



JASPER-TROUPSBURG HIGH SCHOOL
HOME OF THE WILDCATS



BIWEEKLY NEWSLETTER

OCTOBER 10, 2025

October is Breast Cancer Awareness Month. In recognition of this, we will be holding a **“Pink Out”** on **Friday, October 17th**. Wear anything pink -ribbons, bows, tutus, and clothes - to show support for breast cancer survivors and those affected by the disease.



HEALTH
OFFICE

The school physician will be available to complete physicals the afternoon of **Friday 10/24**. If you have received a notice that your child needs to have a physical and you would like it completed by the School Physician please call or email Barb Leach to schedule an appointment. 607-792-3690 Ext 7309
bleach@jtcsd.org

GUIDANCE NEWS



Sophomores participated in the Annual Sophomore Career Day at Alfred State College! This event connects students with future career paths by hearing directly from those in the field. Over 25 careers were represented. Students chose to attend four sessions, based on their interests!

Mrs. Gallicchio, from BOCES, met with the sophomore class to discuss the career and technical education programs available to them next year. Students had the opportunity to learn about the wide range of trade programs offered by Wildwood BOCES. On November 14th, students will be able to visit the Wildwood campus and explore three programs of interest to them.



Our first 'Career Cafe' of the year, was Meade Rehabilitation Center. Students were able to learn about various rehab careers such as, occupational therapy and physical therapy during their lunch hour! Stay tuned to see who visits next!



TEEN MENTAL HEALTH FIRST AID TRAINING

Mrs. Krupp has partnered with WNY R-AHEC to bring Mental Health First Aid Training to our students. This training teaches teens how to identify, understand, and respond to signs of mental health and substance use challenges in their friends and peers. 10th graders will start this training during their Health 10 class on October 14.

What can I expect my child to learn about?

- Common signs and symptoms of mental health and substance use challenges
- Common signs and symptoms of mental health crisis, particularly suicide
- The impact of violence and bullying on mental health
- How to open the conversation about mental illnesses and substance use with friends
- How to seek the help of a responsible and trusted adult

To learn more, please visit: [teen Mental Health First Aid](#)

UPCOMING EVENTS

OCT

15

PSAT

16

Twin Tiers College Fair 2025

20

FAFSA Night
5:30-7:30

29

Keuka College -9:15

30

Alfred State College
Junior Mini Visit

NOV

14

Sophomore Visit to
BOCES

REMINDERS

*Juniors interested in the Alfred State College Mini Visit need to turn in their permission slips

*Check Google Classroom & Chat for all guidance updates

CAREER DEVELOPMENT COUNCIL

Interested in a job shadow?

Want to hear from professionals in the industry?

Stop down to the guidance office

Alisa Wright, our CDC rep,
is here on Thursdays!

FAFSA Night

When: October 20 from 5:30-7:30

Where: High School - Greenwood

Event for Seniors and their Parents

What do I need to bring?

- Laptop
- Social Security Numbers
- Driver's License
- 2024 State and Federal Taxes
- 2024 W2s
- 1099s (if applicable)
- Asset Information

This is a great opportunity to complete the FAFSA and TAP with a certified financial aid officer who is an expert in this process!

RSVP to Mrs. Krupp

ADDITIONAL INFORMATION



Attention College Bound Seniors!

Did you know that during the month of October, nearly 130 NYS colleges and universities are waiving application fees?! With these fees typically ranging from \$50 to \$100, this your chance to save money and apply to college without the financial strain. Visit the link below to see if one your college choices is participating!

[2025 NYS Free Application Month](#)

Corning Inc Administrative Assistant Shadow

Wednesday, November 12, 2025
8:30 to 2:30 - Lunch Provided
Corning Incorporated Headquarters

[Apply by October 29th!](#)
[See Mrs. Kropp for an application.](#)



Career Development Council



[Students are responsible for their own transportation.](#)

Are you interested in a career in a criminal justice field? Corning Community College and the Criminal Justice program are proud to announce the annual Criminal Justice Career Night to be held on Wednesday, November 5, 2025 from 4pm - 7pm in the Commons Building at the college. Representatives from federal, state, county and local agencies will be on hand to answer questions about their unique areas of criminal justice. You will have the opportunity to discuss topics like law enforcement, forensic science, corrections, mental health and others. There will be light snacks and beverages provided at the event. To sign up for the event please go to the Corning Community College website.



[Click Here to Sign Up](#)

October is Youth Substance Use Prevention Month

Talking with Teens About Alcohol and Other Drugs: 5 Conversation Goals

It's never too late to start talking with your teen about the risks of underage drinking and other substance use. As teens get older, they make more decisions on their own, and also face more temptation and peer pressure. Though it may not seem like it, teens really do hear your concerns. It's important you show that you care and continue having conversations with them about the dangers of alcohol and other drugs, and why they shouldn't use them.

PARENT RESOURCES

To learn more:
[Talk They Hear You!](#)

1

Show you disapprove of underage drinking and other drug misuse.

Over 80 percent of young people ages 10-18 say their parents are the leading influence on their decision whether to drink or not. Don't assume they know how you feel about drinking and substance use. Send a clear and strong message that you disapprove of underage drinking and use or misuse of other drugs.

2

Show you care about your teen's health, wellness, and success.

Young people are more likely to listen when they know you're on their side. Reinforce why you don't want your child to drink or use other drugs—because you want them to be happy and safe. The conversation will go a lot better if you're open and show your concern for their well-being.

3

Show you're a good source of information about alcohol and other drugs.

You want your teen to make informed decisions about alcohol and other drugs with reliable information about its dangers. You don't want him or her to learn about alcohol and other drugs from unreliable sources. Establish yourself as a trustworthy source of information.

4

Show you're paying attention and you will discourage risky behaviors.

Young people are more likely to drink or use other drugs if they think no one will notice. Show that you're aware of what your teen is up to, but do this in a subtle way and try not to pry. Ask about friends and plans because you care, not because you're judging—you are more likely to have an open conversation.

5

Build your teen's skills and strategies for avoiding drinking and drug use.

Even if you don't think your child wants to drink or try other drugs, peer pressure is a powerful thing. Having a plan to avoid alcohol and drug use can help children make better choices. Talk with your children about what they would do if faced with a difficult decision about alcohol and drugs. Practice saying "no thanks" with them in a safe environment and keep it low-key. Don't worry, you don't have to get everything across in one talk. Plan to check in frequently with quick chats and keep the lines of communication open.

If you or someone you know needs support;

call or text 988
or
chat [988lifeline.org](#)



Reminder: There will be **no school on Monday, October 13** in observance of **Indigenous Peoples' Day**. Enjoy the long weekend, Wildcats!

Attendance Matters!



Missing a day of school here and there may not seem like much, but absences add up

When a student misses **2** days a month

When a student misses **4** days a month

They miss **20 DAYS** a year (10% of the school year)



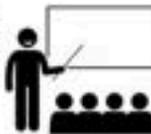
They miss **40 DAYS** a year (20% of the school year)

They miss **30 HOURS** of math instruction



They miss **60 HOURS** of math instruction

They miss **60 HOURS** of reading and writing instruction



They miss **120 HOURS** of reading and writing instruction

They will miss over **1 YEAR** of school by graduation.



They will miss over **2 YEARS** of school by graduation.

Wildcat of the Month

WILDCAT OF THE MONTH
SEPTEMBER 2025



ERICA IRVINE
7TH & 8TH GRADE



"Erica is hard working and always brings her best to the classroom, athletics, and clubs. She is always helping her classmates and shows great responsibility balancing her schoolwork with extra curricular activities."



WILDCAT OF THE MONTH
SEPTEMBER 2025



DAISY WELCH
11TH & 12TH GRADE



"Daisy is a hard worker, very respectful, and always willing to help."



WILDCAT OF THE MONTH
SEPTEMBER 2025



MADISON BANKES
9TH & 10TH GRADE



"Madison has a positive influence in every part of our school. She is friendly, helpful, and encouraging to anyone she meets. Madison always gives her best effort on all academic tasks and takes advantage of additional practice in order to get better at things she struggles with. All of these attributes can also be found in Madison, the athlete. She attends practices and games with a good attitude, gives her best effort, and always cheers for her teammates."



Wildcat of the Month 

POSITIVE ROLE MODEL, MAINTAINS GOOD GRADES/GRADES SHOW IMPROVEMENT, RESPECTFUL, RESPONSIBLE

W WELL-MANNERED; WILLINGNESS TO LEARN/BE A ROLE MODEL

I INVESTED IN LEARNING; IMPROVEMENT IN GRADES/BEHAVIOR; IMPACTFUL ON CLASS; INSPIRATION TO OTHERS

L LEADERSHIP BY EXAMPLE; LEVEL-HEADED

D DEPENDABLE; DEDICATED TO GOOD WORK ETHIC; DEMONSTRATES GOOD CHARACTER QUALITIES; DETERMINED

C COOPERATES WELL WITH TEACHERS, STAFF, AND FELLOW STUDENTS; CAN-DO ATTITUDE IN CLASSROOM

A ACTIVE IN SCHOOL; CLASSROOM AND EXTRACURRICULARS (SPORTS/CLUBS); ACCOMPLISHES ASSIGNMENTS/TASKS ON TIME

T TRUSTWORTHY; TEAM LEADER; TRUE TEAM PLAYER (IN AND OUT OF SCHOOL); THOUGHTFUL TO OTHERS

SCIENCE



The eighth grade science class was learning about energy transfer. They were trying to determine if mass has an impact on the amount of thermal energy transferred to 50 mL of room temperature water. Students were able to use hot plates to bring different masses up to 100 degrees Celsius then carefully transfer them and record the changes in water temperature. And always remember Safety First!



ENGLISH & ART



THE SOPHOMORES HAVE BEEN READING THE ANGLO-SAXON EPIC BEOWULF. THOUGH THE HERO'S EXPLOITS AND ACHIEVEMENTS ARE DETAILED IN THE POEM, HIS APPEARANCE IS NOT. USING THE POEM AS A STARTING POINT, EACH STUDENT DREW A PORTRAIT OF HOW HE OR SHE ENVISIONED BEOWULF. HERE ARE THE RESULTS.



Growing Opportunities: Agriculture Students Begin Greenhouse Project

Our Agriculture program is excited to announce the start of our new greenhouse! This project has been a true collaboration between multiple classes and our BOCES partners.

Students in our *Agricultural Structures* class recently used surveying equipment to lay out the site for the greenhouse. With the help of *Mr. Dennis and the BOCES Heavy Equipment team*, the area was cleared using a skid steer to remove the sod and prepare the ground for gravel.

Eighth-grade Agriculture students joined in to learn about the surveying process and even got some hands-on experience finishing the layout before the heavy equipment team took over.

Meanwhile, our *seventh graders* observed the process, asking great questions about the tools and techniques being used.

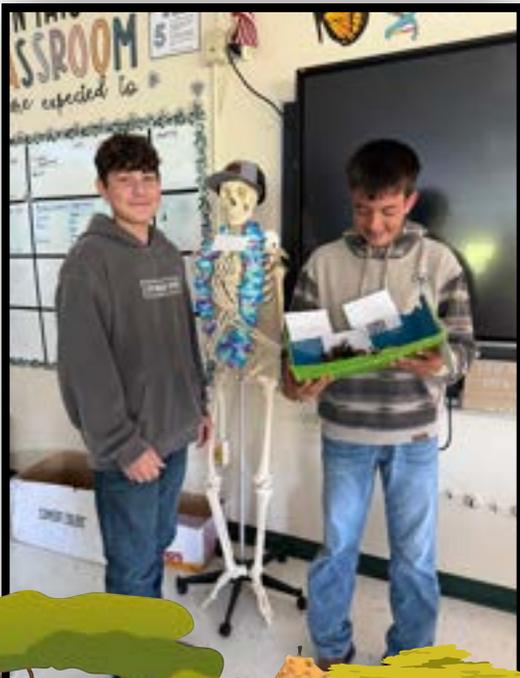
Once the posts were securely set, *Ag Structures students* jumped back in to begin assembling the greenhouse hoops. This project has truly showcased teamwork across grade levels and programs—proof that many hands make light work!

The new greenhouse will open countless opportunities for our Agriculture students to expand their horticulture knowledge, gain hands-on experience, and strengthen their collaboration skills. We can't wait to see what they'll grow next—both in the greenhouse and as young leaders in agriculture.

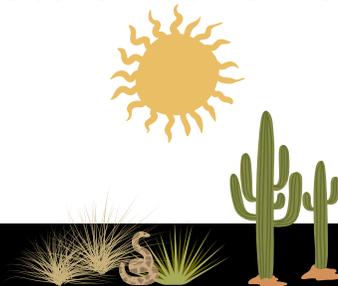




Exploring the World of Biomes



In **Miss Aldrich's Biology lab**, students have been busy creating their own biomes. Working in pairs, they selected a biome of their choice and jumped right into designing and building it. Through this project, students not only strengthened their teamwork skills, but also showcased their artistic talents and deepened their understanding of the natural world. Fantastic job, everyone!



Seventh Grade Agriculture Students Grow Their Voices

Our seventh-grade Agriculture students started the year strong by diving into public speaking! Through this activity, students explored the wide and diverse world of agriculture—learning that it’s not just about “cows, sows, and plows.”

Students discovered that agriculture reaches far beyond the farm, with careers in fields like law, banking, graphic design, and real estate. They also discussed exciting agriculture-related careers such as game wardens, marine biologists, agricultural pilots, mechanical engineers, and animal caretakers—among many more!

After researching a variety of agricultural careers, students created digital presentations to share their findings with their classmates, answering questions and practicing their communication skills along the way.

For many, it was their first experience speaking in front of a group, and they rose to the challenge with confidence and creativity. We’re so proud of their hard work and look forward to giving them even more opportunities to grow as leaders and public speakers in the future!



GROWING, LEARNING, AND SUCCEEDING

Mrs. Aldrich's Business 7 class is wrapping up an incredibly valuable unit focused on *Essential Life Skills*, equipping students with the everyday abilities they need to navigate the world with confidence and independence. Without these skills, teens can face challenges in making healthy decisions and managing daily responsibilities.

Students learned that life skills generally fall into several key areas, which they explored in depth. Some of the key areas included:

Communication: The class focused on expressing thoughts, emotions, and needs effectively. This fundamental skill is vital for success in all aspects of life.

Executive Functioning: Students sharpened skills like planning, organization, and time management. These abilities are essential for managing schoolwork and future careers.

Basic Needs: This section covered managing health, nutrition, household tasks, and personal safety, providing a foundation for independent living.

Practical Life Skills: The unit included vital knowledge on transportation, budgeting, and career readiness, offering practical tools for navigating the modern world.

Personal Growth & Well-Being: Students explored habits for building stress management, self-care, and leisure to maintain a balanced and healthy life.

By focusing on these core areas, Mrs. Aldrich's students are now more empowered to handle everyday challenges and prepare for a successful transition into high school and beyond. Way to go, Business 7!



Invenergy Supports Our Growing FFA Program



We were thrilled to welcome representatives from Invenergy to our Agriculture program this month as they presented a generous support to our FFA chapter. Their contribution will help our students continue to grow through hands-on learning experiences, leadership opportunities, and community involvement.

During the visit, our seventh-grade Agriculture students had the chance to sit in on the presentation and learn more about Invenergy's work in the wind energy industry. Students were full of curiosity and asked thoughtful questions about renewable energy, sustainability, and the wide range of careers connected to this field.

This experience tied in perfectly with our recent classroom discussions about the many career paths available within agriculture – proving once again that the ag industry extends far beyond the farm. We're so grateful to Invenergy for their generous support and for inspiring our students to think big about their futures in agriculture and beyond!



Rockin' with Integers!



On Friday, October 3rd, **Mrs. Seeley's Math 7** students rocked their Operations with Integers unit with a rock & roll themed activity!



Pounce on Success with Peer Tutoring

Peer Tutoring kicks off this October! If your child would like to sign up to receive tutoring, please contact **Mrs. Hall**.

The ART of Halloween



This October, **Mrs. Mann's art students** have been brewing up creativity with a Halloween twist! From EERIE landscapes to SPOOKY portraits, the classroom has transformed into a haunted gallery of imagination.

Highlights include:

7th Grade: Chalk Pastel Skeletons and Negative Space Skeletons

8th Grade: Monster Hand Drawings

Studio Arts: Halloween Movie Posters and Tim Burton Selfies

Sculpture: Halloween Aluminum Foil Sculptures and Cardboard Monster Sculptures

Painting: Spooky Silhouette Paintings

Drawing: Halloween Design of their own

Students explored texture, contrast, and color theory while embracing the playful side of the season. Be sure to check out the hallway display, it's a fang-tastic feast for the eyes!





SENIOR NIGHT

Varsity Girls Soccer





**WILDCAT
ATHLETICS**

Game Updates



Friday (October 10) @5pm: Modified Boys & Girls at JT

Saturday (October 11) @1pm: Varsity Boys at A-A
(rescheduled from 10/7)

Saturday (October 11) @7pm: Varsity Girls at A-P
(County Tournament)

Wednesday (October 15) @5pm: Varsity Boys at C-S
(County Tournament)

Wednesday (October 15) @5pm: Modified
Boys & Girls at C-G

Thursday (October 16) TBD Varsity Girls at TBD
(County Tournament)

STAFF SPOTLIGHT

THE MATH DEPARTMENT



MRS. SEELEY

HOW LONG HAVE YOU BEEN TEACHING? THIS IS MY 23RD YEAR OF TEACHING - ALL OF WHICH HAVE BEEN AT JT!

WHAT DO YOU LOVE MOST ABOUT TEACHING MATH? WHAT I LOVE MOST ABOUT TEACHING MATH IS MAKING IT FUN! I HAVE HEARD TOO MANY PEOPLE SAY, "I ALWAYS HATED MATH." (I'M HERE TO CHANGE THAT!) I GREATLY ENJOY SOLVING MATH PUZZLES AND I HOPE TO SHARE THAT JOY WITH OTHERS!

WHAT'S YOUR FAVORITE THING ABOUT JT? MY FAVORITE THING ABOUT JT IS THE PEOPLE I HAVE WORKED WITH SOME INCREDIBLE PEOPLE - STUDENTS AND STAFF! IT'S ALL ABOUT THE PERSONAL CONNECTIONS. I CAN BE HAVING A REALLY BAD DAY, BUT THEN A STUDENT SHOWS UP WITH A SMILE AND THAT ALL MELTS AWAY. I ENJOY SEEING FORMER STUDENTS AND HAVING THEM TELL ME ALL ABOUT THEIR LIVES. I HAVE WORKED WITH SOME OF THE BEST TEACHERS! I LOVE SEEING THEIR PASSION FOR WHAT THEY DO!

WHAT IS YOUR FAVORITE HOBBY? MY FAVORITE HOBBY OUTSIDE OF SCHOOL IS DOING PUZZLES! IT'S A LOT LIKE SOLVING A MATH PROBLEM - GETTING ALL OF THE PIECES IN THE RIGHT SPOTS TO CREATE A BEAUTIFUL PICTURE. I GREATLY ENJOY ARTS & CRAFTS, BUT I DON'T GET TO SPEND AS MUCH TIME ON THOSE AS I WOULD LIKE TO.

WHAT IS ONE ITEM ON YOUR BUCKET LIST? ONE ITEM ON MY BUCKET LIST IS TO TRAVEL TO ALASKA! I WOULD LOVE TO EXPERIENCE THE NORTHERN LIGHTS AND ALL OF THE WILDLIFE!

From algebra to geometry, this incredible team works hard every day to make math meaningful, challenging, and fun for our students. Their dedication helps our Wildcats build problem-solving skills that add up to success!



HS MATH DEPARTMENT



MRS. SHERER

HOW LONG HAVE YOU BEEN TEACHING? I'VE BEEN TEACHING FOR 29 YEARS, 21 OF THOSE AT JT.

WHAT DO YOU LOVE MOST ABOUT TEACHING MATH? I LOVE TO SEE THE "LIGHTBULB" TURN ON ACROSS A STUDENT'S FACE WHEN THEY LEARN A DIFFICULT CONCEPT.

WHAT'S YOUR FAVORITE THING ABOUT JT? JT IS A SMALL COMMUNITY WITH GOOD VALUES.

WHAT IS YOUR FAVORITE HOBBY? MY NEWEST HOBBY - REFURNISHING FURNITURE. (IT'S A LOT LIKE TEACHING - I ENJOY SEEING THE TRANSFORMATION IN STUDENTS BY THE END OF THE YEAR.)

WHAT IS ONE ITEM ON YOUR BUCKET LIST? I WOULD LOVE TO GO ON A TRIP OUT WEST.

THE MATH DEPARTMENT



MRS. HAYES

HOW LONG HAVE YOU BEEN TEACHING? THIS IS MY 8TH YEAR TEACHING, AND I'VE BEEN LUCKY TO SPEND THE PAST 4 YEARS HERE AT JT.

WHAT DO YOU LOVE MOST ABOUT TEACHING MATH? I LOVE THAT THERE ARE SO MANY DIFFERENT WAYS TO SOLVE A PROBLEM, BUT NO MATTER WHICH PATH YOU TAKE, YOU CAN END UP WITH THE SAME ANSWER. IT MAKES MATH CREATIVE AND FUN!

WHAT'S YOUR FAVORITE THING ABOUT JT? DEFINITELY THE PEOPLE! THE TEACHER COMMUNITY AND STUDENT BODY ARE SO SUPPORTIVE AND FULL OF WILDCAT PRIDE - IT'S CONTAGIOUS AND MAKES EVERY DAY BRIGHTER.

WHAT IS YOUR FAVORITE HOBBY? I'M A BIG READER - I LOVE GETTING LOST IN A GOOD BOOK!

WHAT IS ONE ITEM ON YOUR BUCKET LIST? SKYDIVING! IT SEEMS LIKE SUCH A THRILLING ADVENTURE, AND I'D LOVE TO GIVE IT A TRY SOMEDAY.



Student Council Launches Annual Food Drive to Support Local Families

The Student Council is proud to announce the return of our Annual Food Drive, running from **October 14 through October 31**, to benefit the Community Church of Troupsburg Food Pantry. This yearly tradition gives us all an opportunity to come together as a school community and help support local families in need as we head into the colder months.

Students, staff, and families are encouraged to donate non-perishable food items such as canned vegetables, pickles, stuffing mix, boxed mashed potatoes, gravy, bread and muffin mixes, and cake and brownie mixes. *Donation boxes will be located in the high school cafeteria for your convenience.*

Why It Matters:

The food pantry at the Community Church of Troupsburg serves dozens of families each month, and your contributions help ensure that no one in our community goes hungry. Every can or box you donate makes a real difference.

Important Dates:

Start Date: Monday, October 14

End Date: Thursday, October 31

Let's Make It Fun!

To encourage participation, the Student Council will be tracking donations by grade level, with a special treat for the class that brings in the most items! Let's show our school spirit and community pride by filling those boxes and making this our biggest food drive yet!

Thank you in advance for your generosity and support!

FOOD DRIVE
OCTOBER 14TH - OCTOBER 31ST

Sponsored by
STUDENT COUNCIL

WHAT WE NEED?

ALL DONATIONS GO TO THE
COMMUNITY CHURCH OF
TROUPOSBURG FOOD PANTRY

- 7TH: CRANBERRY SAUCE, PICKLES, OLIVES
- 8TH: STUFFING MIX
- 9TH: GRAVY
- 10TH: BOXED MASHED POTATOES
- 11TH: BREAD & MUFFIN MIXES
- 12TH: CANNED VEGETABLES
- FACULTY & STAFF: BROWNIE & CAKE MIXES



Want to join Ski Club?



We're excited to invite your child to be part of this year's School Ski & Snowboard Club at Swain Resort! Ski Club is more than just an after-school activity - it's a chance for students to stay active, make friends, and build skills that last a lifetime. *If your child is interested, please have them go see Mrs. Riskey in the main office for more information.*

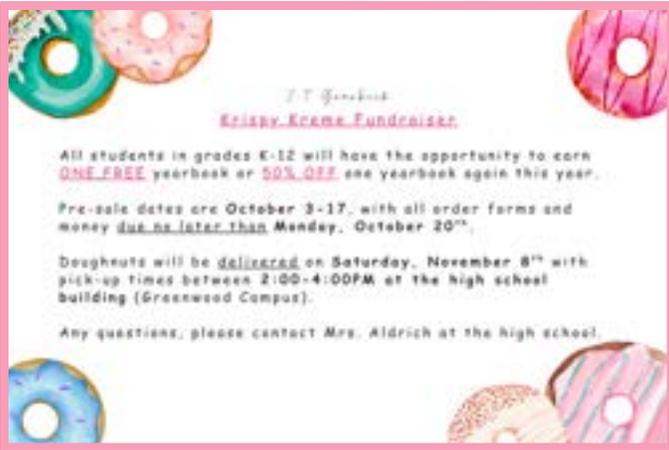


Support the Class of 2026

THE CLASS OF 2026 WILL BE SELLING LITTLE CAESARS PIZZA AND COOKIE KITS BEGINNING OCTOBER 20TH. CHECK WITH A SENIOR CLASS MEMBER OR THE SCHOOL FACEBOOK PAGE FOR MORE INFORMATION.



2025-26 Yearbook UPDATES



J-T Yearbook
Krispy Kreme Fundraiser

All students in grades K-12 will have the opportunity to earn **ONE FREE** yearbook or **50% OFF** one yearbook again this year.

Pre-sale dates are October 3-17, with all order forms and money due no later than Monday, October 20th.

Doughnuts will be delivered on Saturday, November 8th with pick-up times between 2:00-4:00PM at the high school building (Greenwood Campus).

Any questions, please contact Mrs. Aldrich at the high school.



REMINDER

CLASS OF 2026:
Senior pictures are due no later than November 3, 2025 to Mrs. Aldrich for the yearbook.

2025-2026 J-T YEARBOOK - ON SALE NOW

Yearbooks are now on sale at a low cost of \$35.00 through December 31, 2025. Cost will increase to \$45.00 per yearbook on January 1, 2026.

Reserve your copy today to guarantee a yearbook at the end of the school year, as only a limited number of books will be printed.

Options to Pre-Order:

- Order online @ www.jostensyearbooks.com
- Scan the QR Code



- Send in your payment (be sure to include the 8% sales tax) along with the order form to: YEARBOOK ADVISOR. All checks payable to: JT YEARBOOK.

Thank you for your continued support!

J-T Yearbook Staff



GET THE BEST DEAL
OF THE YEAR
ORDER THE YEARBOOK TODAY



Jostens

**IF YOU PLAN TO SELL
KRISPY KREME DONUTS
TO EARN A FREE
YEARBOOK, PLEASE DO
NOT PURCHASE YOUR
YEARBOOK YET**