



ATHLETIC HEALTH SCIENCE

DO YOU?

- ✓ Want to help people recover from injuries?
- ✓ Find fulfillment in helping motivate others to be fit & active?
- ✓ Find joy in sports and recreational activities?
- ✓ Have a curiosity for human physiology?



YOUR EXPERIENCE

JUNIOR YEAR:

Anatomy & physiology
Strength & conditioning principles
Fitness testing & assessment
Career exploration
Sports nutrition & supplements

SENIOR YEAR:

Medical terminology
Injury assessment
Management & rehabilitation
Physical therapy
Technician skills
Emergency responses to injuries

POSSIBLE WORK-BASED LEARNING SITES:

Local physical therapy clinics
Home school athletic trainers
Local hospitals or nursing homes



CAREER & COLLEGE READY

All programs have associated college credit for students who have completed their programs and met the requirements to earn those credits.

7 HIGH SCHOOL CREDITS*

*Includes 1 science credit.

AVAILABLE INDUSTRY-RECOGNIZED CREDENTIALS

American Heart Association Basic Life Support, CPR & First Aid
AMCA - Physical therapy technician certification
OSHA-10
Ohio Means Job Readiness Seal



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