

NOVEMBER



BREAKFAST MENU

3 Cinnamon Mini Cinnis Orange Cup	4 Chocolate Chocolate Chip Muffin Apple Slices	5 St. Paul Croissant Breakfast Sandwich Banana	6 Golden Hug Apple Caramel Muffin Apple	7 NO SCHOOL TODAY!
10 Turkey Sausage Breakfast Pizza Orange Cup	11 Chocolate Chocolate Chip Muffin Apple Slices	12 Sweet Heat Turkey Sausage or Egg Biscuit Banana	13 Banana Chocolate Chip Muffin Apple	14 French Toast Sticks Syrup Pear Cup Frozen Fruit Cup
17 Cinnamon Mini Cinnis Orange Cup	18 Chocolate Chocolate Chip Muffin Apple Slices	19 St. Paul Croissant Breakfast Sandwich Banana	20 Celebration Muffin Apple	21 Egg & Cheese Omelet Pear Cup Frozen Fruit Cup
24 Turkey Sausage Breakfast Pizza Orange Cup	Chocolate Chocolate Chip Muffin Apple Slices	26 Sweet Heat Turkey Sausage or Egg Biscuit Banana	27 HANK FUL 28 ENJOY THANKSCIVING BREAK!	

DAILY CHOICES

- Assorted Cereals
- Teriyaki Chicken Rice Bowl
- Yogurt
- String Cheese
- Juice
- Milk

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.



NUTRITION SERVICES NO VENDE SERVICES



LUNCH MENU

3

Penne Pasta Meat Sauce Garlic Knot

Soybutter Sandwich

Cucumbers Strawberries

Beef or Tofu Bulaoai Jasmine Rice

Soybutter Sandwich

Broccoli Granny Smith Apple TACO DAY

Seasoned Beef Refried Beans Shredded Cheese Tortilla Shell Lettuce Salsa

Soybutter Sandwich

Sliced Apples

6

Chicken Fingers or Plant Based Tenders Mac & Cheese **Galaxy Sauce**

Soybutter Sandwich

Cucumbers Banana



10

Grilled Cheese Homemade Tomato Soup

Soybutter Sandwich

Carrots Strawberries 11

Orange Chicken or Tofu Jasmine Rice

Soybutter Sandwich

Mixed Vegetables Granny Smith Apple 12

Glazed Chicken Bites or Plant Based **Tenders** Corn Muffin

Soybutter Sandwich

Mashed Potatoes & Gravy Sliced Apples

13

Cheeseburger or Veggie Burger

Soybutter Sandwich

French Fries Banana

14

Cheese Pizza

Soybutter Sandwich

Cucumbers Applesauce Cup

17

Cheese Tortellini Alfredo Sauce Shredded Cheese Garlic Knot

Soybutter Sandwich

Green Beans Strawberries

18

Glazed Chicken Bites or Plant Based Tenders

Soybutter Sandwich

Corn Granny Smith Apple 19

Cheese and Green Chili Quesadilla Salsa

Soybutter Sandwich

Seasoned Tater Tots Sliced Apples

20

French Toast Slice Chicken Sausage

Soybutter Sandwich

Hash Brown Banana

21

Dill Chicken Sandwich or Veggie Burger

Soybutter Sandwich

French Fries Applesauce Cup

24

Crispy Chicken Sandwich or Veggie Burger

Soybutter Sandwich

French Fries Strawberries 25

Sliced Turkey Dinner Roll

Soybutter Sandwich

Mashed Potatoes and Gravy Granny Smith Apple **26 NACHO DAY**

Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips Salsa

Soybutter Sandwich

Romaine Lettuce Sliced Apples

27



28

Milk is available at every meal. Menu subject to change.

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