



OCTOBER 12, 2025

OUR MISSION STATEMENT

LITURGY SCHEDULE

Sunday Mass
9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass
5:00 PM (Live-streamed)

Confessions
Wednesday 8:15 - 8:35 AM
Saturday 3:00 - 4:30 PM

Weekday Rosary
Monday, Thursday and Friday
8:15 AM
Wednesday
8:00 AM

Weekday Mass
Monday, Wednesday, Thursday and Friday
8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group
Monday 7:00 PM

Weekly Eucharistic Adoration
Thursday 2:00 - 4:00 PM
First Friday of the Month Eucharistic Adoration
9:30 AM - 11:00 AM

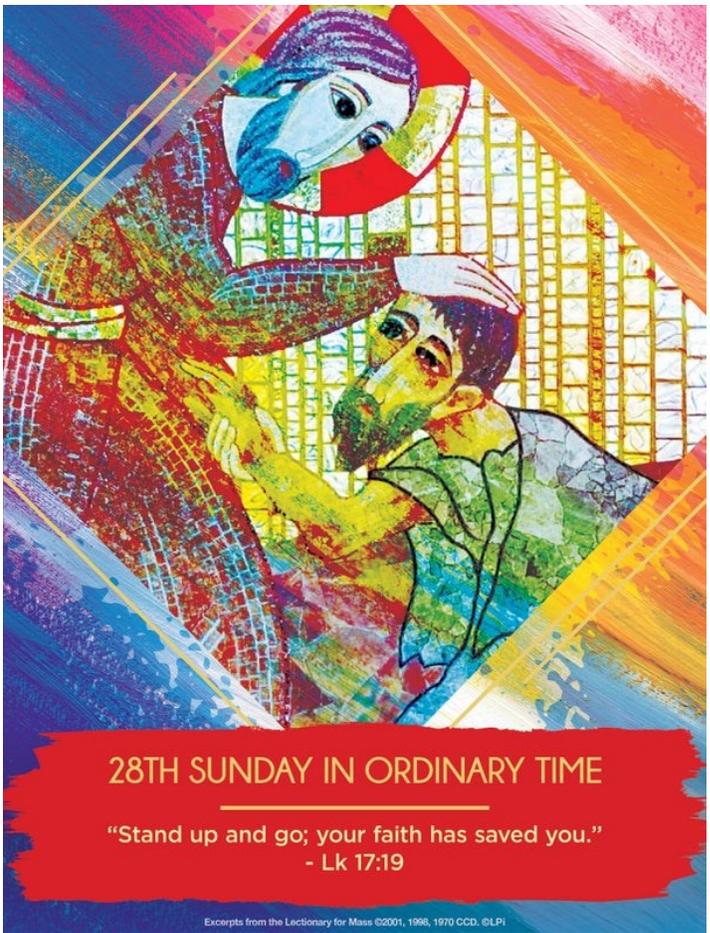
Sacrament Preparation
425-454-9536

OFFICE HOURS

Parish
8:30 AM - 4:00 PM Mon - Fri

School
8:00 AM - 4:00 PM Mon - Fri

Sacred Heart Parish
is a welcoming Catholic community,
which inspires faith in God,
through prayer, sacraments, and service,
while living Gospel values,
as faithful followers of Jesus Christ.



PARISH CALENDAR

Sunday October 12

Twenty-Eighth Sunday in Ordinary Time

9:00 AM	Mass
11:00 AM	Mass with CLOW
12:30 PM	NO Sunday School
2:00 PM	NO Children's Sacramental Prep Class
5:00 PM	Mass

Monday October 13

Weekday

8:15 AM	Rosary
8:45 AM	Mass
6:30 PM	OCIA Class
7:00 PM	Rosary Group

Tuesday October 14

Saint Callistus I, Pope, Martyr

10:00 AM	Stitchers with Heart Group
6:00 PM	Bereavement Group

Wednesday October 15

Saint Teresa of Jesus, Virgin, Doctor of the Church

8:00 AM	Rosary
8:15 AM	Confessions
8:45 AM	Mass (school attending)
4:00 PM	Middle School Youth Group at Sacred Heart
6:35 PM	High School Youth Group at Sacred Heart

Thursday October 16

Saint Hedwig, Religious

Saint Margaret Mary Alacoque, Virgin

8:15 AM	Rosary
8:45 AM	Mass
2:00 PM - 4:00 PM	Eucharistic Adoration

Friday October 17

Saint Ignatius of Antioch, Bishop, Martyr

8:15 AM	Rosary
8:45 AM	Mass

Saturday October 18

SAINT LUKE, EVANGELIST

8:00 AM	Women's Group & Men's Group
10:00 am	Infant Baptism Class
3:00 PM	Confessions - Reconciliation Chapel
5:00 PM	Vigil Mass

Sunday October 19

Twenty-Ninth Sunday in Ordinary Time

9:00 AM	Mass
9:00 AM	Stuff the Truck until 12:00 PM
10:00 AM	KC Pancake Breakfast until 1:00 PM
11:00 AM	Mass with CLOW
12:30 PM	Sunday School
2:00 PM	Children's Sacramental Prep Class
5:00 PM	Mass (hosted by SHS 7th Grade)

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation
cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant
japplegate@sacredheart.org ext. 10154

Bridget Darrow, Pastoral Assistant for Administration
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Robert Eubanks, Facilities Supervisor
reubanks@sacredheart.org ext. 10157

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Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy
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Susan Olmos, Pastoral Assistant for Liturgical Music
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
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Annette Seats, Pastoral Assistant for Communications & Stewardship
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration
nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
Erica Pierson, Vice-Principal

PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)

**Behold the Lamb
Quick Weekly Lessons on the
Sacred Liturgy**



Following the Responsorial Psalm is another brief silence. Then, on Sundays and high feasts, we have the Second Reading. This reading from the New Testament (apart from the Gospel) is usually independent from the First Reading and the Gospel but gives us some insight into our current celebration or to Christian life. As we listen to the apostles and evangelists teach the early Church in their liturgical gatherings, we recognize that we are descendants of their faith. What they taught about Christian life still applies to us today, often in very practical ways. We are then encouraged to “imitate their faith” (Heb 13:7), witnessing not only to our own generation, but for generations to come.

WOMEN IN SACRED HEART
(WiSH) INVITES YOU TO

ADVENT BY CANDLELIGHT

Join us in the spirit of peace and friendship to connect, socialize, and kick off the holiday season. Enjoy complimentary refreshments, music, and reflection.



SUNDAY, DECEMBER 7TH, 6 – 8:30PM
SACRED HEART SCHOOL GYM

REGISTER AS A TABLE CAPTAIN
INFO@SACREDHEART.ORG

Save the Date! Advent by Candlelight 2025 is coming soon. Join us for a night of faith, community and friendship as we focus on the Advent Season. Table Captain sign ups are now open. To sign up to be a Table Captain, please email info@sacredheart.org. Individual attendee sign-ups to follow in November. We look forward to seeing you there!

**HALLOWEEN
50+ LUNCHEON**
sponsored by *Carpe Diem*



11:30am, Friday Oct. 31st
in the Narthex, \$25/person

~ Advance sales only:
Oct 18-19 & 25-26



Masks & Costumes *encouraged*,
but **NOT** required

Info: Linda Geere, 425-54-3908 or
lgeere@sacredheart.org

**Sacred Heart Book Discussion Group
Tuesday, October 28th at 7:00 PM
Parish Conference Room 1**

(Located through main entrance of parish office)

Are you rooting for the M's this fall? Have you been waiting years for them to finally make the play-offs? If so, we would love to have you join us to discuss a memoir of growing up loving baseball in 1950's New York, **Wait Till Next Year** by **Doris Kearns Goodwin**. Please join us to talk baseball! Everyone is welcome. Contact Annelies Smith at 425-444-9450 or ybugmom@comcast.net for more information or to be added to the email list.



ADMINISTRATION & STEWARDSHIP

#60MINS4JESUS

Discover an hour of inspiration on how Jesus' teachings can guide our hearts through life.

Fr. Jim is a priest of the Diocese of Lexington, storyteller, and Papal Missionary of Mercy.

You'll laugh, you'll cry, you'll sing, you'll be inspired!



Sacred Heart Parish Mission

Monday, October 27
Tuesday, October 28
Wednesday, October 29
Each Night at 7:00 PM
All Are Welcome!

Sacred Heart Church, Bellevue
parish.sacredheart.org

FR. JIM SICHKO
frjims.com

Sacred Heart Parish Mission

Featuring Fr. Jim Sichko

October 27 -29, 2025

Each night at 7:00 PM

Mark you calendar for our Parish Mission, October 27-29, led by Fr. Jim Sichko! Fr. Jim Sichko is a priest of the Roman Catholic Diocese of Lexington, KY and has been an internationally known preacher, evangelist and motivational speaker for over 25 years. In 2015, Pope Francis commissioned Fr. Jim as a Papal Missionary of Mercy in conjunction with the Extraordinary Jubilee Year, making him one of 100 in the United States and 1,000 in the world. Known for his presentations entitled "60 minutes for Jesus" Fr. Jim's talks and parish missions are geared for every member of the household, from youth to adulthood, and for anyone, regardless of religious affiliation or not. Known as "the best opening act ever" by Dolly Parton, Fr. Jim uses real-life experiences, personal stories and humor to motivate any audience to recognize the good within themselves and others, while challenging them to make the world a better place. Each night of the mission is a stand-alone talk. You'll laugh, you'll cry, you'll sing, you'll be inspired!

PARISH STEWARDSHIP OF TALENT.

YOUR TALENT IS GOD'S GIFT TO YOU.
HOW WILL YOU USE IT FOR HIM?

Each year, our parish renews our ongoing commitment to being good stewards of our God-given talents. In recognizing all that God has given us, we are in turn asked to invest our whole being toward building up the kingdom of God. For those who are still discerning where they can best serve in our parish, we invite you to look over our many ministries and consider serving in just one ministry for one year. It's easy to make your stewardship of talent pledge to our parish:

- Scan the QR code to complete the online talent form
- Visit our website, parish.sacredheart.org to complete the online form
- Pickup a form in the Narthex and return it to the parish office or deposit the form in the collection basket at Mass. Thank you for your commitment to our parish community!



The starting point of stewardship is recognizing that everything we have, everything that we are is by God's initiative—by God's grace .

-Archbishop Etienne on the Spirituality of Stewardship.

WEEKLY READINGS

Sunday 10/12

2 Kings 5:14-17
Psalm 98:1-4
2 Timothy 2:8-13
Luke 17:11-19

Monday 10/13

Romans 1:1-17
Psalm 98:1b-4
Luke 11:29-32

Tuesday 10/14

Romans 1:16-25
Psalm 19:2-5
Luke 11:37-41

Wednesday 10/15

Romans 2:1-11
Psalm 62:2-3,6-7,9
Luke 11:42-46

Thursday 10/16

Romans 3:21-30
Psalm 130:1b-6b
Luke 11:47-54

Friday 10/17

Romans 4:1-8
Psalm 32:1b-2,5,11
Luke 12:1-7

Saturday 10/18

2 Timothy 4:10-17b
Psalm 145:10-13ab,17-18
Luke 10:1-9

Sunday 10/19

Exodus 17:8-13
Psalm 121:1-8
2 Timothy 3:14—4:2
Luke 18:1-8

MASS INTENTIONS

Sunday 10/12

9:00 AM Mass: RIP PHILIP CRAIG SNYDER
by Nila Snyder

11:00 AM Mass:
INT ANJALEET ZAMI CHEVALIER
by Sacred Heart Parish Staff

5:00 PM Mass: PRIEST PRIVATE INTENTION

Monday 10/13

RIP HOLY SOULS OF PURGATORY
by Christina Sciammas

Wednesday 10/15

RIP ROB HILL by Kevin & Julie Cipoletti

Thursday 10/16

INT FR. JOHN MADIGAN by Sacred Heart Parishioner

Friday 10/17

RIP MARION PRATT-BARLOW
by Pratt-Barlow Family

Saturday 10/18

INT THE PARISHIONERS OF SACRED HEART

Sunday 10/19

9:00 AM Mass: RIP ANTHONY JOYCE
by Christine Kerr

11:00 AM Mass:
RIP LILIA SANTOS by Fletcher & Snyder Families

5:00 PM Mass: PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Pray for the sick of Sacred Heart &
St. Monica Parish Family

The Deceased

Pray for the deceased of Sacred Heart &
St. Monica Parish Family

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration Resumes on Oct. 16th

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month.



“Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament.” *Archbishop Etienne*

POPE’S PRAYER INTENTION - OCTOBER

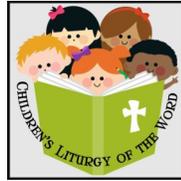
For Collaboration Between Different Religious Traditions

Let us pray that believers in different religious traditions might work together to defend and promote peace, justice and human fraternity.

EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION



No Sunday School on October 12th
Sunday School Resumes October 19th
Grades K—5th, 12:30 to 1:30 PM

Scan the QR code for registration or visit sacredheart.org/Parish/

Join us for Children's Liturgy of the Word at the 11:00 AM Mass



Congratulations
Sofia Ribas Sell
Vivian Blackstone Rourke

Who were Baptized last weekend.
Welcome to the Sacred Heart Family!

Register Now - Infant Baptism Class
Saturday, October 18th

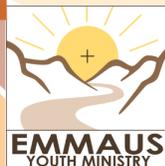
Don't forget to register for the upcoming infant Baptism preparation class on Saturday, October 18th, from 10:00 AM - 12:00 PM in the Parish Hall. The class provides Baptism preparation for newborn infants to six years old. Email sacraments@sacredheart.org to register for the upcoming class.



Middle and High School

Youth Groups

This Wednesday
@ Sacred Heart



SACRED HEART SCHOOL

Open House

Pre-K through 8th Grade

THURSDAY
NOVEMBER 6, 2025
6:00-7:30PM



REGISTER ONLINE TODAY!

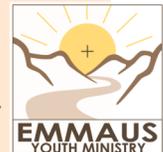
school.sacredheart.org

EMMAUS YOUTH MINISTRY
PRESENTS

NEXT SUNDAY
Youth Mass + Dinner

SACRED HEART CHURCH
YOUTH MASS 5PM
DINNER 6-7PM

FOR QUESTIONS + RSVP CONTACT
SPHILLIPS@SACREDHEART.ORG



RSVP Here



Youth Mass + Dinner

COMMUNITY OUTREACH—COMMUNITY EVENTS

BUNDLE SUNDAY STUFF THE TRUCK



Donation Drive at Sacred Heart Parish
for St. Vincent de Paul of Seattle | King County

Donating to St. Vincent de Paul of Seattle | King County is easy and convenient at Sacred Heart Catholic Church

SAVE THE DATE:

Location: 9460 NE 14th St, Clyde Hill, Bellevue, WA, 98004 (Lower Parking Lot)

Date: October 19, 2025

Time: 9:00 AM to 12:00 PM

Your donations will be collected and sold at one of our SVdP Thrift Stores, providing financial support for our various programs dedicated to helping neighbors gain stability and self-sufficiency!

To view a list of items that we accept and DO NOT accept, please visit:

<https://svdpseattle.org/thriftstore>



Donate Today, Visit:
svdpseattle.org/donate

St. Vincent de Paul of Seattle | King County thanks you for your generous financial support!

Sacred Heart Coat Drive

The weather is getting colder, and it's time to help keep our community warm! We are hosting a coat drive benefiting St. Vincent de Paul and Jubilee Reach. We are collecting clean, gently used, or brand new coats for children and adults. We'll have two designated collection bins:

***On October 19th, we'll have a bin next to the St. Vincent de Paul truck in the lower lot.**

*Another bin will be in the Narthex starting Sunday, October 19th, and running through Sunday, November 2nd. Your donation will make a direct and



meaningful difference to local families as the winter season approaches. Please consider contributing a coat today!



World Mission Sunday - October 19th

Next Sunday, October 19th, is World Mission Sunday. We will join Catholics around the world in prayer and generosity for the missions. The collection will support the Pope's missions in some of the most vulnerable places on earth. This year's theme, 'Missionaries of Hope Among the Peoples,' reminds us that our prayers and sacrifices bring light to those in darkness. Visit pontificalmissions.org to learn more. Thank you for your generosity and for being part of this global mission.

October Parish Food Drive

Our October Parish Food Drive will benefit *Hopelink* and *Jubilee Reach*. Donations of non-perishable food items will be accepted in the Narthex between **Saturday, October 11th and Sunday, October 19th**. Monetary donations are also accepted through the Parish venmo account with the note "Food Drive". Items will be distributed to our charity partner following the evening Mass on 10/19.



Rachel's Corner

Project Rachel Post Abortion Healing Retreats

Spanish Retreat -October 31- November 2, 2025

To leave a confidential message please call:
English: (206) 920-6413, Spanish: (206)-450-7814 Email projectrachel@ccsww.org. Visit us at www.ccsww.org/projectrachel Project Rachel is a program of Catholic Community Services.

You are loved with an everlasting Love!

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"Matt & Christina are highly professional, take ownership of the complicated process and remember the stress and emotions that run high during the sale of a beloved home. They are highly skilled and infinitely kind. They got me top dollar in volatile market conditions!"

- Julie Nelson



Parishoners Matt & Christina with Client Julie



Matt
206-661-8624

Christina
612-987-0755



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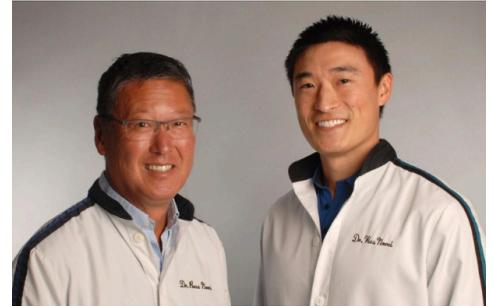
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