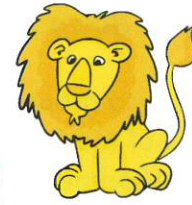




The Lion's Pride



April 11, 2019



Photo of Rose City Readers, Ms. Rolfe- Winners of the 2019 Oregon Battle of the Books!
(along with staff and parent supporters)

Dear James John Families,

Happy April to you all. I hope you enjoyed a nice, relaxing spring break and were able to spend some quality time with your family. The Melvin family was able to do some exploration of our beautiful northwest area by visiting the Olympic National Park and taking the ferry to Victoria, British Columbia. We had lots of fun!

I must begin this newsletter by acknowledging the incredible accomplishment of our own "Rose City Readers", the James John student team who are state champions in the Oregon Battle of the Books! Winning the citywide competition was a feat in itself, but our students went on to win the entire state competition last week in Salem. Our team was actually dominant in the competition besting a team from Ashland, Oregon in the final round, 87-68. Congratulations to team members Zahra Faruqui (4th grade), Zayd Faruqui (5th grade), Adahlia

King (4th grade), Brody Reid (4th grade) & Claire Streib (4th grade) for this amazing accomplishment. Again, I also must acknowledge the role of our incredible Media Specialist/Librarian Robin Rolfe and our Librarian Assistant Nazish Fatima who worked tirelessly to organize this event and to support all of the teams during the competition. We were thrilled to hold a "Clap In" this past Tuesday to celebrate these students and all of the participants in our school OBOB (and KATU covered this story!). We will hold a school wide assembly next Thursday, April 18 @ 10:15am in the auditorium to celebrate this accomplishment. Please join us!

Sincerely,

Dr. John Melvin

James John School Participation in Oregon Battle of the Books

We are so proud that the Rose City Readers were victorious in the statewide competition of the Battle of the Books. We are also very proud that 59 students in grades 2-5 participated in the school competition at James John. In coordinating our school efforts, Ms. Rolfe has created a second OBOB competition where students can choose a challenge of reading 8 books instead of the typical 16 book challenge. This allows more students to participate in the event. Here are some more statistics about the 59 students who participated the James John OBOB:

- 57% of students met or exceeded their growth targets in the MAP Reading Assessment
- 75% of students reflected that it challenged them
- 86% of student reflected that it helped them find new authors
- 47% of students reflected that it helped them make friends

Upcoming School-Wide Poetry Celebration- Thursday, April 18 –2:10-3:10pm

April is National Poetry Month so please join us for this exciting school wide celebration of poetry on Thursday, April 18. We are inviting parents to come to the classrooms after dismissal with their children from 2:10-3:10pm to view student poetry and to hear student poetry performed. The format for the poetry celebration will be as follows:

- 1:30-2:00pm – Students will share their poetry with a buddy classroom in a different grade.
- 2:10-2:40pm – Open House Style Viewing– Students will be dismissed from classrooms and parents and students can visit classrooms & hallways where they can view student poems.
- 2:45-3:10pm – Poetry Slam – Auditorium – Students will perform their poetry in the auditorium.

Upcoming Testing Schedule- Grades 3-6 Smarter Balanced Assessment (SBAC) – May 6-10- English Language Arts / May 13-May 17 – Math

As most of you know, our students in grades 3-5 take the Smarter Balanced Assessment based on the Common Core Standards at the end of each school year. This year James John students in grades 3-5 will take the English Language Arts assessment from May 6-May 10 and the Math assessment from May 13-May 17. The Smarter Balanced Assessment has both an adaptive multiple choice as well as a writing component and measures both student improvement over time and overall achievement. As with all other times of the school year, please make sure that your child gets a good night sleep, eats a nutritious breakfast and arrives on time to school during this period.

James John Talented and Gifted Program (TAG) – Electronic Music

For the first time in many years, James John is offering an after-school class for our 18 students designated as Talented and Gifted (TAG) in grades 3-5. Starting on Tuesday, April 9, we are offering an after-school Electronic Music class taught by an instructor through the “Saturday Academy”. Our TAG students chose this focus from a range of choices and they are excited to compose music with electronic-music software that will allow them to create any music they can imagine. They will experiment with sampling, synthesizers, mixing, equalizing and more. The students will learn music theory and learn about the history of electronic music and hip-hop. They will also release their own musical creations.

From the James John PTA:

Spring has sprung and we have loads of events coming up!

Our final Movie Night of the year will take place Friday, April 12th at 5:30pm in the auditorium. The movie will be Spiderman: Into the Spiderverse! This is a PG movie with some action scenes that may be disturbing to younger viewers. Many of our movies this year have been for the kids in the younger grades, so please consider this movie for the older kids. The movie runs about two hours. As always, the movie is free and we will be selling snacks and bottled water. No outside food or drink is allowed.

Our April PTA meeting is Tuesday, April 16th at 6:30pm in the auditorium. We will be discussing our vision for next year, our upcoming Prom & Auction, and much more. Pizza will be served in the cafeteria at 6pm and child care will be provided during the meeting.

If you ordered plants from our Spring Plant Sale, they will be available for pick up on Friday, April 19th (2:15-3:30) and Saturday April 20th (9:00-11:00). Look for the tables in front of the school.

And finally, if you haven't visited our web site yet, please do. It's at www.jamesjohnpta.org and there you can find information about our events, fundraising efforts and everything in between.

We have an online store where you can buy James John shirts, and if you'd like to further support the PTA we now have an online donation process that makes giving to the PTA easy. Thank you for your support!

Calendar of Events

12th – Wolfe-Perez field trip

Sauvie Island 9:15 – 1:45

12th – 2nd grade walking field trip

9:30 – 11:30 to Cathedral Park/Water Pollution Control Lab

12th – Author David Shapiro visit - Library

4th grade – 10:15 – 11:00

5th grade – 12:45 – 1:30

12th – PTA Family Movie Night

5:30 – 7:30

13th – District Wide Spelling Contest

15th – Keeler field trip

Sauvie Island 9:15 – 1:45

16th - PTA Meeting

6:30 – 7:30

Portland Public Schools recognizes the diversity and worth of all individuals and groups and their roles in society. It is the policy of the Portland Public School Board that there will be no discrimination or harassment of individuals or groups on the grounds of age, color, creed, disability, marital status, national origin, race, religion, sex or sexual orientation in any educational programs, activities or employment.

District Title VI & Title IX Contact: (503-916-3963)

District 504 Contact: (503-916-5460)

American Disabilities Act Contact: (503-916-3544)



SHAPE SOCIETY
America OF HEALTH
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EDUCATORS®

April 2019

Elementary Physical Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>NATIONAL HEALTH OBSERVANCES</p> <p>National Child Abuse Prevention Month</p> <p>National Donate Life Month</p>	<p>1 Spring Air</p> <p>Go on a daily walk with a family member.</p>	<p>2 Strike Away</p> <p>Play a game of tennis or wall ball with a friend.</p>	<p>3 Hydrate</p> <p>Remember to drink 7-10 glasses of water everyday.</p>	<p>4 Kicking It</p> <p>Kick a soccer ball around your yard or in a park.</p>	<p>5 Explore</p> <p>Go fly a kite!</p>	<p>6 Juggle</p> <p>Chin Juggling - While in a plank position, pick up a tennis ball with one hand & put it under your chin remove it with your other hand and place it on the floor. Repeat 10 times. Can you do it 15 times? 25?</p>
<p>7 Back and Forth</p> <p>Can you jump back and forth over a line for 1 minute? Two minutes? Try jumping side to side.</p>	<p>8 How Long Can You Go?</p> <p>Jump rope for 1 minute. 2 minutes? More? Teach yourself a new jump rope trick!</p>	<p>9 Partner UP</p> <p>Play catch with a friend or a family member.</p>	<p>10 Zig and Zag</p> <p>Sidewalk Chalk Balance - draw a variety of pathways (straight, curvy, zig zag) and practice balancing and walking the pathways.</p>	<p>11 Push Up</p> <p>Try to do pushups in 3 different places today!</p>	<p>12 Healthy Eating</p> <p>Are you eating 5-7 fruits and veggies everyday? Try a new veggie!</p>	<p>13 Get Up</p> <p>Partner Air Seat - Sitting toe to toe, feet flat on the floor, holding hands, pull each other to an "air seat" position,</p>
<p>14 Wall Strength</p> <p>Challenge a friend or family member to a wall seat contest. Who can last the longest?</p>	<p>15 Playground Fun</p> <p>Play hopscotch with your friends.</p>	<p>16 Bowl Away</p> <p>Go bowl! Or save water bottles and make your bowling lanes in your yard.</p>	<p>17 Climbing Up</p> <p>Can you perform 15 mountain climbers? 30? Go for it.</p>	<p>18 Partner Work</p> <p>Play catch with a friend or a family member.</p>	<p>19 Move to the Music</p> <p>Take a 30 second dance party!</p>	<p>20 Every Way</p> <p>Place a ball or balloon on the ground and pick it up with your knees. Jump around like a kangaroo! Make short jumps, long jumps, try jumping sideways. Can you jump backwards?</p>
<p>21 Get Up and Move</p> <p>Dance to your favorite song!</p>	<p>22 Work on Break</p> <p>Work on upper body strength by holding a plank position during commercials of your favorite TV show!</p>	<p>23 Balloon Tap</p> <p>Use a balloon and practice tapping the balloon above your head with your right hand then your left hand for 25 taps.</p>	<p>24 Core Strength</p> <p>While in a plank position, tap a tennis ball back and forth from right hand to left hand for 15 seconds. 20 secs? More?</p>	<p>25 Pose</p> <p>Hold a Yogi Squat Pose for 30 seconds.</p>	<p>26 Play Together</p> <p>Ask your family to share their favorite after school activities then play one!</p>	<p>27 Star Jumps</p> <p>Jump up with your arms and legs spread out like a star. Do 10 then rest and repeat.</p>
<p>28 Frisbee</p> <p>Go outside and throw a Frisbee with a friend.</p>	<p>29 Hop, hop, hop</p> <p>Can you hop on one foot and stay in the same spot? 30 seconds? What about your foot? Sideways? 1 minute?</p>	<p>30 Bike Ride</p> <p>Ride your bike with your friends. Don't forget to wear your helmet!</p>			<p>SHAPE America recommends school-age children accumulate at least 60 minutes and up to several hours of physical activity per day. Each bout of physical activity should be followed by cool-down stretches that help reduce soreness and avoid injury. Happy exercising!</p>	