

Menus for November 2025



Henry H. Wells
Breakfast & Lunch
Menu

*BCSD is an equal opportunity
provider and employer.*

Menus are subject to change.

Vegetable Of The Month Brussel Sprouts



AVAILABLE DAILY

Breakfast

**Nutrigrain Bar, Cereal Bar,
Whole Grain Muffin,
Whole Grain Roll, Bagel or Cereal,
Fresh Fruit or Fruit Juice
& 1 Cup Serving Milk Variety**

Alternate Lunch

**Monday: Salami & Cheese
Sandwich**

**Tuesday: Ham & Cheese Sandwich
or Baked Potato Meal**

Wednesday: Bagel Lunch:

Bagel, Cheese Stick & Yogurt

**Thursday: Turkey Sandwich or
Baked Potato Meal**

Friday: Italian Combo

Offered Daily

**Grab & Go Salad Plate
Sunflower Butter & Jelly Sandwich**

Offered Daily With All Meals:

**Assorted Vegetables: Garbanzo Beans,
Broccoli, Carrots, Tomatoes, Cucumbers,
Tossed Green Salad, Corn
& Whole Grain Dinner Roll
& Assorted Fruit:
Fresh, Canned and Fruit Juice
& Milk Variety
*Made From Scratch**

Monday, November 3

Breakfast

*Homemade Muffin

Lunch

Breaded Chicken Cutlet
on a Hard Roll OR
Grilled Chicken on a Bun
Lettuce & Tomato Cup
Assorted Canned/Fresh Fruit
Milk Variety

Tuesday, November 4

Superintendent's Conference Day

No Lunch

Parent/Teacher Conferences

School Closed

Wednesday, November 5

Breakfast

*Homemade Muffin

Lunch

*Twisted Pasta Plain or
*Tomato Sauce,
NY Beef Meatballs
Green Peas
WW French Bread
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, November 6

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

French Toast Bites, Syrup
Sausage or String Cheese
Hash Browns
Carrot & Celery Sticks
Assorted Canned/Fresh Fruit
Milk Variety

Friday, November 7

Breakfast

Cinnamon Bun

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chef Salad Plate

Monday, November 10

Breakfast

*Homemade Muffin

Lunch

Chicken Tenders
Choice of Dipping Sauce
OR
Grilled Chicken on a Bun
NY Onion Rings
Carrot Coins
Assorted Canned & Fresh Fruit
Milk Variety
SALAD BAR: Chicken Caesar
Salad Plate

Tuesday, November 11



**Veteran's Day
No School
Today**

Wednesday, November 12

Breakfast

*Homemade Muffin

Lunch

*New York Beef Hamburger
or Cheeseburger on a Bun
Lettuce, Tomato, Pickles
Oven Baked French Fries
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, November 13

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

Mozzarella Stuffed
Breadsticks
*Tomato Sauce for Dipping
*Seasoned Broccoli
Assorted Canned & Fresh Fruit
Milk Variety

Friday, November 14

Breakfast

Cinnamon Bun

Lunch

Pizza with Cheese or
Pasta Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate



Thanksgiving Feast!



Please Join Us!
Thursday, November 20th

NUTRITION TO GO

If your family wants to eat healthier, don't try to do too much all at once. Start slow and make changes over time. For instance, make an effort to eat fish (unbreaded) once or twice every week. Fish is typically lower in fat than other meats, and even higher-fat types of fish like salmon are sources of healthy omega-3 fatty acids.

A TASTY MORSEL FOR PARENTS

Free School Meals Are Here For Brewster!!!

Free & Reduced Applications Are No Longer Needed.

ALL Brewster Students are eligible for school breakfast & lunch each day at no cost to families!

A La Carte & Snacks Will Still Be Available at Regular Prices.

Any Questions Contact:
dpalmiero@brewsterschools.org
Or call 845-279-3702 ext. 2125

Monday, November 17

Breakfast

*Homemade Muffin

Lunch

Perdue Dino Nuggets
Choice of Dipping Sauces
OR
Grilled Chicken on a Bun
Brown Rice
NY Roasted Brussel Sprouts
Assorted Canned & Fresh Fruit
Milk Variety

Tuesday, November 18

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Tacos
Hard or Soft Shell
Seasoned Beef/Lettuce/
Tomato/Shredded Cheese/
Salsa/Spanish Rice
Assorted Canned/Fresh Fruit
Milk Variety

Wednesday, November 19

Breakfast

*Homemade Muffin

Lunch

Eggo Pancakes, Syrup,
Blueberries & Whipped Cream
Sausage or String Cheese
Carrots & Celery Sticks
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, November 20

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

***Thanksgiving Feast**
Turkey, Stuffing, Gravy,
Mashed Potatoes, Corn,
Sweet Potato
NY Grown Apple Crisp
Milk Variety

Friday, November 21

Breakfast

Cinnamon Bun

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chef Salad Plate

Monday, November 24

Breakfast

*Homemade Muffin

Lunch

Breaded or Grilled
Chicken Wrap
Choice of Special Sauce
Lettuce & Tomato
Brown Rice
Assorted Canned/Fresh Fruit
Milk Variety
SALAD BAR: Chicken Caesar
Salad Plate

Tuesday, November 25

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

Pizza with Cheese or
Buffalo Chicken Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety
SALAD BAR: Chicken Caesar
Salad Plate

Wednesday, November 26

Breakfast

*Homemade Muffin

No Lunch

Early Dismissal

