



CROSBY INDEPENDENT SCHOOL DISTRICT  
14670 FM 2100  
CROSBY, TX 77532  
281-328-9200

**Date:** \_\_\_\_\_

**Student ID:** \_\_\_\_\_

**Parent/Guardian Consent Form**

I, the undersigned, hereby give my consent for my child,  
\_\_\_\_\_, to participate in the substance use  
prevention/intervention program, Cougar Connect, led by Laura Richard, District  
Therapist. I understand the goals and benefits of the program, and I am aware  
that my child will be supported in making healthy, substance-free choices.

**Parent/Guardian Name (Print):** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_

**Best Contact Phone:** \_\_\_\_\_

Thank you for your support!



## CROSBY INDEPENDENT SCHOOL DISTRICT

14670 FM 2100  
CROSBY, TX 77532  
281-328-9200

---

Dear Parents/Guardians,

We are writing to inform you of an exciting opportunity for your child to participate in a substance use prevention/intervention program, Cougar Connect, at your child's school. This program is designed to help students develop the skills and knowledge needed to make healthy decisions, avoid substance use, and understand the risks associated with drugs and alcohol.

The program will be led by Laura Richard, the District Therapist at Crosby ISD, who specializes in supporting students' mental health and well-being. Mrs. Richard has extensive experience working with students to provide emotional support and educational resources on substance use prevention and intervention.

The students will meet twice per week for five weeks for approximately 45min - 1 hour. Crosby Middle School students will meet during the school day during an elective period. Crosby High School will meet after-school in a "club" setting from 3:00 - 4:00 on Tuesdays. Start dates for these groups will be communicated to students and families.

The benefits of participating in this program include:

- Increased awareness of the dangers of substance use.
- Improved decision-making and coping skills.
- Development of healthy strategies for managing stress and peer pressure.
- Enhanced ability to recognize and respond to substance-related issues in a supportive, proactive manner.

We recognize the critical importance of prevention programs in schools to address substance use before it becomes a significant concern. By empowering students with knowledge and skills early, we help foster a safe and supportive learning environment, where all students can thrive.

We request your consent for your child to participate in this valuable program. **Please sign and date the consent form** and return it to Laura Richard at either CMS or CHS. Should you have any questions or concerns, please do not hesitate to contact us at 281-328-9200 or email [lrichard@crosbyisd.org](mailto:lrichard@crosbyisd.org).

Thank you for your partnership in promoting the health and well-being of our students.

Sincerely,  
Crosby ISD