

Assorted Fruit

Assorted Juice

Day 1

NOVEMBER 2025

BERMUDIAN SPRINGS SECONDARY SCHOOLS

Friday Monday Wednesday **Thursday Tuesday** Sausage Egg N Cheese Bagel Ham Egg N Cheese Croissant/ Fresh Baked Cinnamon Rolls French Toast Sticks NO SCHOOL **Assorted Cold Cereal** Breakfast Potato Assorted Cold Cereal Sausage Links Assorted Pop tarts Assorted Cold Cereal Assorted Cold Cereal Assorted Pop tarts Fruit & Yogurt Parfaits Assorted Pop tarts Fruit & Yogurt Parfaits Assorted Pop tarts Assorted Fruit Fruit & Yogurt Parfait Assorted Fruit Fruit & Yogurt Parfaits Assorted Juice Assorted Fruit Assorted Juice Assorted Fruit Day 5 Assorted Juice Day 6 Day 1 Assorted Juice Day 2 Assorted Doughnut Holes Ham Egg N Cheese Croissant Fresh Baked Cinnamon Rolls French Toast Sticks Sausage Egg N Cheese Bagel **Breakfast Potato** Assorted Cold Cereal Assorted Cold Cereal Sausage Links **Assorted Cold Cereal** Assorted Cold Cereal Assorted Pop tarts **Assorted Cold Cereal** Assorted Pop tarts Assorted Pop tarts Assorted Pop tarts Assorted Pop tarts Fruit & Yogurt Parfaits Fruit & Yogurt Parfaits Fruit & Yogurt Parfaits Fruit & Yogurt Parfait Assorted Fruit Fruit & Yogurt Parfaits Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Assorted Juice Assorted Juice Assorted Juice Day 4 Day 1 Day 3 Assorted Juice Day 5 Assorted Juice Day 6 Assorted Doughnut Holes 2 Sausage Egg N Cheese Bagel Ham Egg N Cheese Croissant Q Fresh Baked Cinnamon Rolls French Toast Sticks Assorted Cold Cereal Assorted Cold Cereal Breakfast Potato Assorted Cold Cereal Sausage Links Assorted Pop tarts Assorted Pop tarts Assorted Cold Cereal Assorted Pop tarts **Assorted Cold Cereal** Fruit & Yogurt Parfaits Fruit & Yogurt Parfaits Assorted Pop tarts Fruit & Yogurt Parfaits Assorted Pop tarts Assorted Fruit Assorted Fruit Fruit & Yogurt Parfait Assorted Fruit Fruit & Yogurt Parfaits Assorted Juice Assorted Juice Assorted Fruit Assorted Juice Assorted Fruit Day 6 Day 2 Day 4 Assorted Juice Day 3 Assorted Juice Day 5 HAPPY THANKSGIVING Ham Egg N Cheese Croissant 26 NO SCHOOL 28 Sausage Egg N Cheese Bagel **NO SCHOOL Breakfast Potato** Assorted Cold Cereal Assorted Cold Cereal Assorted Pop tarts Fruit & Yogurt Parfaits Assorted Pop tarts



Fruit & Yogurt Parfait

Assorted Fruit

Assorted Juice

Day 2