

SAMPLE BEHAVIORAL HEALTH CRISIS RESPONSE FOR SCHOOLS

Student has displayed signs of a behavioral health crisis

Follow School Threat Assessment Protocol

Consider MCRT when student has:

- Active suicide ideation (high severity level)
- Extreme paranoia (e.g., feeling that someone/thing is going to cause harm that is not feasible)
- Dissociation (e.g., not aware of surroundings or feeling the surroundings are unreal, not feeling body or other sensations, acting as a separate self)
- Active visual or auditory hallucinations directing the student to harm

Behavioral Health Crisis or Psychological Distress Determine

Contact Parent/Caregiver (unless counter indicated)

Identified School Employee Activates MCRT

MCRT will:

- Come to school and meet with identified school staff, student and parent (if present) in a confidential place
- Assess the student for Homicidal Ideation/Suicidal Ideation, or grave disability and work with identified school staff, student and family to develop a plan to resolve the crisis
- Coordinate/connect student and family to appropriate services

Student is stabilized with a plan

MCRT will provide care coordination for up to 30 days if relevant, to provide support and follow up on the plan that was developed.

Consider PERT/911 when student:

- Makes a verbal/nonverbal threat to harm another or homicidal threat
- Has a physical altercation that results in ongoing fear/intimidation on the part of the target, or injury to the target that requires medical attention
- Brings a dangerous object to school that could cause harm

Safety Threat is Determined

DO NOT CONTACT MCRT

Contact 911/PERT if student is stating or showing an immediate intent to harm others and has access and means to follow through with that intent in the moment. Follow emergency procedures

Occasionally a student will need to be transported by guardian or MCRT to be assessed for a psychiatric hospitalization

***MCRT or Guardian Transports Following District Protocol to an acute care setting:**

Children and Youth Crisis Stabilization Unit (CYCSU)

Emergency Department

Aurora, Sharp Mesa Vista, Rady CAPS

Mobile Crisis Response (MCRT) Helpful Guidelines for School Districts

Summary

The guidelines identified below were developed with the goal of establishing a foundation for Mobile Crisis Response services to 43 school districts, determine response criteria, and develop strategy for calculated and efficient response to all school districts.

MCRT REFERRAL PROCESS for PILOT SCHOOL DISTRICTS

- Schools are encouraged to leverage the Sample Behavioral Health Crisis Response for Schools that was developed, which includes response criteria.
- Schools to provide MCRT with a Point of Contact (POC) and designate confidential space for MCRT to connect with student, caregiver, or school personnel.
- MCRT makes every effort to stabilize youth in crisis with family/caregiver.
- When needed, MCRT transports youth to crisis and emergency services for voluntary and involuntary transport.
- LPS authority gives MCRT the same 5150/5585 hold authority as law enforcement.
- MCRT legal entities conduct staff background checks which include motor vehicle reports, and background screenings at county/state/federal levels.

Key Considerations for Schools Referring to MCRT

- How to Contract MCRT
 - Exodus in the North Coastal Region: (760) 292-8288
 - Telecare in the North Inland, North Central, Central, East, and South Regions: (619) 831-6890
 - passcode: 939690
 - **Please note these numbers are for school sites ONLY and not for public distribution.**
 - Community access is available through the Access and Crisis Line (888) 724-7240.
- Information that will be asked
 - Name of referring party and callback phone number
 - Name of youth in crisis
 - Address of the school, where on campus MCRT should respond to, and the point of contact to request upon arrival
 - Reason for referral
 - If safety criteria have been cleared
 - If parent/guardian was notified and their contact information
 - Accommodations (language, accessibility, etc.)