

# Highland Middle School Lunch **October** 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Pepperoni Ripper Salad & Tomato Cookie Fruit & Milk 	<b>2</b> BBQ Patty Burger Tater Tots Broccoli Slaw Carrots Fruit & Milk	<b>3</b> Chicken Nuggets Shoestring Fries Cucumber Goldfish Cracker Fruit & Milk
<b>6</b> Chili & Fritos Cheese, Broccoli Cucumber & Carrots Ice Cream Cup Fruit & Milk	<b>7</b> Pepperoni Ripper Salad & Tomato Broccoli & Cookie Fruit & Milk	<b>8</b> Chicken Quesadilla Refried Beans Churro, Broccoli Peppers, Cucumber Fruit & Milk	<b>9</b> Max Stick Marinara Sauce Salad Cucumber Fruit & Milk 	<b>10</b> Corn Dog Shoestring Fries Broccoli, Carrots Fruit & Milk
<b>13</b> Pepperoni Ripper Salad & Tomato Broccoli & Cookie Fruit & Milk 	<b>14</b> Chicken McHighland Tater Tots Salad, Carrots Tomato, Shred Lettuce Fruit & Milk	<b>15</b> Chicken Nuggets Mashed Potatoes Cucumber Goldfish Cracker Fruit & Milk 	<b>16</b> Chili & Fritos Cheese, Broccoli Cucumber & Carrots Ice Cream Cup Fruit & Milk	<b>17</b> Hamburger Tater Tots Lettuce & Tomato Carrots Fruit & Milk
<b>20</b> Max Stick Marinara Sauce Salad Cucumber Fruit & Milk	<b>21</b> Pepperoni Ripper Salad & Tomato Broccoli & Cookie Fruit & Milk	<b>22</b> Turkey Sandwich Sun Chips Tomato, Broccoli Pork & Beans Fruit & Milk	<b>23</b> Chicken Drum Stick Mashed Potatoes Gravy & Roll Carrots, Cucumber Fruit & Milk	<b>24</b> Chicken McHighland Tater Tots Salad, Carrots Tomato, Shred Lettuce Fruit & Milk
<b>27</b> Sunbutter Sandwich Ranch Doritos Fruit Cup Baby Carrots Ranch Cup & Milk 	<b>28</b> <b>Intercession</b> Sunbutter Sandwich Graham Fruit Cup Baby Carrots Ranch Cup & Milk	<b>29</b> Sunbutter Sandwich Ranch Doritos Fruit Cup Baby Carrots Ranch Cup & Milk	<b>30</b> <b>Week</b> Sunbutter Sandwich Graham Fruit Cup Baby Carrots Ranch Cup & Milk 	<b>31</b> Sunbutter Sandwich Ranch Doritos Fruit Cup Baby Carrots Ranch Cup & Milk

Always 1% white or non fat chocolate milk and Silk (lactose free) white or chocolate milk provided.

Fresh and Canned fruit always served with Lunch. Highland schools are an equal opportunity provider.

Highland School Wellness Policy available for review upon request.