

# New Hartford Public Schools

## Wellness Subcommittee Meeting

October 15, 2025

Ann Antolini Elementary School

3:30 pm

Minutes

### Triennial Assessment

10.15.25

Amy Kennedy, Kelly Carroll, Michael Lynch, Deb Marciano, Acacia Ransom, Erik Perotti

A Local School Wellness Policy (LSWP) is a written document of board-approved policies that guide local education agency (LEA) efforts to establish a *school environment that promotes students' health, well-being, and ability to learn by supporting healthy eating and physical activity*.

- Required assessment every 3 years
- The assessment has been updated since the last time it was completed
- Overall- we did very well!
- 2 sections that we are rated at:
  - Policies
  - Practice
- Not calculated this way BUT (previously scored an 80 overall)
  - Policies: 79/100
  - Practice: 81/100
- Pages 1-4 of the Triennial Assessment highlight high scores.
- Starting on Page 5

**Our task is to review the areas that did not receive full credit and decide if we feel like policies or practices should be adjusted.**

Create Practice Implementation Plan

Update Policies

Opportunities for Growth

Committee thoughts and feedback:

- Opportunity to promote staff and community wellness (hikes, competitions, etc)
- Walking club during recess = staff and student
- School parties- think about no food, increasing sports, games, crafts, competitions etc - could increase points in several areas
- January meeting - begin to plan action steps

