



Hunterdon Central Regional High School Academic Modification Following Concussion

Student: _____ Grade: _____ Date of Injury: _____

Evaluation Date: _____ Diagnosed Concussion? Yes _____ No _____

___ No academic modifications are needed. Full return to all activities.

___ The student should continue the following academic modifications until their follow up appointment on: _____

Academics

Attendance:

- ___ May attend school full day
- ___ May attend school partial day:
Recommended: ___ hours/day until: _____
- ___ May not attend school until: _____

Audible/Visual:

- ___ Allow sunglasses for light sensitivity
- ___ Limit computer, TV, bright screen use
- ___ Allow to wear ear plugs as needed
- ___ No band, music, chorus, TV, or shop classes

Homework:

- ___ No homework
- ___ Limit homework to ___ minutes daily
or limit homework load to _____ %

Classwork:

- ___ Allow extra time to complete classwork
- ___ Provide written instructions for all classwork
- ___ Lessen class work load by _____ %

Testing:

- ___ No tests/quizzes at this time
- ___ No more than one test/quiz a day
- ___ No standardized testing
- ___ Allow extra time to complete tests

Breaks:

- ___ Allow extra passing time between classes
- ___ Allow to go to nurse for worsening symptoms
If not improved in 30 minutes, to be sent home
If improved in 30 minutes, back to class
If symptoms reoccur, to be sent home

Physical Education / Athletics

Physical Education:

- ___ May participate fully in PE
- ___ May participate in PE – walking only
- ___ May not participate in PE

Athletics:

- ___ May return to athletics (no concussion diagnosed)
- ___ May begin graduated return to play protocol. Upon completion, may resume full athletic participation.

Additional Recommendations / Notes:

Physician Stamp:

Physician signature: _____

Next medical assessment: _____

As the parent/guardian of the above student, I agree to allow this information to be shared with the necessary faculty members in order to carry out the physician's requests.

Parent Signature: _____