

NEW HEALTHY FOOD RULES AT SCHOOL

Keeping Kids Safe, Healthy, and Ready to Learn!
What's New?

California has a new rule called the School Food Safety Act (AB 2316). This law says schools can't serve or sell foods with artificial colors (food dyes). These dyes are often found in brightly colored snacks, cereals, and candies.

The colors no longer allowed in school food:

● Red 40 ● Yellow 5 & Yellow 6 ● Blue 1 & Blue 2 ● Green 3

What This Means at Our School

Manteca Unified has updated Board Policy 5030 – Student Wellness to follow the new law. Our goal is to keep students healthy and focused while learning.

Here's what families need to know:

✔ School meals and snacks will follow all health rules and will not include artificial colors.

✔ All foods served or sold by the school (cafeteria, fundraisers, class rewards, etc.) must meet the USDA Smart Snack standards.

✔ If you wish to celebrate, you may send small, pre-packaged snack baggies that are listed on the MUSD Smart Snack list.

❌ Homemade foods, fast food, or snacks with bright artificial colors cannot be shared in class.

❌ Outside food will not be accepted through the office for birthdays or class celebrations.

Healthy Birthday Celebration Ideas

If you'd like to celebrate, please consider:

- Applesauce cups or fruit cups 🍏
- Pretzels or popcorn 🍿
- Whole-grain crackers or granola bars 🍪
- Stickers, pencils, or small toys instead of food 🎁
- Here's a link to the Smart Snack List:
https://musdnutrition.net/schools/musd_2910071808449063/wellness/Smart_Snack_List.pdf

♥ Thank You, Families!

By following these rules, we help all students stay safe, healthy, and ready to learn every day!