



NEWPORT-MESA UNIFIED SCHOOL DISTRICT

Parent/Guardian Request for Religious Exemption for Instructional Material(s)

OPT OUT REQUEST FORM

Parents/guardians may request that their student be excused or “opted-out” of specific instruction, educational activities, or instructional materials that conflict with their sincerely held religious beliefs. In response to an opt-out request, the Newport-Mesa Unified School District will review the request and shall grant an opt-out request that aligns with Board-adopted policies and legal requirements.

- [Board Policy 1312.2 – Complaints Concerning Instructional Materials](#)
 - [Administrative Regulation 1312.2 – Complaints Concerning Instructional Materials](#)
- [Board Policy 6141.2 – Recognition of Religious Beliefs and Customs](#)
 - [Administrative Regulation 6141.2 – Recognition of Religious Beliefs and Customs](#)
- [Board Policy 6144 – Controversial Issues](#)
 - [Administrative Regulation 6144 – Controversial Issues](#)
- [Board Policy 6161.1 – Selection and Evaluation of Instructional Materials](#)
 - [Administrative Regulation 6161.1 – Selection and Evaluation of Instructional Materials](#)
- [Board Policy 6161.11 – Supplementary Instructional Materials](#)

Student and Parent Information:

Student Name: _____

Parent/Guardian Name: _____

Parent/Guardian Phone: _____ Email: _____

Lesson, Book, or Educational Activity that May Conflict with Sincerely Held Religious Belief(s):

Teacher: _____ School: _____

Subject Area/Class: _____ Grade: _____

Title of Lesson/Book/Activity: _____

Planned Date(s) of Instruction: _____

Please describe the specific religious belief(s), custom(s), and/or practice(s) with which the specific instructional content (described above) substantially interferes with:

Please describe how the specific instructional content substantially interferes with the specific religious belief(s), custom(s), and/or practice(s):

Parent/Guardian Signature:

By submitting this form, I affirm this request is based on sincerely held religious beliefs. I understand the District will conduct a fact-intensive inquiry in response to this request and may contact me for additional clarification. I understand that if the opt-out request is granted, the District will make reasonable efforts to accommodate this request consistent with District policy and legal requirements. I understand that my student may be provided with an alternative assignment that meets the instructional goals.

Signature: _____ Date: _____

Completed Opt-out forms must be submitted to:

Elementary – Gabe Del Real, Administrative Director I, Elementary Education

714-424-5062 gdelreal@nmusd.us

Secondary – Dr. Mike Sciacca, Administrative Director I, Secondary Education

714-424-7544 msciacca@nmusd.us

Upon receipt of this Parent/Guardian Request for Religious Exemption for Instructional Material(s), you will be contacted by a member of the Educational Services team to arrange an interactive meeting with the Administrative Director I of Elementary or Secondary Education