

Wellness Committee Meeting Notes April 15, 2025

Meeting called to order at 3:05 PM

All participants signed in to the meeting.

Notes were approved and signed from the January 2025 Wellness Meeting.

Public Comments: None

Introduction and Warm Up:

Community Circle Activity

This activity was modeled after the community circles used in SEL/advisory at the elementary/middle schools.

Recap of the Whole Child Wellness Committee Purpose:

Goal Four of the Strategic Plan: District 73 will ensure the success of the whole child by providing comprehensive approaches and programming, grounded in the belief that each child deserves to be healthy, safe, engaged, supported and challenged.

Presentation from Quest Food Service:

Quest food service shared information around the National School Lunch Program.

The group then transitioned to Task One:

The District 73 Approved Snack List was reviewed and new ideas were discussed and shared with the group.

The group then transitioned to Task Two:

The committee reviewed our Local Wellness Policy and made any comments and/or suggested edits.

Updates to the Local Wellness Policy were shared with the committee. There were no questions or concerns.

Discipline Data Conversation:

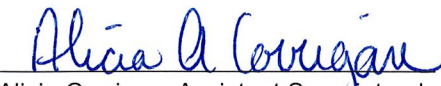
Discipline data was shared with the committee. The top three office-referral incidents decreased from the same time frame last school year. Students shared that they still have concerns around consistency of assigning lunch detentions.

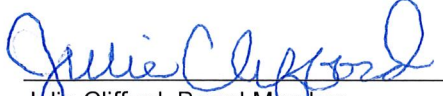
Ideas for improvements include specific steps for addressing misbehavior and assigning lunch detentions to students.

The meeting ended with an optimistic closing.

Meeting adjourned at 4:30 PM

Respectfully submitted, Megan Goldman


Alicia Corrigan, Assistant Superintendent of Student Services


Julie Clifford, Board Member

Date Minutes Approved: 10/4/25