Parent Activity Guide: Helping your child identify Trusted Adults at school

To help students recognize and feel comfortable approaching safe, supportive adults at school who can help them in times of need.



1. **Ask open ended questions:**
2. Who do you feel comfortable talking to at school if you need help?
3. Is there someone that makes you feel safe and supported?



Have your child think about people at school who:

- **Help Solve problems or connect them with more help.**
- **Keep them safe.**



Role play asking for help.
"If you feel worried or unsafe, what could you say to your trusted adult?"



Suggest your child greet their trusted adults regularly to make it easier to approach them later.



Ask, "Is there someone at school you know you can go to for help?"

BROWARD COUNTY PUBLIC SCHOOLS
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