




2025 Springfield Township Schools Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
3 Chicken Nuggets Dinner Roll w/Butter Fluffy Mashed Potatoes Emerald Sweet Peas Chilled Fruit Cup	4 BBQ Pulled Pork Sandwich French Fries Vegetarian Baked Beans Chilled Applesauce	5 Cheesy Pizza Garden Tossed Salad Chilled Fruit Cup	6 NO SCHOOL TODAY 	7 NO SCHOOL TODAY	Cal 597 T.Fat 17.28 G S.Fat 5.1 G Chol 46.5 Mg Sodm 1003.60 Mg
10 NO SCHOOL TODAY 	11 NO SCHOOL TODAY	12 Pepperoni Melt French Fries Tender Corn Niblets Chilled Fruit Cup	13 Cheesesteak Sandwich Chips Vegetarian Baked Beans Creamy Pudding w/Topping	14 Personal Pan Pizza Garden Tossed Salad Chilled Fruit Cup	Cal 645 T.Fat 21.34 G S.Fat 8.4 G Chol 45.5 Mg Sodm 1050.28 Mg
17 Egg, Ham & Cheese on a Bagel Tasty Tater Tots Chilled Apple Juice	18 Grilled Cheese Sandwich Tomato Soup Goldfish Crackers Chilled Fruit Cup	19 Pasta with Meatsauce Dinner Roll w/Butter Seasoned Green Beans Chilled Fruit Cup	20 Corn Dog Bites Confetti Fries Vegetarian Baked Beans Chocolate Chip Cookie Chilled Fruit Cup	21 Pizza Crunchers Garden Tossed Salad Chilled Fruit Cup	Cal 602 T.Fat 19.44 G S.Fat 6.6 G Chol 57.7 Mg Sodm 1169.50 Mg
24 Cheeseburger Lettuce & Tomato French Fries Tender Corn Niblets Chilled Fruit Cup	25 Turkey w/Gravy Fluffy Mashed Potatoes Stuffing Peas & Carrots Cranberry Sauce Creamy Pudding w/Topping	26 HALF DAY Hot Dog Chips Vegetarian Baked Beans Chilled Fruit Cup	27 NO SCHOOL TODAY 	28 NO SCHOOL TODAY	Cal 634 T.Fat 19.63 G S.Fat 6.3 G Chol 47.1 Mg Sodm 1399.75 Mg

Meal Prices:

\$2.15 Student Breakfast
 \$3.55 Adult Breakfast
 \$3.40 Student Lunch
 \$4.55 Adult Lunch

Grab & Go cereal
 breakfast kits with
 milk available daily

Daily Alternates:
 PB&J Sandwich
 Salad Platter
 Hot Dog

Menu questions or concerns,
 contact Pat Gould at
pmapat@gmail.com



NOTICE: Many of our menu items may contain the following allergens: Milk, Dairy, Eggs, Soy and Wheat. Menus are subject to change. We do our best to offer the daily menu posted. Last minute changes will be announced. This may affect nutritional information for that day.

DAILY OFFERINGS: 1% White or Fat Free Flavored Milk, Fresh veggies w/dip, chilled and fresh fruit are all offered daily and included with the price of lunch. Juice or water may be purchased separately.