



ND

vsp vision care



BlueVision Essential

Your Coverage with a VSP® Network Doctor

Benefits	Copay, Allowance and Frequency	Description
Exams		
WellVision Exam®	One per calendar year	
Retinal Screening	No more than \$39 copay	Routine screening (WellVision Exam enhancement)
Prescription Glasses		
Lenses	One per calendar year	Single-vision, lined bifocal and lined trifocal lenses Progressive lenses, polycarbonate lenses for dependent children under age 19
Frames	\$175 allowance One per every other calendar year	Wide selection of frames
Additional Glasses and Sunglasses	n/a	30% savings - Additional glasses/sunglasses - including lens enhancements ² or 20% savings - Any VSP network doctor within 12 months of last WellVision Exam
Contacts		
Fitting and Exam	Up to \$60 copay One per calendar year	15% discount applies when seeing a member doctor
Lenses	Up to \$150 maximum allowance Current calendar year ¹	Necessary contact lenses are covered
Vision Correction		
Laser	n/a	Average 15% discount off regular price or 5% discount off promotional price ³

Your Coverage with Out-of-Network Doctors

Get the most out of your benefits and greater savings with a VSP network doctor. Your coverage with out-of-network doctors will be less or you'll receive a lower level of benefits. Visit BCBSND.com for plan details.

Exam	up to \$60	Lined trifocal lenses	up to \$100
Frame	up to \$98	Progressive lenses	up to \$75
Single-vision lenses	up to \$50	Contacts	up to \$135
Lined bifocal lenses	up to \$75		

Plan allowances at some retail chains may differ but are of equivalent value. Once your benefit is effective, visit BCBSND.com for details. Coverage information is subject to change. In the event of a conflict between this information and your organization's contract with BCBSND, the terms of the contract will prevail.

¹Contact lenses are available under this vision plan in place of all other lens and frame benefits.

²From the same VSP network doctor on the same day as your WellVision Exam.

³Discounts only available from contracted facilities.

This is a brief explanation of covered services and payment levels of this product. It should not be used to determine whether vision expenses will be paid. Refer to benefit plan materials.
VSP® is an independent company providing vision benefit management services and access to the VSP vision network for Blue Cross Blue Shield of North Dakota vision products.
VSP and WellVision Exam are registered trademarks of Vision Service Plan.
Self-funded groups: This vision plan is that of your employer. Blue Cross Blue Shield of North Dakota is serving only as the claims administrator.



Scan the QR code to view the non-discrimination notice or visit nd.blue/non-discrimination-notice

BlueVision - Popular Lens Enhancements¹

Enhancements	Single-Vision ² Multifocal ²	Description
Tints, Dyes and Polish		
Solid Tints and Dyes	Covered – Except Pink I & II	Fashionable and reduces the amount of light coming through the lenses
Plastic Gradient Dye	\$15	Usually dark at the top and gradually lighten toward the bottom of the lenses
High Luster Edge Polish	\$14	Edges can be polished to a high luster, resulting in clearer and shinier edges; plus, it makes lenses look thinner
Coatings		
Scratch-Resistant	\$15	Applied to plastic lenses to increase their resistance to normal scratching and pitting
Anti-Reflective	Standard - \$37 Premium - \$61 Custom - \$75	Can reduce eyestrain caused by glare, reflections, blue light exposure from digital devices and the “halos” you see around lights at night; plus, it helps protect lenses from scratches, smudges, dust and water
UV Protection	\$10	Can be added to the front or back side of a lens and can block 98–100% of transmitted and reflected UVA and UVB rays
Lenses		
Polycarbonate	Adult - \$33 Children - Covered	One of the thinnest, lightest and most impact-resistant materials available; plus, they provide UV protection and scratch resistance
Photochromic	\$70	Automatically darken when exposed to sunlight and lighten when out of sunlight
High-Index	\$51 \$55	Thinner and lighter than standard lenses, these lenses help people with severe vision correction needs
Progressive	Standard - Covered Premium - \$80-\$90 Custom - \$120-\$160	Line-free lenses that gradually change power with distance

Using Your BlueVision Benefits is Easy

Log in to your account at BCBSND.com. Your member portal is your one-stop shop for managing your vision coverage with BCBSND. Within the portal, you can access additional information from our vision partner, VSP.

Member Portal

Log in to your account at BCBSND.com

- View individuals covered by your BCBSND vision plan
- View your vision benefits information

VSP Portal

Log in to account at BCBSND.com

Select - Claims tab on the top
Click - Link on the left-hand side

- View claims history
- Download VSP savings statements (outlines coverage discounts)
- Find an in-network doctor through the online directory
- View and download forms

Best Eye Care

You'll get the highest level of care, including a WellVision Exam – the most comprehensive exam designed to detect eye and health conditions. Plus, when you see a VSP network doctor, you'll get the most out of your benefits, have lower out-of-pocket costs and your satisfaction is guaranteed.

Plan Information

VSP Network Doctor: VSP Signature

Visit BCBSND.com or call 800-877-7195 for more details on your vision coverage and exclusive savings and promotions for VSP members.

¹All lens enhancements are covered after a copay.

²Prices shown reflect the standard plastic price for each respective category. Premium lens enhancement prices may vary. Prices are valid only through VSP network doctors and are subject to change without notice.