

# T.E.S. School Lunch November 2025

| Monday   | Tuesday  | Wednesday   | Thursday  | Friday  |
|--|--|---|---|---|
| <b>3</b><br>Chili w/Fritos<br>String Cheese<br>Carrots, Cucumber<br>Fruit & Milk                     | <b>4</b><br>Teriyaki Dippers<br>Rice, Jicama<br>Mini Peppers<br>Cucumber<br>Fruit & Milk                               | <b>5</b><br>Pizza<br>Green Salad w/Veggies<br>Cookie<br>Fruit & Milk  | <b>6</b><br>Hamburger<br>Tater Tots, Lettuce<br>Sl. Tomato & Carrots<br>Fruit & Milk<br>         | <b>7</b><br>Chicken Nuggets<br>Shoestring Fries<br>Cucumber<br>Goldfish Crackers<br>Fruit & Milk  |
| <b>10</b><br>Chicken McHighland<br>Tater Tots, Tomato<br>Carrots, Lettuce<br>Fruit & Milk            | <b>11</b><br><b>Veteran's Day</b><br> | <b>12</b><br>Max Sticks<br>Marinara Sauce<br>Salad & Cucumber<br>Fruit & Milk   | <b>13</b><br><br>Pizza<br>Green Salad w/Veggies<br>Cookie<br>Fruit & Milk                        | <b>14</b><br>Hamburger<br>Tater Tots, Lettuce<br>Sl. Tomato & Carrots<br>Fruit & Milk   |
| <b>17</b><br>Chicken Burrito<br>Salad & Cucumber<br>Cherry Tomato<br>Fruit & Milk                    | <b>18</b><br>BBQ Patty Burger<br>Tater Tots<br>Broccoli Slaw<br>Mini Peppers, Carrots<br>Fruit & Milk                  | <b>19</b><br>Chicken Quesadilla<br>Refried Beans & Churro<br>Sweet Peppers<br>Cucumber, Salsa<br>Fruit & Milk                 | <b>20</b><br>Turkey & Gravy<br>Mashed Potatoes<br>Green Beans<br>Pumpkin Bar<br>Fruit & Milk<br> | <b>21</b><br>Pizza<br>Green Salad w/Veggies<br>Cookie<br>Fruit & Milk   |
| <b>24</b><br>Mandarin Chicken<br>Brown Rice<br>Broccoli Slaw<br>Snap Peas & Cucumber<br>Fruit & Milk | <b>25</b><br>Honey Bun<br>Yogurt, Cheese Stick<br>Carrots<br>Sliced Apples<br>Milk                                     | <b>26</b><br><b>Thanksgiving Break</b><br> | <b>27</b><br><b>Thanksgiving Day</b><br><b>No School</b><br> Thanksgiving Break<br>No School   | <b>28</b><br><b>Native American Heritage Day</b><br> |

Fresh fruit and cupped fruit provided with lunch

1% reg milk, non-fat chocolate milk and Silk (lactose free soy) vanilla and chocolate milk provided with lunch

Highland School is an Equal Opportunity Provider