

Menus for November 2025



John F. Kennedy
Breakfast & Lunch
Menu

*BCSD is an equal opportunity
provider and employer.*

Menus are subject to change.

Vegetable Of The Month Brussel Sprouts



AVAILABLE DAILY

Breakfast

**Nutrigrain Bar, Cereal Bar,
Whole Grain Muffin,
Whole Grain Roll, Bagel or Cereal,
Fresh Fruit or Fruit Juice
& 1 Cup Serving Milk Variety**

Alternate Lunch

Monday: Bagel Lunch:

Bagel, Cheese Stick, Yogurt

**Tuesday: Turkey Sandwich or
Baked Potato Meal**

Wednesday: Ham & Cheese Sandwich

**Thursday: Turkey Sandwich or
Baked Potato Meal**

Friday: Bagel Lunch:

Bagel, Cheese Stick, Yogurt

Offered Daily:

Grab & Go Salad Plate

Sunflower Butter & Jelly Sandwich

Offered Daily With All Meals:

Assorted Vegetables:

Garbanzo Beans,

Broccoli, Carrots,

Tomatoes, Cucumbers,

Tossed Green Salad, Corn

& Whole Grain Dinner Roll

& Assorted Fruit:

Fresh, Canned and Fruit Juice

& Milk Variety

***Made From Scratch**

Monday, November 3

Breakfast

Cinnamon Bun

Lunch

Breaded Chicken Tenders
Choice of Dipping Sauces OR
Grilled Chicken on a Bun
Brown Rice
*Roasted Brussel Sprouts
Assorted Canned & Fresh Fruit
Milk Variety

Tuesday, November 4

Superintendent's Conference Day

No Lunch

Parent/Teacher Conferences

School Closed

Wednesday, November 5

Breakfast

*Homemade Muffin

Lunch

*Rotini Pasta, Plain
*Tomato or Meat Sauce
Whole Wheat French Bread
Broccoli
Assorted Canned & Fresh Fruit
Milk Variety

Thursday, November 6

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Oven Grilled
Cheese Sandwich
Oven Baked Fries
Assorted Canned & Fresh Fruit
Milk Variety

Friday, November 7

Breakfast

Cinnamon Bun

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chef Salad Plate

Monday, November 10

Breakfast

Cinnamon Bun

Lunch

Perdue Dino Nuggets
Choice of Dipping Sauces
OR
Grilled Chicken on a Bun
Brown Rice, Baby Carrots
Assorted Canned & Fresh Fruit
Milk Variety
SALAD BAR: Chicken Caesar
Salad Plate

Tuesday, November 11



**Veteran's Day
No School
Today**

Wednesday, November 12

Breakfast

*Homemade Muffin

Lunch

*Wacky Mac, Plain or
*Tomato or Meat Sauce,
Broccoli
WW French Bread
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, November 13

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*NY Beef Hamburger or
Cheeseburger on a Bun
Lettuce, Tomato
Oven Baked French Fries
Assorted Canned/Fresh Fruit
Milk Variety

Friday, November 14

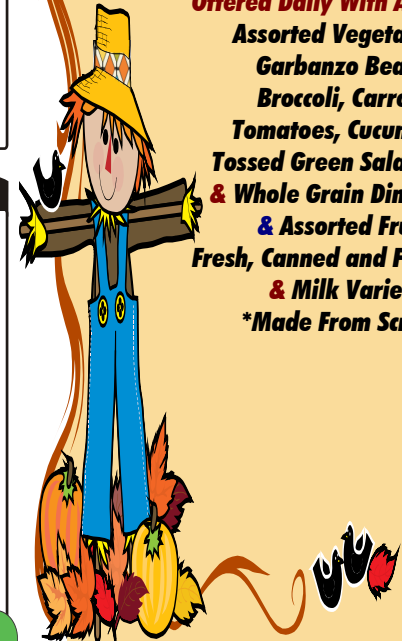
Breakfast

Cinnamon Bun

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chicken Caesar Salad



Thanksgiving Feast!



Please Join Us!
Thursday, November 20th

NUTRITION TO GO

If your family wants to eat healthier, don't try to do too much all at once. Start slow and make changes over time. For instance, make an effort to eat fish (unbreaded) once or twice every week. Fish is typically lower in fat than other meats, and even higher-fat types of fish like salmon are sources of healthy omega-3 fatty acids.



Free School Meals Are Here For Brewster!!!

Free & Reduced Applications Are No Longer Needed.

ALL Brewster Students are eligible for school breakfast & lunch each day at no cost to families!

A La Carte & Snacks Will Still Be Available at Regular Prices.

Any Questions Contact:
dpalmiero@brewsterschools.org
Or call 845-279-3702 ext. 2125

Monday, November 17

Breakfast
Cinnamon Bun

Lunch
Breaded Chicken Tenders
Choice of Dipping Sauces OR
Grilled Chicken on a Bun
Brown Rice
Baby Carrots
Assorted Canned & Fresh Fruit
Milk Variety

Tuesday, November 18

Breakfast
Breakfast Pizza

Lunch
Mozzarella Stuffed
Bread Sticks
Tomato Sauce for Dipping
Green Beans
Assorted Canned & Fresh Fruit
Milk Variety

Wednesday, November 19

Breakfast
*Homemade Muffin

Lunch
Eggo Pancakes, Syrup
Blueberries/Whipped Cream
Sausage or String Cheese
Carrot & Celery Sticks
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, November 20

Breakfast
*Bacon, Egg, Cheese on a Roll

Lunch
***Thanksgiving Feast**
Turkey, Stuffing, Gravy,
Mashed Potatoes, Corn,
Sweet Potato
NY Grown Apple Crisp
Milk Variety

Friday, November 21

Breakfast
Cinnamon Bun

Lunch
Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chef Salad Plate

Monday, November 24

Breakfast
Cinnamon Bun

Lunch
Perdue Dino Nuggets
Choice of Dipping Sauces
OR
Grilled Chicken on a Bun
Brown Rice, Baby Carrots
Assorted Canned & Fresh Fruit
Milk Variety
SALAD BAR: Chicken Caesar
Salad Plate

Tuesday, November 25

Breakfast
Breakfast Pizza

Lunch
Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety
SALAD BAR: Chicken Caesar
Salad Plate

Wednesday, November 26

Breakfast
*Homemade Muffin

No Lunch
Early Dismissal

