



SACRED HEART CHURCH

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536
sacredheart.org

OCTOBER 19, 2025

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM (Live-streamed)

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

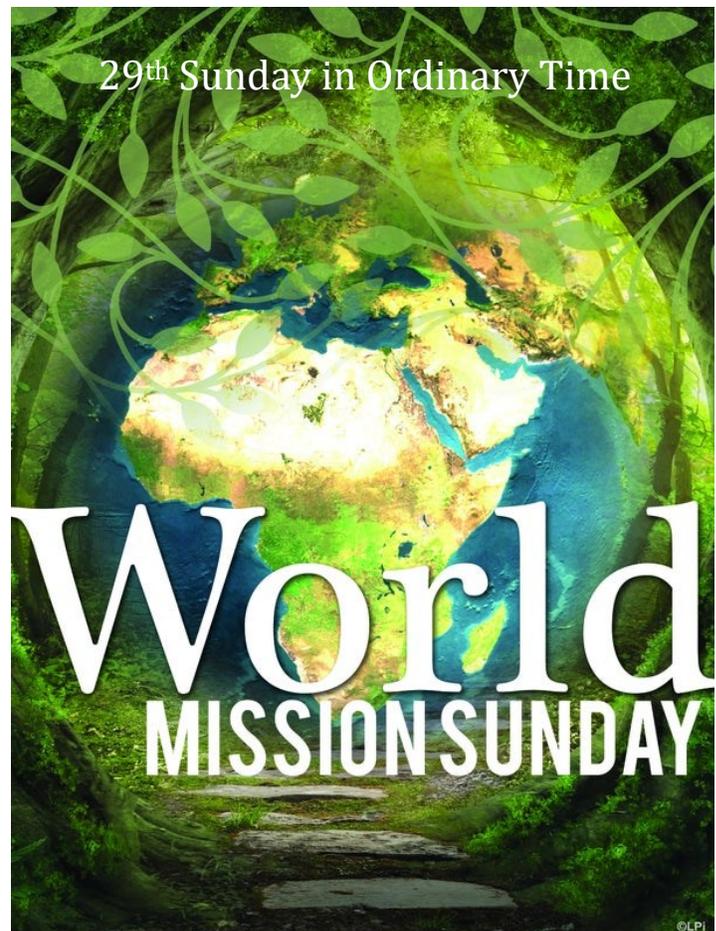
8:30 AM - 4:00 PM Mon - Fri

School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish
 is a welcoming Catholic community,
 which inspires faith in God,
 through prayer, sacraments, and service,
 while living Gospel values,
 as faithful followers of Jesus Christ.



PARISH CALENDAR

Sunday October 19

Twenty-Ninth Sunday in Ordinary Time

9:00 AM	Mass
9:00 AM	Stuff the Truck until 12:00 PM
10:00 AM	KC Pancake Breakfast until 1:00 PM
11:00 AM	Mass with CLOW
12:30 PM	Sunday School
2:00 PM	Children's Sacramental Prep Class
5:00 PM	Mass (hosted by SHS 7th Grade)
5:00 PM	Youth Groups Mass + Dinner

Monday October 20

St. Paul of the Cross, Priest

8:15 AM	Rosary
8:45 AM	Mass
6:30 PM	OCIA Class
7:00 PM	Rosary Group

Tuesday October 21

Weekday

10:00 AM	Stitchers with Heart Group
6:00 PM	Bereavement Group

Wednesday October 22

Saint John Paul II, Pope

8:00 AM	Rosary
8:15 AM	Confessions
8:45 AM	Mass (school attending)
4:00 PM	Middle School Youth Group at St. Monica
6:35 PM	High School Youth Group at St. Monica

Thursday October 23

Saint John of Capistrano, Priest

8:15 AM	Rosary
8:45 AM	Mass
2:00 PM - 4:00 PM	Eucharistic Adoration

Friday October 24

Saint Anthony Mary Claret, Bishop

8:15 AM	Rosary
8:45 AM	Mass

Saturday October 25

Blessed Virgin Mary

8:00 AM	Women's Group & Men's Group
3:00 PM	Confessions - Reconciliation Chapel
5:00 PM	Vigil Mass

Sunday October 26

Thirtieth Sunday in Ordinary Time

9:00 AM	Mass
11:00 AM	Mass with CLOW
12:30 PM	Sunday School
2:00 PM	Children's Sacramental Prep Class
3:00 PM	Divine Mercy - Monthly Prayer Time
5:00 PM	Mass

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation
cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant
japplegate@sacredheart.org ext. 10154

Bridget Darrow, Pastoral Assistant for Administration
bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor
reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care
lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy
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Susan Olmos, Pastoral Assistant for Liturgical Music
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications & Stewardship
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration
nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
Erica Pierson, Vice-Principal

PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)

SACRED HEART NEWS

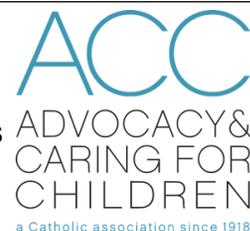
Behold the Lamb Quick Weekly Lessons on the Sacred Liturgy



After the Second Reading, we enter a moment of quiet anticipation, preparing our hearts for Christ's presence in the Gospel reading. We then stand, shifting from a posture of listening and attentiveness to prayer and reverence. Our shift in posture informs us that the Gospel reading is different from the other readings. It deserves special reverence as the Word made flesh speaks directly to His people.

The Gospel is preceded by the Alleluia—except during Lent, when it is replaced by the verse before the Gospel. In this ancient Hebrew acclamation, we echo the Israelites and the angels in praising God, while the verse itself often hints at the message of the Gospel we are about to hear.

Advocacy and Caring
for Children (ACC)
Fall Bulb Sale - October 26th
After the 9:00 & 11:00 am Masses



The St. Therese and Fr. Mychal Judge Circles from Advocacy and Caring for Children (ACC) are selling daffodil and tulip bulbs to raise funds for our support of children and families in need. These exceptional bulbs have been generously donated by the Washington Bulb Company of Mt. Vernon. All varieties are sold in a bag of 10 bulbs for \$10.00.

Please see us in the Narthex after the 9:00 am and 11:00 am Masses on Sunday, October 26th. Check or Venmo will be accepted. With blessings and deep gratitude for your support.

Sacred Heart Book Discussion Group
Tuesday, October 28th at 7:00 PM
Parish Conference Room 1



Wait Till Next Year by Doris Kearns Goodwin.
Everyone is welcome. Contact Annelies Smith at
425-444-9450 or ybugmom@comcast.net
for more information.

PANCAKE BREAKFAST
Come celebrate with your Knights of Columbus mens group and our FAMOUS BREAKFASTS!
Pancakes • Eggs • Sausage • Coffee & Juice
October 19th, 10AM - 1:00PM
Take a Break!
THIS SUNDAY
Yummmmm!

Want to join Council #8136 Knights of Columbus? Ask any Knight for details.

Purchase St. Vincent de Paul Caring Cards
After Masses This Weekend - October 18 - 19

Support those in need by using CARING CARDS instead of cash. Each caring card is a small envelope that includes a \$10 Safeway gift card, a prayer and resource contact numbers. Keep them handy in your car or pocket. If you are attending the Pancake Breakfast on Sunday, stop by the SVDP table to purchase the cards.



HALLOWEEN
50+ **LUNCHEON**
sponsored by Carpe Diem



11:30am, Friday Oct. 31st
in the Narthex, \$25/person

~ Advance sales only:
Oct 18-19 & 25-26



Masks & Costumes *encouraged*,
but **NOT** required

Info: Linda Geere, 425-54-3908 or
lgeere@sacredheart.org

ADMINISTRATION & STEWARDSHIP

#60MINS4JESUS

Discover an hour of inspiration on how Jesus' teachings can guide our hearts through life.

Fr. Jim is a priest of the Diocese of Lexington, storyteller, and Papal Missionary of Mercy.

You'll laugh, you'll cry, you'll sing, you'll be inspired!



Sacred Heart Parish Mission

Monday, October 27
Tuesday, October 28
Wednesday, October 29
Each Night at 7:00 PM
All Are Welcome!

Sacred Heart Church, Bellevue
parish.sacredheart.org

FR. JIM SICHKO
frjims.com



Sacred Heart Parish Mission

Featuring Fr. Jim Sichko

October 27 -29, 2025

Each night at 7:00 PM

Mark you calendar for our Parish Mission, October 27-29, led by Fr. Jim Sichko! Fr. Jim Sichko is a priest of the Roman Catholic Diocese of Lexington, KY and has been an internationally known preacher, evangelist and motivational speaker for over 25 years. In 2015, Pope Francis commissioned Fr. Jim as a Papal Missionary of Mercy in conjunction with the Extraordinary Jubilee Year, making him one of 100 in the United States and 1,000 in the world. Known for his presentations entitled "60 minutes for Jesus" Fr. Jim's talks and parish missions are geared for every member of the household, from youth to adulthood, and for anyone, regardless of religious affiliation or not. Known as "the best opening act ever" by Dolly Parton, Fr. Jim uses real-life experiences, personal stories and humor to motivate any audience to recognize the good within themselves and others, while challenging them to make the world a better place. Each night of the mission is a stand-alone talk. You'll laugh, you'll cry, you'll sing, you'll be inspired!



November Meals for the Homeless Your Help is Needed - Sign Up's are Here!

This November, we will continue our Sacred Heart community tradition of generously providing nightly meals throughout the month to those in need who are part of the rotating men's shelter at **First Congregational Church in Bellevue.**

Sign up by scanning the QR code to supply a food item (main dish, side dish or dessert). *Thank you for the generosity and compassion in helping these men in their path from homelessness to stable living.*



MASS OF REMEMBRANCE Monday, November 3rd, 6:30 PM



You are invited to join us in remembrance and prayer for your deceased family members and loved ones. During the November 3rd Mass, we will honor those who have died during the past year by naming them in the Prayers of the Faithful.

Everyone is invited to bring photographs of loved ones who have died, to be placed around the church from October 31st to November 27th. Please place your photographs on a windowsill in the church and mark your name and phone number on the back of the photograph or frame.



The starting point of stewardship is recognizing that everything we have, everything that we are is by God's initiative—by God's grace.

-Archbishop Etienne on the Spirituality of Stewardship.



WEEKLY READINGS

Sunday 10/19

Exodus 17:8-13
Psalm 121:1-8
2 Timothy 3:14—4:2
Luke 18:1-8

Monday 10/20

Romans 4:20-25
(Psalm) Luke 1:69-75
Luke 12:13-21

Tuesday 10/21

Romans 5:12,15b,
17-19,20b-21
Psalm 40:7-10,17
Luke 12:35-38

Wednesday 10/22

Romans 6:12-18
Psalm 124:1b-8
Luke 12:39-48

Thursday 10/23

Romans 6:19-23
Psalm 1:1-4,6
Luke 12:49-53

Friday 10/24

Romans 7:18-25a
Psalm 119:66,68,76,77,93,94
Luke 12:54-59

Saturday 10/25

Romans 8:1-11
Psalm 24:1b-4b,5-6
Luke 13:1-9

Sunday 10/26

Sirach 35:12-14,16-18
Psalm 34:2-3,17-19,23
2 Timothy 4:6-8,16-18
Luke 18:9-14

MASS INTENTIONS

Sunday 10/19

9:00 AM Mass: RIP ANTHONY JOYCE
by Christine Kerr

11:00 AM Mass:
RIP LILIA SANTOS by Fletcher & Snyder Families

5:00 PM Mass: PRIEST PRIVATE INTENTION

Monday 10/20

RIP WILLIAM FOX by Sands Family

Wednesday 10/22

RIP CHRIS DUNN by Sacred Heart Parish Staff

Thursday 10/23

RIP ANTHONY FRANCAVILLA JR.
by Kevin & Julie Cipoletti

Friday 10/24

RIP AUDREY PRATT-BARLOW
by Pratt-Barlow Family

Saturday 10/25

INT THE PARISHIONERS OF SACRED HEART

Sunday 10/26

9:00 AM Mass: INT ELDERLY OF SACRED HEART
11:00 AM Mass: INT YOUTH OF SACRED HEART
5:00 PM Mass: PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Pray for the sick of Sacred Heart & St. Monica

The Deceased

Chris Dunn (sister of Gloria Hardy, St. Monica)
Julie Tarp (friend of Beth Anderson)
Richard Bradbury (St. Monica)
Josephine Mestijati Susilaningrum-
(mother of Bernadette Irene)

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month.



“Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament.” *Archbishop Etienne*

POPE'S PRAYER INTENTION - OCTOBER

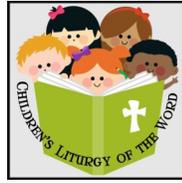
For Collaboration Between Different Religious Traditions

Let us pray that believers in different religious traditions might work together to defend and promote peace, justice and human fraternity.

EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION



Join Us for Sunday School on October 19th
Grades K—5th, 12:30 to 1:30 PM

Scan the QR code for registration or
visit sacredheart.org/Parish/

Join us for Children's Liturgy of the
Word at the 11: 00 AM Mass



SACRED HEART SCHOOL

Open House
Pre-K through 8th Grade

THURSDAY
NOVEMBER 6, 2025
6:00-7:30PM



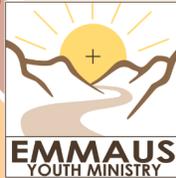
REGISTER
ONLINE TODAY!

school.sacredheart.org

Middle and High School

Youth Groups

This Wednesday
@ St. Monica



YOUTH GROUPS THIS WEDNESDAY AT ST. MONICA:

J-Walkers Middle School: Wed 4-5pm @ Family Center & Gym
6:35 High School: Wed 6:35-8:05pm @ St. Augustine Room

Join High School Youth Group at Sacred Heart's
Parish Mission on Oct 29th 7-8pm in place of our
usual Wednesday youth group meeting! Service
hours available, email Sharon our High School Youth
Minister at sphillips@sacredheart.org or call the
parish office at 425-454-9536 for more information.



Fr. Joseph recently returned from visiting family in Nigeria, where he officiated his sister's wedding, as shown in the picture above. Welcome back, Fr. Joseph!

COMMUNITY OUTREACH—COMMUNITY EVENTS

BUNDLE SUNDAY STUFF THE TRUCK



Donation Drive at Sacred Heart Parish
for St. Vincent de Paul of Seattle | King County

Donating to St. Vincent de Paul of Seattle | King County is easy and convenient at Sacred Heart Catholic Church

SAVE THE DATE: THIS SUNDAY!

Location: 9460 NE 14th St, Clyde Hill, Bellevue, WA, 98004 (Lower Parking Lot)

Date: October 19, 2025

Time: 9:00 AM to 12:00 PM

Your donations will be collected and sold at one of our SVdP Thrift Stores, providing financial support for our various programs dedicated to helping neighbors gain stability and self-sufficiency!

To view a list of items that we accept and DO NOT accept, please visit:

<https://svdpseattle.org/thriftstore>



Donate Today, Visit:
svdpseattle.org/donatetous

St. Vincent de Paul of Seattle | King County thanks you for your generous financial support!

Sacred Heart Coat Drive

The weather is getting colder, and it's time to help keep our community warm! We are hosting a coat drive benefiting St. Vincent de Paul and Jubilee Reach. We are collecting clean, gently used, or brand new coats for children and adults. We'll have two designated collection bins:

***On October 19th, we'll have a bin next to the St. Vincent de Paul truck in the lower lot.**

*Another bin will be in the Narthex starting Sunday, October 19th, and running through Sunday, November 2nd. Your donation will make a direct and



meaningful difference to local families as the winter season approaches. Please consider contributing a coat today!



World Mission Sunday - October 19th

This Sunday, October 19th, is World Mission Sunday. We will join Catholics around the world in prayer and generosity for the missions. The collection will support the Pope's missions in some of the most vulnerable places on earth. This year's theme, 'Missionaries of Hope Among the Peoples,' reminds us that our prayers and sacrifices bring light to those in darkness. Visit pontificalmissions.org to learn more. Thank you for your generosity and for being part of this global mission.

October Parish Food Drive Drop Off Your Donation by this Sunday

Our October Parish Food Drive will benefit Hopelink and Jubilee Reach. Donations of non-perishable food items will be accepted in the Narthex between **Saturday, October 11th and Sunday, October 19th**. Monetary donations are also accepted through the Parish venmo account with the note "Food Drive". Items will be distributed to our charity partner following the evening Mass this Sunday, 10/19.



Rachel's Corner

Project Rachel Post Abortion Healing Retreats

Spanish Retreat -October 31- November 2, 2025

To leave a confidential message please call:
English: (206) 920-6413, Spanish: (206)-450-7814 Email projectrachel@ccsww.org. Visit us at www.ccsww.org/projectrachel Project Rachel is a program of Catholic Community Services.

You are loved with an everlasting Love!

TEAM SKALLY IS YOUR SACRED HEART HOME TEAM

"Matt & Christina are highly professional, take ownership of the complicated process and remember the stress and emotions that run high during the sale of a beloved home. They are highly skilled and infinitely kind. They got me top dollar in volatile market conditions!"

- Julie Nelson



Parishoners Matt & Christina with Client Julie



Matt
206-661-8624

Christina
612-987-0755



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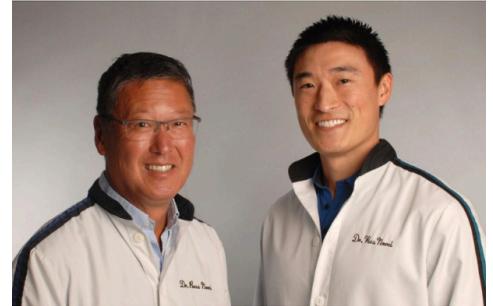
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