# Liberty Union High School District

**Board Policy**

| | | | |
|---|---|---|---|
| Classification: | Instruction | Policy No. | BP 6145.2 |
| | | Page | 1 of 7 |
| | | Effective | 7/18/84 |
| Subject: | Athletic Competition | Revised | 9/10/25 |

The Governing Board recognizes that the district's athletic program constitutes an integral component of the educational program and helps to build a positive school climate. The athletic program also promotes the physical, social, and emotional well-being and character development of participating students. The district's athletic program shall be designed to meet students' interests and abilities and shall be varied in scope to attract wide participation.

All athletic teams shall be supervised by qualified coaches to ensure that student athletes receive appropriate instruction and guidance related to safety, health, sports skills, and sportsmanship. Athletic events shall be officiated by qualified personnel.

The Board encourages business and community support for district athletic programs, subject to the district's advertising and promotion policy and regulation and other applicable district policies and regulations.

Nondiscrimination and Equivalent Opportunities in the Athletic Program

The district's athletic program shall be free from discrimination and discriminatory practices prohibited by state and federal law, including, but not limited to, the use of any racially derogatory or discriminatory school or athletic team name, mascot, or nickname.

Derogatory Native American terms, including Apaches, Big Reds, Braves, Chiefs, Chieftains, Chippewa, Comanches, Indians, Redskins, Savages, Squaw, and Tribe, shall not be used for any school or athletic team name, mascot, or nickname, unless permitted in accordance with Education Code 221.3. Any district school using or in which any such derogatory term is being used, shall complete the implementation of a new school or athletic team name, mascot, or nickname before the start of the 2028-2029 school year.

If a school selects a new school or athletic team name due to this prohibition, then any purchases or replacements of materials or fixtures due required by the implementation of the new name shall be completed before the start of the 2028-2029 school year. (Education Code 221.3)

The Superintendent or designee shall ensure that equivalent athletic opportunities are provided for males and females, and that students are permitted to participate in athletic activities consistent with their gender identity.

Any complaint alleging discrimination in the district's athletic program shall be filed in accordance with the district's uniform complaint procedures.

The district shall post on its website the California Department of Education's (CDE) standardized incident form to track racial discrimination, harassment, or hazing that occurs at high school sporting games or events, including information on how to submit a completed incident form. (Education Code 33353)

California Interscholastic Federation

Any district school that participates in the California Interscholastic Federation (CIF) shall conduct its athletic activities in accordance with CIF bylaws and rules and any applicable district policy and regulation. The Superintendent or designee shall have responsibility for the district's interscholastic athletic program, while the principal or designee at each participating school shall be responsible for site-level decisions, as appropriate.

The Board shall annually designate a representative to the local CIF league from each school that participates in CIF sports. The Superintendent or designee shall recommend a candidate for the position who demonstrates an understanding of the district's goals for student learning and interscholastic activities, knowledge of the athletic programs, awareness of the implications of league decisions for the school and the district, and interpersonal communication and leadership skills.

The designated representative(s) shall vote on issues that impact interscholastic athletics at the league and section levels, perform any other duties required by the CIF league, and report regularly to the Board on league, section, and statewide issues related to athletic programs.

Student Eligibility

Eligibility requirements for student participation in the district's interscholastic athletic program, including requirements pertaining to academic achievement, shall be the same as those set by the district for participation in extracurricular and cocurricular activities.

In addition, the Superintendent or designee shall ensure that students participating in interscholastic athletics governed by CIF satisfy CIF eligibility requirements.

Students shall not be charged a fee to participate in an athletic program, including, but not limited to, a fee to cover the cost of uniforms, locks, lockers, or athletic equipment.

Sportsmanship

The Board values the quality and integrity of the athletic program and the character development of student athletes. Student athletes, coaches, parents/guardians, spectators, and others are expected to demonstrate good sportsmanship, ethical conduct, and fair play during all athletic competitions. They shall also teach, enforce, advocate, and model the core principles of trustworthiness, respect, responsibility, fairness, caring, and good citizenship and abide by the applicable Code of Conduct adopted by CIF.

Students and staff may be subject to disciplinary action for improper conduct.

Health and Safety

The Board desires to give student health and safety the highest consideration in planning and conducting athletic activities.

Students shall have a medical clearance before participating in interscholastic athletic programs. Care shall be taken to ensure that all athletic training and competitions are conducted in a manner that will not overtax the physical capabilities of the participants. When appropriate, protective equipment shall be used to prevent or minimize injuries.

Coaches and appropriate district employees shall take every possible precaution to ensure that athletic equipment is kept in safe and serviceable condition. The Superintendent or designee shall ensure that all athletic equipment is cleaned and inspected for safety before the beginning of each school year.

The Superintendent or designee shall develop a written emergency action plan that describes the location of emergency medical equipment, including automated external defibrillator(s) and procedures to be followed in the event of sudden cardiac arrest or other medical emergency related to the athletic program's activities or events including concussion and heat illness. The plan shall include a description of the manner and frequency at which the procedures to be followed in the event of medical emergencies will be rehearsed, based on coaches training requirements specified in Education Code 35179.1. The plan shall be posted in accordance with guidelines of the National Federation of State High School Associations. (Education Code 35179.4)

Coaches and/or athletic trainers shall comply with any training required by law and in accordance with the accompanying administrative regulation and Administrative Regulation 4127/4227/4327 - Temporary Athletic Team Coaches.

In the event of a serious injury or a perceived imminent risk to a student's health during or immediately after an athletic activity, the coach or any other district employee who is present shall remove the student athlete from the activity, observe universal precautions in handling blood or other bodily fluid, and/or seek medical treatment for the student as appropriate.

Whenever a serious injury or illness is suffered by a student athlete, the Superintendent or designee shall notify the student's parent/guardian of the date, time, and extent of any injury or illness suffered by the student and any actions taken to treat the student.

Policy Reference Disclaimer:

These references are not intended to be part of the policy itself, nor do they indicate the basis or authority for the board to enact this policy. Instead, they are provided as additional resources for those interested in the subject matter of the policy.

| State | Description |
|---|---|
| 5 CCR 350 | Fees not permitted |
| 5 CCR 4900-4965 | Nondiscrimination in elementary and secondary educational programs receiving state or federal financial assistance |
| 5 CCR 4920-4922 | Nondiscrimination in intramural, interscholastic, and club activities |
| 5 CCR 5590-5596 | Duties of temporary athletic team coaches |
| Ed. Code 17578 | Cleaning and sterilizing of football equipment |
| Ed. Code 17580-17581 | Football equipment |
| Ed. Code 200-262.4 | Prohibition of discrimination |
| Ed. Code 32220-32224 | Insurance for athletic teams |
| Ed. Code 32221.5 | Insurance for athletic team members |
| Ed. Code 33315 | Uniform complaint procedures |
| Ed. Code 33353-33353.5 | California Interscholastic Federation; implementation of policies, insurance program |
| Ed. Code 33354 | California Department of Education authority over interscholastic athletics |
| Ed. Code 33479-33479.9 | The Eric Parades Sudden Cardiac Arrest Prevention Act |
| Ed. Code 35160.5 | Intradistrict open enrollment |
| Ed. Code 35179 | Interscholastic athletics; associations or consortia |
| Ed. Code 35179.1 | California High School Coaching Education and Training Program |
| Ed. Code 35179.4 | Emergency action plan |
| Ed. Code 35179.5 | Interscholastic athletics; limitation on full-contact practices |
| Ed. Code 35179.6 | School-sponsored on-campus event in or around swimming |

| | |
|---|---|
| | pool |
| Ed Code 35179.8 | Development guidelines, procedures, and safety standards for prevention and management of exertional heat illness |
| Ed. Code 48850 | Academic achievement of students in foster care and homeless children |
| Ed. Code 48900 | Grounds for suspension or expulsion |
| Ed. Code 48930-48938 | Student organizations |
| Ed. Code 49010-49013 | Student fees |
| Ed. Code 49020-49023 | Athletic programs; legislative intent, equal opportunity |
| Ed. Code 49030-49034 | Performance enhancing substances |
| Ed. Code 49458 | Health examinations; interscholastic athletic program |
| Ed. Code 49475 | Health and safety; concussions and head injuries |
| Ed. Code 49700-49701 | Education of children of military families |
| Ed. Code 51242 | Exemption from physical education for athletic program participants |
| H&S Code 124238-124238.5 | Nevaeh Youth Sports Safety Act |
| H&S Code 1797.196 | Automated external defibrillators; notification of use and locations |
| Pen. Code 245.6 | Hazing |

| Federal | Description |
|---|---|
| 20 USC 1681-1688 | Title IX of the Education Amendments of 1972; discrimination based on sex |
| 34 CFR 106.31 | Nondiscrimination on the basis of sex in education programs or activities |
| 34 CFR 106.33 | Nondiscrimination on the basis of sex; comparable facilities |
| 34 CFR 106.41 | Nondiscrimination in athletic programs |

| Management Resources | Description |
|---|---|
| California Department of Education Publication | Pupil Fees, Deposits, and Other Charges, Fiscal Management Advisory 12-02, April 24, 2013 |
| California Interscholastic Federation Publication | Code of Conduct for Parents/Guardians |
| California Interscholastic Federation Publication | Code of Conduct for Coaches |
| California Interscholastic Federation Publication | Code of Conduct for Student-Athletes |
| California Interscholastic Federation Publication | Pursuing Victory with Honor, 1999 |
| California Interscholastic Federation Publication | Keep Their Heart in the Game: A Sudden Cardiac Arrest Information Sheet for Athletes and Parents/Guardians |
| California Interscholastic Federation Publication | Event Emergency Guidelines, 2013 |
| California Interscholastic Federation Publication | California Interscholastic Federation Constitution and Bylaws |
| California Interscholastic Federation Publication | Guidelines for Gender Identity Participation |
| California Interscholastic Federation Publication | Athletic Department Emergency Action Plan: Response Teams |
| California Interscholastic Federation Publication | A Guide to Equity in Athletics |
| Centers for Disease Control&Prevention Publication | Acute Concussion Evaluation (ACE) Care Plan, 2006 |
| Centers for Disease Control&Prevention Publication | Heads Up: Concussion in High School Sports, Tool Kit, June 2010 |
| Centers for Disease | Heads Up: Concussion in Youth Sports, Tool Kit, July 2007 |

| | |
|---|---|
| Control&Prevention Publication | |
| Court Decision | Hartzell v. Connell, (1984) 35 Cal. 3d 899 |
| Court Decision | Kahn v. East Side Union High School District, (2003) 31 Cal. 4th 990 |
| Court Decision | Mansourian v. Regents of University of California, (2010) 602 F. 3d 957 |
| Court Decision | McCormick v. School District of Mamaroneck, (2004) 370 F.3d 275 |
| U.S. DOE Office for Civil Rights Publication | Intercollegiate Athletics Policy Clarification: The Three-Part Test - Part Three, Dear Colleague Letter, April 20, 2010 |
| Website | CSBA District and County Office of Education Legal Services |
| Website | California Interscholastic Federation |
| Website | Centers for Disease Control and Prevention, Concussion Resources |
| Website | National Federation of State High School Associations |
| Website | National Operating Committee on Standards for Athletic Equipment |
| Website | U.S. Anti-Doping Agency |
| Website | U.S. Department of Education, Office for Civil Rights |
| Website | California Department of Education |
| Website | CSBA |

Cross References

| Code | Description |
|---|---|
| 0410 | Nondiscrimination In District Programs And Activities |
| 0500 | Accountability |
| 1113 | District And School Web Sites |
| 1113 | District And School Web Sites |
| 1113-E(1) | District And School Web Sites |
| 1230 | School-Connected Organizations |
| 1230 | School-Connected Organizations |
| 1260 | Educational Foundation |
| 1312.3 | Uniform Complaint Procedures |
| 1312.3 | Uniform Complaint Procedures |
| 1312.3-E(1) | Uniform Complaint Procedures |
| 1312.3-E(2) | Uniform Complaint Procedures |
| 1321 | Solicitation Of Funds From And By Students |
| 1321 | Solicitation Of Funds From And By Students |
| 1325 | Advertising And Promotion |
| 1330.1 | Joint Use Agreements |
| 1700 | Relations Between Private Industry And The Schools |
| 3260 | Fees And Charges |
| 3260 | Fees And Charges |
| 3452 | Student Activity Funds |
| 3513.4 | Drug And Alcohol Free Schools |
| 3514 | Environmental Safety |
| 3514 | Environmental Safety |
| 3515.2 | Disruptions |
| 3515.2 | Disruptions |
| 3530 | Risk Management/Insurance |
| 3530 | Risk Management/Insurance |
| 3541.1 | Transportation For School-Related Trips |
| 3541.1-E(1) | Transportation For School-Related Trips |
| 3541.1-E(2) | Transportation For School-Related Trips |
| 3580 | District Records |
| 3580 | District Records |
| 4118 | Dismissal/Suspension/Disciplinary Action |

| | |
|---|---|
| 4118 | Dismissal/Suspension/Disciplinary Action |
| 4119.42 | Exposure Control Plan For Bloodborne Pathogens |
| 4119.42 | Exposure Control Plan For Bloodborne Pathogens |
| 4119.42-E(1) | Exposure Control Plan For Bloodborne Pathogens |
| 4119.43 | Universal Precautions |
| 4119.43 | Universal Precautions |
| 4127 | Temporary Athletic Team Coaches |
| 4127 | Temporary Athletic Team Coaches |
| 4218 | Dismissal/Suspension/Disciplinary Action |
| 4218 | Dismissal/Suspension/Disciplinary Action |
| 4219.42 | Exposure Control Plan for Bloodborne Pathogens |
| 4219.42 | Exposure Control Plan for Bloodborne Pathogens |
| 4219.42-E(1) | Exposure Control Plan for Bloodborne Pathogens |
| 4219.43 | Universal Precautions |
| 4219.43 | Universal Precautions |
| 4227 | Temporary Athletic Team Coaches |
| 4227 | Temporary Athletic Team Coaches |
| 4319.42 | Exposure Control Plan for Bloodborne Pathogens |
| 4319.42 | Exposure Control Plan for Bloodborne Pathogens |
| 4319.42-E(1) | Exposure Control Plan for Bloodborne Pathogens |
| 4319.43 | Universal Precautions |
| 4319.43 | Universal Precautions |
| 4327 | Temporary Athletic Team Coaches |
| 4327 | Temporary Athletic Team Coaches |
| 5030 | Student Wellness |
| 5111.1 | District Residency |
| 5111.1 | District Residency |
| 5113.11 | Attendance Supervision |
| 5121 | Grades/Evaluation Of Student Achievement |
| 5121 | Grades/Evaluation Of Student Achievement |
| 5125 | Student Records |
| 5125 | Student Records |
| 5131 | Conduct |
| 5131.1 | Bus Conduct |
| 5131.1 | Bus Conduct |
| 5131.4 | Student Disturbances |
| 5131.4 | Student Disturbances |
| 5131.61 | Drug Testing |
| 5131.63 | Steroids |
| 5131.63 | Steroids |
| 5137 | Positive School Climate |
| 5141 | Health Care And Emergencies |
| 5141 | Health Care And Emergencies |
| 5141.21 | Administering Medication And Monitoring Health Conditions |
| 5141.21 | Administering Medication And Monitoring Health Conditions |
| 5141.22 | Infectious Diseases |
| 5141.22 | Infectious Diseases |
| 5141.3 | Health Examinations |
| 5141.3 | Health Examinations |
| 5141.4 | Child Abuse Prevention And Reporting |
| 5141.4 | Child Abuse Prevention And Reporting |
| 5141.52 | Suicide Prevention |
| 5141.52 | Suicide Prevention |
| 5141.6 | School Health Services |
| 5141.6 | School Health Services |
| 5141.7 | Sun Safety |
| 5142 | Safety |
| 5142 | Safety |

| | |
|---|---|
| 5143 | Insurance |
| 5143 | Insurance |
| 5144 | Discipline |
| 5144 | Discipline |
| 5144.1 | Suspension And Expulsion/Due Process |
| 5144.1 | Suspension And Expulsion/Due Process |
| 5144.2 | Suspension And Expulsion/Due Process (Students With Disabilities) |
| 5145.3 | Nondiscrimination/Harassment |
| 5145.3 | Nondiscrimination/Harassment |
| 5145.6 | Parent/Guardian Notifications |
| 5145.6-E(1) | Parent/Guardian Notifications |
| 5145.7 | Sexual Harassment |
| 5145.7 | Sexual Harassment |
| 6142.7 | Physical Education And Activity |
| 6142.7 | Physical Education And Activity |
| 6142.8 | Comprehensive Health Education |
| 6142.8 | Comprehensive Health Education |
| 6145 | Extracurricular And Cocurricular Activities |
| 6145 | Extracurricular And Cocurricular Activities |
| 6145.6 | International Exchange |
| 6145.6 | International Exchange |
| 6146.1 | High School Graduation Requirements |
| 6146.11 | Alternative Credits Toward Graduation |
| 6146.11 | Alternative Credits Toward Graduation |
| 6153 | School-Sponsored Trips |
| 6153 | School-Sponsored Trips |
| 6164.6 | Identification And Education Under Section 504 |
| 6164.6 | Identification And Education Under Section 504 |
| 6173 | Education For Homeless Children |
| 6173 | Education For Homeless Children |
| 6173-E(1) | Education For Homeless Children |
| 6173-E(2) | Education For Homeless Children |
| 6173.1 | Education For Foster Youth |
| 6173.1 | Education For Foster Youth |
| 6173.2 | Education Of Children Of Military Families |
| 6173.2 | Education Of Children Of Military Families |
| 7110 | Facilities Master Plan |

(6/03, 10/18, 3/24)