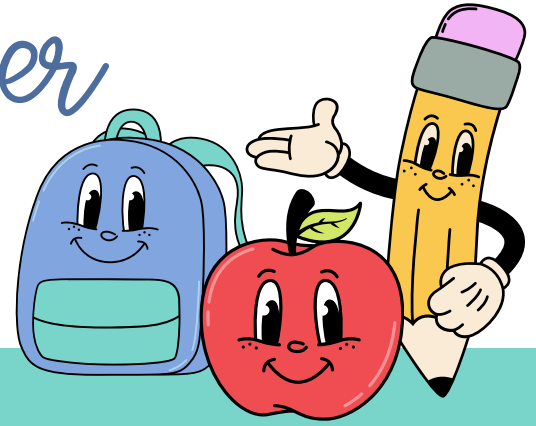


Counselor's Corner

Your future is created by what you do today, not tomorrow." – Anonymous



Goal-Setting!

As we wrap up the semester and get ready for winter break, it's the perfect time to reflect on what you've accomplished and set new goals for the year ahead. Even small steps toward your goals can lead to big changes over time.

Tip

Set one small, realistic goal this week – something you want to work on after break. Write it down, break it into steps, and keep it where you'll see it every day.

Challenge!

Write down three things you're proud of from 2025 and one thing you want to focus on in 2026. Keep it in your binder, planner, or journal as a reminder.

Did you know?!

People who write down their goals are 42% more likely to achieve them than those who only think about them. Putting it on paper makes it real!

Contact us!

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