



**Mankato East
Athletic
Hall of Fame
Induction
2003-2004**

**Mankato East High School
Athletic Hall of Fame
Program 2003-2004**

10:30 AM. Alumni & Retiree Social
located in the Media Center

11:00 A.M. Athletic Hall of Fame Induction Ceremony
located in the Auditorium

Master of Ceremonies Todd Waterbury

Individual Plaque Presenters:

Gary Dierks
Amy Cazett
Kris Wittrock
Amy Kapsner-Hodapp
Dan Kapsner
Rod Trongard

Tim Johnson
Chrissa Landwehr
Newton Moen
Sarah Winslow
Tim Stark

Brian Kvebak
John Coatta
Chris Draheim
Andre Harnitz
Randy Schultz
John Stoffel

Joe Madson
Angie (Swanson) DeGraff
Travis Helling
Bob Maes
Ron Swanson

1:30 P.M. Coronation and Pepfest
located in the Gymnasium

7:00 P.M. Football game vs. Rochester Mayo
located at Wolverton Field

8:15 P.M. (approximately) Halftime Introductions
All inductees please gather at scoreboard end
with about 5 minutes remaining in the 2nd quarter.

Criteria for Induction

Candidates for membership in the Mankato East High School Athletic Hall of fame shall be former Mankato East High School students, coaches, or other individuals who have made significant contributions either to East High School athletics or to their community. Candidates must have been out of high school for at least five (5) years. Inductees in any category may be either living or deceased.

Candidates are eligible in three categories.

Athletic

A former Mankato East athlete who has competed with excellence and lettered in a varsity sport. Nominees must be, or must have been, a credit to Mankato East High School and the community. Candidates must be a Mankato East High School graduate and out of high school for at least five (5) years.

Coaches

A nominee must be either a former or present coach who has distinguished himself/herself by demonstrating exceptional leadership, character, and athletic achievement during his/her tenure at Mankato East.

Community Member

A person who has been an outstanding supporter of Mankato East High School athletics.

**Nomination forms can be obtained by contacting the Activities Office at
(507) 387-5671 Ext. 233**

Special Thanks

A special thanks to Harley Olafson from Wells Fargo Bank for his financial contributions in making our Hall of Fame a success.

**Personal Information:****Spouse:**

Hans

City of Residence:

Knoxville, TN

Graduated: Class of 1984

Mankato East H.S. Honors:

Cross Country	Basketball
Participated 1980-1984	Participated 1980-1984
Captain 1983	
Participated in State Cross Country Meet 1981	

Track & Field	
Participated 1980-1984	School Records in 1600 & 3200 Meter Run
Captain 1984	Participated in State Track Meet 1981

Wolverton Scholarship Recipient 1984

College Honors:

Central College - Cross Country	Central College - Track & Field
Participated 1984	Participated 1984

Education:

B.A. degree in 1988, Cum Laude	M.S. degree in 1997
Central College (Pella Iowa)	University of Tennessee
Major: International Management	Major: Communication
Major: German	
Minor: Political Science	

Personal Information:

Worked and studied in three different countries
Germany, Austria, and Switzerland
Marathon Runner (Drake Relays & Marine Corps Marathons)

Career Information:

Free-lance Journalist - national scientific journals and newsletters about environmental science and policy issues.

Personal Information:**City of Residence:**

Plymouth, MN

Graduated: Class of 1994

Mankato East H.S. Academic Honors:

National Honor Society - 1993, 1994
Graduated with 3.87 GPA (A Honor Roll)
Homecoming Queen - 1993

Mankato East H.S. Athletic Honors:

Swimming	Gymnastics
Varsity Letters 1990-1994	Varsity Letters 1990-1994
Co-Captain 1993	Co-Captain 1992-1994
All-Conference	All-Conference
	State Participant 1993
Track & Field	
Varsity Letters 1990-1994	MEHS Triple Jump Record Holder
Co-Captain 1993	State 2nd Place 1993
All-Conference	Held State Meet Record for 1 Year
Most Valuable 1994	State 6th Place 1994

College Honors:

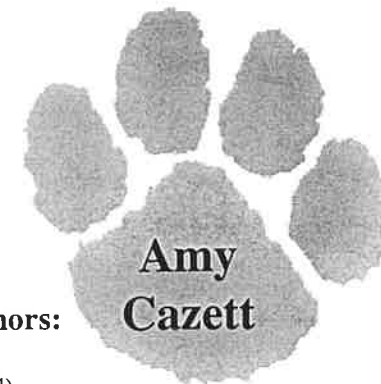
UW-La Crosse - Track & Field	UW-La Crosse - Cross Country
Varsity Letters 1994-1997	Varsity Letters 1994-1997

Education:

B.A. in English	Masters of Education and
UW-La Crosse	Professional Development
	UW-La Crosse

Career Information:

English Teacher, Maple Grove Junior High School (2000 - present)
Taught English in France - Summer of 2003
Recently ran the Med-City Marathon in Rochester, MN - May 25, 2003
Youth Leader at Church of the Open Door
Involved in Educational Committees



**Personal Information:****Spouse:**

Marcia

Children:

Sam - 13, Annie - 11, and Max - 9

City of Residence:

Minnetonka, MN

Graduated: Class of 1976**Mankato East H.S. Athletic Honors:****Football**

Captain 1975

Two Year Starter At Quarterback

Conference Player of the Week (Twice)

All-Big 9 Selection

Parade All-American

Basketball

Avg. 11 points per game

Baseball

Starting Outfielder

College Honors:

University of Minnesota - Football
Freshman Season

Idaho State University - Football
Started Sophomore Season

Catabaw College - Football
Started Jr. & Sr. Season

Holds numerous passing records

Education:

B.A. in Education from Catabaw College

Professional Information:

Tryout with the Montreal Allouettes of the CFL

Signed on with the Carolina Storm of the AFL

Played one season with Miami in the IFL

Graduate Assistant Coach with Florida State

Assistant Coach at Central Florida

Scout for the Dallas Cowboys

Quarterback Coach at BYU

Head Football Coach at St. Louis Park

Assistant Coach at West Alabama

Offensive Coordinator and Acting General Manager of the Minnesota Pike

Assistant Coach St. Thomas Academy Head Coach Bloomington Kennedy

Career Information:

Started a retail chain of sunglass stores - The Eye Guys

Presently Assistant Coach at Minnetonka High School

Presently CEO of a home restoration company

Personal Information:**Spouse:**

Married

Children:

2 children (2 & 3)

City of Residence:

Pierre, SD

Graduated: Class of 1986**Mankato East H.S. Athletic Honors:****Swimming**

4 Year Letter Winner

Captain 1986

500 Free School Record

Held 5 School Records Once

Basketball

3 Year Letter Winner

All-City Elks Team

2nd at State Tournament

Softball

4 Year Letter Winner

All-Conference 1984 - 1986

2nd at State Tournament 1985

Captain 1986

All-State Catcher 1986

State Champions 1986

College Honors:

University of Minnesota - Softball

4 Year Letter Winner

Big 10 Conference Champs - So.

2nd Team All-Mideast Region - Jr.

Currently hold records for most hit by pitches in both season and career

Education:

B.S. in Wildlife Biology

University of Minnesota

Teacher Certification

Black Hills State University

Career Information:

Teacher in Pierre, South Dakota (5th year)

**Personal Information:****Children:**

Pamela Trongrad Strauss
Dan Trongard
Matthew Trongard

City of Residence:

North Mankato, MN

Graduated: Sacred Heart 1950

Career Highlights:

Has been a sportscaster, play-by play announcer, and public address announcer

1953 First Radio stop Alexandria, MN

Stops in Aberdeen, SD, Ortonville, MN, and Twin Cities

1960 - 1981 WLOL and KSTP

Play-by-Play for University of Minnesota Football and Basketball

High school football, basketball, and hockey

Professional Basketball

Professional Wrestling - AWA and WWF

Produced and recorded interviews for the Minnesota Vikings

Produced and recorded interviews for the North Stars

1970 Broadcasted the Computerized Boxing Match of Marcinano vs. Clay

Arrived in Mankato in February, 1982

Employed by KEEZ through December, 1992

Been Employed by Minnesota Valley Broadcasting since February, 1993

Minnesota Valley Broadcasting includes KTOE, KDOG, KXAC, and KRRW

Has been semiretired since 1996

Public Address announcing became prominent in 1997

Voice of the Cougar Football Program

Voice of the Cougar Girls' Basketball Program

Voice of the Cougar Boys' Basketball Program

Voice of the Cougar Track Program

Will be inducted into the Minnesota Broadcasters Hall of Fame in 2003

Personal Information:**Spouse:**

Scott

City of Residence:

Hudson, WI

Graduated: Class of 1996

**Mankato East H.S. Athletic Honors:****Basketball**

5 year Starter

5 year All-City

4 year All-Conference

2 year All-State

All-Tournament Team Class AA

1668 Career Points

526 Career Assists

Top 16 for Miss Basketball

Volleyball

3 year Starter

Captain 1995

All-Conference Honorable Mention 1995

Softball

5 year Starter

4 year All-Conference

3 year All-City

Academic All-State

All-Tournament Team Class AA

All-Star Softball Team

Played in MN vs. IA All-Star Game

All-State Coaches Assoc.

248 innings pitched - .60 ERA

3 no hitters

36 wins and 16 losses in career

.426 batting avg.

College Honors:

Minnesota State University, Mankato - Basketball

4 year athletic scholarship 4 year starter

Maverick Achievement Award Winner

MSU Record Book - (Career Records) 7th for free-throws made - 219, 4th in steals - 220, 7th in assists - 321, individual game record with 10 steals.

Education:

B.S. in Teaching, Elementary Education

Minnesota State University, Mankato

Career Information:

Educational Assistant in Special Education for 4th and 5th grade students

Has begun working towards a degree in nursing

**Personal Information:****Spouse:**

Jennifer

Children:

Charley Christine - 7 months

City of Residence:

Maple Grove, MN

Graduated: Class of 1989

Mankato East H.S. Athletic Honors:**Football**

Varsity Letter Winner 1986-1988

Team MVP 1988

All-State Honorable Mention 1988

All-City 1987 & 1988

Leading Rusher 1986-1988

Region Final Participant 1988

MN All-State Game Starter

Basketball

Varsity Letter Winner 1987-89

All-City 1988 & 1989

Region Final Participant

Track & Field

Varsity Letter Winner 1987-89

Team Captain 1989

Leading Point Scorer 1988-1989

College Honors:**Mankato State University - Football**

Varsity Letter Winner 1990-1993

Team captain 1993

Most Improved Defensive Player 1992 & 1993

Second leading tackler on team 1992 & 1993

Bob Otto Coaches Award for Outstanding Student Athlete 1993

NCC All-Conference Honorable Mention 1993

Team won NCC Conference

Team made it to Final 8 in Division II playoffs (8-3 record)

Education:

B.S. in Biology - 1993, Mankato State University

M.A. in Kinesiology - 1997, University of Minnesota

Ph. D. in Human Performance - 2000, Oregon State University

Career Information:

2002 - present Instructor, School of Kinesiology, University of Minnesota

2002 - present Research Assistant Professor, Department of Disability and Human Development, University of Illinois at Chicago

2003 - present Consultant, Center of Disease Control and Prevention, Fit Family Fit Kid Program

Personal Information:**Spouse:**

Linda

Children:

Amy and Angie

Both Mankato East Graduates

City of Residence:

Mankato, MN

Graduated: Mankato High School -1969

H.S. Athletic Honors:**Basketball**

Varsity 1967-1969

All Conference

Captain

State Tournament 1968

Track & Field

State Entrant

College Honors:**Basketball**

Mankato State College

Coaching:

Worked for Community Services and coached boys basketball and football

Coached 7th and 8th grade girls basketball at Mankato East for 5 years

Coached Mankato East girls traveling basketball teams for 16 years

Coached 2 years combined Mankato East and West A.A.U. Basketball teams

Coached Mankato Peppers softball teams for 9 years went to 4 consecutive national tournaments

Personal Information:

Enjoys fishing and hunting

Career Information:

Self employed Plumbing Contractor



**Personal Information:****Spouse:**

Kristy

Children:

Tyler - 7

Graduated: Class of 1985

City of Residence:

North Mankato, MN

Mankato East H.S. Academic Honors:

4 Year A-Honor Roll Student

Mankato East H.S. Athletic Honors:**Football**

Senior Co-Captain

2 Year Starter at QB

Track &Field

Senior Tri-Captain

4 Year Varsity Letter Winner

Regional Participant (3 Years)

Wrestling

Captain 1985

62 Wins on Varsity

3-Time District Champion

State Tournament 1985 - 7th

Greco State Champion 1982

Varsity Letter Winner 1983 - 1985

Undefeated on B-Squad (13-0)

Regional Champion 1985

Academic All-State 1985

All-Mankato Team 1985

College Honors:

Minnesota State University, Mankato - Wrestling

4 Year Varsity Wrestler

94 Wins

NCAA Division II National Championships 1990 - 9th

Junior and Senior Co-Captain

Education:

Accounting and Business Administration Degree

Minnesota State University - Mankato

Graduated Summa Cum Laude

Career Information:

CPA at Wolf Etter & Co.

Personal Information:**Spouse:**

Amy

Children:

Ariel - 9, Ari - 6, Anastasia - 2,
and Alexis born last Sunday.

City of Residence:

Mankato, MN

Graduated: Class of 1983

Mankato East H.S. Athletic Honors:**Wrestling**

All Big Nine Selection

Captain

Career Record 91-5

3rd Place Finish at State Tournament

2nd Place Finish at State Tournament

Gymnastics

4 Year Letter Winner

Wolverton Scholarship Recipient

College Honors:

Mankato State University - Wrestling

NCC Champion

Professional Information:

USA Greco Roman Team 1993 - 1995

Won Petrov Cup in Bulgaria - first American to do so.

Mankato Area Youth Wrestling Club - 25 years and counting

Head Coach of the Minnesota Storm Greco Roman Team

"Who's Who Among Professionals" 2000

Education:

B.S. and B.T. in German

Mankato State University

M.A. in Physical Education

Mankato State University

Career Information:

German Teacher at LCWM High School

Head Wrestling Coach at LCWM High School

Has an exchange program with Weinsberg Germany and travels there each
year with 15-35 students.



**Personal Information:****Spouse:**

Melanie

City of Residence:

Mankato, MN

Graduated: Class of 1993

Mankato East H.S. Athletic Honors:**Football**

Varsity Letter Winner 1992 & 1993

All-City 1992 & 1993

All-Conference 1993

Team Captain 1993

Baseball

Varsity Letter Winner 1991 - 1993

All-City 1993

Team Captain 1992 & 1993

Big 9 Player of the Year 1993

Played in Lion's All-Star Game 1993

All-Region 2AA 1993

All-Conference 1992 & 1993

All-State 1993

Wolverton Scholarship Recipient 1993

College Honors:

Mankato State University - Baseball

Baseball 1994 - 1997

Conference Champions 1996 & 1997

All-Conference - First Team 1997

Central Region All-Tournament Team 1996 - 1997

All-Central Region 1997

Team Captain 1997

Education:

B.A. in Finance - 1998, Mankato State University

Career Information:

Sales and Marketing - RiverTown Greetings, a division of Taylor Corporation

Personal Information:**Spouse:**

Julaine

Children:

Matt, Eric, Kaitlyn, & Megan

City of Residence:

Minneapolis, MN

Graduated: Class of 1976

**Mankato East H.S. Athletic Honors:****Cross Country**

State Participant 1975 - 34th

Records Set at New Ulm & New Richland Invitationals

Basketball

Varsity Letter Winner 1975 & 1976

Track & Field

State Participant 1976

Indoor High Jump Champion

Big 9 Champion in High Jump and Long Jump

College Honors:

3 Time MIAC Outdoor Conference High Jump Champion

4 Time Outdoor Division III Nation High Jump Qualifier (7th in 1979)

Hamline University Indoor High Jump Record Holder 1979-2002

Education:

B.A. in Religion - 1980, Hamline University

M.A. in Theological Studies - 1986, Bethel Seminary

Professional Information:

1984 - 1987 Paid & Volunteer Coach at St. Paul Central High School

1994 - 2002 Paid & Volunteer Coach at Burlington High School

Career Information:

Youth Ministry for the past 20 years

**Personal Information:****Spouse:**

Pam

Children:

Ryan - 18, and Katie - 8

City of Residence:

Maple Grove, MN

Graduated: Class of 1978

Mankato East H.S. Athletic Honors:**Football**

2 year Varsity Letter Winner
All-Conference

Basketball

2 year Varsity Letter Winner
All-Conference

Track & Field

4 year Varsity Letter Winner
Captain 1977 and 1978
State Tournament Participant 1997 and 1998 - 3 events

College Honors:

St. Cloud State University - Football, Indoor and Outdoor Track & Field
Varsity Letter Winner - Football (4), Indoor Track & Field (4), and Outdoor
Track & Field (4)
3 Year Starter in Football
All-Time Pass Break-up Record
Lead the Nation in Kick-off Returns 1982
All-Conference in Track & Field
Conference Champ in 60 Meter Hurdles

Education:

B.S. in Marketing - 1982, St. Cloud State University

Personal Information:**Spouse:**

Todd

Children:

Carter - 3, and Emma - 7 months

City of Residence:

St. Cloud, MN

Graduated: Class of 1990

**Mankato East H.S. Athletic Honors:****Gymnastics**

Varsity Letters 1988-1990
All Big 9 Conference 1988-1990
Region 2AA Qualifier 1988-1990
Individual & All-Around
Region 2AA Athlete Athletic Award
Team Captain 1990
Scholar Athlete

Track & Field

Varsity Letters 1987 -1990
All Big 9 Conference 1989-1990
True Team State 1989 & 1990
Team Captain 1989 & 1990
KEYC Prep Athlete of the Week
1989 & 1990
Z99 Prep Athlete of the Week 1989
State Track Qualifier - 2 Events
Scholar Athlete
Numerous School Track Records

College Honors:

St. Cloud State University - Track & Field
4 Year Track & Field Scholarship

Coaching Information:

Mankato East High School Girls' Track 1996 & 1997

Education:

B.A. in Biomedical Science
St. Cloud State University
B.S. in Nursing
Mankato State University

Career Information:

Registered Nurse at St. Cloud Hospital for the past 5 years

**Personal Information:****Spouse:**

Patricia

Children:

3 Children all graduates
of Mankato East H.S.

City of Residence:

Mankato, MN

Graduated: Pierz Memorial
High School

District #77 School Board Activities:

Board Member for the past 12 years

Board Chairperson for past 7 years

District #77 Board Representative on Region 2AA Committee

Region 2AA Representative on Minnesota High School League

Served on the following District Committees:

Finance

Transportation

Construction

Negotiations

Policy Review

School Referendum

General Education

Community Involvement:

President Minnesota State University Boosters

Chairperson Minnesota State University Associates Fund Drive (Athletic
Division)

Chairperson Great Bend District Boy Scouts of America

Cubmaster Pack #95 Kennedy School

Chairperson Industrial Division United Way

Board Member of MAHA, MAYBA, and Soccer Association

Little League Coach

Program Chairperson Mankato Rotary Club

Education:

Served in the U.S. Army

Graduated from St. Cloud Technical College

Special Recognition Received:

Inducted into Mankato Softball Hall of Fame 1995

Inducted into Minnesota State University, Mankato Athletic Hall of Distinc-
tion 2000

Personal Information:**Children:**

All four daughters graduated
from Mankato East. Has 12
grandchildren and 7 of them
are in Mankato Public
Schools. 1 graduated from
Mankato East in 2003, 1 is
currently a Junior at East, and
1 is a 7th Grader at East.
Youngest daughter is a
teacher at Garfield Elemen-
tary.

City of Residence:

Mankato, MN

Graduated: Madison H.S. in January 1951. Left school early for
military service.

Education:

B.S. in Teaching - 1957, Mankato State Teachers College

Masters in Secondary School Counseling - 1967

University of Alabama - Tuscaloosa

Career Information:

Taught Industrial Arts, Social Studies, Business Education, and Drivers
Education at St. James, MN from 1957-1966

Counselor at Mankato High School 1967-1969

Assistant Principal at Mankato High School 1969 -1973

Assistant Principal at Mankato East High School 1973 - until retirement

Retired from Mankato East High School - July 1, 1992

Coaches Note About Mr. Moen:

*"Newt attended nearly all home games during his career at Mankato East
High School"* - Gary Dierks -



**Personal Information:****Children:**

Richard - Class of 1977 and
Patti - Class of 1982

City of Residence:

Mankato, MN

Graduated: Mankato Loyola
1949

Coaching Distinctions:

Started and Coached the Curling Program

State Champion 1972 & 1977

State Runner-up 1976

First Girls Softball Coach at Mankato East

Overall Record 235 - 94 in 16 years

6 Appearances in the State Tournament

State Class AA Champions 1986, 1988, 1989, and 1991

Elected into the Mankato Hall of Fame 1986

Selected Minnesota Coach of the Year 1991

Elected into the Minnesota High School Hall of Fame 1992

Elected into the Minnesota Hall of Fame 1995

Education:

Air Force 1951 - 1955

B.S. in Teaching - 1961, Mankato State University

Industrial Arts and Business Education

Elementary Teaching Degree - 1963, Mankato State University

Master Degree - 1972, Mankato State University

Personal Information:

Taught at Franklin and Washington elementary schools

Retired in 1990

Enjoys fishing, hunting, and wood working.

Personal Information:**City of Residence:**

Mankato, MN

Graduated: Class of 1997

Education:

B.S. in Psychology
Augustana College

Working on B.S. in Nursing
Minnesota State University - Mankato

**Mankato East H.S. Athletic Honors:****Diving**

Varsity Letters 1993 - 1997

All-City 1994 - 1997

All-Conference 1995 - 1997

All-Academic 1995

All-Section 1996 & 1997

All-State 1996 & 1997

Team Captain 1997

Softball

Varsity Letters 1996 & 1997

Big 9 Conference Champions

All-Conference 1996 & 1997

Section Champions 1996 & 1997

All-Section 1996 - 1997

Section Champions 1996

3rd at State Tournament 1996

Academic All-State 1996

Batting Champion 1996 & 1997

MVP 1997

MN All-Star Team 1997

All Minnesota Softball Team 1997

Pioneer Press All-State 1997

Gymnastics

Varsity Letters 1993 - 1997

Section Champions 1995 - 1997

2nd - State Tournament 1995 & 1996

4th - State Tournament 1997

State Individual Vault Champion 1997

3rd Place Floor Exercise 1997

All-Conference (Honorable Mention) 1997

All-Academic Section (HM) 1996

Prep Athlete of the Week 1997

Track & Field

Varsity Letters 1994 & 1995

All-Conference 1994 & 1995

Section 2AA Academic Champions 1994

Big 9 Champion - Long Jump

Holds the 100M High Hurdle Record

Wolverton Scholarship Recipient

College Honors:

Augustana College - Softball

Varsity Letters 1998 - 2001

All-Region 1998 - 2001

All-American 1st Team 1998 & 1999

All-American 2nd Team 2000 & 2001

Participated in National Tournament 1998

NCC Player of the Week in April 1999 & May 2000

All-Conference 1998 - 2001

All-Region Tournament Team 1998 - 2000

Mankato East High School

Athletic Hall of Fame Members

2002 Inductees (Charter Year)

Al Blanshan	Athlete
Jack Brooks	Athlete
Ora Buchanan	Community Member
Mark Daby	Community Member
Kari (Mitchell) Eckheart	Athlete
Robert Gaarder	Coach
Kendra (Carter) Hinz	Athlete
Amy (Swanson) Hoehn	Athlete
Jerry Maschka	Community Member
Kristin Maschka	Athlete
Sara Maschka	Athlete
Don Miller	Community Member
Denny Runck	Athlete
Marissa (Tieszen) Rustan	Athlete
Tammy Shain	Athlete
Steve Smith	Athlete
Mike Wolle	Athlete
Scott Wolner	Athlete
Merv Wolverton	Community Member
Barb (Meredith) Woodford	Athlete
Cliff Woodford	Coach

2003 Inductees

Amy Cazett	Athlete
John Coatta	Athlete
Angie (Swanson) DeGraff	Athlete
Chris Draheim	Athlete
Andre Harnitz	Athlete
Travis Helling	Athlete
Amy Kapsner-Hodapp	Athlete
Dan Kapsner	Community Member
Chrissa Landwehr	Athlete
Bob Maes	Coach
Newton Moen	Community Member
Randy Schultz	Athlete
Tim Stark	Athlete
John Stoffel	Athlete
Ron Swanson	Community Member
Rod Trongard	Community Member
Sarah Winslow	Athlete
Kris Wittrock	Athlete

Hall of Fame Committee

Gary Dierks	2001- current	Joe Madson	2003- current
Dave Johnson	2001 - 2003	Lucinda Mitchell	2001- current
Tim Johnson	2001- current	Mark Seiler	2003- current
Brian Kvebak	2001- current		

Todd Waterbury - Activities Director