

Shiner ISD School Health Advisory Council (SHAC) Meeting #1 - 10/10/25

Minutes

- Welcome and Call to Order at 2:31 pm
- Introductions and Documentation of Attendance (Sign In Sheet)
- Approval of Minutes
 - Motion: Mrs. Michelle Winkenwerder
 - Second: Mrs. Glenda Nevlud
- Review of Programs:
 - Health Instruction- Coach Winkenwerder- Discussed in health: Bones and muscles, Cardiovascular, digestive, and respiratory systems, Infectious and Non infectious diseases; Will finish the semester with- First Aid, STDs, Drug, Alcohol, Tobacco chapters
 - Health Services - Nurse Aman- SB 12 rights regarding health care and health-related services- Opt-in consent to treat a student- working on having it as an online required form for registration for the beginning of next school year; Health Screenings- Vision (Lions Club came to do spotscreens on younger grades), Hearing, Spinal, AN; Club Med is a new student club that is focused on health occupations Club- 3rd Tuesday of the month at Yoakum Community Hospital; Immunizations- state report due first Friday in December
 - Physical Education- Coach Nitsch- Turkey Trot in November, Walking/Running Wednesdays go to the track; Mental Health Wednesdays for High School students
 - School Counseling- Mrs. Jamie Steffek via email (JH and HS)- -Big focus on Seniors as we start the year, especially for those who are college bound. Applications open by August 1 so lots of reminders to students and parents about getting those done in a timely manner; Late September and October has several tests: ASVAB was Sept. 24 (all Juniors--used as a career exploration tool but also can be used for students interested in the military branches); ACT was September 30 (administered to Seniors); SAT was Oct. 8 (again for Seniors); PSAT coming up on Oct. 21 for 10th and 11th grades (same day as Regional CC meet so may have to do an additional test day for those kids); Free Application for Federal Student Aid (FAFSA) opened Oct. 1. All Seniors must complete this (or fill out a waiver). We usually have at least 75% of the class complete it (especially those pursuing any sort of education after high school); some complete the waiver if they are going straight into the workforce or military. Encourage Seniors to get this done before the holidays or the sooner the better. Deadline for the state of Texas is mid-January; October is Bullying Awareness, Red Ribbon Week, and Fentanyl Awareness. Activities and information will be shared with students in Google classroom. StuCo also does different activities throughout the month; November and December will start focusing on the Senior Scholarship Program and gathering new applications and updating information for this year's Seniors. Applications are shared on the Counselor's Corner on the school website as well as in their Seniors Google classroom. Lions Club
 - Nurse Aman for Mrs. Heather Boner (Elem.) [Absent]- Red Ribbon week- planned guest speakers throughout the week with age appropriate drug awareness topics for those grades; Lions Club at school for Mental Health Awareness Week- set up table with brochures
 - Nutrition Services- Mrs. Glenda Nevlud- Students that qualify for reduced meals, will get free breakfast; Thanksgiving lunch with parents- 11/13 for grades 3-6 and 11/20 for grades PreK - 2nd; will have Turkey both days; Are incorporating more fresh foods into the menu- need to use all commodities up
- Family and Community Involvement
 - Bicycle Rodeo at end of October
 - Thanksgiving lunch with parents
 - Turkey Trot

- Open Discussion and Questions
 - SB1619- Unassigned Epinephrine Auto-Injectors
 - Notice to parents on Shiner ISD website, Health Office Page which includes the information for Unassigned Epinephrine Auto-Injectors and Opioid Antagonists (Narcan)
 - SB 25- PE and Nutrition
 - Can not withhold recess or PE as a form of discipline
 - HB 549- Airway Clearance Device- We have a LifeVac in Nurse Office
 - October – Fentanyl Awareness month
 - Tucker’s Law- HB 3908 (88th Texas Legislature, Regular Session, 2023)- appropriate grade level information/curriculum on the dangers of opioids
 - Required for 6th grade through 12th grade
 - Add Fentanyl Awareness to red ribbon week and add information on website
 - Triennial Assessment
 - The Texas Department of Agriculture requires an assessment of the Local Wellness Plan; should be reviewed every three years
- Adjournment:
 - Motion: Mrs. Brandi Wallace
 - Second: Mrs. Michelle Winkenwerder
 - Vote: unanimous
 - Meeting adjourned at 2:55 pm