Local Wellness Policy: Triennial Assessment

Junction Independent School District

Background Information

In accordance with the U.S. Department of Agriculture's Final Rule: Local School Wellness Policy Implementation, all School Food Authorities (SFAs) participating in the National School Lunch or School Breakfast Program must complete an assessment of their local wellness policy, at minimum, once every three years.

Purpose

The assessment will identify our:

1. Compliance with wellness policy.

2. How the wellness policy compares to model wellness policies.

3. Progress made in attaining the goals of the wellness policy.

Results

The triennial assessment will be posted on the School Nutrition Department page on the Junction ISD website.

Local Wellness Policy: Triennial Assessment Summary

Section 1: General Information

Month and year of current assessment: January 22, 2025

Date of Local Wellness Policy (LWP) approval: _____

Website address for the wellness policy and/or information on how the public can access a copy: www.junctionisd.net

School Nutrition: Can provide a printout for any families that request it. We can be contacted by phone at 325-446-3510

Section 2: Student Health Advisory Council (SHAC)

How many times per year does this committee meet? 4 times

Designated Wellness Lead	Job Title	Email Address
Regina Suttle	Director of Nursing	regina.suttle@junctionisd.net
Misty Stewart	Child Nutrition Director	misty.stewart@junctionisd.net

Student Health Advisory Council Members are reappointed annually.

Section 3. Comparison to Model School Wellness Policies

TEA and Local Wellness Policy JISD www.junctionisd.net

Section 4. Compliance with the Wellness Policy and Progress towards Goals

Structure

- Must apply to all campuses in our district. JISD participates in the National School Lunch Program and School Breakfast Program.

Nutrition Education and Promotion

- Must address nutrition education and nutrition promotion through goals that address the following:
  - Activities that promote health, wellbeing, and students' ability to learn.
  - Nutritional guidelines for all food and beverages available to be sold or given to students on the school campus during the school day, including food and beverages offered by the school nutrition program and outside of the school nutrition program. This includes fundraisers, school-sponsored activities, and non-school-sponsored activities that take place on the school campus.
- Must target students

Stakeholder Engagement

- Must engage the following stakeholders in developing and implementing the local wellness policy:
  - Administrators (district and/or school)
  - Community members
  - Parents
  - Representatives of the district or schools
  - Representatives of the board of trustees
  - School health professional
  - School nutrition staff
  - Students

Assigned Responsibilities

- Must assign a staff position or positions to be responsible for the following tasks: o Development of the LWP
  - Implementation of the LWP
  - Assessment of the LWP
  - Update of the LWP

Marketing

- Must describe how the following marketing issues will be addressed:
  - Current district marketing guidelines for foods and beverages sold to students. www.junctiontexas.com
  - Strategies the CE will implement to ensure that all future marketing for foods and beverages sold to students on the school campus during the school day meets the Competitive Food Nutrition Standards.
  - Must establish a plan to ensure that all items that display marketing information obtained after are compliant with the Competitive Food Nutrition Standards.
  - Must establish a plan for replacing or eliminating all existing marketing displays and items with marketing information that are not compliant with the Competitive Food

Nutrition Standards in the future.

Triennial Assessment

- Must complete the first triennial assessment by June 30th.

The section below breaks down each component of our local wellness policy. We assessed each of them and provided a rating based on the criteria listed below:

0 = objective not met/no activities completed
1 = objective partially met/some activities completed
2 = objective mostly met/multiple activities completed
3 = objective met/all activities completed

Policy Assessment

Structure	Rating	Notes	Next Steps
Must be approved by the board of trustees.	3	Approved in June	N/A

Stakeholder Engagement	Rating	Notes	Next Steps
Engage the following stakeholders in developing and implementing the local wellness policy: Administrators (district and/or school), Community members, Parents, Representatives of the district or schools, School health professional, School nutrition staff, Students	3	SHAC consists of appropriate stakeholders. Students are included in taste testing for potential menu items each year. recommendations for the future.	N/A

Assigned Responsibilities	Rating	Notes	Next Steps
Must assign a staff position or positions to be responsible for the following tasks: Development of the LWP, Implementation of the LWP, Assessment of the LWP, Update of the LWP	3	SHAC is primarily responsible for the LWP.	School Nutrition will continue to assess and provide SHAC recommendations regarding any findings and/or updates on progress of LWP.

Nutrition Promotion	Rating	Notes	Next Steps
School Nutrition Staff, teachers, and other district personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.	3	JISD cafeteria has signage that promotes healthy nutrition messages. Campuses also consistently encourage participation in our program through their social media channels and/or morning announcements.	The School Nutrition department will purchase newer marketing materials to post at each campus.
Nutritional guidelines for all food and beverages sold during the school day, including food and beverages offered by the school nutrition program and outside of the school nutrition program. This includes fundraisers, school-sponsored activities, and non-school sponsored activities that take place during the school day on the school campus.	3	The School Nutrition department provides the Competitive Food Nutrition Standards compliance requirements during the JISD Annual Meet the Teacher. Vending machines on a district campus sell only Competitive Food Nutrition Standards compliant foods and drinks to students.	

Marketing	Rating	Notes	Next Steps
Strategies will be implement to ensure that all future marketing for foods and beverages sold to students on the school campus during the school day meets the Competitive Food Nutrition Standards.	3		

Nutrition Education	Rating	Notes	Next Steps
Students shall receive nutrition education that fosters the adoption and maintenance of healthy eating behaviors	3	The School Nutrition department will work with the JISD curriculum department to help expand participation into this program and provide ways to incorporate nutrition education into curriculum.	
The district shall make nutrition education a district-wide priority and shall integrate nutrition education into other areas of the curriculum, as appropriate.	2	The School Nutrition department will work with the JISD curriculum department to help expand and provide additional ways to incorporate nutrition education into district wide curriculum.	
The district shall provide professional development so that teachers and other staff responsible for the nutrition education program are adequately prepared to effectively deliver the program.	3	ThePE/Health department is currently evaluating a new Health curriculum and will make sure that nutrition education is prioritized. The School Nutrition Department will also request to provide nutrition education training at JISD students	

Physical Activity	Rating	Notes	Next Steps

The district shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports	3	PE is offered for all elementary students. Middle schools have both Athletics and PE has an option. High School offers activities such as Band, and Cheerleading, etc. that all involve some physical activity.	N/A
The district shall provide appropriate staff development and encourage teachers to integrate physical activity into the academic curriculum where appropriate	3	The PE/Health department will continue to offer PD opportunities. throughout the school year for teacher development utilizing activities and physical movement.	
The district shall encourage parents to support their children's participation, to be active role models, and to include physical activity in family events.	3	The district offers many opportunities for student families to participate in athletic events together using the district facilities	The district will continue to hold athletic events designed for all families to participate.
The district shall encourage students, parents, staff, and community members to use the district's recreational facilities.	3	The district offers many opportunities for student families and the local community to use district recreational facilities.	The district will promote the use of their facilities.

Other School-Based Activities	Rating	Notes	Next Steps
The district should allow sufficient time for students to eat meals in the cafeteria facilities that are clean, safe, and comfortable.	3	The district averages 29 minutes for a lunch period. The School Nutrition Department receives inspections from the local health department to ensure that our facilities are clean and safe.	We will continue to work with district leadership to help ensure that these guidelines are met as appropriate.

Triennial Assessment Rating: 13/14

Conclusion

This assessment has provided us the opportunity to review the implementation of our local wellness policy district wide. While there are some areas of improvement, our district is doing great work and making an honest effort to meet our stated goals. We will continue to work on improving our current goals and develop new and exciting goals and that will better serve our community.

_____ _____ Misty Stewart,
Director Date

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Regina Suttle, RN