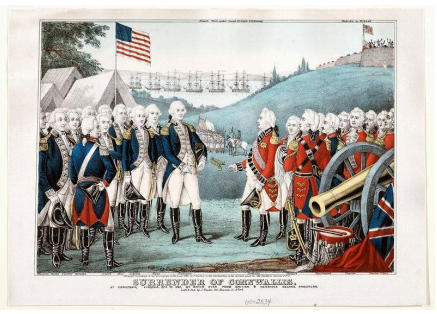


For anyone who may want to join the Drama Club or just want to know more about it, Mrs Lasalla wants you to know , “There is truly a place for everyone in theatre! You don’t have to be a lead role if that frightens you. You can be an Ensemble or crew and still receive the benefits of the production and performance process. It’s life changing and confidence building! There are also many valid professional paid career opportunities in the Arts industry such as an Actor, Director, Choreographer, Set/Props Designer, Producer, Makeup/Costume Designer, Orchestra Musician, Lighting or Sound Tech, etc. You can work on Cruise Lines (like I did on Carnival Cruise Lines for 10 years), Disneyworld or Disneyland, Theme Parks, Local or Regional Theatres, Broadway or Touring Companies, Film, Television, Broadcasting or you can teach!” The Drama Club gives lots of opportunities and you too can receive some.

If you would like to join the Drama Club and participate in theatre or maybe even learn more about it and its amazing opportunities. You can ask Mrs. Lasalla although she is only at school for half a day, congratulations to the Drama Club for being the Club spotlight of the month!!

When Independence Really Happened
BY AISHA MIAN

We know that Independence Day is not coming around anytime soon, but that does not mean you have nothing to celebrate today. Although we fully gained independence on July 4th of 1776, the revolution for freedom continued seven years after, before coming to a full stop on September 3rd in 1783. That means the earning of our title of being an independent nation and the end of our fight for revolution actually happened in September, not July. We have the Treaty of Paris to thank for that as well as the events that led up to it. Thanks to these historic feats, you can now say you are from the US, a country that would not have existed and developed had our predecessors not taken a stand against British colonialism.



The last battle of the American Revolution was the Battle of Yorktown where American forces alongside their French allies devastated British forces. The victory was so devastating that when news of it reached the motherland, both the government and public’s appetite for war died down. It caused England to agree to negotiate peace between its future former colonies, which the continental congress most certainly agreed to. The continental congress sent out Benjamin Franklin, John Adams, and John Jay to Europe to negotiate a peace treaty with the British. Actually, there were supposed to be two more men accompanying them but, due to unfortunate circumstances, they could not make it. Those men would be Thomas Jeffereson and Henry Laurens, but nonetheless, a peace treaty was still negotiated. Signing the peace treaty would mean that the 13 colonies would no longer be colonies. They would now take the next major step towards being fully independent and becoming their own sovereign nation.

With the signing of the Treaty of Paris in 1783, the US gained full recognition of being its own country in the eyes of its former colonizer. On top of that, they got more land, the entire Northwest territory to do with as they pleased and fishing rights to waters they could not interact with prior. The Mississippi River was now open and ready to use for navigation by all citizens and the debt they had originally owed to the British had been taken care of. The opening of the Mississippi River allowed for better trade opportunities and transportation which would help in exploring the vast, diverse land awaiting the newly founded nation. The Northwest territories doubled the size of the US, allowing for expansion and the building of new settlements in the states we now call Ohio, Michigan, Illinois, Indiana, Wisconsin, and some of the parts of Minnesota.



Thanks to the actions of our predecessors, we now live in a sovereign nation. From fighting the last battle for freedom to gaining land and some freedoms we lacked prior to the Treaty of Paris, the US would not have been as big and developed as it would have been today. We most certainly also would not have reached the ambitions we sought to reach in the modern day if we did not reach the ambition for self-sovereignty back then. But most importantly, you would not have been able to call yourself a citizen of the US. Just imagine how different the US could have been.


Welcome '23



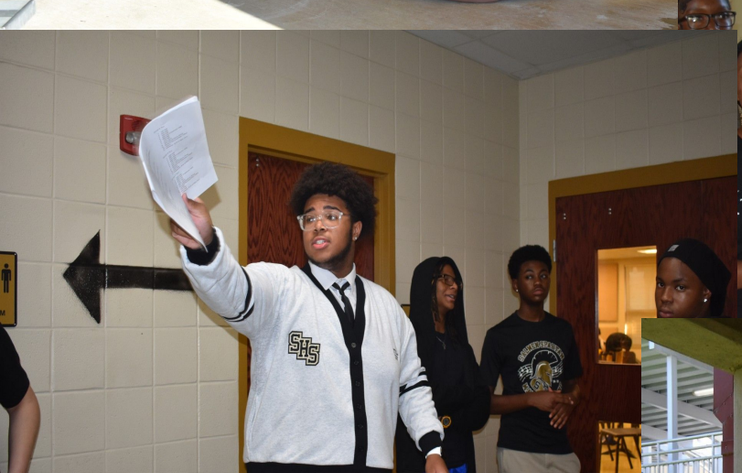













MY GOAL FOR THE
New School Year
BE HAPPY
MY GOAL FOR THE
New School Year
Graduate


32


H104
HAVE NO FEAR


BASEBALL




SALMEN
SPARTAN CHEER




26


RODEO






Florida id calling
and I must go.
RODEO


97
BASEBALL









MY GOAL FOR THE
New School Year
To Survive
MY GOAL FOR THE
New School Year
Have Work Ethic
MY GOAL FOR THE
New School Year
Get a Raise


REST IN PEACE
MY GOAL FOR THE
New School Year
To Thrive!!
MY GOAL FOR THE
New School Year
Be Flexible!!
MY GOAL FOR THE
New School Year
To Survive!!

MY GOAL FOR THE
New School Year
Perfect Attendance
MY GOAL FOR THE
New School Year
PLAYOFFS

MY GOAL FOR THE
New School Year
Time Management

MY GOAL FOR THE
New School Year
grow mind matter
MY GOAL FOR THE
New School Year
Don't Stress!
MY GOAL FOR THE
New School Year
Graduate!
Coca-Cola


CLASS
OF
2026


CLASS
OF
2026


GUESTS
BALL ON
CLASS OF 2026


Spartans
Class of
SHS


LITTLE MISS
SENIORS




SENIOR
SUNRISE


SALMEN
JAG


SENIOR
SUNRISE


SENIOR
SUNRISE


SENIOR
SUNRISE