


# T.E.S. Breakfast

# October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breakfast Pizza Fruit & Milk	2 Waffle & Syrup Fruit & Milk	3 Combo & Churro Fruit & Milk
		Bab-Pop Tart	Bab-Cereal Bar & Graham	Bab-Pop Tart
6 Tater Tots, Egg Patty & Churro Fruit & Milk	7 Breakfast Pizza Fruit & Milk	8 Cinnamon Roll Fruit & Milk	9 Combo & Churro Fruit & Milk	10 Pizza Quesadilla Fruit & Milk
Bab-Honey Bun	Bab-Pop Tart	Bab-Honey Bun	Bab-Pop Tart	Bab-Honey Bun
13 Breakfast Pizza Fruit & Milk	14 Pop Tart Fruit & Milk	15 Cereal & Toast Fruit & Milk	16 Omelet & Graham Fruit & Milk	17 Sausage Pup & Syrup Fruit & Milk
Bab-Pop Tart	Bab-Cereal Bar & Graham	Bab-Pop Tart	Bab-Cereal Bar & Graham	Bab-Pop Tart
20 Omelet & Graham Fruit & Milk	21 Breakfast Pizza Fruit & Milk	22 Cereal & Toast Fruit & Milk	23 Pop Tarts Fruit & Milk	24 Ham, Scrambled Egg & Tortilla Fruit & Milk
Bab-Honey Bun	Bab-Pop Tart	Bab-Honey Bun	Bab-Pop Tart	Bab-Honey Bun
27 Pop Tart Fruit Cup, Juice Fruit & Milk	28 Cereal Bar Graham, Juice Fruit & Milk	29 Pop Tart Fruit Cup, Juice Fruit & Milk	30 Cereal Bar Graham, Juice Fruit & Milk	31 Pop Tart Fruit Cup, Juice Fruit & Milk

Non-fat chocolate milk, regular milk & Silk chocolate & vanilla milk are served with breakfast daily.

Apples, oranges, bananas and fruit cups are served with breakfast daily.

Highland schools are an equal opportunity provider. Highland School Wellness Policy available for review upon request.