

River Valley

# PROJECT EXPLORE



**SCHOLARSHIP INFO  
PAGE 14!**

# WELCOME

We would like to extend an invitation for you to take part in the variety of activities and services offered through River Valley Project Explore, a Community Education program serving adults with disabilities. The information provided here should give you a close look and better understanding of how our program works and where to acquire additional information that you may need. For 35 years, Project Explore has been a leader in providing options for adults with disabilities to participate in activities that are specifically designed to meet their diverse needs.

## FROM THE DESK OF THE COORDINATOR

Happy 35th Anniversary to Project Explore! Did you know this wonderful program was started the fall of 1990? For 35 years Project Explore has offered many ways to connect with friends, build relationships, learn, socialize and have fun! Thank you for being part of this amazing community.

### Saturday, October 4th was the 10th annual Project Explore Craft Fair at Valley Middle School!

Over 80 vendors participated and sold a great variety of beautiful crafts and items. Many of the vendors are Project Explore participants. Thank you to Caroline and Andrea for their countless hours volunteering to plan and organize this wonderful event for Project Explore. All vendor fees go directly to support Project Explore.

We have a few new activities this winter, so make sure to look through the whole catalog. Guided Sound Meditation is new and is designed to promote deep relaxation, reduce stress and support overall health. An Air Fryer cooking class is offered in February. At this class people will learn how to make a meal without using a stove or oven. People will learn how to safely use smaller kitchen appliances with a delicious result.

There are plenty of activities in December to help you prepare and celebrate the holidays. From crafts, baking, a dance, holiday dinner, bell ringing, a holiday movie and a couple of play performances there are many ways to get in the spirit of the season!

As always, activities have been filling up quickly, so I hope you will take the time to register early!

Please use the back page of the catalog to keep track of your registrations. We'll send you an email reminder too, so **make sure your contact information including a current email address is up to date when you register!**

## Project Explore Staff

Coordinator ..... Patty Vance  
Instructors and Staff ..... Amanda Anderson,  
Jeanne Borchardt-VonHoltum, Sue Butzer, Delaney Cashin,  
Gabby Cogshall, Thomas Conrin, Jennifer Deviley,  
David Deviley, Kate Field, Sofia Fornicoia, Anita Groen,  
Yayra Keptsu, Janet Larson, Emily Messick, Brittany Minnick,  
Eileen O'Hara, Connie Orman, Eric Pearson, Betsy Ritschel,  
Angila Schmidtke, Jen Stoller, Carla Student, JoAnn Sworan,  
Jeff VonHoltum



## Project Explore Advisory Council

|                 |                |               |
|-----------------|----------------|---------------|
| Jane Anderson   | Caroline Gettz | Kevin Johnson |
| Dave Modrynski  | Megan Moe      | Sona Parker   |
| Greg Paulson    | Leah Paulson   | Kelly Ruiz    |
| Carla Student   | Teri Townsend  | Denise Weber  |
| Dottie Woodruff | Barb St. Aubin | Patty Vance   |

Advisory Council members meet bi-monthly to discuss providing services and programming. They develop collaborations to benefit the ongoing educational, recreational and social needs of adults with disabilities living within the five school districts of the consortium. Interested in becoming part of the Council? Call the Project Explore office for information.

## RVPE Foundation

Our mission is to seek funding resources and effectively manage funds to support River Valley Project Explore. The Foundation will work cooperatively with the Project Explore Advisory Council and program staff to support advocacy and fundraising programs as well as the disbursement of funds that ensure the programs' ongoing success.

The Foundation is focused on expanding programs, classes and opportunities; providing needed equipment for activities, and scholarships for those needing financial assistance.

Board members include: Elaine Becker, Lisa Burns, Nick Cookas, Rick Cotterman, Suzanne Elwell, Jeanne Finch, Monica Jensen, and Jeff VonHoltum.

## We love our Volunteers!

Project Explore Volunteers are very valuable. Through the generosity of volunteers, we are able to keep our class and activity fees low, allowing individuals to participate in more classes. Project Explore is always looking for volunteers to help with activities. If you, your group or organization would like to volunteer, please let us know. You can send us an email – [projectexplore@district196.org](mailto:projectexplore@district196.org) – or call our office – 651-423-7931.



# COOKING CLASSES



## Holiday Treats

Let's get together with friends to make some wonderfully delicious treats you can share during the holidays! We will make a few different types of holiday cookies that you can take home and enjoy.

*You may only register for one class.*

**\*Dinner will not be served, so make sure to eat before you come to class.**

**Monday, December 15  
Valley Middle School**

*Note this class meets the same time as Ribbon & Bow Making.*

**Wednesday, December 17  
Valley Middle School**

**6:00-7:30 pm  
\$15 per person**

**6:00-7:30 pm  
\$15 per person**



## **NOTE – Performance Date change!**

**The Project Explore  
Theater Club Presents**

**"A CHARLIE BROWN  
CHRISTMAS"**

**Friday, November 14 at 7:00pm  
Saturday, November 15 at 7:00pm  
Falcon Ridge Middle School  
Free!**

## Winter Hot Dish

Minnesota is the land of the delicious and creative "hot dish", made with meat, pasta, and vegetables. Put them together and in the oven and you'll have a delicious dinner! Come join us to learn how to make a delicious hot dish and stay for a tasty and hearty meal. Come hungry!

*You may only register for one class.*

**Wednesday, January 14  
Valley Middle School**

**6:00-7:30 pm  
\$15 per person**

**Monday, January 26  
Valley Middle School**

**6:00-7:30 pm  
\$15 per person**

*Note this class meets the same time as Lunar New Year.*



## Pasta Dinner

What's better than a hot pasta dinner to warm up on a chilly night in February? Pasta, salad, bread and a sweet treat for dessert is sure to put a smile on your face and warm your heart!

*You may only register for one class.*

**Wednesday, February 11  
Valley Middle School**

**6:00-7:30 pm  
\$15 per person**

**Monday, February 23  
Valley Middle School**

**6:00-7:30 pm  
\$15 per person**

*Note this class meets the same time as Feed the Birds.*

## Air Fryer Cooking

Learn safe and easy ways to make meals that are delicious! In this class you will learn how to make recipes that are fast and tasty. A discussion on safely using these appliances for meal preparation and safe clean up once we are done with our food preparations will be part of this evening. No ovens or stoves will be used. We will use air fryers, microwaves and blenders.



**Tuesday, February 17  
Valley Middle School**

**6:00-7:30 pm  
\$15 per person**

*Note this class meets the same time as Yoga.*

## Is your diet Gluten free?

Call the office if you are gluten free at least one week prior to the **Holiday Dinner** and **Bingo & Pizza** so we can make sure to have gluten free food options available for you. Unless noted, cooking classes may not have gluten free options. Make sure to read the class description for details or call the office.



## Snowman Statue

Bring winter cheer indoors with this cozy yarn wrapped snowman craft! This hands-on activity lets crafters create an adorable snowman by wrapping soft white yarn around foam balls. Add a colorful scarf, buttons, and a cheerful face to give each snowman a unique personality. Perfect for holiday décor or a fun seasonal project.

**Monday, December 1**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**

## Create Your Own Gift Bags

During this class you will make adorable gift bags that are a gift by themselves! You will trace, cut, and glue to make gnome, polar bear, penguin and reindeer gift bags. They are so cute you may not want to give them away!

**Thursday, December 4**  
**Southview Elementary**

**6:30-8:00 pm**  
**\$12 per person**



## Holiday Tree Button Art

Create festive holiday décor with the button Christmas tree canvas craft! Crafters arrange and glue assorted colorful buttons onto a sturdy canvas to form a charming holiday tree design. Add a star on top and extra embellishments for a personalized touch. This activity is perfect for making a keepsake decoration to enjoy year after year.

**Monday, December 8**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**

## Salt Dough Ornaments

Looking for a fun and festive activity to do this holiday season? Come join us for our salt dough ornament class. We will make ornaments out of salt dough. Then we will decorate them. These will make a beautiful decoration or homemade gift.

**Friday, December 19**  
**Southview Elementary**

**6:30-8:00 pm**  
**\$12 per person**

## Wood Block Snowmen

These adorable snowmen will make a wonderful decoration for your home, and they're really fun to make! You will sand, paint, and glue to make your own custom snowmen.

**Thursday, January 8**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**



## Winter Suncatchers

Brighten up winter days with this winter snowflake suncatcher craft! Crafters layer colorful tissue paper and delicate snowflake shapes to create a sparkling, translucent decoration that catches the light beautifully. Display on windows to bring a touch of winter magic indoors!

**Monday, January 12**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**



## DIY Snow Globes

Celebrate the season and learn how to make a winter themed snow globe. In this class you will use snowmen, glitter and other decorations to create your own personalized snow globe. This will make a beautiful decoration or a great homemade gift.

**Friday, January 16**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**

## Tied Fleece Blankets

On a cold winter night, there is nothing better than wrapping yourself in a warm blanket. Pick your fabric at class and bring your sharp scissors! (Scissors are provided if you don't have your own.)



**Tuesday, January 20**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$18 per person**

*Note this class meets the same time as Yoga.*

# CRAFTS

## Lunar New Year

Celebrate the Lunar New Year with this vibrant paper dragon and lantern craft! Crafters assemble and decorate a colorful dragon alongside traditional lanterns using paper, markers, and embellishments. This hands-on project encourages creativity and cultural exploration, resulting in festive decorations perfect for home décor. Bring the excitement of Lunar New Year traditions to life with this fun and educational craft! The Lunar New Year date is February 17, 2026.

**Monday, January 26**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**

*Note this class meets the same time as Winter Hot Dish.*



## Diamond Art

If you are a beginner or a pro this class will be fun! If you have never tried diamond art, we will be there to help you. There will be a variety of designs for you to choose from.

**Tuesday, January 27**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**

*Note this class meets the same time as Guided Sound Meditation.*

## Cardmaking

Create some beautiful cards for the winter and upcoming special occasions. You can make eight (8) cards this evening. There will be supplies for a variety of cards to celebrate winter and other special days. These cards will brighten the lives and hearts of people when you send them to let you know you care.

**Wednesday, January 28**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**

## Love You To Pieces Wreath

Celebrate love and creativity with the "Love You to Pieces" wreath! Crafters assemble this charming Valentine's Day wreath by decorating puzzle pieces with colorful paper, markers, and embellishments, then arranging them into a festive heart-shaped design. A sweet and meaningful project to share with friends and loved ones!

**Monday, February 2**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**

## Beaded Jewelry

Bring your creativity and make beautiful jewelry. In this class you will get the chance to make a necklace and bracelet. You choose from a variety of beads to create your jewelry.

**Friday, February 13**  
**Southview Elementary**

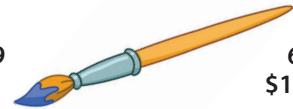
**6:30-8:00 pm**  
**\$12 per person**

## You-Be-You Rock Painting

During this class you will let your creativity shine and paint rocks that make you happy! There will be ideas to get you started and all the supplies you need to make these wonderful decorative pieces or gifts.

**Thursday, February 19**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**



## St. Patrick's Day Hat

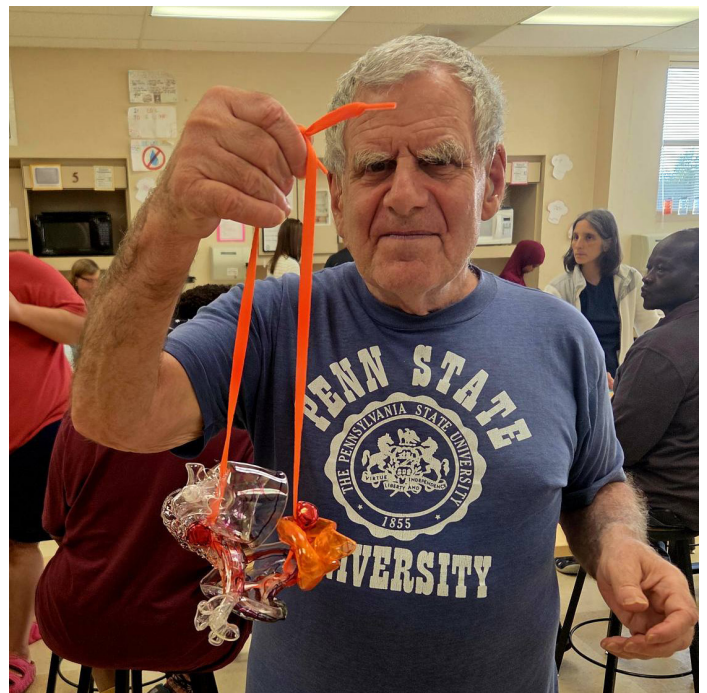
Bring festive cheer to your St. Patrick's Day celebrations with this fun hat centerpiece craft! Crafters decorate a paper hat with shamrocks, glitter, and other embellishments, then assemble it into a charming tabletop centerpiece. Add a touch of luck to any celebration with this cheerful craft!

**Thursday, February 26**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**

*Note this class meets the same time as Guided Sound Meditation.*

# SCIENCE



## Ribbon & Bow Making

Discover how ribbon is made. Learn the psychology of gift giving. In this interesting science activity with Sue, our Science Wizard, you will invent bows to wrap all your holiday packages.

**Monday, December 15**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$12 per person**

*Note this class meets the same time as Holiday Treats.*

# SCIENCE

## Marshmallow Snowflakes

Make snowflakes using marshmallows and gumdrops. What a great way to learn the geometry of ice crystals! Finish your creation by cutting snowflakes out of fancy papers for window decor sure to brighten your home.

Monday, January 5  
Valley Middle School



6:30-7:30 pm  
\$12 per person

## Feed the Birds

Make a variety of bird feeders to feed our wintering birds. Make a bird feeder out of recycled pop bottles and wooden spoons. Make a peanut butter bird seed pinecone feeder. String Cheerios® on pipe cleaners and more. This activity enables you to be a citizen scientist and feed the birds!

Monday, February 23  
Valley Middle School

6:30-7:30 pm  
\$12 per person

*Note this class meets the same time as Pasta Dinner.*

# DANCES

One caregiver per participant, group or group home needs to register and pay for the dance. You may pay at the door if you choose not to pre-register.



## Holiday Dance

Time to celebrate the season with a holiday dance! It's sure to be a great evening with friends on the dance floor with your favorite DJ and all of the great songs you love.

Friday, December 5  
Valley Middle School

6:30-9:00 pm  
\$8 per person

## Winter Dance

Let's ring in the New Year with a dance. What a great way to warm up with friends on a cold winter evening! Plan to move it to your favorite tunes.

Friday, January 9  
Valley Middle School

6:30-9:00 pm  
\$8 per person

# DANCES

## Valentine's Dance

It's the season of love! This will be a great way to show how you care for your friends! Plan to wear red, pink or both for this great night of dancing and friendship.

Friday, February 6  
Valley Middle School

6:30-9:00 pm  
\$8 per person

# ENTERTAINMENT



## Bingo & Pizza

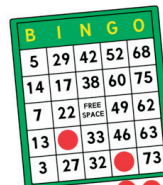
Let's meet up for a delicious pizza lunch followed by bingo! What a great way to spend a Saturday afternoon with friends. There will be lots of great prizes for you to choose from as your bingo prize.

Saturday, December 6  
Valley Middle School

12:00-2:00 pm  
\$9 per person

Saturday, February 14  
Valley Middle School

12:00-2:00 pm  
\$9 per person



## Holiday Dinner

It's that special time of year again! Let's celebrate the holiday season with a delicious pasta dinner shared with friends. We may even have a special visit from the Big Guy in red! The evening begins with a sing-along of your favorite holiday songs. Be sure to bring your holiday spirit and wear your holiday favorites!

**Caregivers are asked to register and pay \$12 each for dinner. Registration for dinner closes on December 4th.**

Friday, December 12  
Messiah Lutheran Church

5:30-7:30 pm  
\$12 per person

## Holiday Movie

Celebrate the holiday season and get together with friends for a classic holiday movie. Refreshments will be served. Check-in time is 6:00-6:10pm and the movie will begin promptly at 6:15pm to make sure we're done by 8:00pm.

Tuesday, December 16  
Valley Middle School

6:00-8:00 pm  
\$5 per person

*Note this class meets the same time as Yoga.*



## Game Night

Come on out and spend the evening playing games with your friends, both old and new! We'll have all the usual games, card games like UNO, SkipBo, Go Fish and more along with a variety of puzzles. There is something for everyone! If you have a favorite game to share, feel free to bring it along. There will be beverages and snacks for you to enjoy while you play.

**Thursday, December 18**  
**Southview Elementary**

**Thursday, January 22**  
**Southview Elementary**

**Friday, February 20**  
**Valley Middle School**



**6:30-8:00 pm**  
**\$5 per person**

**6:30-8:00 pm**  
**\$5 per person**

**6:30-8:00 pm**  
**\$5 per person**

## Elvis' Birthday Party

Calling all Elvis fans, dig out your Elvis costume and T-shirt as we celebrate the 'Kings' birthday with a classic Elvis movie. Birthday treats will be served. There will be an Elvis impersonation contest where you will have the opportunity to say one of Elvis' famous lines. They will be provided, but you are welcome to bring your favorite. As Elvis would say, "Thank you, thank you very much..." for signing up for this special celebration.



**Wednesday, January 7**  
**Valley Middle School**

*Note this class meets the same time as Move & Groove.*

**6:00-8:00 pm**  
**\$6 per person**

## Movie Night

Get out of the house and join your friends for a fun evening of refreshments and a movie! Check-in time is 6:00-6:10pm and the movie will begin promptly at 6:15pm to make sure we are done by 8:00 pm.

**Friday, January 23**  
**Valley Middle School**

**Tuesday, February 24**  
**Valley Middle School**

*Note this class meets the same time as Yoga.*

**6:00-8:00 pm**  
**\$5 per person**

**6:00-8:00 pm**  
**\$5 per person**



## Karaoke Night!

Calling all singers! Plan for a great evening of Karaoke as you sing favorite songs with friends. Make sure to include the name of the song you want to sing when you register for this activity. We'll have beverages to keep you hydrated.

**Thursday, January 29**  
**Valley Middle School**

**Wednesday, February 18**  
**Valley Middle School**



**6:30-8:00 pm**  
**\$5 per person**

**6:30-8:00 pm**  
**\$5 per person**

## Word Search Challenge

Do you enjoy solving word searches? If so, this class is for you! You'll be challenged to see how many hidden words you can find in several puzzles. Remember the words can be hidden backwards, forwards and diagonally. Each participant will receive a word search book to take home. Refreshments will be served.

**Wednesday, February 25**  
**Valley Middle School**

*Note this class meets the same time as Move & Groove.*

**6:30-8:00 pm**  
**\$8 per person**

# HEALTH AND WELLNESS

## Guided Sound Meditation

JoAnn and Tim, Certified Practitioners of Sound and Vibration, offer a transformative one-hour meditation session designed to promote deep relaxation, reduce stress, and support overall health and well-being. JoAnn and Tim will guide you through a quiet meditation using the spoken word and instruments including crystal singing bowls, Tibetan bowls, chimes, and drums. Come to this safe space with your intention to allow the healing power of sound and vibration guide you to a peaceful state that calms the mind, restores balance, and nurtures both body and spirit. Bring a mat and pillow if you want to lie down during class.



**Tuesday, December 2**  
**Valley Middle School**

*Note this class meets the same time as Music Exploration.*

**6:30-7:45 pm**  
**\$5 per person**

**Thursday, January 15**  
**Valley Middle School**

**Tuesday, January 27**  
**Valley Middle School**

*Note this class meets the same time as Diamond Art.*



**6:30-7:45 pm**  
**\$5 per person**

**6:30-7:45 pm**  
**\$5 per person**

**Tuesday, February 10**  
**Valley Middle School**

*Note this class meets the same time as Music Exploration.*

**6:30-7:45 pm**  
**\$5 per person**

**Thursday, February 26**  
**Scott Highlands Middle School**

*Note this class meets the same time as St. Patrick's Day Hat.*

**6:30-7:45 pm**  
**\$5 per person**

# HEALTH AND WELLNESS

## Move & Groove

Join us for stretching and moving to music. We'll also use some hand weights for more muscle toning. This easy exercise class is so much fun you will forget it is good for you! Wear comfortable clothing and tennis shoes. Bring a water bottle and hand weights if you have them.

**Wednesday, December 3**  
**Nicollet Middle School**

**Wednesday, December 10**  
**Nicollet Middle School**

**Wednesday, January 7**  
**Nicollet Middle School**

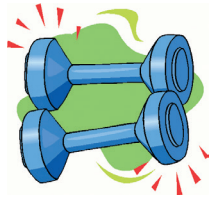
*Note this class meets the same time as Elvis' Birthday Party.*

**Wednesday, January 21**  
**Nicollet Middle School**

**Wednesday, February 4**  
**Nicollet Middle School**

**Wednesday, February 25**  
**Nicollet Middle School**

*Note this class meets the same time as Word Search Challenge.*



**6:30-7:30 pm**  
**\$5 per person**

**6:30-7:30 pm**  
**\$5 per person**

**6:30-7:30 pm**  
**\$5 per person**

**6:30-7:30 pm**  
**\$5 per person**

**6:30-7:30 pm**  
**\$5 per person**

**6:30-7:30 pm**  
**\$5 per person**



## Open Swim

Enjoy the many benefits of a warm water pool. The water temperature is a relaxing 88 degrees which can soothe sore muscles, offer stress reduction and will feel great! As you move in the pool your body is supported while providing gentle resistance to improve your overall body strength without any joint strain. The pool is reserved just for us for a fun afternoon. Lifeguards will be on duty. Bring your swimsuit, towel, and goggles if desired. If you can't swim or need assistance in the pool, make sure a caregiver is able to get into the pool with you.



**Saturday, December 13**  
**McGuire Middle School**

**Saturday, January 31**  
**McGuire Middle School**

**Saturday, February 28**  
**McGuire Middle School**

**2:10-3:10 pm**  
**\$5 per person**

**2:10-3:10 pm**  
**\$5 per person**

**2:10-3:10 pm**  
**\$5 per person**



## Yoga

Join us for a relaxing evening of stress reduction and meditation through gentle yoga. You will learn breathing techniques and poses to promote strength and wellness. This class is for all levels and abilities. It can be adapted for those with limitations. Wear comfortable clothing, bring a yoga mat or towel along with a water bottle to keep hydrated.

**Tuesday, December 9**  
**Scott Highlands Middle School**

**Tuesday, December 16**  
**Valley Middle School**

*Note this class meets the same time as Holiday Movie.*

**Tuesday, January 6**  
**Valley Middle School**

*Note this class meets the same time as Music Exploration.*

**Tuesday, January 20**  
**Valley Middle School**

*Note this class meets the same time as Tied Fleece Blankets.*

**Tuesday, February 17**  
**Valley Middle School**

*Note this class meets the same time as Air Fryer Cooking.*

**Tuesday, February 24**  
**Valley Middle School**

*Note this class meets the same time as Movie Night.*

**6:30-7:30 pm**  
**\$5 per person**

**6:30-7:30 pm**  
**\$5 per person**

**6:30-7:30 pm**  
**\$5 per person**

**6:30-7:30 pm**  
**\$5 per person**

**6:30-7:30 pm**  
**\$5 per person**

**6:30-7:30 pm**  
**\$5 per person**

# MUSIC & DRAMA

## Music Exploration

Come explore the magic of music! Here we will experience different music adventures that will include singing, instruments, movement, guest musicians, and more memory making moments! Everyone is welcome! Beverages will be served.

**Tuesday, December 2**  
**Southview Elementary**

*Note this class meets the same time as Guided Sound Meditation.*

**Tuesday, January 6**  
**Southview Elementary**

*Note this class meets the same time as Yoga.*

**Tuesday, February 10**  
**Valley Middle School**

*Note this class meets the same time as Guided Sound Meditation.*

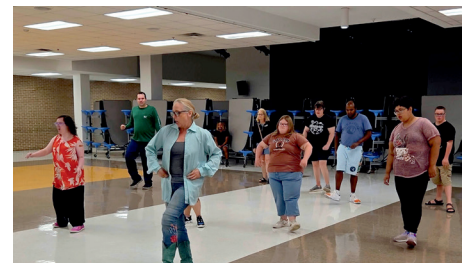
**6:30-7:30 pm**  
**\$5 per person**

**6:30-7:30 pm**  
**\$5 per person**

**6:30-7:30 pm**  
**\$5 per person**

## "Wicked" Line Dance

Step into the magical world of Wicked and experience the rivalry, drama, and fun of the hit song "What Is This Feeling"! This line dance will have you channeling your inner Glinda or Elphaba as you groove to the song's playful beats... perfect for fans of the story and newcomers alike.



**Thursday, December 11**  
**Scott Highlands Middle School**

**6:30-7:30 pm**  
**\$9 per person**

# MUSIC & DRAMA



## "Footloose" Line Dance

Grab your boots - it's time to hit the dance floor! This country line dancing night is all about fun, laughter and good old honky-tonk vibes. No partner needed.

**Monday, February 9**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$9 per person**

# OUT ON THE TOWN

## A Christmas Carol

A wonderfully fresh look at the story of Ebenezer Scrooge and the ghostly visits he receives one Christmas Eve, this new musical rendition of the beloved Christmas tale is sure to provide a memorable experience for audiences of all ages.

Narrated and accompanied by Brian Pierce as Jacob Marley and featuring some of the most talented performers and musicians in the Twin Cities, this magical production blends music, storytelling, humor, and a joyous holiday spirit. Lunch will be served at 11:30am, show begins at 1:00pm. Lunch menu includes creamy chicken breast with roasted red potatoes, glazed carrots, coleslaw, dinner rolls and assorted desserts. Coffee and tea available. Dietary meals are available by request ahead of time. **Caregivers need to register and pay for this event. Transportation is not provided. Registration closes on November 24 or until tickets have sold out.**



**Tuesday, December 9**  
**Ives Auditorium**

**11:30 am-3:00 pm**  
**\$53 per person**

## The Elves and the Shoemaker

Join Project Explore friends for a wonderful morning performance. An upbeat, whimsical tale about a troupe of elves who help restore a poor cobbler to prosperity by making a pair of the most fantastic and magical shoes ever seen. This heart-warming adaptation tells of midnight enchantment and of virtue and generosity rewarded. It's the perfect holiday story and great fun for all ages. Performance begins at 10:00am.

**Transportation is not provided for this event. Caregivers must register and purchase a ticket for the show.**

**Wednesday, December 17**  
**Ives Auditorium**

**9:45 am-11:15 am**  
**\$10 per person**

# OUT ON THE TOWN



## Monster Jam

This is an action-packed motorsports event on four wheels. At Monster Jam you will witness world-class driver athletes and the most recognizable trucks tear up the dirt and compete in intense competitions of speed and skill. There will be racing, donut and freestyle competitions along with a skills challenge. Show begins at 1:00pm at US Bank Stadium. This event is very loud; earplugs are recommended. **Caregivers must to register and purchase a ticket for the show. Registration closes on January 23 or until tickets have sold out.**

**Sunday, February 8**  
**Valley Middle School**

**11:15 am-4:00 pm**  
**\$39 per person**

# OUT AND ABOUT



## Lunch Bunch

Let's meet for lunch and some socializing! It's a great time to enjoy lunch, see old friends and make some new friends. If you're available we hope you can join us! Remember to bring money for your meal.

**Thursday, December 18**  
**Carbone's Pizza-Rosemount**

**11:00 am-12:15 pm**  
**No fee**

**Tuesday, January 13**  
**Pizza Ranch Lakeville**

**11:00 am-12:15 pm**  
**No fee**

**Friday, February 27**  
**Culvers of Rosemount**

**11:00 am-12:15 pm**  
**No fee**



# SPORTS

## Winter Bowling Leagues

Our bowling leagues meet at Bogart's Entertainment Center. Join your friends for a fun time bowling and visiting. If you are hungry, you can stay and eat right there in the Back Alley Tavern. You receive a free beverage with your meal purchase. Bowling sessions fill up quickly! You must pre-register to have a lane assigned.



*Please indicate on your registration if you need lane bumpers and/or bowling ramp.*

**ALL WINTER BOWLING LEAGUES SKIP THE WEEKS OF DECEMBER 23RD AND 30TH.**

### Monday Morning Bowling

**Mondays, December 8-February 23  
Bogart's Entertainment Center**

**10:00-11:15 am  
\$55 per person**

### Monday Afternoon Bowling

**Mondays, December 8-February 23  
Bogart's Entertainment Center**

**4:00-5:15 pm  
\$55 per person**

### Wednesday Bowling

**Wednesdays, December 10-February 25  
Bogart's Entertainment Center**

**4:00-5:15 pm  
\$55 per person**

### Thursday Bowling

**Thursdays, December 11-February 26  
Bogart's Entertainment Center**

**4:00-5:15 pm  
\$55 per person**

# VOLUNTEER CORNER

## Holiday Dinner Set Up

Come and help set up for our annual Holiday Dinner. We'll get the tables, chairs, napkins, cutlery and decorations ready for our dinner.

**Thursday, December 11  
Messiah Lutheran Church**

**5:30-6:30 pm  
No Fee**

## Salvation Army Bell Ringing

Join us for our tenth year ringing the bell for the Salvation Army and help some families in need. Be sure to dress for the weather, but don't let the cold weather stop you! You can take breaks and warm up inside of Walmart-Apple Valley any time! One hour of bell ringing raises enough money to provide a family in need with two bags of groceries or more! We have two dates for Bell Ringing at Walmart-Apple Valley, so there will be plenty of room for 'ringers'! Bring a bell if you have one available.

**Wednesday, December 3  
Walmart-Apple Valley**

**3:00-5:00 pm  
No Fee**

**Saturday, December 20  
Walmart-Apple Valley**

**11:00 am-1:00 pm  
No Fee**

# ZOOM CLASSES

## Book Club - "Snowy Nights & Story Lights"

When siblings Emma and Max, along with their friends Sophie and Jake, stumble upon the mysterious Story Lights in their snowy town of Evergreen Hollow, they uncover a secret mission. This is sure to be a heartwarming story filled with the spirit of the holidays.

**Tuesdays, December 2- 16  
Online**

**4:00-5:00 pm  
\$9 per person**



## Book Club- "The Yellow House Mystery"

Henry, Jessie, Violet and Benny are determined to solve the mystery that surrounds an old yellow house on their grandfather's property. Strange things have happened in that house where long ago a man disappeared. When the Boxcar Children explore the house, they find an old letter written by the brother of the man who vanished! That's only the first startling discovery they make when they set out to investigate the yellow house.

**Tuesdays, January 6-27  
Online**

**4:00-5:00 pm  
\$12 per person**

## Book Club - "Pippi Longstocking"

In a ramshackle house with a horse on the porch, a monkey on the roof, and a trunk full of gold coins in the kitchen, lives Pippi Longstocking. This is a story full of Pippi's outrageous escapades sure to bring you a lot of laughs!

**Tuesdays, February 3-24  
Online**

**4:00-5:00 pm  
\$12 per person**

# PROJECT EXPLORE POINTS OF INTEREST

## Walk-in Activities

We allow walk-ins for dances ONLY.

**No Walk-ins for Bingo & Pizza, Cooking Classes, Craft Classes or activities where a meal is being served.** Please be considerate as we need to order food and may not have enough for those people not registered. We may not have additional craft supplies for walk-ins. Prevent disappointment by registering before an activity.

## Wish List

To help keep our fees low we love donations for Bingo Prizes. Great ideas are:

**Beanie Babies, Fuzzy Posters, DVDs, Shampoo, Body Lotions, Bath Wash, Crayons, Coloring Books, Word Find Books, Games, Liters of Pop and Snack foods.**

# PROJECT EXPLORE GUIDELINES FOR PARTICIPATION

Project Explore promotes inclusion of adults with developmental, sensory, cognitive and physical disabilities in a variety of Community Education programs and makes reasonable accommodations to provide an enriching experience for all participants. Your cooperation in following the guidelines listed below helps to make the classes and trips run smoothly and safely.

1. Pre-registration is required for all classes, activities and trips. Walk-ins will be accepted for dances and Bingo, but prepayment and reservations are appreciated.
2. Participants must be accompanied to the classroom. The instructor or staff is in the classroom no earlier than 30 minutes prior to class. Check in with the Project Explore staff and confirm the best time to return and pick up the participant; this needs to be at least 15 minutes prior to the end of class.
3. Participants who require personal assistance for physical and/or behavioral issues must be accompanied and supervised for all activities and events by their caregiver.
4. All participants must be accompanied for field trips, unless they are their own guardian. Call the office with any questions.
5. Any participant with an active seizure disorder must be accompanied and supervised at all Project Explore activities by their caregiver.
6. All Project Explore programs are school district sponsored, so there is no smoking on school grounds. All programs are alcohol free.
7. Transportation to and from all activities is the responsibility of the participant. Exceptions are for "Out On The Town" activities where a bus is provided.
8. Instructors are not expected to, nor are trained to provide the level of assistance often required by people with disabilities. Instructors are not familiar with all the personal, physical or behavioral needs of the participants.
9. Any individuals attending any of our activities on their own are asked to carry emergency contact information with them.
10. If you do not wish for the image and likeness of you to be used for Project Explore or ISD 196's promotional materials and publications, contact the Communication Department at [communityed@district196.org](mailto:communityed@district196.org) or call 651-423-7701.
11. Please do not bring any outside food or drink to non-meal events. It may cause inappropriate behavior from some participants. We appreciate your help.
12. Arriving Late: Participants that arrive at an activity 30 minutes or more after the start time may not be permitted to complete all projects, activities or the event.
13. Inclement Weather: In case of inclement weather check the ISD 196 website and also our outgoing voice message. We will make every effort to contact you.

**If unable to meet these guidelines, please call the program office.**

## Like us on Facebook:

### River Valley Project Explore

See what's new and view current photos from our classes and activities!

## WEB RESOURCES

**River Valley Project Explore: [ce.district196.org/projectexplore](http://ce.district196.org/projectexplore)**

**The Project Explore brochure and pictures from events can be viewed on our website.**

**Here are some other websites that provide a variety of services to people of all ages and abilities in Minnesota.**

- **Arc of Minnesota:** [www.TheArcOfMinnesota.org](http://www.TheArcOfMinnesota.org)  
Advocacy and support for people with developmental disabilities and their families.
- **GoDakota:** <https://www.co.dakota.mn.us/Transportation/GettingAround/Pages/default.aspx>  
Transportation services for Dakota County residents.
- **Find Love Safely:** [findlovesafely.com](http://findlovesafely.com)  
A first-of-its-kind personalized matchmaking service for adults with intellectual and developmental disabilities (IDD). The service offers adults with IDD a chance to build genuine connections — romantic or platonic — in a safe, supportive environment. Find Love Safely is **not an app**. It's **personalized, offline matchmaking** with real humans guiding the process. Visit their website to learn more.
- **True Friends:** [www.truefriends.org](http://www.truefriends.org)  
True Friends is a non-profit agency that creates unique educational, recreational and social opportunities for people of all ages with mental and physical disabilities.
- **Metropolitan Center For Independent Living:** [www.mcil-mn.org](http://www.mcil-mn.org)  
MCIL is dedicated to the full promotion of the Independent Living philosophy by supporting individuals with disabilities in their personal efforts to pursue self-directed lives. Contact them at 651-603-2007 for more information on classes and services they offer.
- **Pacer Center:** [www.pacer.org](http://www.pacer.org)  
The mission of PACER is to expand opportunities and enhance the quality of life of children and young adults with disabilities and their families. They promote parents helping parents.
- **Search Beyond Adventures:** [www.searchbeyond.com](http://www.searchbeyond.com)  
Provides escorted travel tours for adults with disabilities.
- **Wilderness Inquiry:** [www.wildernessinquiry.org](http://www.wildernessinquiry.org)  
Our mission is to make adventure travel accessible to everyone, regardless of age, background or ability.
- **Disability Linkage Line:** [www.minnesotahelp.info](http://www.minnesotahelp.info)  
The disability Linkage Line is a free statewide information and referral resource. It provides Minnesotans with disabilities and chronic illnesses a single access point for all disability related questions. Contact them at 1-866-333-2466 for more information.

# ADDITIONAL COMMUNITY SERVICES

## Special Olympics

Whether you are interested in participating at practices or competing at Area Games and State Meets, you are sure to make new friends and have fun in a healthy and well managed environment. There are many sports offered including track & field, swimming, basketball, bowling, bocce, poly hockey, tennis, gymnastics, softball, soccer and powerlifting.

Burnsville Area:  
Brian Petrich – bkpetch@gmail.com; 612-760-2362

Rosemount-Apple Valley-Eagan area:  
info@theravesp.com or www.theravesp.com

## Community Education Integration Opportunities

Interesting and fun classes are offered through Community Education Programs. The sponsoring districts will make every effort to provide reasonable accommodation so your experience is successful. To request a catalog, call the following Community Education Departments:

|             |              |
|-------------|--------------|
| Burnsville: | 952-707-4150 |
| Farmington: | 651-460-3200 |
| Lakeville:  | 952-232-2170 |
| Randolph:   | 507-263-2151 |
| Rosemount:  | 651-423-7920 |

## Local Community Meals:

- All Saints Catholic, Lakeville located at 19795 Holyoke Ave, Lakeville  
2nd Thursday, 6:00-7:00 pm
- Easter Lutheran by the Lake located at 4545 Pilot Knob Road, Eagan  
Drive-Thru – Monday-Thursday, 5:30-6:30 pm



**Save the Date!**  
**Our Spring catalog opens  
for registration on Monday,  
January 12, 2026.**

# FACILITY ADDRESSES

### Bogart’s Entertainment Center

14917 Garrett Avenue  
Apple Valley, MN 55124

### Carbone’s Restaurant

14550 S Robert Trail  
Rosemount, MN 55068

### Culver’s Restaurant

14755 S. Robert Trail  
Rosemount, MN 55068

### Ives Auditorium

11411 Masonic Home Drive  
Bloomington, MN 55437

### McGuire Middle School

21220 Holyoke Avenue  
Lakeville, MN 55044

### Messiah Lutheran Church

16725 Highview Avenue  
Lakeville, MN 55044

### Nicollet Middle School

400 E. 134th Street  
Burnsville, MN 55337

### Pizza Ranch

16995 Kenyon Avenue  
Lakeville, MN 55044

### Scott Highlands Middle School

14011 Pilot Knob Road  
Apple Valley, MN 55124

### Southview Elementary School

1025 Whitney Drive  
Apple Valley, MN 55124

### US Bank Stadium

401 Chicago Avenue  
Minneapolis, MN 55415

### Valley Middle School

900 Garden View Drive  
Apple Valley, MN 55124

### Walmart Supercenter

7835 150th Street W  
Apple Valley, MN 55124



# REGISTRATION FORM (ONE PER PERSON)

Online Registration:  
[ce.district196.org/projectexplore](http://ce.district196.org/projectexplore)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Zip: \_\_\_\_\_ Email Address: \_\_\_\_\_

☐ **Please check if new address or phone number** Contact Person: \_\_\_\_\_

Service Provider: \_\_\_\_\_ Group Home Name: \_\_\_\_\_

Special Information & Accommodations: ☐ Wheelchair ☐ Food Allergies, please specify \_\_\_\_\_

☐ **Please check if you do not wish for your photo to be used for publicity purposes or social media**

## Participant Events – Winter 2025-26

### Cooking Classes

Holiday Treats \_\_\_\_\_  
December 15 \_\_\_\_\_ \$15  
December 17 \_\_\_\_\_ \$15  
Winter Hot Dish \_\_\_\_\_  
January 14 \_\_\_\_\_ \$15  
January 26 \_\_\_\_\_ \$15  
Pasta Dinner \_\_\_\_\_  
February 11 \_\_\_\_\_ \$15  
February 23 \_\_\_\_\_ \$15  
Air Fryer Cooking \_\_\_\_\_ \$15

### Craft Classes

Snowman Statue \_\_\_\_\_ \$12  
Create Your Own Gift Bags \_\_\_\_\_ \$12  
Holiday Tree Button Art \_\_\_\_\_ \$12  
Salt Dough Ornaments \_\_\_\_\_ \$12  
Wood Block Snowmen \_\_\_\_\_ \$12  
Winter Suncatchers \_\_\_\_\_ \$12  
DIY Snow Globes \_\_\_\_\_ \$12  
Tied Fleece Blankets \_\_\_\_\_ \$18  
Lunar New Year \_\_\_\_\_ \$12  
Diamond Art \_\_\_\_\_ \$12  
Cardmaking \_\_\_\_\_ \$12  
Love You to Pieces Wreath \_\_\_\_\_ \$12  
Beaded Jewelry \_\_\_\_\_ \$12  
You-Be-You Rock Painting \_\_\_\_\_ \$12  
St. Patrick's Day Hat \_\_\_\_\_ \$12

### Science Classes

Ribbon & Bow Making \_\_\_\_\_ \$12  
Marshmallow Snowflakes \_\_\_\_\_ \$12  
Feed the Birds \_\_\_\_\_ \$12

### Dances

Holiday Dance \_\_\_\_\_ \$8  
Winter Dance \_\_\_\_\_ \$8  
Valentine's Dance \_\_\_\_\_ \$8

### Entertainment

Bingo & Pizza \_\_\_\_\_  
December 6 \_\_\_\_\_ \$9  
February 14 \_\_\_\_\_ \$9  
Holiday Dinner \_\_\_\_\_ \$12  
Holiday Movie \_\_\_\_\_ \$5  
Game Night \_\_\_\_\_  
December 18 \_\_\_\_\_ \$5  
January 22 \_\_\_\_\_ \$5  
February 20 \_\_\_\_\_ \$5  
Elvis' Birthday Party \_\_\_\_\_ \$6  
Movie Night \_\_\_\_\_  
January 23 \_\_\_\_\_ \$5  
February 24 \_\_\_\_\_ \$5  
Karaoke \_\_\_\_\_  
January 29 \_\_\_\_\_ \$5  
Song Request \_\_\_\_\_  
February 18 \_\_\_\_\_ \$5  
Song Request \_\_\_\_\_  
Word Search Challenge \_\_\_\_\_ \$8

### Health and Wellness

Guided Sound Meditation \_\_\_\_\_  
December 2 \_\_\_\_\_ \$5  
January 15 \_\_\_\_\_ \$5  
January 27 \_\_\_\_\_ \$5  
February 10 \_\_\_\_\_ \$5  
February 26 \_\_\_\_\_ \$5

### Move & Groove

December 3 \_\_\_\_\_ \$5  
December 10 \_\_\_\_\_ \$5  
January 7 \_\_\_\_\_ \$5  
January 21 \_\_\_\_\_ \$5  
February 4 \_\_\_\_\_ \$5  
February 25 \_\_\_\_\_ \$5  
Open Swim \_\_\_\_\_  
December 13 \_\_\_\_\_ \$5  
January 31 \_\_\_\_\_ \$5  
February 28 \_\_\_\_\_ \$5

### Yoga

December 9 \_\_\_\_\_ \$5  
December 16 \_\_\_\_\_ \$5  
January 6 \_\_\_\_\_ \$5  
January 20 \_\_\_\_\_ \$5  
February 17 \_\_\_\_\_ \$5  
February 24 \_\_\_\_\_ \$5

### Music & Drama

Music Exploration \_\_\_\_\_  
December 2 \_\_\_\_\_ \$5  
January 6 \_\_\_\_\_ \$5  
February 10 \_\_\_\_\_ \$5  
"Wicked" Line Dance \_\_\_\_\_ \$9  
"Footloose" Line Dance \_\_\_\_\_ \$9

### Out on the Town

A Christmas Carol \_\_\_\_\_ \$53  
The Elves and the Shoemaker \_\_\_\_\_ \$10  
Monster Jam \_\_\_\_\_ \$39  
No Bus \_\_\_\_\_ \$33

### Out & About

Lunch Bunch \_\_\_\_\_  
Dec. 18-Carbone's Rosemount \_\_\_\_\_ No Fee  
Jan. 13-Pizza Ranch Lakeville \_\_\_\_\_ No Fee  
Feb. 27-Culvers Rosemount \_\_\_\_\_ No Fee

### Sports

Winter Bowling Leagues (10 weeks) \_\_\_\_\_  
Monday Morning \_\_\_\_\_ \$55  
Monday Afternoon \_\_\_\_\_ \$55  
Wednesdays \_\_\_\_\_ \$55  
Thursdays \_\_\_\_\_ \$55  
I need lane bumpers \_\_\_\_\_  
I need a bowling ramp \_\_\_\_\_

### Online Activities

Book Club \_\_\_\_\_  
"Snowy Nights & Story Lights" \_\_\_\_\_ \$9  
"The Yellow House Mystery" \_\_\_\_\_ \$12  
"Pippi Longstocking" \_\_\_\_\_ \$12

### Volunteer Corner

Salvation Army Bell Ringing \_\_\_\_\_  
December 3 \_\_\_\_\_ No Fee  
December 20 \_\_\_\_\_ No Fee  
Holiday Dinner Set-up \_\_\_\_\_ No Fee

Participant Total \_\_\_\_\_  
Credit Voucher \_\_\_\_\_  
Enclosed \_\_\_\_\_  
Check # \_\_\_\_\_

## Caregiver Events – Winter 2025-26

**This portion of the registration form must be completed when there is a fee charged for the caregivers to attend an activity with the participant(s).**

### Dances

Holiday Dance \_\_\_\_\_ \$8  
Winter Dance \_\_\_\_\_ \$8  
Valentine's Dance \_\_\_\_\_ \$8

### Entertainment

Bingo & Pizza \_\_\_\_\_  
December 6 \_\_\_\_\_ \$5  
February 14 \_\_\_\_\_ \$5  
Holiday Dinner \_\_\_\_\_ \$12

### Out on the Town

A Christmas Carol \_\_\_\_\_ \$53  
The Elves and the Shoemaker \_\_\_\_\_ \$10  
Monster Jam \_\_\_\_\_ \$39  
No Bus \_\_\_\_\_ \$33

Caregiver Total \_\_\_\_\_  
Credit Voucher \_\_\_\_\_  
Enclosed \_\_\_\_\_  
Check # \_\_\_\_\_

## Complete and mail your registration form and check to:

River Valley Project Explore  
15180 Canada Avenue  
Rosemount, MN 55068

Payment is due with your registration. Make checks payable to School District 196 (ISD196). Call 651-423-7931 with any questions.



# EASY WAYS TO REGISTER

## 1. By Mail

Complete one registration form per person and mail it with a check to:

**River Valley Project Explore**

15180 Canada Avenue

Rosemount, MN 55068

**Make check payable to ISD 196**

## 2. Online

Visit [ce.district196.org/projectexplore](http://ce.district196.org/projectexplore) to register online.

## 3. Phone

Use your Visa, MasterCard, American Express or Discover card and call 651-423-7931.

## 4. In Person

Walk in registrations can be made at the office between the hours of 8:00 am and 4:00 pm, Monday through Friday.

## 5. Drop Box

Drop off your registration in our secure drop box 24/7, located at our offices. You'll find the drop box on the south side of the building under the Community Ed awning.

## Are You In?

Yes! Unless you are notified, assume that you are enrolled in the activity and that it will be held at the time and place indicated.

## Cancellation and Refund Policy

- Full refunds will be given if classes are cancelled by Project Explore.
- Refund requests received five (5) working days prior to a class qualify for a refund.
- Requests received less than five (5) working days before class start may not receive a refund.
- Exceptions are made due to serious illness or family emergencies.
- Once tickets are purchased for "Out On The Town" events, refunds will not be made unless there is someone on our waiting list.



# HELP WITH PAYMENT

## UCare Member Benefits

- Some UCare Members are eligible for benefits to help pay for Community Education and Project Explore activities. Contact your UCare representative for more information and to see if you qualify.

## Scholarship Information

- Clients may request scholarship support for Project Explore sponsored activities. The annual maximum scholarship amount is \$100. Questions can be directed to the Project Explore program coordinator.

**Scholarships are provided by the RVPE Foundation.**



# PERSONAL REGISTRATION RECORD



Name: \_\_\_\_\_

☐ Check the classes you have registered for!

## Monday, December 1

- ☐ Snowman Statue  
6:30-8:00 pm  
Valley Middle School

## Tuesday, December 2

- ☐ Book Club – “Snowy Nights & Story Lights”  
4:00-5:00 pm  
Online
- ☐ Guided Sound Meditation  
6:30-7:45 pm  
Valley Middle School
- ☐ Music Exploration  
6:30-7:30 pm  
Southview Elementary School

## Wednesday, December 3

- ☐ Salvation Army Bell Ringing  
3:00-5:00 pm  
Walmart
- ☐ Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

## Thursday, December 4

- ☐ Create Your Own Gift Bags  
6:30-8:00 pm  
Southview Elementary School

## Friday, December 5

- ☐ Holiday Dance  
6:30-9:00 pm  
Valley Middle School

## Saturday, December 6

- ☐ Bingo & Pizza  
12:00-2:00 pm  
Valley Middle School

## Monday, December 8

- ☐ Monday Morning Bowling begins  
10:00 -11:15 am  
Bogart's
- ☐ Monday Afternoon Bowling begins  
4:00-5:15 pm  
Bogart's
- ☐ Holiday Tree Button Art  
6:30-8:00 pm  
Valley Middle School

## Tuesday, December 9

- ☐ A Christmas Carol  
11:30 am-3:00 pm  
Ives Auditorium
- ☐ Yoga  
6:30-7:30 pm  
Scott Highlands Middle School

## Wednesday, December 10

- ☐ Wednesday Bowling Begins  
4:00-5:15 pm  
Bogart's
- ☐ Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

## Thursday, December 11

- ☐ Thursday Bowling Begins  
4:00-5:15 pm  
Bogart's
- ☐ Holiday Dinner Set-Up  
5:30-6:30 pm  
Messiah Lutheran Church
- ☐ “Wicked” Line Dance  
6:30-7:30 pm  
Scott Highlands Middle School

## Friday, December 12

- ☐ Holiday Dinner  
5:30-7:30 pm  
Messiah Lutheran Church

## Saturday, December 13

- ☐ Open Swim  
2:10-3:10 pm  
McGuire Middle School

## Monday, December 15

- ☐ Holiday Treats  
6:00-7:30 pm  
Valley Middle School
- ☐ Ribbon & Bow Making  
6:30-7:30 pm  
Valley Middle School

## Tuesday, December 16

- ☐ Holiday Movie  
6:00-8:00 pm  
Valley Middle School
- ☐ Yoga  
6:30-7:30 pm  
Valley Middle School

## Wednesday, December 17

- ☐ The Elves and the Shoemaker  
9:45-11:15 am  
Ives Auditorium
- ☐ Holiday Treats  
6:00-7:30 pm  
Valley Middle School

## Thursday, December 18

- ☐ Lunch Bunch  
11:00 am-12:15 pm  
Carbone's Pizza, Rosemount
- ☐ Game Night  
6:30-8:00 pm  
Southview Elementary School

## Friday, December 19

- ☐ Salt Dough Ornaments  
6:30-8:00 pm  
Southview Elementary School

## Saturday, December 20

- ☐ Salvation Army Bell Ringing  
11:00 am-1:00 pm  
Walmart Apple Valley

## Monday, January 5

- ☐ Marshmallow Snowflakes  
6:30-7:30 pm  
Valley Middle School

## Tuesday, January 6

- ☐ Book Club – “The Yellow House Mystery”  
4:00-5:00 pm  
Online
- ☐ Music Exploration  
6:30-7:30 pm  
Southview Elementary School
- ☐ Yoga  
6:30-7:30 pm  
Valley Middle School

## Wednesday, January 7

- ☐ Elvis' Birthday Party  
6:00-8:00 pm  
Valley Middle School
- ☐ Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

## Thursday, January 8

- ☐ Wood Block Snowmen  
6:30-8:00 pm  
Valley Middle School

## Friday, January 9

- ☐ Winter Dance  
6:30-9:00 pm  
Valley Middle School

## Monday, January 12

- ☐ Winter Suncatchers  
6:30-8:00 pm  
Valley Middle School

## Tuesday, January 13

- ☐ Lunch Bunch  
11:00 am-12:15 pm  
Pizza Ranch, Lakeville

## Wednesday, January 14

- ☐ Winter Hot Dish  
6:00-7:30 pm  
Valley Middle School

## Thursday, January 15

- ☐ Guided Sound Meditation  
6:30-7:45 pm  
Valley Middle School

## Friday, January 16

- ☐ DIY Snow Globes  
6:30-8:00 pm  
Valley Middle School

## Tuesday, January 20

- ☐ Tied Fleece Blanket  
6:30-8:00 pm  
Valley Middle School
- ☐ Yoga  
6:30-7:30 pm  
Valley Middle School

## Wednesday, January 21

- ☐ Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

## Thursday, January 22

- ☐ Game Night  
6:30-8:00 pm  
Southview Elementary School

## Friday, January 23

- ☐ Movie Night  
6:00-8:00 pm  
Valley Middle School

## Monday, January 26

- ☐ Winter Hot Dish  
6:00-7:30 pm  
Valley Middle School
- ☐ Lunar New Year  
6:30-8:00 pm  
Valley Middle School

## Tuesday, January 27

- ☐ Diamond Art  
6:30-8:00 pm  
Valley Middle School
- ☐ Guided Sound Meditation  
6:30-7:45 pm  
Valley Middle School

## Wednesday, January 28

- ☐ Cardmaking  
6:30-8:00 pm  
Valley Middle School

## Thursday, January 29

- ☐ Karaoke Night!  
6:30-8:00 pm  
Valley Middle School

## Saturday, January 31

- ☐ Open Swim  
2:10-3:10 pm  
McGuire Middle School

## Monday, February 2

- ☐ Love You to Pieces Wreath  
6:30-8:00 pm  
Valley Middle School

## Tuesday, February 3

- ☐ Book Club – “Pippi Longstocking”  
4:00-5:00 pm  
Online

## Wednesday, February 4

- ☐ Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

## Friday, February 6

- ☐ Valentine's Dance  
6:30-9:00 pm  
Valley Middle School

## Sunday, February 8

- ☐ Monster Jam  
Valley Middle School  
11:15 am-4:00 pm

## Monday, February 9

- ☐ “Footloose” Line Dance  
6:30-7:30 pm  
Valley Middle School

## Tuesday, February 10

- ☐ Guided Sound Meditation  
6:30-7:45 pm  
Valley Middle School
- ☐ Music Exploration  
6:30-7:30 pm  
Valley Middle School

## Wednesday, February 11

- ☐ Pasta Dinner  
6:00-7:30 pm  
Valley Middle School

## Friday, February 13

- ☐ Beaded Jewelry  
6:30-8:00 pm  
Southview Elementary School

## Saturday, February 14

- ☐ Bingo & Pizza  
12:00-2:00 pm  
Valley Middle School

## Tuesday, February 17

- ☐ Air Fryer Cooking  
6:00-7:30 pm  
Valley Middle School
- ☐ Yoga  
6:30-7:30 pm  
Valley Middle School

## Wednesday, February 18

- ☐ Karaoke Night!  
6:30-8:00 pm  
Valley Middle School

## Thursday, February 19

- ☐ You-Be-You Rock Painting  
6:30-8:00 pm  
Valley Middle School

## Friday, February 20

- ☐ Game Night  
6:30-8:00 pm  
Valley Middle School

## Monday, February 23

- ☐ Pasta Dinner  
6:00-7:30 pm  
Valley Middle School
- ☐ Feed the Birds  
6:30-7:30 pm  
Valley Middle School

## Tuesday, February 24

- ☐ Movie Night  
6:00-8:00 pm  
Valley Middle School
- ☐ Yoga  
6:30-7:30 pm  
Valley Middle School

## Wednesday, February 25

- ☐ Move & Groove  
6:30-7:30 pm  
Nicollet Middle School
- ☐ Word Search Challenge  
6:30-8:00 pm  
Valley Middle School

## Thursday, February 26

- ☐ Guided Sound Meditation  
6:30-7:45 pm  
Scott Highlands Middle School
- ☐ St. Patrick's Day Hat  
6:30-8:00 pm  
Valley Middle School

## Friday, February 27

- ☐ Lunch Bunch  
11:00 am-12:15 pm  
Culver's, Rosemount

## Saturday, February 28

- ☐ Open Swim  
2:10-3:10 pm  
McGuire Middle School

**A Community Education Consortium Representing:**

**Burnsville (#191)**

200 West Burnsville Parkway  
Burnsville, MN 55337

**Farmington (#192)**

20655 Flagstaff Avenue  
Farmington, MN 55024

**Lakeville (#194)**

17630 Juniper Path, Suite A  
Lakeville, MN 55044

**Randolph (#195)**

29110 Davisson Avenue  
Randolph, MN 55065

**Rosemount-Apple Valley-  
Eagan (#196)**

3455 153rd Street W  
Rosemount, MN 55068



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## FALL KICK-OFF DANCE!

