ROCKLAND TRANSITION CONSORTIUM

Reaching for the FUTURE

From School to Adult Life



A Resource Guide for People with Disabilities

Twelfth Edition 2024

Transition Planning is an ongoing process that ensures students and youth with disabilities become equipped with the skills and knowledge for the 21st century in order to facilitate a seamless transition from school to post-school activities. This guide is an invaluable resource for individuals with disabilities, parents, school personnel, and adult service providers addressing the issues of transition. It lists providers of services in Rockland County and beyond in the areas indicated.*

The Rockland Transition Consortium was organized at the beginning of the 1991-1992 school year to develop a reference guide to help in the transition process. This edition was prepared by members of the Rockland Transition Consortium to provide a useful tool in transition planning. For information about the Rockland Transition Consortium, contact Mary Ellen Urinyi at Rockland BOCES at (845) 627-4790.

For a complete listing of organizations listed in this guide, please see the back pages of the guide.

ROCKLAND COUNTY SCHOOL DISTRICTS

For information, contact the appropriate Special Education or Pupil Personnel Office at the numbers listed below and ask for the person who handles transition planning:

DISTRICT CONTACTS

Clarkstown	(845) 639-6482	www.ccsd.edu
East Ramapo	(845) 577-6040	www.ercsd.org
Nanuet	(845) 627-9817	www.nanuetsd.org
North Rockland	(845) 942-3430	www.northrockland.org
Nyack	(845) 353-7046	www.nyackschools.org
Pearl River	(845) 620-3938	www.pearlriver.org
Rockland BOCES	(845) 627-4790	www.rocklandboces.org
South Orangetown	(845) 680-1025	www.socsd.org
Suffern Central	(845) 357-7783	www.sufferncentral.org

***NOTE: Inclusion in this guide does not constitute an endorsement as to the quality of the services listed. Please note that there may be a charge and/or eligibility requirements for some services.**

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ROCKLAND COUNTY ACCESS & FUNCTIONAL NEEDS REGISTRY:

Registry for people with disabilities or in need of assistance in the event of an emergency:

- https://totalvisibilitysolution.com/Rockland/Signin
- Rockland County Department of Fire and Emergency Services (www.rocklandgov.com or 845-364-8800)
- Hudson Valley 211 Call Center (211)

ADVOCACY/LEGAL ASSISTANCE

Individuals with disabilities can obtain assistance to clarify and secure their rights through both advocacy groups and legal organizations. If an individual needs assistance with their goals or plans, they can reach out to one of these organizations to receive answers to questions or advice.

Advocacy Assistance

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation) ..... (845) 426-5410
Alley Valley ..... (845) 600-0801
American Heart Association ..... (212) 878-5900
BRIDGES (formerly the Rockland Independent Living Center) & Association for the Visually Impaired (AVI), an affiliate of BRIDGES ..... (845) 624-1366
Capabilities Partnership, Inc ..... (845) 627-0627
Catholic Charities Community Service ..... (845) 942-5791
Center for Safety and Change ..... (845) 634-3391
Disability Rights New York ..... (800) 993-8982
Haitian-American Cultural and Social Organization, Inc ..... (845) 352-5897
Lighthouse Guild ..... (800) 284-4422
Mental Health Association of Rockland County ..... (845) 267-2172
NAMI-ROCKLAND ..... (845) 359-8787
NY Association Psychiatric Rehabilitation Services ..... (518) 436-0008
NY Connects ..... (845) 364-3444
NYS Brain Injury Association ..... (518) 459-7911
OCFS-NYS Commission for the Blind (NYSCB) ..... (914) 993-5389
Partnership for Safe & Healthy Youth ..... (845) 405-4180
Planned Parenthood of Hudson/Peconic ..... (845) 426-7577
Rockland Council on Alcoholism and Other Drug Dependencies, Inc. ..... (845) 215-9788
Rockland County Department of Social Services (DSS)-Adult Services ..... (845) 364-3568
Rockland County Office for People with Disabilities ..... (845) 364-3980
Rockland Jewish Family Services ..... (845) 354-2121
Self-Advocacy Association of NYS (SANYS) ..... (845) 707-9923
The Arc Rockland ..... (845) 213-3120
TOUCH ..... (845) 268-8023
Volunteer Counseling Services, Inc. (VCS) ..... (845) 634-5729
Westchester Institute for Human Development-Community Support Network ..... (914) 493-7665
Westchester Independent Living Center ..... (914) 682-3926

Legal Assistance

Center for Safety and Change ..... (845) 634-3391
Legal Aid Society of Rockland County, Inc. ..... (845) 634-3627
Legal Services of the Hudson Valley ..... (845) 476-3821 x180
Rockland County Department of Social Services-Child Protective Services ..... (845) 364-3512
Rockland County Human Rights Commission ..... (845) 364-3886
Rockland County Probation Department - PINS (Persons in Need of Supervision) ..... (845) 638-5544
Rockland County Public Defender's Office ..... (845) 638-5660

ALL MEN, regardless of disability, must register with selective service at age 18. You can register online at www.sss.gov or forms are available at local post offices.

ASSISTIVE TECHNOLOGY

Assistive Technology is the use of any item, piece of equipment, software program, or product system to increase, maintain, or improve the functional capabilities of individuals with disabilities. Evaluations or support for appropriate assistive technology may be obtained through the following organizations:

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation)	(845) 426-5410
BRIDGES (formerly the Rockland Independent Living Center) & Association for the Visually Impaired (AVI), an affiliate of BRIDGES	(845) 624-1366
Hamaspik of Rockland County	(845) 356-8400
Helen Hayes Hospital-Center for Rehabilitation Technology	(845) 786-4000
Jawonio, Inc.	(845) 708-2000
Lighthouse Guild	(800) 284-4422
Music For Life	(845) 642-0859
NYS Office for People with Developmental Disabilities (OPWDD/Info Line)	(866) 946-9733
National Disability Institute-Assistive Technology Loan Program	(202) 449-9521
OCFS-NYS Commission for the Blind (NYSCB)	(914) 993-5389
Rockland BOCES Student Services Office	(845) 627-4790
Rockland Works Career Center	(845) 348-3500
VISIONS-Center For Blindness	(845) 354-3003
Westchester Institute for Human Development	(914) 493-8150



CARE/CASE MANAGEMENT

Care/Case Management is the coordination of services and supports for individuals through Medicaid/Medicare. This can be provided through agencies, Health Homes, and Care Coordination Organizations. These organizations tailor services to meet the needs of individuals with disabilities.

OPWDD Care Coordination Organizations Enrollment Contact Information (Lower Hudson Valley):

Advance Care Alliance	(833) 692-2269
Care Design NY	(518) 235-1888
Life Plan CCO NY, LLC	(315) 565-2612
Tri-County Care	(844) 504-8400

Agencies and Health Home Organizations:

Alley Valley	(845) 600-0801
Astor Services	(845) 871-1000
Catholic Charities Community Services	(845) 942-5791
Center for Human Development and Family Services (CHDFA, Inc.)	(845) 203-8555
Children's Health Home of Upstate NY	(855) 209-1142
Hudson Valley Care	(800) 768-5080
Mental Health Association of Rockland County, Inc.	(845) 267-2172
NAMI-Rockland	(845) 359-8787
Partners Health Plan	(855) 747-5483
Rockland County Department of Health	(845) 364-2512
Rockland Jewish Family Service	(845) 354-2121
TOUCH	(845) 268-8023



HUDSON VALLEY 211: United Way's Helpline is a free, confidential, multilingual service to assist the public in finding the answers to a variety of Health and Human Services related questions. Dial 211 or www.hudson211.org.

EDUCATION, TRAINING, & EMPLOYMENT

As students with disabilities move into the transitional phase of their high school years, they may be referred to ACCES-VR or NYSCB for further vocational services. These services include, but are not limited to, vocational assessment, career counseling, job training and placement, and further education. Additional information about transition planning and adult vocational services is available from the school districts, the Committee on Special Education, or the adult services providers.

Funding agencies for some services are:

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation) ..... (845) 426-5410
OCFS-NYS Commission for the Blind (NYSCB) ..... (914) 993-5389
NYS Office for People with Developmental Disabilities (OPWDD/Info Line) ..... (866) 946-9733

Colleges/Universities

In addition to credit-bearing degree programs, local colleges offer a variety of certificate and other non-degree programs. These schools may have staff specifically assigned to help students with disabilities. For more information, contact either the Office of Accessibility/Disability Services or the Office of Admissions at the school. Think College has a list of Inclusive Higher Education experiences on their website.

Dominican University NY ..... (845) 848-4035
Mercy University ..... (914) 888-5232
Rockland Community College ..... (845) 574-4000
St. Thomas Aquinas-Pathways Program ..... (845) 398-4100
Successful Learning Center (SLC)
(*non-credit bearing college experience classes) ..... (845) 662-1322 x2
SUNY Empire State College ..... (800) 847-3000 x2244
SUNY Orange BRIDGES Program ..... (845) 341-4694
Think College ..... www.thinkcollege.net
University of Mount Saint Vincent Bridge Program ..... (718) 405-3241
Westchester Community College ..... (917) 606-6600

Community Agencies/Schools

may provide Community Habilitation, Day Habilitation, Care Coordination, Pre-Vocational Training, Supported Employment, Supported Education and Work Internships.

Abbott House ..... (914) 591-7300
Alley Valley ..... (845) 600-0801
Another Step ..... (845) 268-8200
BRIDGES (formerly the Rockland Independent Living Center) & Assoc. for the Visually Impaired (AVI), an affiliate of BRIDGES ..... (845) 624-1366
Capabilities Partnership, Inc. ..... (845) 627-0627
Center for Career Freedom ... (914) 288-9763
Center for Human Development & Family Services ..... (845) 675-7979
CHEMLU/Lekulum ..... (845)-774-1422
Hamaspik of Rockland County ..... (845) 356-8400
Jawonio, Inc. ..... (845) 708-2000
Lighthouse Guild ..... (800) 284-4422
Living Resources ..... (518) 218-0000 x2394
Mental Health Assoc. of Rockland County ..... (845) 267-2172
Music For Life ..... (845) 642-0859
St. Dominic's Family Services ..... (845) 359-3400 x233
SHARE 24/7 ..... (845) 354-3233
Summit Adult Day Health Center ..... (845) 243-5000
Summit School/ Children's Residence ..... (845) 358-7772
The Arc Rockland ..... (845) 213-3120
The NY Foundling ..... (917) 485-7866
Westchester Institute for Human Development-Community Support Network ..... (914) 493-7665
Venture Together ..... (845) 624-3860
YAI ..... (845) 358-5700
Yedei Chesed ..... (845) 425-0887

Public Agencies

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation) ..... (845) 426-5410
BRIDGES (formerly the Rockland Independent Living Center) & Assoc. for the Visually Impaired (AVI), an affiliate of BRIDGES ..... (845) 624-1366
NYS Office for People with Developmental Disabilities (OPWDD/Info Line) ..... (866) 946-9733
OCFS-NYS Commission for the Blind (NYSCB) ..... (914) 993-5389
Rockland BOCES CTEC/Adult Ed ..... (845) 627-4770/348-3500
Rockland County Career Center, Adult Services/Youth Connections ..... (845) 770-2900
Rockland County Department of Mental Health ..... (845) 364-2150
Rockland County Department of Social Services Employment Unit ..... (845) 364-3143

FINANCIAL ASSISTANCE/BENEFITS

Various types of benefits and financial assistance are available from state and local agencies.

Medical Insurance	Medicaid (for people with disabilities or people aged 65 and over)	(845) 364-3040
	NYS of Health	(855) 355-5777
NYS Department of Labor	Unemployment Benefits	(888) 209-8124
Private/Non-Profit Agencies These agencies will, on occasion, provide temporary help for those in need:	American Red Cross	(203) 869-8444
	Catholic Charities Community Services	(845) 942-5791
	Haitian-American Cultural and Social Organization	(845) 352-5897
	Mental Health Association of Rockland County, Inc.	(845) 267-2172
	National Disability Institute of NY/NJ	(202) 449-9521
	People to People	(845) 623-4900
	Salvation Army	(845) 352-9577
	United Way of Rockland	(845) 358-8929
Rockland County Department of Health WIC (Woman, Infants and Children) A supplemental food program for pregnant and nursing mothers, infants and children under five years of age.	WIC (Women, Infants and Children)	(845) 364-2577
Rockland County Department of Social Services	Home Energy Assistance Program (HEAP)	(845) 364-3480
	Medicaid	(845) 364-3040
	Section 8 Housing	(845) 364-3330
	SNAP-Supplemental Nutrition Assistance Program (Formerly Food Stamps)	(845) 364-3100
Social Security Administration (SSA) administers two types of disability benefit programs	Social Security Disability Benefits (SSD)	(800) 772-1213
	Supplemental Security Income (SSI)	(800) 772-1213
	Local SSA Office	(866) 755-4334
Benefits Advisement:	BRIDGES (formerly the Rockland Independent Living Center) & Association for the Visually Impaired (AVI), an affiliate of BRIDGES	(845) 624-1366
	Hudson Valley Community Services (HVCS)	(845) 356-0570
	Legal Services of the Hudson Valley	(914) 949-1305 x162
	Westchester Institute for Human Development (WIHD)/ Community Support Network	(914) 493-7665

GENDER/SEXUALITY

The following organizations provide resources for individuals and families regarding gender and sexual orientation. Services offered include advocacy, counseling, support groups, recreation, housing, crisis intervention, medical counseling, information, and education.	CANDLE (Community Awareness Network for a Drug-Free Life & Environment), CANDLE Youth Pride, & CANDLE Children's Clinic	(845) 634-6677
	Center Lane – WJCS	(914) 423-0610
	GLSEN Lower Hudson Valley	(914) 962-7888
	Jacobs Family Pride Wellness Center of Montefiore Nyack Hospital	(845) 348-7284
	NAMI-Rockland	(845) 359-8787
	Outcasting (NPR for LGBTQIA+ youth)	(914) 674-0900
	PFLAG Rockland	(845) 202-1620
	Phyllis B. Frank Pride Center of Rockland County	(845) 353-6300
	The LOFT	(914) 948-2932
	Trevor Support Center	(866) 488-7386
HIV Screening	Cornerstone Hudson Valley Community Services	(845) 356-0570
	Jacobs Family Pride Wellness Center of Montefiore Nyack Hospital	(845) 348-7284
	Planned Parenthood of Hudson/Peconic	(845) 426-7577
	Rockland County Department of Health/Infectious Disease	(845) 364-2570
	TOUCH	(845) 268-8023

GUARDIANSHIP/SUPPORTED DECISION-MAKING

At age 18 your child is emancipated, no matter their level of disability. Guardianship is the outcome of a legal process which designates a parent, another individual, or organization to act on behalf of an individual who may be unable to manage his/her affairs without assistance, beginning at age 18. Supported Decision making (SDM) is an inclusive alternative to guardianship. There are different types of guardianship and supported decision-making that vary based on the level of authority for the responsible party.

To find out more about guardianship/supported decision-making contact an attorney or the following agencies:

Legal Aid Society of Rockland, Inc. ..... (845) 634-3627
Legal Services of the Hudson Valley ..... (845) 476-3831
Mental Health Association of Rockland County, Inc. ..... (845) 267-2172
Supported Decision Making NY ..... (646) 807-8483
Volunteer Counseling Services, Inc. (VCS) ..... (845) 634-5729
Westchester Independent Living Center (WILC) ..... (914) 682-3926
Westchester Institute for Human Development (WIHD)/
Community Support Network (CSN) ..... (914) 493-7665

HUDSON VALLEY 211: United Way's 2-1-1 Helpline is a free, confidential, multilingual service to assist the public in finding the answers to a variety of Health and Human Services related questions. Dial 211 or www.211hudsonvalley.org.

INFORMATION/REFERRAL

There are many organizations that provide information, answer questions, and direct an individual with a disability to the appropriate organization for service.

Abbott House ..... (914) 591-7300
ACCES-VR (Adult Career and Continuing Education
Services-Vocational Rehabilitation) ..... (845) 426-5410
Alanon & Alateen ..... (845) 286-9866
Alley Valley ..... (845) 600-0801
American Cancer Society ..... (800) 227-2345
American Diabetes Association ..... (516) 428-9286
American Heart Association ..... (212) 878-5900
American Red Cross ..... (203) 869-8444
BRIDGES ..... (845) 624-1366
CANDLE (Community Awareness Network for a Drug-Free
Life & Environment), CANDLE Youth Pride,& CANDLE
Children's Clinic ..... (845) 634-6677
Capabilities Partnership, Inc. ..... (845) 627-0627
Catholic Charities Community Services ..... (845) 942-5791
Center for Safety and Change ..... (845) 634-3391
Childcare Resources of Rockland ..... (845) 425-0009
Haitian-American Cultural and
Social Organization ..... (845) 352-5897
Hamaspik of Rockland County ..... (845) 356-8400
Hudson Valley Region 211 211
Jawonio, Inc ..... (845) 708-2000
Lighthouse Guild ..... (800) 284-4422
Lower Hudson Regional Partnership Center ..... (914) 248-2289
NAMI-Rockland ..... (845) 359-8787
NY Connects ..... (845) 364-3444
NYS Brain Injury Association ..... (518) 459-7911
NYS Office for People with Developmental Disabilities
(OPWDD/Info Line) ..... (866) 946-9733
OCFS-NYS Commission for the Blind (NYSCB) ..... (914) 993-5389
Partnership for Safe & Healthy Youth ..... (845) 405-4180
Planned Parenthood of Hudson/Peconic ..... (845) 426-7577
Rockland Council on Alcoholism
and Other Drug Dependencies ..... (845) 215-9788
Rockland Works Career Center,
Adult & Youth Services ..... (845) 348-3500
Rockland County Department of Health ..... (845) 364-2512
Rockland County Department of Mental Health ..... (845) 364-2150
Rockland County D.S.S. ..... (845) 364-2020
Rockland County Office
for People with Disabilities ..... (845) 364-3980
Rockland Jewish Family Service ..... (845) 354-2121
Self-Help Clearinghouse of the
Mental Health Association ..... (845) 267-2172
The Arc Rockland ..... (845) 267-2500
TOUCH ..... (845) 268-8023
United Way of Rockland ..... (845) 358-8929
Volunteer Counseling Service, Inc. (VCS) ..... (845) 634-5729
Westchester Independent Living Center ..... (914) 682-3926
Westchester Institute for Human Development-
Community Support Network ..... (914) 493-8390
Venture Together ..... (845) 624-3860
YAI ..... (845) 358-5700
Yedei Chesed ..... (845) 425-0887

MEDICAL, MENTAL HEALTH, & COUNSELING

Individuals with medical and mental health concerns may seek assistance from hospitals, out-patient clinics, and agencies addressing specific needs. Counseling on an individual or group basis can be provided by a professionally trained person (social worker, counselor, or psychologist) or by someone sharing a common concern (self-help or peer counseling).
IN AN EMERGENCY, CONTACT 911.

Clinics

Active Physical and Wellness Center	(845) 354-7777
Alley Valley	(845) 600-0801
Arc Health Resources (The Arc Rockland)	(845) 267-0110
Astor Services	(845) 871-1000
Community Medical and Dental	(845) 352-6800
Cornerstone Family Health Center at Jawonio	(845) 999-3060
Jacobs Family Pride Wellness Center of Montefiore Nyack Hospital	(845) 348-7284
Jawonio	(845) 708-2000
Refuah Health Center	(845) 354-9300
Rockland County Public Health Clinics	(845) 364-2520
Sun River Health	(845) 770-9980
Westchester Institute for Human Development	(914) 493-8390

Crisis Services

Behavioral Health Response Team (BHRT)	(845) 517-0400
NYSTART/CSIDD (OPWDD Crisis Response and Prevention Program)	(844) 782-7880
The Sanctuary (temporary housing for teens)	(888) 997-1583

Family Assistance

American Red Cross	(203) 869-8444
BRIDGES	(845) 624-1366
Capabilities Partnership, Inc	(845) 627-0627
Catholic Charities Community Services	(845) 942-5791
Center for Safety and Change	(845) 634-3391
Children's Health Home of Upstate New York	(855) 209-1142
Haitian-American Cultural and Social Organization	(845) 352-5897
Mental Health Association of Rockland	(845) 267-2172
NAMI-Rockland	(845) 359-8787
Partnership for Safe & Healthy Youth	(845) 405-4180
Planned Parenthood of Hudson/Peconic	(845) 426-7577
Rockland County Department of Health WIC (Women, Infants & Children)	(845) 364-2577
Rockland Jewish Family Services	(845) 354-2121
Russell E. Blaisdell Addiction Treatment Center	(845) 359-8500
TOUCH	(845) 268-8023
Volunteer Counseling Services, Inc.	(845) 634-5729
Yedei Chesed	(845) 425-0887

MEDICAL, MENTAL HEALTH, & COUNSELING (continued)

Hospitals

- CLUE - Rockland Hospital Guild (845) 680-6226
- Four Winds Hospital (914) 763-8151
- Good Samaritan Hospital (845) 368-5000
- Helen Hayes Hospital (845) 786-4000
- Montefiore Nyack Hospital (845) 348-2000
- Rockland Children's Psychiatric Center (845) 680-4080
- Rockland Psychiatric Center (845) 359-1000

Information and Referral

- Alanon & Alateen (845) 286-9866
- BRIDGES (845) 624-1366
- Capabilities Partnership, Inc. (845) 627-0627
- Children's Health Home of Upstate New York (855) 209-1142
- Hudson Valley Region 211 211
- Mental Health Association of Rockland (845) 267-2172
- Partnership for Safe & Healthy Youth (845) 405-4180
- Rockland County Department of Mental Health (845) 364-2150

Mental Health and Substance Abuse Services

- Alanon & Alateen (845) 286-9866
- Alley Valley (845) 600-0801
- Astor Services (845) 871-1000
- CANDLE (845) 634-6677
- Cornerstone Hudson Valley Community Services (845) 356-0570
- Hamaspik of Rockland County (845) 356-8400
- Jawonio, Inc (845) 708-2000
- Lexington Medical Services (212) 752-4345
- Mental Health Association of Rockland County-Recovery Services (845) 267-2172
- Mental Health Association of Westchester (914) 345-0700 x7350
- Montefiore Nyack Hospital (845) 348-2073
- Music For Life (845) 642-0859
- NAMI-Rockland (845) 359-8787
- Nathan Kline Institute for Psychiatric Research (845) 398-2184
- Rockland Children's Psychiatric Center (845) 680-4080
- Rockland Council of Alcoholism and Other Drug Dependence (RCADD) (845) 215-9788
- Rockland County Department of Health (845) 364-2516
- Rockland County Department of Mental Health (845) 364-2150
- Rockland Jewish Family Service (845) 354-2121
- Rockland Psychiatric Center (845) 359-1000
- Russell E. Blaisdell Addiction Treatment Center (845) 359-8500
- Samaritan Daytop Village (845) 353-2730
- Suicide Prevention Coalition of Rockland (845) 364-2399

Vocational Rehabilitation Services

- ACCES-VR (845) 426-5410
- Alley Valley (845) 600-0801
- Another Step (845) 268-8200
- BRIDGES/AVI (845) 624-1366
- Capabilities Partnership, Inc (845) 627-0627
- CHEMLU/Lekulum (845) 774-1422
- Hamaspik of Rockland County (845) 356-8400
- Jawonio, Inc. (845) 708-2000
- Mental Health Association of Rockland (845) 267-2172
- OCFS-NYS Commission for the Blind (NYSCB) (914) 993-5389
- Rockland Works Career Center, Adult & Youth Services (845) 348-3500
- Rockland County Department of Mental Health (845) 364-2150
- Rockland County Department of Social Services-Employment Unit (845) 364-3143
- The Arc Rockland (845) 267-2500
- Venture Together (845) 624-3860
- VISIONS-Center For Blindness (845) 354-3003
- YAI (845) 358-5700

24 HOUR SUICIDE & CRISIS LIFELINE: CALL OR TEXT 988 OR CHAT 988LIFELINE.ORG

RECREATION & LEISURE

Recreational activities provide opportunities for social development and a more active lifestyle.

Active Physical and Wellness Center (Adult Day Care) ..... (845) 354-7777
Another Step ..... (845) 268-8200
Big Brothers/Big Sisters of Rockland County ..... (845) 317-0311
Girl Scouts Heart of the Hudson ..... (845) 638-0438
GYMGUYZ Fitness & Personal Training of Hudson/Bergen/Rockland ..... (201) 881-8284
Hudson Valley Council of the Boy Scouts of America ..... (845) 566-7300
JCC- Rockland ..... (845) 362-4400
Palisades Interstate Park Commission ..... (845) 786-2701
Rockland Conservatory of Music ..... (845) 356-1522
Rockland Lake State Park ..... (845) 268-3020
Rockland YMCA ..... (845) 358-0245
Salvation Army ..... (845) 352-9577
Town of Clarkstown Parks & Recreation ..... (845) 639-6200
Town of Haverstraw Parks & Recreation ..... (845) 429-2200
Town of Orangetown Parks & Recreation ..... (845) 359-6503
Town of Ramapo Parks & Recreation ..... (845) 357-6100
Town of Stony Point ..... (845) 947-5261
Village of Spring Valley Parks & Recreation ..... (845) 352-2005

BRIDGES (formerly the Rockland Independent Living Center) & Association for the Visually Impaired (AVI), an affiliate of BRIDGES ..... (845) 624-1366
Buddy Ball ..... info@buddyballsports.org
Capabilities Partnership, Inc. ..... (845) 627-0627
Challenger Little League ..... (845) 499-0643
CHEMLU/Lekulum ..... (845) 774-1422
COPS Barn ..... (845) 623-2677
Hamaspik of Rockland County ..... (845) 356-8400
Infinity Equine Therapy ..... (845) 735-2042
Jawonio, Inc ..... (845) 708-2000
Living Resources ..... (518) 218-0000 x2394
Mainly Special Needs Travel LLC ..... (201) 568-2146
Mental Health Association of Rockland ..... (845) 267-2172
Music For Life ..... (845) 642-0859
Special Olympics- Rockland ..... (914) 954-7746
NYS Office for People with Developmental Disabilities (OPWDD/Info Line) ..... (866) 946-9733
OCFS-NYS Commission for the Blind (NYSCB) ..... (914) 993-5389
Power Kids Club ..... (845) 304-7969
The Arc Rockland ..... (845) 267-2500
The Friendship Circle ..... dsirota@jewishsuffern.com
Venture Together ..... (845) 624-3860
VISIONS Center on Blindness ..... (845) 354-3003
Westchester Institute for Human Development (WIHD)/Community Support Network ..... (914) 493-7665/(914) 493-7665
Winslow Therapeutic Riding Center ..... (845) 986-6686
YAI ..... (845) 358-5700



HUDSON VALLEY 211: United Way's 2-1-1 Helpline is a free, confidential, multilingual service to assist the public in finding the answers to a variety of Health and Human Services related questions. Dial 211 or www.211hudsonvalley.org.

RESIDENTIAL & RESPITE

Residential/ Residential Schools

There are various residential options available in the community for individuals with disabilities. The selection of an option is based on the extent of support the individual needs in the community. Help with the selection process may be found at these agencies. There are eligibility requirements.

Abbott House	(914) 591-7300
Another Step	(845) 268-8200
Center for Safety and Change Emergency Shelter	(845) 634-3391
CLUE - Rockland Hospital Guild	(845) 680-6226
Hamaspik of Rockland County	(845) 356-8400
Jawonio, Inc.	(845) 708-2000
Loeb House	(845) 735-0515
Mental Health Association of Rockland County	(845) 267-2172
NYS Office for People with Developmental Disabilities (OPWDD/Info Line)	(866) 946-9733
Open Arms, Inc. (Men's residence)	(845) 429-9514
Open Arms, Inc. (Women's residence)	(845) 271-3787
Rockland County Dept. of Social Services (DSS) Emergency Family Shelter	(845) 364-2907
St. Dominic's Family Services	(845) 359-3400
Summit School/Summit Children's Residence Center	(845) 358-7772
The Arc Rockland	(845) 213-3120
The NY Foundling	(917) 485-7866
The Sanctuary (temporary shelter for teens)	(888) 997-1583
Venture Together	(845) 624-3860
VISIONS-Center For Blindness	(845) 354-3003
YAI	(845) 358-5700
Yedei Chesed	(845) 425-0887

Respite

Respite services provide support to families who need occasional assistance with caring for an individual with disabilities. Such services may be provided either at home or at an outside facility for a day, overnight, or a weekend. There are eligibility requirements.

Alley Valley	(845) 600-0801
Another Step	(845) 268-8200
Center for Human Development and Family Services (CHDFS, Inc)	(845) 203-8555
CHEMLU/Lekulum	(845) 774-1422
Childcare Resources of Rockland	(845) 425-0009
Haitian-American Cultural and Social Organization, Inc.	(845) 352-5897
Hamaspik of Rockland County	(845) 356-8400
Jawonio, Inc.	(845) 708-2000
Loeb House	(845) 735-0515
Mental Health Association of Rockland County	(845) 267-2172
NYS Office for People with Developmental Disabilities (OPWDD/Info Line)	(866) 946-9733
St. Dominic's Family Services	(845) 359-3400
SHARE 24/7	(845) 354-3233
The Arc Rockland	(845) 213-3120
The NY Foundling	(917) 485-7866
Venture Together	(845) 624-3860
YAI	(845) 358-5700
Yedei Chesed	(845) 425-0887

SELF-HELP/SUPPORT

These self-help support organizations provide information, emotional support and an opportunity for creative problem solving for individuals with common concerns. Some have groups that are run by individuals or organizations. Most groups are free, but some charge a fee. National and local Self-Help Clearinghouses keep an up-to-date list of self-help groups. In Rockland, the Clearinghouse is run by the Mental Health Association (MHA). MHA also has information on how to start a group, as well as training for potential group leaders. 211 also has information on many types of Support Groups not listed below.

211 ..... www.211hudsonvalley.org or call 211
MHA (Rockland Self-Help Clearinghouse) ..... (845) 267-2172 x296
National Self-Help Clearinghouse ..... (212) 817-1822

Further information is available about:

A.I.D.S. and HIV	Cornerstone Hudson Valley Community Services	(845) 356-0570
	TOUCH	(845) 268-8023
Alcoholism/Drug Addiction	Alanon & Alateen	(845) 286-9866
	Alcoholics Anonymous	(845) 352-1112
	Alcoholics/Narcotics Anonymous	(845) 358-1297
	Good Samaritan Hospital	(845) 368-5242
	Samaritan Daytop Village	(845) 353-2730
Amputee Support	Helen Hayes Hospital	(845) 786-4000
Anger Management	Westchester Independent Living Center	(914) 682-3926
Autism	Rockland Jewish Family Service	(845) 354-2121
Asperger's Syndrome (Family Support)	The Arc Westchester	(914) 528-3871
Attention Deficit Disorder	CHADD	(800) 233-4050
Bereavement Support	Rockland Jewish Family Service	(845) 354-2121
	United Hospice of Rockland	(845) 634-4974
Bereavement Support (Loss of a Child)	The Marian Shrine/Rachel Ministry	(845) 492-6709
(perinatal)	Good Samaritan Hospital	(845) 368-5297
Brain Injury	NYS Brain Injury Association at Helen Hayes Hospital	(888) 70-REHAB
Cancer	American Cancer Society	(800) 227-2345
Cardiac	Helen Hayes Hospital-Heart Club/American Heart Association	(845) 786-4000
Caregivers Group	Helen Hayes Hospital	(845) 786-4000
Cerebral Palsy	ADAPT Community Network	(212) 683-6700
Chronic Illness	TOUCH	(845) 268-8023
Depression/Bi-Polar Support	Depression and Bi-Polar Support Alliance	(845) 422-2084
Developmental/Intellectual Disabilities	NYS Office for People with Developmental Disabilities (OPWDD/Info Line)	(866) 946-9733
Diabetes	American Diabetes Association	(516) 428-9286
	Good Samaritan Hospital	(845) 368-5935
	Juvenile Diabetes Association	(914) 686-7700
Domestic Violence	Center for Safety and Change	(845) 634-3391

SELF-HELP/SUPPORT (continued)

Epilepsy/Traumatic Brain Injury	Capabilities Partnership, Inc.	(845) 627-0627
Gender and Sexuality	CANDLE	(845) 634-6677
	Phyllis B. Frank Pride Center of Rockland County	(845) 353-6300
	The LOFT	(914) 948-2932
Heart	American Heart Association	(212) 878-5900
LGBTQ+ Community (Parents/Allies)	Rockland PFLAG	(845) 202-1620
Learning Disabilities	YAI	(845) 358-5700
Lupus	Lupus Foundation	www.lupus.org
Lyme Disease	Lyme Disease Helpline	(800) 866-5963
Mental Health	Mental Health Association of Rockland	(845) 267-2172
Mental Health (Individuals and Families)	NAMI-Rockland	(845) 359-8787
	Partnership for Safe & Healthy Youth	(845) 405-4080
Mental Health/Recovery	Westchester Independent Living Center	(914) 682-3926
Multiple Sclerosis	National Multiple Sclerosis Society	(800) 344-4867
Muscular Dystrophy	Muscular Dystrophy Association	(800) 572-1717
Organ Transplant	Good Samaritan Hospital	(845) 353-3062
Osteoporosis	Helen Hayes Hospital	(845) 786-4000
Peer Counseling/Groups	BRIDGES	(845) 624-1366
Pulmonary	Helen Hayes Hospital	(845) 786-4000
Rare Diseases	National Organization for Rare Disorders	www.rarediseases.org
Rett Syndrome	International Rett Syndrome Foundation	www.rettsyndrome.org
Self-Advocacy	Self-Advocacy Association in NYS (SANYS)	(914) 495-4475
	Westchester Institute for Human Development (WIHD)	(914) 496-8150
Sexual Assault, Teen Dating Violence, Domestic Violence	Center for Safety and Change	(845) 634-3391
Social Skills (older teens/adults)	Westchester Independent Living Center	(914) 682-3926
	YAI	(845) 358-5700
Spinal Cord Injury	Helen Hayes Hospital	(845) 786-4000
Stroke Club	Helen Hayes Hospital	(845) 786-4000
Student Advocacy	Volunteer Counseling Service Inc. (VCS)	(845) 634-5729
Suicide Prevention	Lifeline Chat	988lifeline.org/chat
	Mental Health Association	1-800-273-8255 or Text HOME to 741741
	NAMI Rockland	(845) 359-8787
	The Trevor Project (for LGBTQ+ Youth)	(866) 488-7386
Survivors of Suicide (those who have lost someone to suicide)	Mental Health Association of Rockland	(845) 267-2172
Visual Impairments	BRIDGES/AVI	(845) 624-1366
	Lighthouse Guild	(800) 284-4422
	OCFS-NYS Commission for the Blind (NYSCB)	(914) 993-5389
	VISIONS Center on Blindness	(845) 354-3003

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TRANSPORTATION

Rockland County residents with disabilities have access to various forms of public transportation. In addition, there is a para-transit bus service, T.R.I.P.S., which provides round trip transportation for medical appointments, shopping, and recreation for individuals with disabilities. Individuals must meet eligibility requirements and there is a fee for this service.

Amtrak	(800) 872-7245
Clarkstown Mini Trans	(845) 623-0667
Hudson Link	(844) 822-8920
Metro North	511
NY Waterway/Haverstraw Ferry	(800) 533-3779
Rockland Coaches | Coach USA	(845) 356-0877
Rockland County Department of Public Transportation	(845) 364-2065
Rockland County T.R.I.P.S. (reservations must be made in advance)	(845) 364-TRIP
TOR (Transport of Rockland)	(845) 364-3333

Driver's License

To obtain a driving permit, driver's license, non-driver photo identification card, or information contact:

Department of Motor Vehicles, West Haverstraw	(718) 477-4820

Driver Training

Individuals with disabilities who may need specialized driver training can be evaluated at Helen Hayes Hospital. Charges for training may be covered by Medicaid, or by ACCES-VR, for those who qualify.

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation)	(845) 426-5410
Burke Rehabilitation Hospital	(914) 597-2187
Helen Hayes Hospital	(888) 70-REHAB

Reduced Fare Cards

Reduced fare cards for some transportation services may be obtained from:

Mental Health Association of Rockland County, Inc.	(845) 267-2172
Rockland County Department of Public Transportation	(845) 364-2065
Rockland Works Career Center	(845) 348-3500

Travel Training

Some individuals with disabilities may need assistance in learning how to travel independently.

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation)	(845) 426-5410
BRIDGES/AVI	(845) 624-1366
Mental Health Association of Rockland County, Inc.	(845) 267-2172
OCFS-NYS Commission for the Blind (NYSCB)	(914) 993-5389

LIST OF AGENCIES APPEARING IN THIS GUIDE

Abbott House (pgs. 5, 7, 11)
100 North Broadway
Irvington, NY 10533
(914) 591-7300
www.abbotthouse.net

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation)
(pgs. 2, 3, 5, 7, 9, 14)
15 Perlman Drive, 2nd Floor
Pascack Plaza
Spring Valley, NY 10977
(845) 426-5410
www.acces.nysed.gov/vr

Active Physical and Wellness Center (pgs. 8, 10)
Palisades Center, 2nd Floor
West Nyack, NY 10994
(845) 354-7777

Advance Care Alliance (ACA/NY)
(pg. 4)
1410 Broadway, 2nd Floor
New York, NY 10018
(833) 692-2269
www.acany.org

Alanon & Alateen (pgs. 7, 9, 12)
PO Box 222
Sloatsburg, NY 10974
(845) 286-9866

Alley Valley (pgs. 2, 4, 5, 7, 8, 9, 11)
290 West Route 59
Spring Valley, NY 10977
(845) 600-0801
www.alleyvalley.com

American Cancer Society
(pgs. 7, 12)
(800) 227-2345
www.cancer.org

American Diabetes Association
(pgs. 7, 12)
(516) 428-9286
www.diabetes.org

American Heart Association
(pgs. 2, 7, 13)
(212) 878-5900
www.heart.org

American Red Cross (pgs. 6, 7, 8)
(203) 869-8444
www.redcross.org

Another Step, Inc. (pgs. 5, 9, 10, 11)
30 Ramland Road, Suite 202
Orangeburg, NY 10962
(845) 268-8200
www.anotherstep.org

Astor Services (pgs. 4, 8, 9)
6339 Mill Street
Rhinebeck, NY 12572
(845) 871-1000
www.astorservices.org

Behavioral Health Response Team (BHRT) (pg. 8)
(845) 517-0400
www.rocklandhelp.org

Big Brothers/Big Sisters of Rockland County (pg. 10)
257 South Middletown Road
Suite 204
Nanuet, NY 10954
(845) 317-0311

BRIDGES (formerly the Rockland Independent Living Center) & Association for the Visually Impaired (AVI), an affiliate of BRIDGES (pgs. 2, 3, 5, 6, 7, 8, 9, 10, 13, 14)
2290 Palisades Center Drive
2nd Floor
West Nyack, NY 10994
(845) 624-1366
www.bridgesrc.org

Buddy Ball Sports (pg. 10)
Email: info@buddyballsports.org
www.buddyballsports.org

Burke Rehabilitation Hospital
(pg. 14)
785 Mamaroneck Avenue
White Plains, NY 10605
(914) 597-2500
www.burke.org

CANDLE (Community Awareness Network for a Drug-Free Life & Environment), CANDLE Youth Pride, & CANDLE Children's Clinic
(pgs. 6, 7, 9, 13)
120 North Main Street, Suite 301
New City, NY 10956
(845) 634-6677
www.candlerockland.org

Capabilities Partnership, Inc.
(pgs. 2, 5, 7, 8, 9, 10, 13)
1 Blue Hill Plaza
Pearl River, NY 10965
(845) 627-0627
www.mycapabilities.org

Care Design NY (pg. 4)
8 Southwoods Blvd, Suite 110
Albany, NY 12211
(518) 235-1888

Catholic Charities Community Services of Rockland (pgs. 2, 4, 6, 7, 8)
78 Hudson Avenue
Haverstraw, NY 10927
(845) 942-5791
www.ccsrockland.org

Center for Career Freedom (pg. 5)
185 Maple Ave, Suite 124
White Plains, NY 10601
(914) 288-9763
www.freecenter.org

Center for Human Development and Family Services (CHDFS, Inc.) (pgs. 4, 5, 11)
1 Blue Hill Plaza, 3rd Floor
Pearl River, NY 10965
(845) 203-8555
www.chdfs.org

Center for Safety and Change (pgs. 2, 7, 8, 11, 12, 13)
9 Johnsons Lane
New City, NY 10956
(845) 634-3391
Hotline: (845) 634-3344
www.centerforsafetyandchange.org

Center Lane - WCJS (pg. 6)
845 North Broadway
White Plains, NY 10603
(914) 423-0610
www.centerlane@wjcs.com

Challenger Little League (pg. 10)
www.littleleague.org/play-little-league/challenger

CHEMLU/Lekulum (pgs. 5, 9, 10, 11)
216 Congers Road, Building #4
New City, NY 10956
(845) 774-1422
www.chemlu.org

Childcare Resources of Rockland (pgs. 7, 11)
40 Ramland Road, Suite 209
Orangeburg, NY 10962
(845) 425-0009
www.childcarerockland.org

Children's Health Home of Upstate New York (pgs. 4, 8, 9)
(855) 209-1142
www.ChildrensHealthHome.com

CLUE-Rockland Hospital Guild (pgs. 9, 11)
2 Irvings Way
Orangeburg, NY 10962
(845) 680-6226
http://rocklandguild.org

Community Medical and Dental (pg. 8)
40 Robert Pitt Drive
Monsey, NY 10952
(845) 352-6800
www.cmadc.com

COPS Barn (Children of Promise Stable) (pg. 10)
135 Convent Road
Nanuet, NY 10954
(845) 623-2677
www.copsbarn.org

Cornerstone Family Healthcare at Jawonio (pg. 8)
260 North Little Tor Road
New City, NY 10956
(845) 999-3060
www.cornerstonefamilyhealth-care.org

Cornerstone Hudson Valley Community Service (pgs. 6, 9, 12)
72 Route 59 East
Spring Valley, NY 10977
(845) 356-0570
www.hudsonvalleycs.org

Department of Motor Vehicles (DMV) (pg. 14)
50 Samsondale Plaza
West Haverstraw, NY 10993
(718) 477-4820
https://dmv.ny.gov

Disability Rights New York (pg. 2)
(800) 993-8982
www.drny.org

Dominican University NY (pg. 5)
470 Western Highway
Orangeburg, NY 10962
(845) 848-4035
www.duny.edu

Four Winds Hospital (Westchester) (pg. 9)
800 Cross River Road
Katonah, NY 10536
(800) 528-6624
(914) 763-8151
www.fourwindshospital.com

Girl Scouts Heart of the Hudson (pg. 10)
87 Maple Avenue
New City, NY 10956
(855) 232-4744
www.girlscoutshh.org

GLSEN Hudson Valley (pg. 6)
P.O. Box 604
Yorktown Heights, NY 10598
(914) 962-7888
www.glsen.org/chapter/lower-hudson-valley

Good Samaritan Hospital (pgs. 9, 12, 13)
255 Lafayette Avenue
Suffern, NY 10901
(845) 368-5000
www.goodsamhosp.org

GYMGUYZ Fitness & Personal Training of Hudson/Bergen/Rockland (pg. 10)
78 Warren Place
Ridgewood, NJ 07450
(201) 881-8284
www.gymguyz.com

Haitian-American Cultural & Social Organization, Inc. (HACSO) (pgs. 2, 6, 7, 8, 11)
24 West Street
Spring Valley, NY 10977
(845) 352-5897

Hamaspik of Rockland County (pgs. 3, 5, 7, 9, 10, 11)
58 Rt. 59, Suite #1
Monsey, NY 10952
(845) 356-8400
www.hamaspikrockland.org

Helen Hayes Hospital
(pgs. 3, 9, 12, 13, 14)
51-55 Route 9W
West Haverstraw, NY 10993
(845) 786-4000
www.helenhayeshospital.org

Hudson Valley Care (pg. 4)
www.hudsonvalleycare.org
(800) 768-5080

Hudson Valley Council of the Boy Scouts of America (BSA) (pg. 10)
6 Jeanne Drive
Newburgh, NY 12550
(845) 566-7300
www.hudsonvalleyscouting.org

Hudson Valley Region 211 (Information/Referral Line)
(pg. 7, 9)
Phone: 211
www.211hudsonvalley.org

Infinity Equine Therapy (pg. 10)
68A Sickletown Road
Orangeburg, NY 10962
(845) 735-2042
www.infinityequine.org

Jacobs Family Pride Wellness Center of Montefiore Nyack Hospital (pgs. 6, 8)
312 Route 59, Nyack, NY 10960
(845) 348-7284
www.montefiorenyack.org/pride-wellnesscenter

Jawonio, Inc. (pgs. 3, 5, 7, 8, 9, 10, 11)
260 North Little Tor Rd.
New City, NY 10956
(845) 708-2000
www.jawonio.org

JCC Rockland (pg. 10)
450 West Nyack Road
West Nyack, NY 10994
(845) 362-4400
www.jccrockland.org

Legal Aid Society of Rockland County, Inc. (pgs. 2, 7)
2 Congers Road
New City, NY 10956
(845) 634-3627
www.legalaidrockland.org

Legal Services of the Hudson Valley (pgs. 2, 6, 7)
7A Perlman Drive, 2nd Floor
Spring Valley, NY 10977
(845) 476-3831
www.lshv.org

Life Plan CCO NY, LLC (pg. 4)
258 Genesee St., Suite 601
Utica, NY 13502
(315) 565-2612
www.lifeplanccony.com

Lighthouse Guild (pgs. 2, 3, 5, 7, 13)
250 West 64th Street
New York, NY 10023
(800) 284-4422
www.lighthouseguild.org

Living Resources (pgs. 5, 10)
300 Washington Ave Ext
Albany, NY 12203 (Serving Rockland/Orange/Westchester)
(518) 218-0000 x2394
www.livingresources.org

Loeb House, Inc. (pg. 11)
1 Blue Hill Plaza, #1648
Pearl River, NY 10965
(845) 735-0515
www.loebhouse.org

Lower Hudson Regional Partnership Center (pg. 7)
200 BOCES Drive
Yorktown Heights, NY 10598
(914) 248-2289
https://rsetasc.pnwboces.org

Mainly Special Needs Travel LLC (pg. 10)
(201) 568-2146
www.mainlyspecialneedstravel.com

Mental Health Association of Rockland County, Inc.
(pgs. 2, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14)
140 Route 303
Valley Cottage, NY 10989
(845) 267-2172
www.mharockland.org

Mercy University (pg. 5)
555 Broadway
Dobbs Ferry, NY 10522
(914) 888-5232
www.mercy.edu

Montefiore Nyack Hospital (pg. 9)
160 North Midland Avenue
Nyack, NY 10960
(845) 348-2000
www.montefiorenyack.org

Music For Life (pgs. 3, 5, 9, 10)
282 Route 59
Nyack, NY 10960
(845) 642-0859
www.musicforlifecenter.com

NAMI-Rockland (pgs. 2, 4, 6, 7, 8, 9, 13)
140 Old Orangeburg Road
Orangeburg, NY 10962
(845) 359-8787
https://namirockland.org/

Nathan Kline Institute for Psychiatric Research (pg. 9)
140 Old Orangeburg Road
Orangeburg, NY 10962
(845) 398-5500
www.nki.rfmh.org

National Disability Institute NY/NJ-Assistive Technology Loan Program (pgs. 3, 6)
1701 K Street N.W. Suite 1000
Washington, DC 20006
(202) 449-9521
www.nationaldisabilityinstitute.org

National Multiple Sclerosis Society (pg. 13)
733 Third Avenue, 3rd Floor
New York, NY 10017
(800) 344-4867
www.nationalmssociety.org

NY Connects (pgs. 2, 7)
50 Sanatorium Road
Pomona, NY 10970
(845) 364-3444
www.nyconnects.ny.gov

NYSTART/CSIDD-Crisis Support for Individuals with Disabilities (through OPWDD) (pg. 8)
44 Holland Avenue
Albany, NY 12229
(844) 782-7880
www.opwdd.ny.gov/nystartcsidd

NYS Brain Injury Association (pgs. 2, 7, 12)
5 Pine West Plaza, Suite 506
Albany, NY 12205
(518) 459-7911
www.bianys.org

NYS Office for People with Developmental Disabilities Hudson Valley Regional Office (OPWDD) (pgs. 3, 5, 7, 10, 11, 12)
PO Box 470
9 Wilbur Road
Thiells, NY 10984
(866) 946-9733 (Info Line)
www.opwdd.ny.gov

OCFS-NYS Commission for the Blind (NYSCB) (pgs. 2, 3, 5, 9, 10, 13, 14)
117 East Stevens Avenue, Suite 300
Valhalla, NY 10595
(914) 993-5389
www.ocfs.ny.gov

Palisades Interstate Park Commission (pg. 10)
(845) 786-2701
www.palisadesparks.org

Partnership for Safe & Healthy Youth (pgs. 2, 7, 8, 9, 13)
131 North Midland Avenue
Nyack, NY 10960
(845) 405-4180
www.rocklandboces.org

People to People (pg. 6)
121 West Nyack Road
Nanuet, NY 10954
(845) 623-4900
www.peopletopeopleinc.org

PFLAG Rockland (pgs. 6, 13)
P.O. Box 653
Palisades, NY 10964
(845) 202-1620
www.pflag-rockland.org/

PHP Partners Health Plan (pg. 4)
2500 Halsey Street
Bronx, NY 10461
(855) 747-5483
www.phpcares.org

Phyllis B. Frank Pride Center of Rockland County (pgs. 6, 13)
28 S. Franklin St. (entrance on Jackson Avenue)
Nyack, NY 10960
(845) 353-6300
www.rocklandpridecenter.org

Planned Parenthood of Hudson/Peconic (pgs. 2, 6, 7, 8)
Spring Valley Health Center
25 Perlman Drive
Spring Valley, NY 10977
(845) 426-7577
www.plannedparenthood.org

Power Kids Club (pg. 10)
(845) 304-7969
www.powerkidsclub.org

Rockland BOCES Adult Education (pg. 5)
131 North Midland Avenue
Nyack, NY 10960
(845) 348-3500
www.rocklandboces.org

Rockland BOCES Career and Technical Education Center (CTEC) (pg. 5)
65 Parrott Road
West Nyack, NY 10994
(845) 627-4770
www.rocklandboces.org

Rockland BOCES Student Services (pg. 3)
65 Parrott Road
West Nyack, NY 10994
(845) 627-4790
www.rocklandboces.org

Rockland Children's Psychiatric Center (pg. 9)
2 First Avenue
Orangeburg, NY 10962
(845) 680-4000
https://omh.ny.gov/omhweb/facilities/rcpc/

Rockland Community College (pg. 5)
145 College Road
Suffern, NY 10901
(845) 574-4000
(845) 574-4541 (Accessibility Services office)
www.sunyrockland.edu

Rockland Conservatory of Music (pg. 10)
45 South Main Street
Pearl River, NY 10965
(845) 356-1522
www.rcmny.org

Rockland Council on Alcoholism and other Drug Dependence, Inc. (pgs. 2, 7, 9)
25 Smith Street, Suite 101
Nanuet, NY 10954
(845) 215-9788
www.rcadd.org

Rockland Works Career Center Adult Services/Youth Connections
Rockland BOCES (pgs. 3, 5, 9)
131 North Midland Avenue
Nyack, NY 10960
(845) 348-3500, (845) 770-2900
www.rocklandworks.org

Rockland County Department of Health (pgs. 4, 6, 7, 8, 9)
50 Sanatorium Road, Bldg D
Pomona, NY 10970
(845) 364-2512 (Administration)
(845) 364-2520 (Public Health Clinic)
(845) 364-2577 (WIC - Women, Infants, & Children)
www.rocklandgov.com/departments/health

Rockland County Department of Mental Health (pgs. 5, 7, 9)
50 Sanatorium Road, Bldg. F
Pomona, NY 10970
(845) 364-2378
www.rocklandgov.com/departments/mental-health

Rockland County Department of Social Services (pgs. 2, 5, 6, 7, 9, 11)
Robert Yeager Health Center
Sanatorium Road Bldg. L
Pomona, NY 10970
(845) 364-2000
www.rocklandgov.com/departments/social-services/

Rockland County Department of Public Transportation (pg. 14)
50 Sanitorium Road
Pomona, NY 10970
(845) 364-3333 (TOR/TZ Express/Senior Discount Program)
(845) 364-8747 (T.R.I.P.S.)
www.rocklandbus.com

Rockland County Human Rights Commission (pg. 2)
50 Sanatorium Road, Bldg. A
Pomona, NY 10970
(845) 364-3885
www.rocklandgov.com/departments/human-rights

Rockland County Office for People with Disabilities (pgs. 2, 7)
50 Sanatorium Road
Bldg. A, 6th Floor/Room 629
Pomona, NY 10970
(845) 364-3980
http://rocklandgov.com/programs-and-services-for-people-with-disabilities/

Rockland County Probation Dept. PINS (pg. 2)
11 New Hempstead Road
New City, NY 10956
(845) 638-5544
http://rocklandgov.com/departments/probation/

Rockland County Public Defender (pg. 2)
11 New Hempstead Road
New City, NY 10956
(845) 638-5660
www.rocklandgov.com/departments/public-defender

Rockland Jewish Family Service (pgs. 2, 4, 7, 8, 9, 12)
450 West Nyack Road, Suite 2
West Nyack, NY 10994
(845) 354-2121
www.rjfs.org/

Rockland Lake State Park (pg. 10)
299 Rockland Lake Rd.
Valley Cottage, NY 10989
(845) 268-3020
www.parks.ny.gov/parks/rocklandlake

Rockland Psychiatric Center (pg. 9)
140 Old Orangeburg Road
Orangeburg, NY 10962
(845) 359-1000
www.omh.ny.gov/omhweb/facilities/rppc

Rockland YMCA (pg. 10)
35 South Broadway
Nyack, NY 10960
(845) 358-0245
www.rocklandymca.org

Russell E. Blaisdell Addiction Treatment Center (pgs. 8, 9)
140 Old Orangeburg Road
Orangeburg, NY 10962
(845) 359-8500
www.oasas.ny.gov/location/russell-e-blaisdell-addiction-treatment-center

Salvation Army (pgs. 6, 10)
179 North Main Street
Spring Valley, NY 10977
(845) 352-9577
www.salvationarmyusa.org

Samaritan Daytop Village (pgs. 9, 12)
620 Route 303
Blauvelt, NY 10913
(845) 353-2730
www.samaritanvillage.org

Self-Advocacy Association of NYS (SANYS) (pg. 13)
25 Beaver Street, 4th Floor
New York, NY 10004
(914) 495-4475
www.sanys.org

Self-Help Clearinghouse of Mental Health Association (pg. 7)
140 Route 303
Valley Cottage, NY 10989
(845) 267-2172 x296
www.mharockland.org/self-help-resources/

SHARE 24/7 (pgs. 5, 11)
286 North Main Street
Spring Valley, NY 10977
(845) 354-3233
www.chesed247.org

Social Security Administration (pg. 6)
240 West Nyack Road
West Nyack, NY 10994
(866) 755-4334
www.ssa.gov

Special Olympics-Rockland (pg. 10)
rocklandspecialolympicsny@gmail.com
(914) 954-7746
www.specialolympics-ny.org/regions/hudson-valley/

St. Dominic's Family Services (p. 5, 11)
500 Western Highway
Blauvelt, NY 10913
(845) 359-3400 x233
www.sdfs.org

St. Thomas Aquinas College Pathways Program (pg. 5)
125 Route 340
Sparkill, NY 10976
(845) 398-4230
www.stac.edu/pathways

Successful Learning Center (SLC) (pg. 5)
11 First Street, Suite 1
Warwick, NY 10990
845-662-1322, x2
www.access2college.com

Summit School/Summit Children's Residence Center (pgs. 5, 11)
339 North Broadway
Nyack, NY 10960
(845) 358-7772
www.summitnyack.com

Summit Adult Day Health Center (pgs. 5, 11)
50 Sanatorium Road, Bldg. A, 3rd Fl
Pomona, NY 10970
(845) 243-5000
www.summitadultdayhealthcenter.com

Sun River Healthcare (pg. 8)
Various locations throughout the county
(844) 400-1975
https://www.sunriver.org/your-care/find-a-health-center/

SUNY Empire State College (pg. 5)
210 N. Central Avenue
Hartsdale, NY 10530
(800) 847-3000 x2244
www.esc.edu

SUNY Orange BRIDGES Program (pg.5)
115 South Street
Middletown, NY 10940
(845)-341-4694
www.sunyorange.edu/bridges

Supported Decision Making NY (pg. 7)
(646) 807-8483
www.sdmny.org

The Arc Rockland (pgs. 2, 5, 7, 8, 9, 10, 11)
210 Route 303
Valley Cottage, NY 10989
(845) 267-2500
www.arcofrockland.org

The Friendship (pg. 10)
350 Haverstraw Road
Montebello, NY 10901
dsirota@jewishsuffern.com
www.jewishsuffern.com/templates/section_cdo/aid/1563263/jewish/Friendship-Circle.htm

The LOFT (pgs. 6, 13)
252 Bryant Avenue
White Plains, NY 10605
(914) 948-2932
www.loftgaycenter.org

The NY Foundling (pgs. 5, 11)
515 Airport Executive Park
Nanuet, NY 10954
(917) 485-7866
www.nyfoundling.org

The Trevor Project (Crisis Intervention & Suicide Prevention for LGBTQ+ Youth) (pg. 6, 13)
(866) 488-7386
www.thetrevorproject.org

Think College (pg. 5)
(College search options
for people with developmental
disabilities)
www.thinkcollege.net

**TOUCH-Together Our
Unity Can Heal** (pgs. 2, 4, 6, 7, 8, 12)
209 Route 9W North
Congers, NY 10920
(845) 268-8023
www.touchny.org

**Town of Clarkstown
Parks and Recreation** (pg. 10)
31 Zukor Road
New City, NY 10956
(845) 639-6200
www.clarkstown.gov/recreation/

**Town of Haverstraw
Parks & Recreation** (pg. 10)
1 Rosman Road
Garnerville, NY 10923
(845) 429-2200
www.townofhaverstraw.org/
recinfo.html

**Town of Orangetown
Parks & Recreation** (pg. 10)
81 Hunt Road
Orangeburg, NY 10962
(845) 359-6503
www.orangetown.com/groups/
department/park

**Town of Ramapo
Parks & Recreation** (pg. 10)
3 Phil Tisi Way
Pomona, NY 10970
(845) 357-6100
www.ramapoparks.org

**Town of Stony Point
Parks & Recreation** (pg. 10)
19 Clubhouse Lane
Stony Point, NY 10980
(845) 947-5261
www.townofstonypoint.org/
recreation-department

Tri County Care (pg. 4)
829 E. 15th Street
Brooklyn, NY 11230
(844) 504-8400
www.tricountycare.org

United Way of Rockland (pgs. 6, 7)
135 Main Street
Nyack, NY 10960
(845) 358-8929
www.uwrc.org
www.211hudsonvalley.org

**University of Mount Saint
Vincent Bridge Program** (pg. 5)
6301 Riverdale Ave.
Riverdale, NY 10471
(718) 405-3241
www.bridge@mountsaintvincent.edu

Venture Together
(pgs. 5, 7, 9, 10, 11)
25 Smith Street, Suite 501
Nanuet, NY 10954
(845) 624-3860
www.venturetogetherny.org

**Village of Spring Valley
Parks & Recreation** (pg. 10)
200 North Main Street
Spring Valley, NY 10977
(845) 352-1100
www.villagespringvalley.org

VISIONS - Center on Blindness
(pgs. 3, 9, 10, 11, 13)
111 Summit Park Road
Spring Valley, NY 10977
(845) 354-3003
www.visionsvcb.org

**Volunteer Counseling
Service, Inc.** (pgs. 2, 7, 8, 13)
77 South Main Street
New City, NY 10956
(845) 634-5729
www.vcs-inc.org

Westchester Community College
(pg. 4)
75 Grasslands Road
Valhalla, NY 10595
(914) 606-6600
www.sunywcc.edu

**Westchester Independent
Living Center** (pgs. 2, 7, 12, 13)
10 County Center Rd, 2nd Floor
White Plains, NY 10607
(914) 682-3926
www.wilc.org

**Westchester Institute for
Human Development (WIHD)/
Community Support Network**
(pgs. 2, 3, 5, 6, 7, 8, 10, 13)
Cedarwood Hall (20 Plaza West)
Valhalla, NY 10595
(914) 493-8390 (WIHD)/
(914) 493-7665 (CSN)
www.wihd.org

**Winslow Therapeutic
Riding Center** (pg. 10)
1433 Route 17A
Warwick, NY 10990
(845) 986-6686
www.winslow.org

YAI (pgs. 5, 7, 9, 10, 11, 13)
345 North Main Street, 2nd Floor
New City, NY 10956
(845) 358-5700
www.yai.org

Yedei Chesed (pgs. 5, 8, 11)
48 Scotland Hill Road
Chestnut Ridge, NY 10977
(845) 425-0887
www.yedeichesed.org

REACHING for the FUTURE is made possible through the support of the following organizations and businesses:

The Consortium consists of representatives from Rockland County School Districts, public agencies, non-profit organizations, and colleges who are committed to providing a smooth transition for individuals with disabilities from school to work and/or post-secondary programs, children's services to adult services, and home to the community at large. For information, contact Mary Ellen Urinyi at Rockland BOCES at 845-627-4790.

Rockland BOCES Student Services partners with families, school districts, community-based organizations, and county agencies to produce outstanding educational outcomes for children with special needs at all levels of ability. Programs are open to students residing in Rockland and neighboring counties in New York and New Jersey.

Orange and Rockland Utilities, Inc. supports community-based organizations and programs that enhance the quality of life in the communities we serve. O&R's philosophy regarding its contributions to community organizations is based on the belief that such contributions should directly benefit customers in O&R's service territory, with a particular emphasis on organizations and programs that are broad-based in terms of the population served.

The National Council of Jewish Women (NCJW) is a grassroots organization of volunteers and advocates who turn progressive ideals into action. Inspired by Jewish values, NCJW strives for social justice by improving the quality of life for women, children, and families by safeguarding individual rights and freedoms.

The **Rockland Employment network** is a group of public, not for profit, and private human services providers, who work together planning targeted activities to raise awareness and involvement in securing appropriate employment opportunities for individuals with disabilities.

The **The Successful Learning Center (SLC)** is an academic and social program which welcomes all individuals to participate in lifelong learning and social engagement. The SLC offers a variety of courses, social events, workshops, lectures, and clubs on college campuses, and in local communities throughout New York's Westchester, Rockland and Orange Counties. If you are looking for a fun, interactive way to participate and grow in your community, the SLC is the place to be.

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1.) Yasmin Helou-Caré, Ph.D.
Assistant Superintendent for Human Resources
Civil Rights Compliance Officer
Rockland BOCES
65 Parrott Road, West Nyack, NY 10994
(845) 627-4729
rbcompliance@rboces.org

2.) United States Department of Education, Office of Civil Rights

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