



# Weekly Newsletter

**October 13-17, 2025**

## Peek at the Week

Monday, October 13, 330-430: Model UN Meeting

Tuesday, October 14, 330-5pm, Cheer, GYM

Wednesday, October 15, 8-9am: Title I and PTO Meeting (Go Center, 1810 Stuart St)

Wednesday, October 15, 330-430: Interact Mtg (Go Center)

Wednesday, October 15, 4-530: BBBS Event

Wednesday, October 15, 530-730: Girls and Boys VB Game vs Challenge @ Jones Future Academy

Thursday, October 16, 330-5pm, Cheer, GYM

Thursday, October 16, 7pm: Title I Meeting and PTO (Virtual) **[Click to join](#)**

Friday, October 17: PSAT Day



**\*\*There are no after school activities on Friday\*\***

## Upcoming Events

October 24: PTO Sponsored Dance

October 29: Girls & Boys VB vs Challenge @ Jones Future Academy

November 7: Staff PD, no HISD school

November 13, Waiver Day, Club Fundraising

November 15: Annual Phoenix Festival

## Announcements

### Visit our new website!

▷ **Fri-Yay Treat Donations** Needed: Help show support of HAIS faculty and staff with our Fri-YAY Treat program. Sign up [here](#) to show your appreciation.

▷ **2025-2026 Transportation Concerns:** Please reach out to the HISD Transportation department directly with any transportation concerns via their concern form [here](#).

▷ Submit a new transportation request [here](#).

▷ Reminder: There is no off campus lunch and students should remain on campus all day on Fridays.

▷ Check out our new website: [www.hais.houstonisd.org](http://www.hais.houstonisd.org)!

▷ Student Drop Off & Pick Up: Please utilize the left-side of Stuart as a drop off/pick up lane between the hours of (730-745; 300-345).

▷ Campus Closes: Campus closes at 4:30 Monday through Thursday and 4:00pm on Friday. Students may wait at the Spark Park or at HCC - Central after campus closes.

# What's Happening in Our Classrooms

Review the **Homework and Assignment Tracker** to check in with your students' academic progress, see their weekly learning objective, and note any important class announcements. Navigate through the tabs at the bottom of the page to view different subject areas. If you have questions about a particular assignment, please contact the teacher.

## Student Services

### HAIS Counseling News

September 2025



**Contact Information:**  
**Email:** [Asalin10@houstonisd.org](mailto:Asalin10@houstonisd.org)  
**Instagram:** @thetattoedcounselor\_X  
**X:** @CounselorAdri\_  
**Room #:** 110  
**Visit with a pass from a teacher or submit a SAF to schedule a meeting QR Code on 2<sup>nd</sup> page.**

September is Suicide Prevention Month—a reminder that your life matters and you are never alone. High school can be tough, but speaking up when you're struggling is a sign of strength, not weakness. If you or someone you know is hurting, don't stay silent—reach out to a trusted adult or friend. A simple conversation can truly save a life. Let's support one another with kindness, empathy, and courage. You never know the impact a small act of care can have. Together, we can create a safe and supportive community where everyone feels seen, heard, and valued. You matter. Always.  
 — Mrs. Salinas, School Counselor

Important Dates

September is  
**Suicide Prevention Month**

- Labor Day— Sep 1 (No School)
- PD Day— Sep 2 (No School for Students)
- Suicide Prevention Week— Sep 7-13
- World Suicide Prevention Day - Sep 10
- National Historically Black Colleges and Universities (HBCUs) Week - Sep 7-13
- Hispanic Heritage Month (Sep 15–Oct 15)

SUICIDE PREVENTION

Talking about suicide can feel overwhelming — even frightening — but it is absolutely necessary. These conversations, though difficult, can save lives.

**Why do they matter so much?** Because suicide is now the second leading cause of death among youth ages 13 to 19, and a leading cause of death among children as young as 10 to 12. Even younger students are not immune — many have considered, attempted, or died by suicide.

The reality is, we've all been impacted by suicide, whether through personal loss — a friend, a classmate, a family member — or the death of a public figure we admired.

We have a shared responsibility to support and educate one another. Life is not always easy. It can be confusing, painful, and unpredictable — but it is still precious. Every person is deserving of life, love, and happiness. Sometimes, reaching that place of peace takes help — whether through friendship, therapy, support from loved ones, or medical care — and that's okay.

You are not alone. At school, you are surrounded by a community that cares — friends, teachers, counselors, nurses, administrators, and staff who are here to listen, help, and guide you.

Your life matters. Your voice matters. And there is always hope.

So this September, check on a friend or family member. Ask for help or support from a caring adult.  
 Participate in Suicide Prevention awareness activities at school or in your community.

888 Suicide & Crisis Lifeline  
 Call or text 988  
 Chat at 888lifeline.org

WARNING SIGNS

**Talking about:**  
 Wanting to die  
 Great guilt or shame  
 Being a burden to others

**Emotions:**  
 Empty, hopeless, trapped, or having no reason to live  
 Extremely sad, more anxious, agitated, or full of rage  
 Unbearable emotional or physical pain

**Changing behavior, such as:**  
 Making a plan or researching ways to die  
 Withdrawing from friends, saying goodbye, giving away important items, or making a will  
 Taking dangerous risks such as driving extremely fast  
 Displaying extreme mood swings  
 Eating or sleeping more or less  
 Using drugs or alcohol more often

HOW TO HELP

Talking with and finding help for someone that may be suicidal can be difficult. Here are some tips that may help.

**Be direct.** Talk openly and matter-of-factly about suicide.  
**Be willing to listen.** Allow expressions of feelings. Accept the feelings.  
**Be non-judgmental.** Don't debate whether suicide is right or wrong, or whether feelings are good or bad. Don't lecture on the value of life.  
**Get involved.** Become available. Show interest and support. Don't dare them to do it.  
**Don't act shocked.** This will put distance between you.  
**Offer hope** that alternatives are available but do not offer insincere reassurance.  
**Take action.** Remove means, like weapons or pills.  
**Get help** from people or agencies specializing in crisis intervention and suicide prevention.

CHARACTER

Show your school pride—wear your colors, cheer each other on, and get involved! When you take pride in your school, you build a stronger sense of community, confidence, and belonging. That positive energy motivates you to do better, work harder, and support others. Whether it's joining a club, attending events, or just showing up with a positive attitude, your pride makes a difference. When we lift each other up, we all rise. So step up, get involved, and show the world what it means to be part of something great.



SCAN ME



## HISD Student Assistance Form (SAF)

Submit a SAF if you are in need of

- Clothing
- School Supplies
- Counseling
- Mental Health Assistance
- Job Assistance
- Rental Assistance
- Food/Nutrition Assistance
- Legal Support
- Academic Counseling



### Does your child sometimes need basic over-the-counter medication while at school?

Hazel Health can help your child stay at school and give your child medication in the school clinic with the school nurse.

Scan the QR code below to sign up and/or to opt out of this free new health program. You may also speak with Nurse Ambrosia, just call her at school (713-942-1430) to get help consenting or to find out more information about Hazel Health Services.



*Please help your HAIS School Nurse Ambrosia by consenting or opting out to decline this new free telehealth HISD service for our students. Help us reach a goal of 100% total parent participation. Your opinion matters and we are here to serve you.*



2025 - 2026 Tutorial Schedule

| Teacher     | Room | Subject                                | Monday                          | Tuesday                         | Wednesday                       | Thursday              | Friday                          | Note   |
|-------------|------|--|---------------------------------|---------------------------------|---------------------------------|-----------------------|---------------------------------|--|
| Baltz       | 207  | Chinese                                | 3:30-4:30pm                     |                                 |                                 |                       |                                 | Lunch by appointment                                     |
| Bobba       | 132  | Science                                |                                 |                                 |                                 | Lunch                 | Lunch                           |  |
| Cervantes   | 205  | Math                                   | 3:30-4:30pm                     | Upon request                    | Upon request                    | 3:30-4:30pm           |                                 |  |
| Davis       | 114  | Social Studies                         | 3:30 - 4:30                     | 3:30 - 4:30                     | 3:30-4:30                       | 3:30-4:30             |                                 | Upon request   |
| Dunn        | 102  | English                                | lunch                           | lunch                           |                                 |                       |                                 | By appointment   |
| Estrada     | 111  | Gym/Social Studies                     | 3:30-4:30                       | 3:30-4:30                       | 3:30-4:30                       | 3:30-4:30             |                                 |  |
| Gonzalez    | 119A | Career Prep                            | 3:30-4:30                       | 3:30-4:30                       | 3:30-4:30                       | 3:30-4:30             |                                 | By request through email.                                |
| Henderson   | 131  | Science                                | 3:30 - 4:30pm                   |                                 |                                 |                       |                                 | By request via email                                     |
| Hernandez   | 113  | Social Studies/ Spanish                |                                 | Lunch                           |                                 | Lunch                 |                                 | By appointment   |
| Hoang       | 202  | Math                                   | Lunch                           | Lunch                           |                                 | Lunch                 | Lunch                           | Schedules may be impacted due to school clubs or events. |
| Kim         | 109  | Math                                   |                                 | 3:30-4:30pm                     |                                 | 3:30-4:30pm           |                                 |  |
| Lopez       | 206  | English                                |                                 | Lunch                           |                                 | Lunch                 |                                 | By appointment   |
| Mathew      | 101  | Business English                       |                                 | 3:30-4:30pm                     |                                 | 3:30-4:30pm           |                                 |  |
| Nguyen      | 118  | Graphic Design/Mobile Apps/AP Comp Sci | Lunch by appointment            | Lunch/0 period                  |                                 |                       |                                 |  |
| Oliver      | 203  | Social Studies                         | Lunch                           | Lunch                           | Lunch                           | Lunch                 |                                 |  |
| Rancifer    | 133  | Science                                | Lunch & 3:30 - 4:30pm           | Lunch & 3:30 - 4:30pm           | Lunch & 3:30 - 4:30pm           | Lunch & 3:30 - 4:30pm | Lunch                           |  |
| Shawky      | 204  | Social Studies                         | Lunch After school upon request | Lunch After school upon request | Lunch After school upon request |                       | Lunch After school upon request |  |
| Shyr        | 108  | Chinese                                | 3:30-4:30pm                     | 2nd Lunch                       | 2nd Lunch                       | 2nd Lunch             |                                 | Lunch by appointment                                     |
| Washington  | 122  | Robotics/Pro Based Learning            |                                 | Lunch & 3:30-4:30pm             |                                 | Lunch & 3:30-4:30pm   |                                 | By request   |
| Yeriazarian | 201  | English                                |                                 | Lunch                           | Lunch                           | Lunch                 |                                 |  |
| Yockey      | 119B | EDUC 1300                              | 3:30-4:30                       |                                 | 3:30-4:30                       |                       |                                 | Find me at the front door at dismissal to discuss        |



# Summer Reading Skills PROGRAMS



## Classes Offered on Campus and at other Houston-Area Locations

**Program for 4-Year-Olds and Entering Kindergartners**  
Your child will learn to read in this exciting program! Children learn letter recognition, beginning phonics, and easy sight words while developing a real love of books. By the end of the program your child will read simple words and sentences and be confident about reading.

**Program for Entering 1st Graders**  
Your child will learn to read independently in this fun program. Students learn the most important first grade reading skills—phonics, sight words and comprehension—and develop a love of reading. Your child will start the school year confident, enthusiastic, and ready to succeed!

**Program for Entering 2nd Graders**  
In this fun program, your child will become a confident, enthusiastic reader! Children build strong phonics skills and improve reading fluency and comprehension. Your child will develop a love of reading and get off to a great start in second grade.

**Program for Entering 3rd Graders**  
In this fun program, your child will become a strong, enthusiastic reader who loves books. Children improve decoding skills, fluency, comprehension, and vocabulary, so they start third grade confident about reading and excited to learn!

**Program for Entering 4th and 5th Graders**  
In this fun and effective program, your child will become a more skilled, confident reader! Students improve comprehension and fluency in fiction and nonfiction and expand their vocabulary. As a result, your child will complete homework more easily, get better grades, and enjoy reading more.

**Program for Entering 6th, 7th, and 8th Graders**  
In this program, your child will become a stronger reader and a more confident, motivated student. Students double reading speed and improve comprehension and focus in fiction and nonfiction, both in print and online. Your child will expand vocabulary and learn note-taking, test-taking, and study strategies that result in higher grades and test scores.

**Program for Entering 9th, 10th, and 11th Graders**  
This program will set your son or daughter up for academic success in high school. Students learn to read twice as fast and increase comprehension and focus in fiction and nonfiction, both in print and online. They expand vocabulary and develop effective study and test-taking strategies, leading to better exam scores and higher grades.

**Program for Entering 12th Graders and College Students**  
This program prepares students to excel academically in college. In this online program, students double their reading speed, increase focus, and improve comprehension for both print and digital materials. They develop strategies to study efficiently, improve their grades, and score higher on exams.



Phonics  
Fluency  
Comprehension  
Love of Reading  
Study Skills  
Reading Speed

Source Code: 120-15-75114



FOR MORE INFORMATION OR TO REGISTER  
**Call 1-800-499-8557**

PLEASE SEE REVERSE SIDE FOR CLASS SCHEDULE



"I would like to thank you for such a positive outcome with my son James. He learned skills that have translated into wonderful grades, and more importantly, have given him more confidence in his reading abilities. He has actually asked to go to the library to pick out a book!"  
 Parent of 4th grader



## Class Schedule

All programs meet once each week. Tuition varies by grade level. Please ask about our family discount.

Programs meet in **Houston (H)** on campus at University of St. Thomas.

Programs also meet in **Houston (northwest) (N)** at Saint Maximilian Kolbe Catholic Community, 10135 West Road, in **Houston (southwest) (S)** on campus at Houston Christian University, and in **Houston (west) (W)** at West Houston Christian Church, 10638 Hammerly Boulevard.

Additional programs available at other locations and online.

### 4-Year-Olds & Entering Kindergartners:

Sun. June 8-July 13, 9:00am-10:15am (H)  
 Sun. June 8-July 13, 9:00am-10:15am (S)  
 Tue. June 10-July 8, 10:30am-11:45am (W)  
 Sat. July 19-August 16, 9:00am-10:15am (N)  
 Sat. July 19-August 16, 2:15pm-3:30pm (S)  
 Sun. July 20-August 17, 9:00am-10:15am (H)

### Entering 1st Graders:

Sun. June 8-July 13, 10:30am-11:45am (H)  
 Sun. June 8-July 13, 10:30am-11:45am (S)  
 Tue. June 10-July 8, 9:00am-10:15am (W)  
 Sat. July 19-August 16, 10:30am-11:45am (N)  
 Sat. July 19-August 16, 12:45pm-2:00pm (S)  
 Sun. July 20-August 17, 10:30am-11:45am (H)

### Entering 2nd Graders:

Sun. June 8-July 13, 12:45pm-2:00pm (H)  
 Sun. June 8-July 13, 12:45pm-2:00pm (S)  
 Tue. June 10-July 8, 12:45pm-2:00pm (W)  
 Sat. July 19-August 16, 10:30am-11:45am (N)  
 Sat. July 19-August 16, 12:45pm-2:00pm (S)  
 Sun. July 20-August 17, 12:45pm-2:00pm (H)

### Entering 3rd Graders:

Tue. June 10-July 8, 2:15pm-3:30pm (W)  
 Sat. July 19-August 16, 9:00am-10:15am (S)  
 Sat. July 19-August 16, 2:15pm-3:30pm (N)  
 Sun. July 20-August 17, 2:15pm-3:30pm (H)

### Entering 4th and 5th Graders:

Fri. June 6-July 11, 9:00am-10:15am (W)  
 Sun. June 8-July 13, 2:15pm-3:30pm (H)  
 Mon. June 9-July 7, 9:00am-10:15am (N)  
 Tue. June 10-July 8, 9:00am-10:15am (S)  
 Sun. July 20-August 17, 12:45pm-2:00pm (H)

### Entering 6th, 7th, and 8th Graders:

Fri. June 6-July 11, 10:30am-11:45am (W)  
 Mon. June 9-July 7, 10:30am-11:45am (N)  
 Tue. June 10-July 8, 10:30am-11:45am (S)  
 Sun. July 20-August 17, 2:15pm-3:30pm (H)

### Entering 9th, 10th, and 11th Graders:

Fri. June 6-July 11, 12:45pm-2:00pm (W)  
 Mon. June 9-July 7, 12:45pm-2:00pm (N)  
 Tue. June 10-July 8, 12:45pm-2:00pm (S)

### Entering 12th Graders and College Students:

Sat. June 7-July 12, 11:00am-12:15pm  
 Sun. June 8-July 13, 11:00am-12:15pm

Source Code: 120-15-75114

Programs are offered through the University of St. Thomas.  
Programs are taught by instructors from the Institute of Reading Development.



FOR MORE INFORMATION OR TO REGISTER  
**Call 1-800-499-8557**  
 Mon.-Fri. 7am-9pm, Sat. 7am-6pm, and Sun. 9am-5pm

INQUIRE EARLY! CLASS SIZE IS LIMITED.

# Education Beyond Our Walls

## Study Abroad Opportunities!

If your student is interested in studying abroad next summer, now is the time to start exploring your options! Four great programs are open now and have upcoming deadlines / early bird discounts in addition to great scholarships! We have had students go abroad with all of these organizations in the last two years and highly recommend their programming for international high school summer abroad!

Please contact Ms. Yockey at [sarah.yockey@houstonisd.org](mailto:sarah.yockey@houstonisd.org) with questions if you are interested in more information or other program options. Mark your calendar for Study Abroad Night on November 13th from 6-8pm.

1. **NSLI-Y** - An incredibly prestigious program run by the US Department of State to increase knowledge of critical languages, these programs are FULLY funded including flights and living stipends! Competitive application process due at the start of November.
2. **CIEE** - A major HAIS partner who sets aside 100k in scholarships just for HAIS kids! 3-4 week programs all over the world. Our students are most likely to get scholarship funds to attend the language programs. Free flight raffles for applications completed early!
3. **AMIGOS** - A service-learning partner with trips that earn lots of volunteer hours and focus on working alongside communities across Latin America! They are offering discounts (in additions to scholarships) of \$500 to those who apply by Oct. 1 and \$300 for those applying by Nov. 1!
4. **The Experiment in International Living** - This program has a wide diversity of locations and program types (culinary arts anyone) and offered several of our students great scholarships last year.

## Volunteer Opportunities

Did you know you can earn graduation regalia by completing 200 hours during your time at HAIS? Use our tracking system on Innerview.

If you need assistance on how to get started, see below or Ms. Alderete.

Service Opportunities



# Celebrating All Things HAIS



## Shout Out Goes to....

### #PhoenixRising

#### **Ms. Lopez, Ms. Shyr, and Nurse**

**Ambrosia:** Thank you for all of your hard work with the Hispanic Heritage Month celebrations. You provided a wonderful experience for our students and staff.

-Ms. Alderete

#### **Hispanic Heritage Month Performers:**

Great job highlighting the diversity of our students and of Hispanics.

-Ms. Alderete

**Career Day Speakers:** Thank you for sharing your wisdom and experience with our students.

-Ms. Alderete

**Submit your Shout Out for next week's newsletter.**

# Get Involved at HAIS

## Join the HAIS PTO

The HAIS PTO will be using WhatsApp as alternate form of communication with families. If you want to stay in the know and insure you know about upcoming HAIS events, volunteer opportunities, HAIS PTO socials, HAIS PTO meetings, and announcements, join the HAIS PTO WhatsApp.

Click here to join:

**<https://chat.whatsapp.com/CHSitdchuK16BLjDBX8nWG>**

# Order Your HAIS Gear Here

**HAIS PTO**  
OFFICIAL MERCHANDISE

**Hais Pto**  
Verified Nonprofit  
ABOUT  
Thank you for supporting HAIS PTO with your spirit wear orders!  
[View profile page](#)

**Class of 2029**

- Classic Unisex Tee**  
\$30.00
- Softstyle Pullover Hoodie**  
\$40.00
- Football Jersey Tee**  
\$39.99

**Class of 2028**

3:50 PM 9/29/2025

# Additional Posts

## GIRL'S GAME SCHEDULE

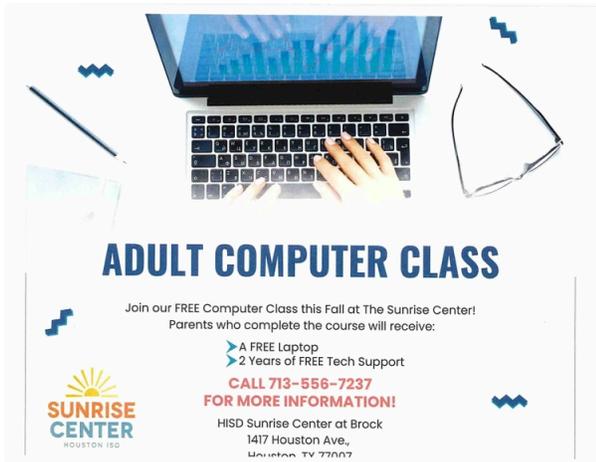
|   |   |
|---|---|
| <br><b>VS</b><br><br><b>VS EECHS</b><br>6:30 PM<br>@ Jones future academy     | <br><b>VS</b><br><br><b>VS DEBAKEY</b><br>4:30 PM<br>@ Jones future academy |
| <br><b>VS</b><br><br><b>VS CHALLENGE</b><br>6:30 PM<br>@ Jones future academy | <br><b>VS</b><br><br><b>VS NECHS</b><br>4:30 PM<br>@ Jones future academy   |
| <br><b>VS</b><br><br><b>VS EECHS</b><br>6:30 PM<br>@ Jones future academy   | <br><b>VS</b><br><br><b>VS JONES</b><br>4:30 PM<br>@ Jones future academy |

@hais.volleyball

## BOY'S GAME SCHEDULE

|   |  |
|---|--|
| <br><b>VS</b><br><br><b>VS EECHS</b><br>6:30 PM<br>@ Jones future academy     | <br><b>VS</b><br><br><b>VS EASTWOOD</b><br>5:30 PM<br>@ Jones future academy |
| <br><b>VS</b><br><br><b>VS CHALLENGE</b><br>6:30 PM<br>@ Jones future academy | <br><b>VS</b><br><br><b>VS NECHS</b><br>5:30 PM<br>@ Jones future academy    |
| <br><b>VS</b><br><br><b>VS EECHS</b><br>4:30 PM<br>@ Jones future academy   | <br><b>VS</b><br><br><b>VS JONES</b><br>4:30 PM<br>@ Jones future academy  |

@hais.volleyball



**ADULT COMPUTER CLASS**

Join our FREE Computer Class this Fall at The Sunrise Center!  
Parents who complete the course will receive:

- > A FREE Laptop
- > 2 Years of FREE Tech Support

**CALL 713-556-7237 FOR MORE INFORMATION!**

HISD Sunrise Center at Brock  
1417 Houston Ave.,  
Houston, TX 77007



**CLASE DE COMPUTACIÓN PARA ADULTOS**

¡Únase a nuestra CLASE DE COMPUTACIÓN GRATUITA este otoño en The Sunrise Center!  
Los padres que completan el curso recibirán:

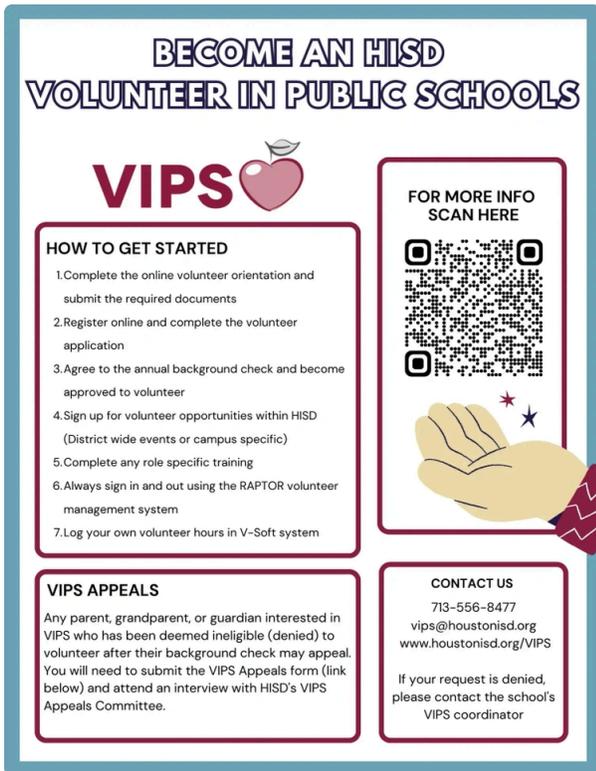
- > Una computadora portátil GRATIS
- > 2 años de soporte técnico GRATIS

**LLAME AL 713-556-7237 PARA MAS INFORMACION!**

HISD Sunrise Center at Brock  
1417 Houston Ave.,  
Houston, TX 77007

English

Spanish



**BECOME AN HISD VOLUNTEER IN PUBLIC SCHOOLS**

**VIPS** 

**FOR MORE INFO SCAN HERE**

**HOW TO GET STARTED**

1. Complete the online volunteer orientation and submit the required documents
2. Register online and complete the volunteer application
3. Agree to the annual background check and become approved to volunteer
4. Sign up for volunteer opportunities within HISD (District wide events or campus specific)
5. Complete any role specific training
6. Always sign in and out using the RAPTOR volunteer management system
7. Log your own volunteer hours in V-Soft system

**VIPS APPEALS**

Any parent, grandparent, or guardian interested in VIPS who has been deemed ineligible (denied) to volunteer after their background check may appeal. You will need to submit the VIPS Appeals form (link below) and attend an interview with HISD's VIPS Appeals Committee.

**CONTACT US**  
713-556-8477  
vips@houstonisd.org  
www.houstonisd.org/VIPS

If your request is denied, please contact the school's VIPS coordinator



**CÓMO SER UN HISD VOLUNTARIO EN ESCUELAS PUBLICAS**

**VIPS** 

**PARA MÁS INFORMACIÓN ESCANEAR AQUÍ**

**CÓMO EMPEZAR**

1. Complete la orientación en línea y los documentos requeridos.
2. Regístrese en línea y complete la solicitud de voluntario.
3. Cumpla con la investigación de antecedentes para ser un voluntario APROBADO.
4. Inscribese en tareas de voluntario en el distrito, una escuela o un programa.
5. Complete la capacitación necesaria para tareas específicas.
6. En cada sitio, registre su entrada y salida en el sistema RAPTOR de gestión de voluntarios.
7. Registre sus horas de trabajo voluntario en el sistema RAPTOR.

**VIPS APPEALS**

Cada padre, abuelo o tutor interesado en VIPS que haya sido considerado inelegible (denegado) para ser voluntario después de su investigación de antecedentes, podrá apelar. Deberá presentar el formulario de Apelaciones VIPS y asistir a una entrevista con el Comité de Apelaciones VIPS de HISD.

**CONTACTE CON VIPS**  
713-556-8477  
vips@houstonisd.org  
www.houstonisd.org/VIPS

Si su solicitud es denegada, sírvase contactar con el coordinador de VIPS de la escuela

Volunteer at HAIS

Volunteer at HAIS

**HISD**

## Welcome to the Family Connections Corner

At HISD, we want to ensure our families have all the information they need to support their students. This Family Connections Corner is designed for you to sign up for District programs and services or access help with an issue. **If you have any questions, feel free to contact the HISD Family Connections Center at 713-556-7121.**



**Sign up for ParentSquare**  
Contact your Campus Front Office for more information



**Annual Student Information Update**  
Contact your Campus Front Office for more information



**Submit a Student Assistance Form (SAF)**  
Contact a Sunrise Center  
[SunriseCenters@houstonisd.org](mailto:SunriseCenters@houstonisd.org)  
713-556-8484



**Submit a Question or Concern**  
Contact the HISD Family Connections Center  
[ParentAssistance@houstonisd.org](mailto:ParentAssistance@houstonisd.org)  
713-556-7121



**Become a Volunteer**  
Contact Volunteers in Public Schools (VIPs) Program  
[Vips@houstonisd.org](mailto:Vips@houstonisd.org)  
713-556-7206



**Sign up for Hazel Health**  
Contact Health and Medical Services  
[healthms@houstonisd.org](mailto:healthms@houstonisd.org)  
713-556-7280

713-556-3223

[ParentAssistance@houstonisd.org](mailto:ParentAssistance@houstonisd.org)

**HISD**

## Bienvenidos al Rincón de Conexiones para las Familias

En HISD, queremos asegurarnos de que nuestras familias tengan toda la información que necesitan para apoyar a sus hijos. Este Rincón de Conexiones para las Familias está diseñado para que se inscriban en los programas y servicios del Distrito o para asistencia con cualquier problema. **Si tiene alguna pregunta, no dude en comunicarse con el Centro de Conexiones para las Familias de HISD al 713-556-7121.**



**Regístrate en ParentSquare**  
Comuníquese con la oficina principal de su escuela para obtener más información.



**Actualización anual de información estudiantil**  
Comuníquese con la oficina principal de su escuela para obtener más información.



**Envíe un formulario de asistencia estudiantil (SAF)**  
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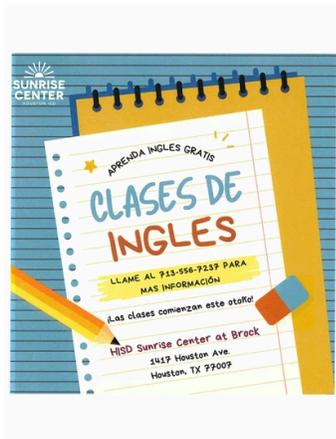
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