

Menus for NOVEMBER 2025

This institution is an equal opportunity provider.
Menus are subject to change.



DAYLIGHT SAVING TIME ENDS
Change Your Clocks Back One Hour
Sunday, November 2, 2025

Monday, November 3

Breakfast

Egg Bites w/Toast or
Tangi Waffle Slider
Fresh Orange Wedges
Fruit Juice

Lunch

Spaghetti & Meat Sauce
with Rotini Pasta
Garden Salad w/
Dressing
Garlic Knot Roll
Fresh Orange Wedges

Tuesday, November 4

Breakfast

Chicken Biscuit or
Cinnis Minis
Applesauce
Fruit Juice

Lunch

Taco Soup
Cheesy Rippinz
Salad w/Dressing
Chilled Pears

Wednesday, November 5

Breakfast

Sausage, Egg & Cheese
Croissant or
Yogurt & Grahams
Raisins
Fruit Juice

Lunch

Popcorn Chicken Bites
Mashed Potatoes &
Gravy
Green Peas
Dinner Roll
Frozen Fruit Cup

AVAILABLE DAILY

Choice of Milk Available with
Breakfast & Lunch:

Low-Fat White,
Chocolate



Thursday, November 6

Breakfast

Pancake on Stick w/Syrup
or Froot Loop Waffle
Chilled Pears
Fruit Juice

Lunch

Nachos-Taco Meat
Golden Queso
Tortilla Chips
Salsa/Sour Cream
Texas Ranchero Beans
Buttered Corn
Applesauce

Friday, November 7

Breakfast

Breakfast Pizza or
Eggoji Waffle &
Canadian Bacon
Mandarin Oranges
Fruit Juice

Lunch

Crunchy Fish Sticks
Homemade Macaroni &
Cheese
Marinated Tomatoes
Steamed Broccoli
Mandarin Oranges



Monday, November 10

Breakfast

Sausage Biscuit & Hash
Brown or Pizza Bagel
Pineapple Tidbits
Fruit Juice

Lunch

Louisiana Red Beans
Steamed Rice
Marinated Cucumbers
Mustard Greens
Homemade Cornbread
Pineapple Tidbits

Tuesday, November 11

NO SCHOOL



PLEASE JOIN US IN
SAYING THANKS TO
THOSE WHO HAVE
SERVED THE CAUSE

Wednesday, November 12

Breakfast

Eggstravaganza &
Biscuit or
Tangi McGriddle
Fruit Cocktail
Fruit Juice

Lunch

Sloppy Joe on Bun
Tasty Tots
Marinated Tomatoes
Baked Beans
Fruit Cocktail

Thursday, November 13

Breakfast

Chicken Biscuit or
Glazed Donut
Banana
Fruit Juice

Lunch

Salisbury Steak/Gravy
Steamed Rice
Candied Yams
Green Peas
Dinner Roll
Banana

Friday, November 14

Breakfast

Pancake on Stick or
Omelet, Sausage Patty &
Toast w/Jelly
Chilled Peaches
Fruit Juice

Lunch

Pizza
Marinara Sauce
Buttered Corn
Baked Peaches

Monday, November 17

Breakfast

Canadian Bacon & Egg
Biscuit or Breakfast Hot
Pocket
Mandarin Oranges
Fruit Juice

Lunch

Sliced Beef & Gravy
Steamed Rice
Steamed Broccoli
Glazed Carrots
Dinner Roll
Candy Corn Fruit Parfait



Wednesday, November 19

THANKFUL

The Great Thanksgiving Feast!

Mad Libs



Thanksgiving was finally here, and my family was ready for a _____ feast! The table was filled with all kinds of delicious _____.

First, we ate some _____ turkey that was cooked by my _____. It tasted so good, I had _____ pieces!

Next, we passed around a bowl of _____, but my cousin accidentally spilled it all over the _____. Everyone started _____!

For dessert, we had _____ pumpkin pie with whipped cream on top. My friend tried to eat the pie with a _____ instead of a fork! It was so _____ that everyone burst out laughing.

After dinner, we all sat around the _____ and talked about what we were thankful for. I said I was thankful for _____ and _____.

It was the best Thanksgiving ever, and we all went to bed _____ with full stomachs and _____ in our hands!

Tuesday, November 18

Breakfast

Pancake & Sausage
Bites or French Toast
Sticks
Craisins
Fruit Juice

Lunch

Walking Tacos
Queso Cheese
Salsa/Sour Cream
Buttered Corn
Taco Fiesta Black Beans
Fruity Freeze

Wednesday, November 19

Breakfast

Chicken Biscuit or
Eggstravaganza &
Biscuit
Pineapple Chunks
Fruit Juice

Lunch

Turkey & Gravy
Cornbread Dressing
Green Peas
Candied Yams
Cranberry Sauce
Dinner Roll
Banana

Thursday, November 20

Breakfast

Egg Bites & Toast or
Poffitz Pancake Bites
Fresh Orange Wedges
Fruit Juice

Lunch

Hamburger on Bun
Sweet Potato Fries
Lett/Tomato/Pickle
Baked Apples

Friday, November 21

Breakfast

Egg Fiestada or
Breakfast Pizza
Applesauce
Fruit Juice

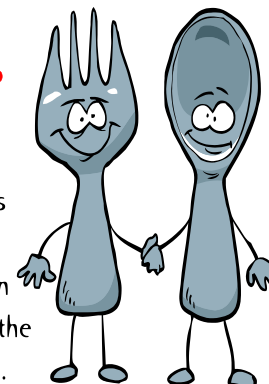
Lunch

Chicken & Sausage
Gumbo
Steamed Rice
Potato Salad
Marinated Cucumbers
Crackers
Applesauce



THE FAMILY THAT EATS TOGETHER.

Family meals don't just improve kids' nutrition - eating together also helps boost social skills and increase kids' appreciation for the value of food and the effort needed to fix meals.



Happy
Thanksgiving!!!
See you
December 1st



5-12 Grade Sandwich Line Menu

Monday, November 3

Breaded Chicken Sandwich

Tuesday, November 4

Spicy Chicken Chunks

Wednesday, November 5

BBQ Ribbett on Bun

Thursday, November 6

Pepperoni Pizza

Friday, November 7

Chili Cheese Baked Potato

Monday, November 10

Hamburger

Tuesday, November 11

★ ★ ★ ★ ★
CLOSED ON
VETERANS' DAY
AS WE HONOR THOSE WHO SERVED

Wednesday, November 12

Popcorn Shrimp on Hoagie Bun

Thursday, November 13

Homemade Grilled Cheese Sandwich

Friday, November 14

Spicy Chicken On Bun

Monday, November 17

Breaded Chicken Sandwich

Tuesday, November 18

Meatball Sub

Wednesday, November 19

Hot Dog with Chili & Cheese

Thursday, November 20

Spicy Chicken On Bun

Friday, November 21

Pepperoni Pizza

****All sandwich choices are available with vegetables, fruit and milk choice off of the regular hot lunch line.*



9-12 Grade Salad Line Menu

Available on Tuesday's & Thursday's

Tuesday, November 4

Taco Salad



Thursday, November 6

Popcorn Chicken Salad

Tuesday, November 11

★ ★ ★ ★ ★
CLOSED ON
VETERANS' DAY
AS WE HONOR THOSE WHO SERVED

Thursday, November 13

Chef Salad

Tuesday, November 18

Popcorn Chicken Salad

Thursday, November 20

Taco Salad

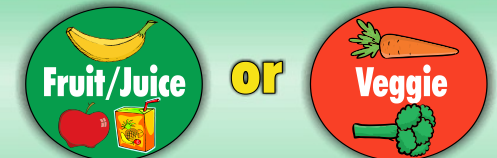


Word of the Month
fair·ness

- n. 1. the ability to make judgments free from discrimination or dishonesty
2. the state, quality, or ideal of being just, impartial, and equitable

DON'T GET!

To make a lunch, choose at least one



Tangipahoa Parish Schools



Tangipahoa Parish School Board has partnered with ESS to manage our substitute program. A leader in K-12 staffing, ESS is responsible for the hiring and the placement of all [substitute child nutrition workers](#). If you're interested in working as a child nutrition substitute for our school system, please contact:

Jessica Miles

1-800-641-0140

Website: ESS.com

Email: jemiles@ess.com



How would you like to be OFF on nights, weekends, holidays & summers?

Cafeteria workers work a total of 180 days per calendar year. That's only 6 months out of the year.

The scheduled hours are from 6:30—2:00 each school day.