

This institute is an equal opportunity provider and employer.

November 2025

MS/HS Cafeteria




BREAKFAST

Served daily: chilled/fresh fruit, assortment of juice & milk

LUNCH

Served daily: chilled/fresh fruit, side salad, & milk

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
	Breakfast Cinni Mini Lunch Chicken Fajita Wrap Refried Beans Corn Fruit Choice # 2 Pizza Crunchers w/Dipping Sauce Choice # 3 Chicken Fajita Salad	Breakfast Sausage Waffle Lunch Chicken Alfredo Breadstick Roasted Broccoli Fruit Choice # 2 Chicken Patty on a Bun w/Baked Chips Choice # 3 Grilled Chicken Salad	Breakfast Tony's Breakfast Bagel Lunch Chicken Tenders Mashed Potatoes w/Gravy Hot Roll Green Beans Fruit Choice # 2 Popcorn Chicken Wrap w/Chips Choice # 3 Deli Ham/Turkey Salad	Breakfast Pancake on a Stick Lunch Cheese Stuffed Crust Pizza Steamed Carrots Fruit Choice # 2 Big Daddy's Pizza Choice # 3 Pulled Turkey Salad
10	11	12	13	14
All Choice #3 Options Each Entrée salad comes with a boiled egg as well as saltine crackers or goldfish crackers. Shredded cheese is available for all who do not have a milk/dairy allergy. Every meal will have the option of fresh fruits and/or veggies	Breakfast Muffin w/Cheese Stick Lunch Super Nachos Refried Beans Corn Fruit Choice # 2 Chicken Tenders w/Baked Chips Choice # 3 Chicken Fajita Salad	Breakfast Sausage Pancake Lunch Cashew Chicken Rice & Eggroll California Blend Fruit Fortune Cookie Choice # 2 Sweet & Sour Chicken Choice # 3 Grilled Chicken Salad	Breakfast Bagel w/Cream Cheese Lunch Breakfast Bar Biscuits & Gravy Hash Brown Fruit Choice # 2 French Toast Sticks Hash brown Choice # 3 Deli Ham/Turkey Salad	Breakfast French Toast Sausage Roll Lunch Stuffed Crust Pizza Steamed Carrots Fruit Choice #2 Big Daddy's Pizza Pocket Choice # 3 Pulled Turkey Salad

17	18	19	20	21
	Breakfast Breakfast Eggroll Lunch Taco Bar Refried Beans Corn Fruit Choice # 2 Crisпитos Choice # 3 Chicken Fajita Salad	Breakfast Sausage Biscuit Lunch Spaghetti w/Meat Sauce Breadstick Roasted Broccoli Fruit Choice #2 Corndog w/Baked Chips Choice # 3 Grilled Chicken Salad	Breakfast Sausage Waffle Lunch Chicken Fries Green Beans Fruit Choice # 2 Cheeseburger w/Chips Choice # 3 Deli Ham/Turkey Salad	Breakfast Breakfast Pizza Lunch THANKSGIVING FEAST! Roasted Turkey Mashed Potatoes & Gravy Green Beans Hot Roll Fruit Fresh Baked Cookie Choice # 2 Pulled Turkey Salad
24	25	26	27	28
Breakfast Cinnamon Roll Lunch Grilled Cheese w/Tomato Soup Peas Fruit Choice # 2 Chicken Patty on a Bun w/Chips Choice # 3 Popcorn Chicken Salad	Breakfast Breakfast Stuffed Hashbrown Lunch Smothered Burrito Refried Beans Corn Fruit Choice # 2 Pizza Crunchers w/Dipping Sauce Choice # 3 Chicken Fajita Salad	