

# Menus for November 2025



C.V. Starr  
Breakfast & Lunch  
Menu

*BCSD is an equal opportunity  
provider and employer.*

*Menus are subject to change.*

## Vegetable Of The Month Brussel Sprouts



## AVAILABLE DAILY

### Breakfast

**Nutrigrain Bar, Cereal Bar,  
Whole Grain Muffin,  
Whole Grain Roll, Bagel or Cereal,  
Fresh Fruit or Fruit Juice  
& 1 Cup Serving Milk Variety**

### Alternate Lunch

**Monday: Salami & Cheese  
Sandwich**

**Tuesday: Ham & Cheese Sandwich  
or Baked Potato Meal**

**Wednesday: Bagel Lunch:  
Bagel, Cheese Stick & Yogurt**

**Thursday: Turkey Sandwich or  
Baked Potato Meal**

**Friday: Italian Combo**

### Offered Daily

**Grab & Go Salad Plate  
Sunflower Butter & Jelly Sandwich**

### Offered Daily With All Meals:

**Assorted Vegetables: Garbanzo Beans,  
Broccoli, Carrots, Tomatoes, Cucumbers,  
Tossed Green Salad, Corn  
& Whole Grain Dinner Roll  
& Assorted Fruit:  
Fresh, Canned and Fruit Juice  
& Milk Variety  
\*Made From Scratch**

**Monday, November 3**

### Breakfast

\*Homemade Muffin

### Lunch

Breaded Chicken Cutlet  
on a Hard Roll OR  
Grilled Chicken on a Bun  
Lettuce & Tomato Cup  
Assorted Canned/Fresh Fruit  
Milk Variety

**Tuesday, November 4**

### Superintendent's Conference Day

### No Lunch

### Parent/Teacher Conferences

### School Closed

**Wednesday, November 5**

### Breakfast

\*Homemade Muffin OR  
Banana Split Parfait

### Lunch

\*Twisted Pasta Plain or  
\*Tomato Sauce,  
NY Beef Meatballs  
Green Peas  
WW French Bread  
Assorted Canned/Fresh Fruit  
Milk Variety

**Thursday, November 6**

### Breakfast

\*Bacon, Egg, Cheese on a Roll

### Lunch

French Toast Bites, Syrup  
Sausage or String Cheese  
Hash Browns  
Carrot & Celery Sticks  
Assorted Canned/Fresh Fruit  
Milk Variety

**Friday, November 7**

### Breakfast

Cinnamon Bun OR  
Yogurt Smoothie

### Lunch

Pizza with Cheese or  
Pepperoni Topping  
Tossed Salad with  
Italian Dressing  
Fruit Juice  
Milk Variety

## SALAD BAR FEATURING Grab & Go Chef Salad Plate

**Monday, November 10**

### Breakfast

\*Homemade Muffin

### Lunch

Chicken Tenders  
Choice of Dipping Sauce  
OR  
Grilled Chicken on a Bun  
NY Onion Rings  
Carrot Coins  
Assorted Canned & Fresh Fruit  
Milk Variety  
SALAD BAR: Chicken Caesar  
Salad Plate

**Tuesday, November 11**



**Veteran's Day  
No School  
Today**

**Wednesday, November 12**

### Breakfast

\*Homemade Muffin OR  
Banana Split Parfait

### Lunch

\*New York Beef Hamburger  
or Cheeseburger on a Bun  
Lettuce, Tomato, Pickles  
Oven Baked French Fries  
Assorted Canned/Fresh Fruit  
Milk Variety

**Thursday, November 13**

### Breakfast

\*Bacon, Egg, Cheese on a Roll

### Lunch

Mozzarella Stuffed  
Breadsticks  
\*Tomato Sauce for Dipping  
\*Seasoned Broccoli  
Assorted Canned & Fresh Fruit  
Milk Variety

**Friday, November 14**

### Breakfast

Cinnamon Bun OR  
Yogurt Smoothie

### Lunch

Pizza with Cheese or  
Pasta Topping  
Tossed Salad with  
Italian Dressing  
Fruit Juice  
Milk Variety

## SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate



# Thanksgiving Feast!



Please Join Us!  
**Thursday, November 20th**

## NUTRITION TO GO

If your family wants to eat healthier, don't try to do too much all at once. Start slow and make changes over time. For instance, make an effort to eat fish (unbreaded) once or twice every week. Fish is typically lower in fat than other meats, and even higher-fat types of fish like salmon are sources of healthy omega-3 fatty acids.

A TASTY MORSEL FOR PARENTS

Free School Meals Are Here For Brewster!!!

Free & Reduced Applications Are No Longer Needed.

ALL Brewster Students are eligible for school breakfast & lunch each day at no cost to families!

A La Carte & Snacks Will Still Be Available at Regular Prices.

Any Questions Contact:  
dpalmiero@brewsterschools.org  
Or call 845-279-3702 ext. 2125

**Monday, November 17**

### Breakfast

\*Homemade Muffin

### Lunch

Perdue Dino Nuggets  
Choice of Dipping Sauces  
OR  
Grilled Chicken on a Bun  
Brown Rice  
NY Roasted Brussel Sprouts  
Assorted Canned & Fresh Fruit  
Milk Variety

**Tuesday, November 18**

### Breakfast

\*Bacon, Egg, Cheese on a Roll

### Lunch

\*Tacos  
Hard or Soft Shell  
Seasoned Beef/Lettuce/  
Tomato/Shredded Cheese/  
Salsa/Spanish Rice  
Assorted Canned/Fresh Fruit  
Milk Variety

**Wednesday, November 19**

### Breakfast

\*Homemade Muffin OR  
Banana Split Parfait

### Lunch

Eggo Pancakes, Syrup,  
Blueberries & Whipped Cream  
Sausage or String Cheese  
Carrots & Celery Sticks  
Assorted Canned/Fresh Fruit  
Milk Variety

**Thursday, November 20**

### Breakfast

\*Bacon, Egg, Cheese on a Roll

### Lunch

**\*Thanksgiving Feast**  
Turkey, Stuffing, Gravy,  
Mashed Potatoes, Corn,  
Sweet Potato  
NY Grown Apple Crisp  
Milk Variety

**Friday, November 21**

### Breakfast

Cinnamon Bun OR  
Yogurt Smoothie

### Lunch

Pizza with Cheese or  
Pepperoni Topping  
Tossed Salad with  
Italian Dressing  
Fruit Juice  
Milk Variety

## SALAD BAR FEATURING Grab & Go Chef Salad Plate

**Monday, November 24**

### Breakfast

\*Homemade Muffin

### Lunch

Breaded or Grilled  
Chicken Wrap  
Choice of Special Sauce  
Lettuce & Tomato  
Brown Rice  
Assorted Canned/Fresh Fruit  
Milk Variety  
SALAD BAR: Chicken Caesar  
Salad Plate

**Tuesday, November 25**

### Breakfast

\*Bacon, Egg, Cheese on a Roll

### Lunch

Pizza with Cheese or  
Buffalo Chicken Topping  
Tossed Salad with  
Italian Dressing  
Fruit Juice  
Milk Variety  
SALAD BAR: Chicken Caesar  
Salad Plate

**Wednesday, November 26**

### Breakfast

\*Homemade Muffin OR  
Banana Split Parfait

### No Lunch

### Early Dismissal



Happy Thanksgiving!

School Closed