



# SEL Survey (Grades 3-5)

Fontana Unified School District

August 2025



# SEL SURVEY (GRADES 3-5)

## EMAIL



Hi **[First Name]**,

Fontana Unified School District has partnered with Hanover Research to conduct a brief survey. You will be taking this survey in class with your teacher.

This is your unique survey link. Please do not share it with other students:

**[Survey Link]**

If you have any questions, please reach out to your teacher.

Thank you for your participation!

Sincerely,  
Hanover Research  
4401 Wilson Blvd, 4th Floor, Arlington, VA 22203  
hanover-education.com

[Click here to unsubscribe from this study](#)

Hanover Research is an independent market research firm based in Arlington, VA, and is in no way affiliated with any other entity or organization.

Please do not forward this email invitation to other individuals. The link contained in this email is unique to you, and your response will not be counted if we receive multiple responses from this link.

## ADMINISTRATION NOTE:

Students will NOT see the bold green headings (e.g., Welcome, Practice Items) listed in this document, they will only see the text in the green boxes below. Additionally, each green box represents a survey page, with the content and order of questions as shown reflecting what students will see.

## WELCOME

### Welcome to the Fontana Unified School District Social Emotional Survey!

Fontana Unified School District (FUSD) wants to know students' perceptions of and experiences with school belonging and community. Your responses will help FUSD understand your needs so we can best serve you.

Please note that you should not use your name or other identifying information in your open-ended responses.

Thank you for your participation!  
*Please click the arrow button below to begin.*



A green arrow box (as shown above) is located at the bottom of every page. Clicking that button will move the student to the next question or highlight items that still need to be answered before continuing on. To conserve space, the images in this document do not show that green box arrow despite it being on every page.

## PRACTICE ITEMS

In this survey, we will ask you about yourself and your school. For most questions, you will be asked to say if you agree or disagree with different statements. If you don't understand the question or don't know the answer, please select "Unsure." Please answer the practice questions below.

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Please say if you agree or disagree with the following statements.

	Disagree	Agree	<i>Unsure</i>
Dogs are mammals.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
All birds are blue.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The Messier 81 galaxy is about 11.74 million light years from Earth.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## BELONGING

Please say how much you agree or disagree with the following statements about your school.

	Disagree	Agree	<i>Unsure</i>
I am proud of my school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel welcome at school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I like school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am an important part of my school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a lot of friends at school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## RELATIONSHIPS

Please say how much you agree or disagree with the following statements.

*Students at my school...*

	Disagree	Agree	Unsure
...respect people who are different from them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...help each other learn.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...care about each other.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Disagree	Agree	Unsure
...are easy to talk to.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...understand the rules.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...follow the rules.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please say how much you agree or disagree with the following statements.

*Adults at my school...*

	Disagree	Agree	Unsure
...respect people who are different from them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...treat all students the same when they break a rule.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...understand my culture and background.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Disagree	Agree	Unsure
...treat all students fairly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...listen to me when I have something to say.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...care about how I feel.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## EMOTIONAL REGULATION

Please say how much you agree or disagree with the following statements about managing your feelings or emotions.

	Disagree	Agree	<i>Unsure</i>
I can tell what I am feeling.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can explain my feelings to others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can calm myself down when I am upset.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can solve a disagreement without arguing or getting upset.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have skills to help me handle big feelings or emotions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## GRIT

Please say how much you agree or disagree with the following statements about grit.

	Disagree	Agree	<i>Unsure</i>
I keep trying, even when things are hard.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I finish whatever I begin.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I stay focused on my goals, even when it takes a long time to reach them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I keep going, even after I make a mistake or fail.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I care a lot about doing my best, even when it's difficult.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## GROWTH MINDSET

Please say how much you agree or disagree with the following statements about growth mindset.

	Disagree	Agree	<i>Unsure</i>
I can do most things if I try.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can learn from my mistakes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel confident in my ability to learn new things.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Disagree	Agree	<i>Unsure</i>
I ask questions when I don't understand something.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I pay attention in class.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can change my mind when I find out I'm wrong about something.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## SELF-EFFICACY

Please say how much you agree or disagree with the following statements about self-efficacy.

	Disagree	Agree	<i>Unsure</i>
I know what I am good at.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can get good grades.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel positive about my future.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Disagree	Agree	<i>Unsure</i>
I can understand what teachers discuss in class most of the time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can complete all of my schoolwork.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I believe I can learn hard things.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## CONCERNING BEHAVIORS

The next few questions will ask you about bullying. Verbal bullying happens when someone says or writes mean things about you. Physical bullying happens when someone hurts you or your things on purpose. Electronic bullying happens when someone is mean to you or tries to make you feel bad online, like on your phone or laptop.

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Have you experienced bullying since the start of the school year?

- Yes
- No
- I am not sure*
- I don't want to say*

Which type of bullying did you experience? *You can choose more than one answer.*

- Verbal bullying
- Physical bullying
- Electronic bullying
- I am not sure*
- I don't want to say*

Where in school have you been bullied? *You can choose more than one answer.*

- |  |  |
|--|--|
| <input type="checkbox"/> During recess or outside time | <input type="checkbox"/> In the locker room                              |
| <input type="checkbox"/> In a classroom                | <input type="checkbox"/> Online  |
| <input type="checkbox"/> At the cafeteria              | <input type="checkbox"/> Other (please specify):<br><input type="text"/> |
| <input type="checkbox"/> In hallways                   | <input type="checkbox"/> <i>I don't remember</i>                         |
| <input type="checkbox"/> In the bathroom               | <input type="checkbox"/> <i>I don't want to say</i>                      |

In the past month, have you seen other students at your school being bullied based on:

	Yes	No	<i>Unsure</i>
How they look	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
What they say	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Where they are from	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Their age	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Their skin color	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

These next questions ask about how you've been feeling lately. There are no right or wrong answers, so just be as honest as you can. Your responses can help adults understand how to better support you and others your age.

Please indicate how frequently you feel the following:

	Never	Sometimes	Often	<i>I Don't Want to Say</i>
I feel sad.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel lonely.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel like not talking to anyone.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have trouble falling asleep.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never	Sometimes	Often	<i>I Don't Want to Say</i>
I worry about schoolwork.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel worried.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I could not focus in school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please say how much you agree or disagree with the following statements.

	Disagree	Agree	<i>Unsure</i>
I feel like my classmates include me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel comfortable working in a team with other students.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have at least one adult at school that I trust.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know who can help me if I feel upset or worried.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## ADDITIONAL THOUGHTS

Please use the space below to talk about your time at your school. What do you like or don't like about your school?

*Please do not include any personal details in your answer (such as your name) because it will be shared word-for-word.*

## THANK YOU

Thank you for your participation in this survey! We appreciate your time.

# ABOUT HANOVER RESEARCH

Hanover Research provides high-quality, custom research and analytics through a cost-effective model that helps clients make informed decisions, identify and seize opportunities, and heighten their effectiveness.

## OUR SOLUTIONS

### ACADEMIC SOLUTIONS

- **College & Career Readiness:**  
Support on-time student graduation and prepare all students for post-secondary education and careers.
- **Program Evaluation:**  
Measure program impact to support informed, evidence-based investments in resources that maximize student outcomes and manage costs.
- **Safe & Supportive Environments:**  
Create an environment that supports the academic, cultural, and social-emotional needs of students, parents, and staff through a comprehensive annual assessment of climate and culture.

### ADMINISTRATIVE SOLUTIONS

- **Family and Community Engagement:**  
Expand and strengthen family and community relationships and identify community partnerships that support student success.
- **Talent Recruitment, Retention & Development:**  
Attract and retain the best staff through an enhanced understanding of the teacher experience and staff professional development needs.
- **Operations Improvement:**  
Proactively address changes in demographics, enrollment levels, and community expectations in your budgeting decisions.

### LEADERSHIP SOLUTION

Build a high-performing administration that is the first choice for students, parents, and staff.

## OUR BENEFITS



#### EXPERT

200+ analysts with multiple methodology research expertise



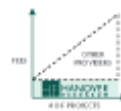
#### FLEXIBLE

Ongoing custom research agenda adapts with organizations' needs



#### DEDICATED

Exclusive account and research teams ensure strategic partnership



#### EFFICIENT

Annual, fixed-fee model shares costs and benefits



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