

NOVEMBER



BREAKFAST MENU

3 Cinnamon Mini Cinnis Orange Cup	4 Chocolate Chocolate Chip Muffin Apple Slices	5 St. Paul Croissant Breakfast Sandwich Banana	6 Golden Hug Apple Caramel Muffin Apple	7 NO SCHOOL TODAY!
10 Turkey Sausage Breakfast Pizza Orange Cup	11 Chocolate Chocolate Chip Muffin Apple Slices	12 Sweet Heat Turkey Sausage or Egg Biscuit Banana	13 Banana Chocolate Chip Muffin Apple	14 French Toast Sticks Syrup Pear Cup Frozen Fruit Cup
17 Cinnamon Mini Cinnis Orange Cup	18 Chocolate Chocolate Chip Muffin Apple Slices	19 St. Paul Croissant Breakfast Sandwich Banana	20 Celebration Muffin Apple	21 Egg & Cheese Omelet Pear Cup Frozen Fruit Cup
24 Turkey Sausage Breakfast Pizza Orange Cup	25 Chocolate Chocolate Chip Muffin Apple Slices	26 Sweet Heat Turkey Sausage or Egg Biscuit Banana	27 HANK FUL 28 THANKSCIVING BREAK!	

DAILY CHOICES

- · Teriyaki Chicken Rice Bowl
- Assorted Cereals
- Yogurt
- · String Cheese
- Juice
- Milk

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- · Menu subject to change.
- This institution is an equal opportunity provider.



NUTRITION SERVICES NO VENERAL SERVICES



LUNCH MENU

3 Penne Pasta Meat Sauce or Marinara Sauce Garlic Knot

Soybutter Sandwich

Choice Bar

4 Beef or Tofu Bulgogi

Soybutter Sandwich

Jasmine Rice

Broccoli Choice Bar **TACO DAY**

Seasoned Beef Refried Beans Shredded Cheese Tortilla Shell Salsa

Soybutter Sandwich

Choice Bar

6

Chicken Fingers or Plant Based Tenders Mac & Cheese **Galaxy Sauce**

Soybutter Sandwich

Choice Bar

NO SCHOOL TODAY!

10

Grilled Cheese Sandwich

Soybutter Sandwich

Homemade Tomato Soup Choice Bar

11

Orange Chicken or Tofu Jasmine Rice

Soybutter Sandwich

Mixed Vegetables Choice Bar

12

Oven Fried Chicken or Plant Based Tenders Corn Muffin

Soybutter Sandwich

Mashed Potatoes and Gravy Choice Bar

Pre-K Students

Glazed Chicken Bites Corn Muffin Mashed Potatoes and Gravy Choice Bar

13

Cheeseburger or Veggie Burger

Soybutter Sandwich

French Fries Choice Bar

14

Cheese or Turkey Sausage Pizza

Soybutter Sandwich

Choice Bar

17

Cheese Tortellini Alfredo Sauce Shredded Cheese Garlic Knot

Soybutter Sandwich

Green Beans Choice Bar

18

Glazed Chicken Bites or Plant Based **Tenders**

Soybutter Sandwich

Corn Choice Bar 19

Cheese and Green Chili Quesadillas

Soybutter Sandwich

Seasoned Tater Tots Choice Bar

20

French Toast Slices Chicken Sausages

Soybutter Sandwich

Hashbrowns Choice Bar

21

Dill Chicken Sandwich or Veggie Burger

Soybutter Sandwich

French Fries Choice Bar

24

Crispy Chicken Sandwich or Veggie Burger

Soybutter Sandwich

French Fries Choice Bar

25

Sliced Turkey Mashed Potatoes and Gravy Dinner Roll

Soybutter Sandwich

Broccoli Choice Bar 26 NACHO DAY

Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips

Soybutter Sandwich

Choice Bar

27



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