



Carelon Wellbeing

We're here for life's challenges

No problem is too big or too small. Receive no-cost confidential support today.

Counseling

Schedule an appointment with a licensed counselor for online or in-person sessions during times that work for you, even evenings and weekends.

Sessions are strictly confidential.

Legal services

Speak with a lawyer for up to 60 minutes of no-cost family law support, with a 35% discount on additional services. For other legal matters, 30-minute consultations are available at no cost, with a 25% discount on additional services.

Work-life support

Get connected with resources and referral services related to child and elder care, education, growing families, consumer resources, home maintenance, and daily living.

Financial services

Speak with a financial expert for a 60-minute, no-cost consultation. Receive support on debt and credit issues, mortgages, retirement, student loans, and tax planning. Tax preparation services are available at discounted rates.

Visit the Carelon Wellbeing website to access articles, videos, podcasts, and other tools that can help you and your loved ones with life's challenges.

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