



Dublin City Schools

Grades 3-5
Student Fall 2025



Report created by
Panorama Education



Summary

Topic Description	Results	Benchmark
E+R=O	35%	
Emotion Regulation How well students regulate their emotions.	47% ▼1 since last survey	 40th - 59th percentile compared to others nationally
Healthy Behaviors	45% ▲2 since last survey	
Perseverance How well students are able to persevere through setbacks to achieve important goals.	57%	 40th - 59th percentile compared to others nationally
Self-Efficacy How much students believe they can succeed in achieving academic outcomes.	50% ▼12 since last survey	 60th - 79th percentile compared to others nationally
Supportive relationships	90% ▼1 since last survey	 80th - 99th percentile compared to others nationally

3,730 responses



E+R=O

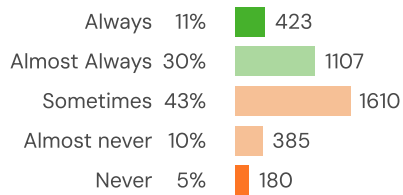
Your average

35%

3,730 responses

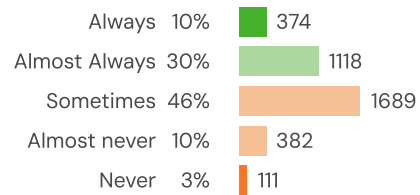
How did people respond?

Q.1: When an event happens to you, how often do you remember to "press pause?"



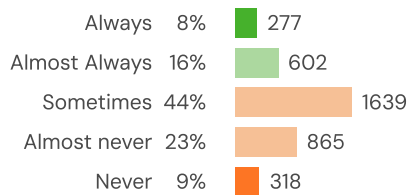
Favorable: **41%**

Q.2: How often are you able to change a negative thought into a productive and positive thought?



Favorable: **41%**

Q.3: In school, how much do your responses to events impact others?



Favorable: **24%**



Emotion Regulation

Your average

47%

3,730 responses

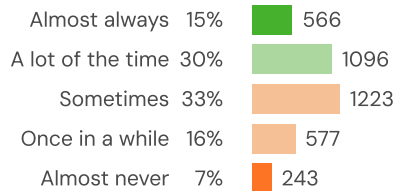
Change

▼ 1

since last survey

How did people respond?

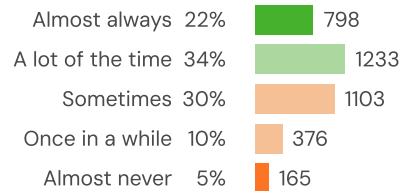
Q.1: How often are you able to pull yourself out of a bad mood?



▼ 4 from last survey

Favorable: **45%**

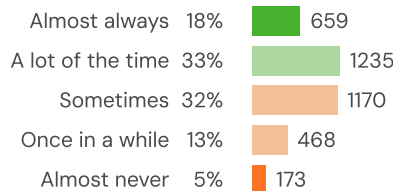
Q.2: How often are you able to control your emotions when you need to?



▼ 2 from last survey

Favorable: **55%**

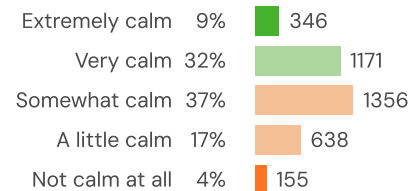
Q.3: When you get upset, how often can you get yourself to relax?



▲ 1 from last survey

Favorable: **51%**

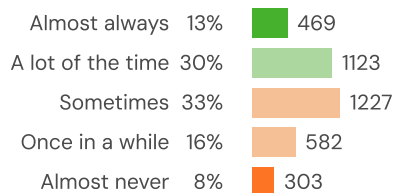
Q.4: When things go wrong for you, how calm are you able to stay?



▼ 1 from last survey

Favorable: **41%**

Q.5: When you get upset, how often do you stop to think before you act?



Favorable: **43%**



Healthy Behaviors

Your average

45%

3,730 responses

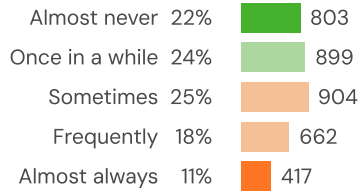
Change

▲ 2

since last survey

How did people respond?

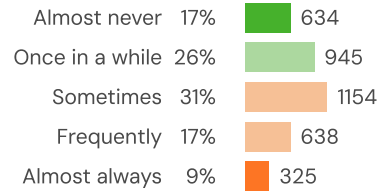
Q.1: How often do you worry about what other students think of you?



▲ 0 from last survey

Favorable: **46%**

Q.2: How often do you worry about things outside of school?



▼ 3 from last survey

Favorable: **43%**



Perseverance

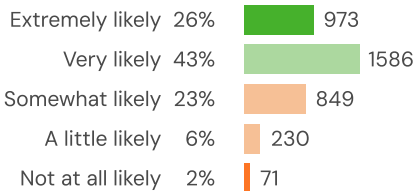
Your average

57%

3,730 responses

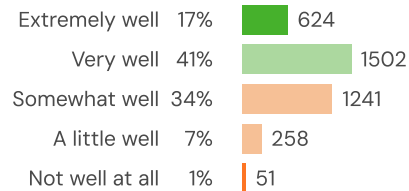
How did people respond?

Q.1: If you fail at something that is important to you, how likely are you to try again?



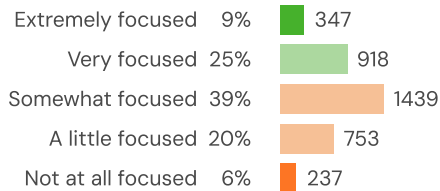
Favorable: **69%**

Q.2: How well can you keep working to reach your goals if problems come up?



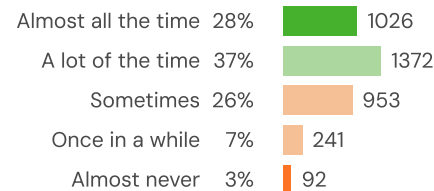
Favorable: **58%**

Q.3: When you are working on something that matters to you and there are distractions, how focused can you stay?



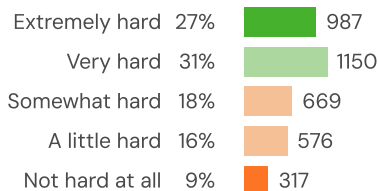
Favorable: **34%**

Q.4: How often do you get your work done, even when you don't feel like doing it?



Favorable: **65%**

Q.5: How hard do you work to keep your promises, even if they are hard to keep?



Favorable: **58%**



Self-Efficacy

Your average

50%

3,730 responses

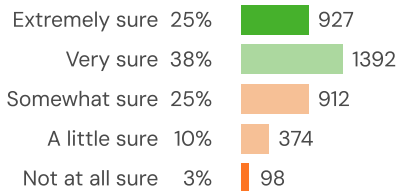
Change

▼ 12

since last survey

How did people respond?

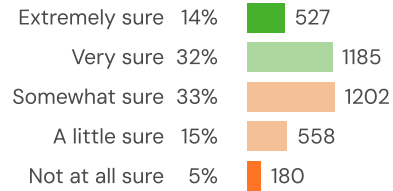
Q.1: How sure are you that you can complete all the schoolwork that is given to you?



▼ 8 from last survey

Favorable: **63%**

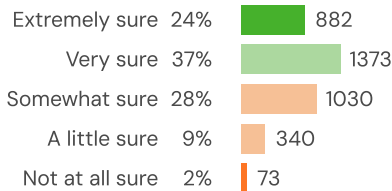
Q.2: How sure are you that you will remember what you learned in your current classes, next year?



▼ 16 from last survey

Favorable: **47%**

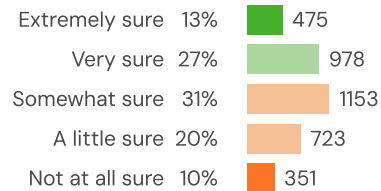
Q.3: How sure are you that you can learn all the subjects taught in your classes?



▼ 11 from last survey

Favorable: **61%**

Q.4: How sure are you that you can do the hardest schoolwork that is given to you?

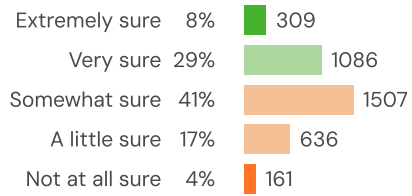


▼ 11 from last survey

Favorable: **39%**



Q.5: When complicated ideas are discussed in class, how sure are you that you can understand them?



▼ 17 from last survey

Favorable: **38%**



Supportive relationships

Your average

90%

3,730 responses

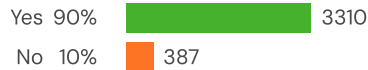
Change

▼ **1**

since last survey

How did people respond?

Q.1: Do you have a teacher or other adult from school who you can count on to help you, no matter what?



▲ 0 from last survey

Favorable: **90%**

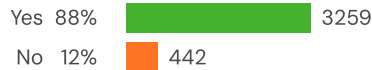
Q.2: Do you have a family member or other adult outside of school who you can count on to help you, no matter what?



▼ 2 from last survey

Favorable: **93%**

Q.3: Do you have a friend from school who you can count on to help you, no matter what?



▼ 1 from last survey

Favorable: **88%**