

My name is Hannah Wilson, and I'm honored to be joining your school community as the school counselor. I was born and raised right here in Anchorage, Alaska, and I'm proud of my heritage as White, Yup'ik, Sugpiaq, and Tsimshian, with roots in the villages of Nanwalek, Unalakleet, and Ketchikan.

Some of you might recognize me—I was the Migrant Education Student Success Coach in your building two years ago. It's exciting to return in this new role and continue supporting students and staff.

This year I will be split between two schools - here and O'Malley Elementary.

I earned my bachelor's degree in psychology and am currently pursuing my M.Ed. in School Counseling—I have two years left in the program. This is my second year as a school counselor, and I'm grateful for the opportunity to serve as your school's first counselor this year.

Outside of school, I enjoy working out, reading, walking my two dogs, and spending time in my garden.

Growing up, one phrase that really stuck with me was: *"Control your emotions, and you control your life."* That idea continues to guide my work with students. My role here is to build on the great support you already provide by layering in a focus on students' social and emotional needs. We all know that when stress takes over, it can be hard to show up as our best selves—this is just as true for kids as it is for adults.

I'll be supporting students in a variety of ways—through classroom lessons, small groups, and individual support during times of conflict, grief, or other challenges.

Thank you for welcoming me. I truly look forward to partnering with each of you to help our students thrive both emotionally and academically.